

6. Ibbenbürener Klippenlauf

Klippenlauf 24,7 Km

Altersklassenliste

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
M 30							
1	1648	Titgemeyer , Markus	TV Georgsmarienhütte	01:35:19	01:35:18	3	3
2	1465	Pugge, Daniel	Power of Bacon	01:41:30	01:41:29	4	4
3	1684	Voppen, Maik	OLC '93	01:46:43	01:46:41	11	11
4	2395	Busse, Eike	Detmold	01:48:33	01:48:26	13	13
5	1230	Kappelhoff, Christof	Haltern am See	01:52:04	01:51:57	22	22
6	1318	Leifhelm, Michael	Ostbevern	01:54:12	01:54:08	33	33
7	2368	Buller, Dominik	SG Teuto Handball	01:54:13	01:53:52	34	34
8	1553	Schulenberg, Andre	VfR Voxtrup	01:55:20	01:55:02	40	39
9	1743	Witteveen, Eduard		01:55:24	01:55:22	41	40
10	1630	Teller, Patrick	TSG 07 Burg Gretesch	01:56:13	01:55:56	46	44
11	2630	Gebhardt, Jens	Oerlinghausen	01:56:21	01:56:14	48	46
12	1348	Lüttkemöller , Daniel	LG Emsdetten	01:58:50	01:58:44	63	61
13	1360	Szardenings, Carsten		01:59:16	01:58:53	70	68
14	1435	Paetzke, Sebastian	SV Teuto Riesenbeck	01:59:37	01:59:33	73	71
15	1275	Krampe, Sebastian	WSU Tri-Team Warendorf	02:01:11	02:01:07	82	80
16	1368	Menger, Frank	Ibbenbüren	02:02:37	02:02:16	91	89
17	1508	Sandherm, Christian	Hannover	02:02:49	02:02:40	94	92
18	1473	Störchel, Peter		02:03:04	02:02:49	97	95
19	1146	Heider, Sebastian		02:06:46	02:06:39	118	116
20	1440	Paul, Niestroj	Tsve Bielefeld	02:06:58	02:06:31	119	117
21	1420	Nordemann, Frank	Osnabrück	02:08:44	02:08:35	133	129
22	1469	Rasmußen, Jörn	Tri Ducks Dorsten	02:10:01	02:09:19	144	139
23	1603	Stermann, Benjamin	Crespel & Deiters	02:10:27	02:09:42	148	143
24	1224	Kahle, Jan	Altenlingen	02:11:29	02:11:17	161	156
25	2623	Freitag, Ronaldo	Teuto Runner	02:12:59	02:12:01	184	175
26	2076	Beckhaus, Stefan	MFG Legden	02:13:45	02:13:36	190	181
27	1272	Kraatz, Franz		02:19:29	02:19:20	260	242
28	2583	Elbers, Manuel	ASC Osnabrück Tigers	02:24:06	02:23:04	333	300
29	1123	Güttler, Thorsten	SV Teuto Riesenbeck	02:24:36	02:24:17	337	304
30	2467	Diebecker, Jan	FC Schnittchenclub n.e.V.	02:24:58	02:24:43	344	310
31	1638	Tewes, Christian	Lauftreff Greven Aktuell	02:29:49	02:28:50	411	368
32	1174	Heyder, Max	Piensport	02:30:23	02:29:50	418	373
33	2562	Voet, Thomas		02:31:24	02:30:06	429	383
34	1735	Wiekling, Gunnar	Bad Bentheim	02:35:51	02:34:34	485	421
35	1297	Kupka, Martin	LG Oerlinghausen	02:39:44	02:39:35	530	453
36	1300	Kwasinski , Thomas	Osnabrück	02:42:20	02:41:37	557	470
37	1568	Schwegmann, Bernd	N/A	02:42:21	02:41:36	558	471
38	1649	Riemann, Jens	LG Oerlinghausen	02:43:20	02:43:10	566	476
M 35							
1	1693	Wagemaker, Simon	SVA Salzbergen	01:32:43	01:32:42	1	1

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
2	2140	Bertolini, Gabriel	Detmold	01:41:42	01:41:35	6	6
3	2286	Brinkmann, Marc	TRI OSC Osnabrück	01:42:28	01:42:25	7	7
4	2417	de Nie, Sandy	LC Nordhorn	01:47:07	01:47:04	12	12
5	2613	Feldschnieders, Mark	LC Nordhorn	01:53:11	01:53:09	25	25
6	2483	Diekenbrock, Timm	SV Hullern 68	01:54:07	01:54:05	31	31
7	1274	Kramer, Nils	VfR Voxtrup	01:55:35	01:55:21	42	41
8	1119	Gühlstorf, Gunnar	VfR Voxtrup	01:55:53	01:55:34	44	42
9	1576	Kriegs, Manuel	Sports Place Münster	01:55:57	01:55:50	45	43
10	1152	Helmich, Jan	Rheine	01:56:20	01:55:55	47	45
11	1671	Veldboer, Robin	OLC '93	01:58:19	01:58:17	58	56
12	2057	Bärenfänger, Bastian	Düsseldorf	01:58:33	01:58:22	62	60
13	1128	Hackmann, Armin	Jede Oma zählt	01:59:02	01:58:35	67	65
14	1672	Veldboer, Dirk	Teuto Runner	02:00:19	01:59:15	77	75
15	1260	Kokkelink, Marc	OLC 93	02:00:38	02:00:35	80	78
16	1295	Brandt, Sebastian	W&H Laufgruppe	02:01:24	02:00:56	84	82
17	2215	Brandt, Jens	Team Schnibu	02:03:03	02:02:49	96	94
18	1281	Kretschmann, Johannes	SV Stuttgart Rot	02:05:37	02:05:15	109	107
19	2191	Bolay, Christian	SV Stuttgart Rot	02:05:37	02:05:14	110	108
20	1105	Götten, Michael	Team Erdinger Alkoholfrei	02:07:32	02:07:14	125	122
21	1367	Menger, Andre	BSG KSK Steinfurt	02:10:12	02:09:53	145	140
22	1755	Zobel, Christian	Münster	02:10:29	02:09:42	150	145
23	1277	Zöllner, Marcel	LT Bittermark	02:10:45	02:10:35	151	146
24	2386	Büscher, Christoph	SV Teuto Riesenbeck	02:11:03	02:10:48	154	149
25	1497	Rücker, Jens	TV Hohne	02:11:07	02:11:03	155	150
26	2083	Beckhaus, Thomas	Legden	02:11:13	02:11:05	156	151
27	2523	Dobrzinski, Sebastian	SC Altenrheine	02:11:54	02:11:35	168	161
28	1624	Szameitat, Wolfgang	Jede Oma zählt	02:12:20	02:12:12	172	165
29	2616	Jung, David	VfR Voxtrup	02:12:21	02:11:49	173	166
30	1595	Stauff, Andreas	VfR Voxtrup	02:12:21	02:11:49	174	167
31	2576	eertman, bas	ootmarsum	02:12:26	02:12:23	177	170
32	2312	Brockmann, Benedikt	LC Solbad Ravensberg	02:12:39	02:11:58	180	172
33	1329	Löchte, Volker	Teuto Runner	02:12:59	02:12:04	183	174
34	2150	Bewermeier, Sebastian	LC Wiedenbrück	02:13:49	02:13:39	191	182
35	2634	Geilmann, Ingo	VeggieAthletes	02:14:47	02:14:18	201	189
36	2426	Ahlers, Sascha	LG Uplengen	02:16:46	02:15:58	215	202
37	1313	Laumann, Michael	Greffen	02:17:16	02:16:02	223	207
38	2301	Brischke, Marc	Münster	02:17:34	02:16:27	227	211
39	1288	Egbers, Christian	SV Wietmarschen	02:19:05	02:18:32	249	232
40	1218	Jelier, Adri	Voorthuizen	02:19:09	02:18:30	252	235
41	2446	Deuker, Guido	SuS Legden	02:20:32	02:20:22	276	254
42	1678	Viße, Martin	DJK Arminia Ibbenbüren	02:22:11	02:21:46	298	271
43	1247	Klagge, Sven	Münster	02:25:21	02:24:31	348	314
44	1285	Kroboth, Daniel	Hunteburger SV	02:26:09	02:25:06	355	321
45	2173	Blankemeyer, Bastian	Marathon Ibbenbüren	02:26:35	02:25:35	360	326

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
46	1386	Moldenhauer, Christian		02:27:44	02:27:01	374	338
47	1233	Kathrein, Carsten	Münster	02:28:27	02:28:19	392	352
48	1289	Kubierske, Jörg	SuS Legden	02:32:38	02:32:29	444	393
49	1719	Lammerskitten, Michael		02:36:28	02:36:02	491	424
50	1258	Koch, Bastian	FC Schüttorf 09	02:37:55	02:36:39	504	433
51	1489	Rieskamp , Stefan	Ibbenbüren	02:37:58	02:37:25	505	434
52	1401	Neuhaus, Daniel		02:39:32	02:38:23	525	450
53	1657	Uekötter, Sascha	SC Altenrheine	02:40:23	02:39:17	537	458
54	1337	Luijtink, Johannes	AV34	02:42:32	02:41:55	561	473
55	2064	Baumhöver, Daniel	runpack	02:44:21	02:44:13	572	481
56	1332	Londa, Andre		02:51:02	02:49:50	596	498
57	1427	Oink, Andreas	SV Veldhausen	02:59:57	02:58:45	615	512
M 40							
1	1718	Wennemars, Erben	Stokvisdennen	01:41:37	01:41:36	5	5
2	1316	Lehmann, Achim	SV Teuto Riesenbeck	01:42:48	01:42:46	8	8
3	2208	Böttick, Carsten	LC Nordhorn	01:44:46	01:44:43	9	9
4	1773	Vogt, Christian	Jede Oma zählt	01:46:37	01:46:33	10	10
5	1216	Jäger, Jörg	SV Teuto Riesenbeck	01:49:03	01:48:59	15	15
6	1381	Miethe, Frank	SV Teuto Riesenbeck	01:51:15	01:51:10	18	18
7	2166	Bierbaum, Tino	Jede Oma zählt	01:51:23	01:51:20	19	19
8	1116	Grube, Karsten	Borgholzhausen	01:51:49	01:51:46	21	21
9	1393	Mühlencord, Malte	W+F Münster	01:53:18	01:53:07	26	26
10	1599	Steffen, Markus	SV Eintracht Neuenkirchen	01:53:49	01:53:45	29	29
11	1578	Siegbert, Michael	Grün-Weiß Steinbeck	01:54:11	01:54:06	32	32
12	1475	Reichert, Christian	Sudbrack-Läufer Bielefeld	01:54:50	01:54:48	37	36
13	1604	Lagemann, Maik	LG Emsdetten	01:56:40	01:56:29	49	47
14	1217	Janzen, Berthold	SG Welper Triathlon	01:58:28	01:58:19	60	58
15	1727	Wesselmann, Ansgar	Grün-Weiß Steinbeck	01:58:56	01:58:41	65	63
16	1153	Hemesath, Jürgen	LG Emsdetten	01:59:24	01:59:18	71	69
17	1447	Peters, Frank	SV Teuto Riesenbeck	02:00:14	02:00:02	76	74
18	1538	Schmidt , Frank		02:03:16	02:03:01	99	97
19	2624	FROHNE, Marko	Sportler 4 a childrens world e.V.	02:03:39	02:03:33	100	98
20	2102	Bentlin, Mario	Jede Oma zählt	02:04:51	02:04:44	104	102
21	2612	Feige, Matthias	LG Marienfeld	02:07:42	02:07:16	129	125
22	1184	Höflich, Tobias	SV Cheruskia Laggenbeck	02:10:49	02:10:43	153	148
23	1223	Kaczmarczyk, Leo	Bad Essen	02:11:29	02:11:17	160	155
24	1344	Luten, Erik	Runners Stadskanaal	02:12:14	02:11:29	171	164
25	1245	Kisse, Stefan	LG Marienfeld	02:12:32	02:12:00	179	171
26	1268	Köster, Henning	SV Rot-Weiß Sutthausen	02:17:35	02:16:30	228	212
27	1187	Holl, Stephan		02:17:35	02:17:05	229	213
28	2097	Sommerkamp, Frank	Grün Weiß-Steinbeck	02:17:44	02:16:41	231	215
29	1677	Vieth, Markus	Buebies	02:17:50	02:17:45	233	217
30	1208	Humberg, Benedikt	Laufftreff Hohenholte	02:17:52	02:16:52	234	218
31	1632	Temmen, Jürgen	SVA Salzbergen	02:18:24	02:17:54	241	224

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
32	1263	Komischke, Michael	Run4fun-Greven e.V.	02:19:08	02:17:46	250	233
33	2632	Geerds, Jörg	TUS Neuenhaus	02:19:15	02:18:26	257	240
34	2603	Evers, Frank	LG Coesfeld	02:19:35	02:18:52	262	244
35	1182	Hoffmann, Carsten	Laufen rund um Münster	02:19:35	02:18:31	263	245
36	1185	Hoge, Tobias	Hüggelflitzer	02:20:00	02:19:32	267	247
37	1470	Rautenberg, Jens	connectiv! #LaeuftBeiUns	02:21:09	02:20:15	288	265
38	1432	Ottink, Mirco	Schüttorf	02:22:18	02:21:02	299	272
39	1748	Wöste, Rolf	Lauffreunde Emsland	02:22:47	02:21:35	311	282
40	1593	Standke, Martin	Feuerwehr Borgholzhausen	02:22:59	02:21:56	314	284
41	1246	Kissel, Paul	Feuerwehr BI-MT	02:27:52	02:26:39	378	341
42	2471	Dieckerhoff, Stefan	VfR Voxtrup	02:28:12	02:27:39	388	349
43	2272	Brinker, Thorsten	Ibbenbüren	02:28:33	02:27:55	393	353
44	1662	Uphoff, Matthias	SC Sperlingsgrund	02:29:10	02:28:29	404	362
45	2615	Florien, Markus	Laufftreff Sassenberg	02:29:32	02:28:44	408	365
46	2509	Dijkman, Wouter	MPM hengelo	02:31:05	02:30:47	422	377
47	1112	Groeneveld, Herman	MPM Hengelo	02:31:06	02:30:47	423	378
48	1500	Ruhr, Stefan	VW Brandschutz Emden	02:32:02	02:31:05	436	388
49	1561	Schürenkamp, Peter	Laufftreff Sassenberg	02:32:23	02:31:34	441	392
50	2332	Brune-Suszka, Andre	Laufftreff SW Osterfeine	02:34:20	02:33:13	466	406
51	2310	Brockmann, Torsten	Autonomes Laufkombinat Müntst	02:38:11	02:37:19	507	436
52	1375	Mertens, Alexander	SV Eintracht Neuenkirchen	02:38:18	02:37:25	510	438
53	1255	Kloppenburg, Michael	LG Uplengen	02:38:34	02:38:15	512	440
54	2334	Brüning, Markus	LG Rheine-Elte	02:41:23	02:40:09	546	465
55	1242	Kiefert , Frank	Gütersloh	02:43:12	02:42:25	565	475
56	1464	Pröhl, Oliver	Münster	02:46:03	02:45:31	578	486
57	1895	Adrian-Emkow, Markus	NoseKäng	02:49:57	02:48:43	593	496
58	1370	Merchel, Tom	TLV Rünthe	02:56:03	02:55:08	604	505
59	1540	Schmittwilken, Jörg	Emsdetten	02:57:23	02:56:27	610	508
M 45							
1	2159	Biehl, Marcus	Laufladen Endspurt	01:33:41	01:33:40	2	2
2	1235	Kempf, Robert	Rob Sports	01:51:12	01:51:07	17	17
3	2555	Dudek, Christian	SC Altenrheine	01:52:29	01:52:12	24	24
4	1210	Hussmann, Christoph	VfL Fröndenberg / Hussmann Pr	01:53:20	01:53:17	27	27
5	2086	Becks, Michael	TV Friesen Telgte	01:54:39	01:54:35	35	35
6	1619	Stuckmann, Thomas	TSVE 1890 Bielefeld	01:55:00	01:54:32	38	37
7	1157	Herbert , Stephan	Marathon Steinfurt	01:57:08	01:57:00	53	51
8	1651	Tormöhlen , Jörn	Ibbenbüren	01:57:09	01:56:57	54	52
9	2510	Dijkslag, Gerrit	AVA70	01:57:25	01:57:19	55	53
10	1681	Voltz, Stefan	VfR Voxtrup	01:57:43	01:57:24	56	54
11	2358	Brüseke, Andreas	TV Hohne	01:57:52	01:57:49	57	55
12	1744	Woeltjes, Denis	AVA70	01:58:25	01:58:20	59	57
13	1183	Hoffmann, Kai	TC Grün-Weiß Mesum	01:58:51	01:58:39	64	62
14	1532	Schmeink, Stefan	Mercedes Herbrand	01:59:08	01:59:01	68	66
15	2618	Frankenberg, Richard	TV Georgsmarienhütte	01:59:15	01:58:52	69	67

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	2340	Brunsfeld, Harald	Flecken Lauenau/Deister	02:00:06	01:59:17	75	73
17	1103	Görlich, Reiner	TV Hohne	02:00:24	02:00:20	78	76
18	1280	Kreling, Thomas	Hörstel	02:01:03	02:00:43	81	79
19	2264	Brink, Jan	SV Cosmos Getelo	02:01:54	02:01:43	87	85
20	1180	Hintemann, Andreas	SuS Stadtlohn	02:02:12	02:02:07	89	87
21	1311	Latocha, Marek	Jede Oma zählt	02:02:34	02:02:25	90	88
22	1219	Jeremies, Wolfgang	eat my dust, meppen	02:02:47	02:02:39	93	91
23	1709	Wehmeyer, Ralf	SV Uffeln	02:04:27	02:04:05	103	101
24	1482	Respondek, Oliver	Lauftreff Ganderkesee	02:05:04	02:04:59	105	103
25	2061	Bartkowski, Markus	SUS Phönix Bielefeld	02:05:19	02:04:50	108	106
26	1228	Kallenbach, Joachim	LV Oelde	02:05:56	02:05:46	112	110
27	2639	Giesecke, Jürgen	SV-Dickenberg	02:06:39	02:06:30	115	113
28	1286	Kröger, Benfried	SuS Legden	02:06:41	02:05:56	116	114
29	2149	Beugholt, Thorsten	LG Oerlinghausen	02:07:06	02:07:00	121	119
30	1106	Gövert, Norbert	SuS Olfen	02:07:20	02:06:53	122	120
31	1528	Schleinhege, Thorsten	Rsc Papenburg	02:07:35	02:07:30	127	123
32	1406	Neuwald, Dirk	Ibbenbüren	02:07:49	02:07:33	131	127
33	1765	Borgmann, Mirco	TV Friesen Telgte	02:08:09	02:07:38	132	128
34	1385	Mochalski, Dirk	Umschweife	02:08:45	02:08:07	134	130
35	1546	Schossig, Hagen	SC Altenrheine	02:09:18	02:08:58	138	133
36	1503	Rutledge, Kai	TV Deilinghofen	02:09:40	02:09:11	140	135
37	1251	Kleffmann, Bernd	Rennschweine Greffen	02:09:50	02:09:46	143	138
38	1580	Skubschewski, Ralf	Laufsport Senden	02:11:26	02:11:22	159	154
39	1257	Knecht, Karsten	Erdinger Alkoholfrei	02:11:56	02:11:02	169	162
40	2111	Farwick, Andreas	TV Georgsmarienhütte	02:12:04	02:11:56	170	163
41	1195	Hoppe, Ulrich	SC Falke Saerbeck	02:12:22	02:11:48	175	168
42	2063	Heidl, Stefan	Marathon Steinfurt	02:12:25	02:11:55	176	169
43	1645	Tietz, Udo	SV Bokeloh	02:13:45	02:13:22	189	180
44	2214	Bramlage, Clemens	Arminia Rechterfeld	02:13:56	02:12:59	193	184
45	1248	Klasing, Jürgen	TV Mesum	02:14:34	02:14:24	200	188
46	1380	Miethe, Ralf	TV Mesum	02:15:01	02:14:50	204	192
47	1304	Lammsfuß, Peter		02:15:10	02:14:45	205	193
48	1680	Voigt, Hartmut	TV Georgsmarienhütte	02:16:02	02:15:40	211	198
49	1478	Reimelt, Thomas	Stella Bevergern	02:16:42	02:16:30	213	200
50	2385	Busboom, wilfried	Jümmelopers	02:16:42	02:15:59	214	201
51	1335	Löwer, Marcus	SV Brackwede	02:16:49	02:16:36	217	203
52	2323	Bruder, Achim	SV Teuto Riesenbeck	02:17:02	02:16:38	219	204
53	2558	Dulle, Norbert	Jede Oma zählt	02:17:15	02:16:23	222	206
54	1533	Wüst, Christian		02:17:19	02:16:48	224	208
55	1537	Schmidt, Bernd	LG Oerlinghausen	02:17:37	02:17:29	230	214
56	1530	Schlunke, Oliver	Engelskirchen	02:17:59	02:17:23	237	221
57	2042	Bachmann, Volker	Ibbenbüren	02:18:32	02:18:02	244	227
58	1594	Starr, Günther	SC Melle 03	02:18:52	02:18:31	246	229
59	1320	Wallbaum, Heiner	LippeRunners Werne e. V.	02:19:13	02:18:21	253	236

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
60	1363	Brathe, Georg	Spiridon Haltern	02:19:13	02:18:21	255	238
61	1741	Wilm, Konstantin	SV Teuto Riesenbeck	02:19:15	02:18:59	256	239
62	2209	Braemer, Lars	TV Jahn Walsrode	02:19:18	02:19:06	258	241
63	1190	Höllmann, Stefan	Lauftreff Olympia Uelsen	02:19:44	02:19:08	264	246
64	1122	Gutierrez-Canas, Ignacio	bremen	02:21:02	02:20:24	285	263
65	2582	Eichler, Thomas	LG Oerlinghausen	02:21:37	02:21:30	293	267
66	1243	Kipar, Mirco	SV Gladbeck 13	02:22:45	02:21:56	308	281
67	1303	Lammers, Martin	TV Lengerich	02:23:25	02:22:56	320	288
68	1143	Hegemann, Bernd	SG Gruner+Jahr e.V.	02:23:34	02:23:10	322	290
69	1168	Hess, Rene	tecRacer	02:23:41	02:23:05	325	293
70	1438	Pante, Holger	Crossout Outdoor Training	02:23:46	02:23:36	326	294
71	1644	Tiemann, Andreas	Marathon Steinfurt	02:23:52	02:23:37	330	298
72	1323	Lienesch, Dietmar	Ibbenbüren	02:24:19	02:23:45	336	303
73	1487	Riehs, Sven	Lg Thalheim	02:24:37	02:24:00	338	305
74	1326	Lindemann, Udo	Hopsten	02:24:55	02:24:13	341	307
75	1629	Tegeuder, Uwe	SVA Salzbergen	02:25:10	02:24:40	346	312
76	1376	Mess, Herbert	Sus Legden	02:25:46	02:25:03	350	316
77	1109	Grammann, Markus	Melle	02:25:59	02:25:20	353	319
78	1636	Terhorst, Dirk	LG Emsdetten	02:26:11	02:26:00	357	323
79	1628	te Wildt, Michael	SC Altenrheine	02:26:34	02:25:32	359	325
80	1194	Hönerlage , Marc	Teuto Runner	02:26:58	02:25:59	362	328
81	2094	Bell, Michael	TV Mettingen	02:27:02	02:25:46	363	329
82	1178	Hilmes, Carsten	Lauffreunde Emsland	02:27:16	02:26:08	369	333
83	1543	Schnieber, Karsten	TVE Greven Triathlon	02:27:45	02:27:12	375	339
84	2193	Bonke, Heribert	ETuS Rheine	02:27:55	02:27:03	380	343
85	1330	Löckemann, Markus	LG Emsdetten	02:27:59	02:27:47	387	348
86	1205	Hülsmann, Jürgen	RSC Visbek	02:28:17	02:27:20	390	350
87	1373	Mergelmeyer, Thorsten	SV Viktoria Gesmold e.V.	02:28:38	02:28:16	397	356
88	1583	Sommerfeld, Klaus	Lingen	02:29:33	02:28:27	409	366
89	2184	Bohlken, Matthias	HP	02:30:13	02:28:57	416	371
90	1524	Scheve, Michael	Lauftreff SV Olympia Uelsen	02:30:13	02:29:37	417	372
91	1271	Kötter, Mario		02:31:12	02:30:02	425	380
92	1536	Schmidt, Ingo	Lippe-Runners, Werne	02:31:15	02:30:05	427	382
93	1400	Neuhaus, Stefan	Team Oltax	02:31:50	02:31:33	435	387
94	1615	Strelow, Eckhard	bridget's barbecue buddies	02:32:20	02:31:02	440	391
95	1514	Saueressig, Marcus	Teuto Runner	02:33:01	02:31:56	446	394
96	1749	Wrocklage, Ralf	Ibbenbüren	02:33:12	02:32:15	447	395
97	1490	Rietfort, Hermann	SuS Stadtlohn	02:33:20	02:32:21	448	396
98	1343	Lüppe, Rüdiger	FC Schüttorf 09	02:33:55	02:32:58	456	401
99	1384	Mischke, Klaus	BSG JVA Herford	02:34:04	02:32:47	460	403
100	1734	Wieberg, Dirk	LG Emsdetten	02:34:14	02:33:27	463	404
101	1154	Hempfen, Klaus	LSF Oldenburg	02:34:18	02:33:27	464	405
102	1695	Walz, Marc	Hannover	02:34:21	02:33:38	468	407
103	1213	Iker, Christian	LG Emsdetten Tri-Team	02:34:50	02:34:31	474	410

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
104	1167	Hesping, Ralf	SC Altenrheine	02:34:54	02:33:42	475	411
105	1712	Weiß, Wilfried	Marathon Steinfurt	02:34:55	02:33:44	476	412
106	2617	Forster, Jürgen	Borbecker Raketten	02:35:17	02:34:39	477	413
107	1215	Jackisch, Uwe	SV Rasensport	02:35:17	02:34:36	478	414
108	1457	Ponick, Alexander	Run4fun Greven e.V.	02:35:23	02:34:18	479	415
109	1101	Goldkamp, Jörg	AAC Rubby	02:35:26	02:34:09	480	416
110	1120	Günther, Stephan	Team Laufrausch Oldenburg	02:35:43	02:34:34	482	418
111	2629	Gebhardt, Martin	VfL Eintracht Hannover	02:35:43	02:34:43	483	419
112	1296	Kunert, Stefan	Havixbeck	02:35:44	02:34:49	484	420
113	1134	Hampel, Marcus	LG Emsdetten	02:36:15	02:35:22	487	423
114	1374	Merschmeier, Stefan	Ibbenbüren	02:39:06	02:37:59	517	445
115	1394	Müller, Mike	SVG Hauenhorst e.V.	02:39:39	02:38:41	527	452
116	2512	Dirks, Michael	ETuS Rheine	02:40:17	02:39:19	534	455
117	2458	Deutermann, Oliver	Die VitaSol Krabbelgruppe	02:40:19	02:39:27	536	457
118	1279	Kreilkamp, Rainer	SF Nordvelen	02:41:53	02:41:19	555	468
119	2628	Geberzahn, Thomas	Elz	02:42:27	02:41:06	559	472
120	1550	Schröder, Rainer	TV Mettingen	02:45:00	02:43:50	576	484
121	1462	Potthoff, Peter	SV Oldendorf	02:47:50	02:47:03	587	492
122	2460	Kleimeyer, Andre		02:49:14	02:49:12	592	495
123	2433	Bührich, Martin		02:51:42	02:50:34	597	499
124	1991	Albrecht, Carsten	Nordhorn	02:52:07	02:50:51	598	500
125	1581	Snippe, Berthold	Uelsen	02:54:04	02:53:21	601	503
126	1314	Laznik, Christoph	SV TriCity Darmstadt	03:01:51	03:01:07	617	514
M 50							
1	1590	Spreitz, Volker	TSVE 1890 Bielefeld e.V.	01:49:45	01:49:42	16	16
2	2056	Bales, Stefan	LSF Münster	01:51:32	01:51:28	20	20
3	1387	Möller, Marc	Lauftreff Ganderkesee	01:52:26	01:52:22	23	23
4	1445	Penno, Hermann	BEWI run	01:53:26	01:53:21	28	28
5	1702	Weber, Andreas	TV Borken	01:55:16	01:54:57	39	38
6	1993	Becker, Detlef	Rennschweine Greffen	01:56:48	01:56:43	50	48
7	1425	Oestmann, Robert	Lauftreff Ganderkesee	01:58:31	01:58:26	61	59
8	1717	Wendker, Thomas	BSV Ostbevern	02:00:26	02:00:08	79	77
9	1319	Leißing, Andreas	LSF Münster	02:01:12	02:00:45	83	81
10	1252	Kleine, Johannes	Marathon Ibbenbüren	02:01:34	02:01:30	85	83
11	1548	Schrant, Jürgen	SV Bokeloh	02:01:45	02:01:32	86	84
12	2591	Elstrodt, Dieter	TV Mettingen	02:01:55	02:01:41	88	86
13	2619	Frenzel, Volker	Melle	02:02:49	02:02:38	95	93
14	1739	Wille, Thomas	LG Emsdetten	02:03:48	02:03:34	101	99
15	1699	Wargers, Martin	FC Stella Bevergern	02:03:56	02:03:40	102	100
16	2420	de Rouw, Ronald	Haaksbergen	02:05:38	02:05:26	111	109
17	1442	Pechler, Edward	Loopgroep Bedum	02:06:22	02:06:10	113	111
18	1752	Maag, Theodor	Grün-Weiß Steinbeck	02:07:05	02:06:49	120	118
19	1701	Warner, Michael	BSG Sparkasse Osnabrück	02:07:29	02:07:06	124	121
20	1265	Kordsmeyer, Michael	Stella Bevergern	02:07:42	02:07:28	130	126

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
21	1372	Mergelmeyer, Hans-Bernd	TuS Borgloh	02:08:46	02:08:21	135	131
22	1204	Hufenreuter, Albert	Lufthansa BSV Hamburg	02:09:08	02:08:57	137	132
23	1556	Schulte, Werner	Zoofreunde Kopenhagen	02:09:42	02:09:28	141	136
24	2163	Bien, Rainer	SV Teuto Riesenbeck	02:09:48	02:09:32	142	137
25	1732	Wichers, Jan Albert	Stokvisdennen	02:10:28	02:10:26	149	144
26	1276	Jug, Toni	VFL Ahaus	02:10:46	02:10:36	152	147
27	2573	Eder, Thomas	TLV Rünthe	02:11:15	02:10:54	157	152
28	1612	Hövel, Helmut	SV Teuto Riesenbeck	02:11:43	02:11:25	166	160
29	1222	Just, Roland	Marathon Raesfeld	02:13:23	02:13:16	187	178
30	1484	Richter, Peter	LG Oerlinghausen	02:14:22	02:14:17	199	187
31	1661	Uphoff, Peter	SV Teuto Riesenbeck	02:14:59	02:14:45	202	190
32	1362	Mäuer , Udo	SV-Dickenberg	02:15:01	02:14:23	203	191
33	1131	Haeske, Volker	SuS Olfen	02:16:02	02:15:22	210	197
34	2156	Bieber, Andy	Andymoni Team: Allroad	02:17:19	02:16:38	225	209
35	1559	Schulze, Klaus	LSF Oldenburg	02:17:48	02:16:58	232	216
36	1756	Zumdieck, Norbert	LG Ems Warendorf	02:17:56	02:17:40	235	219
37	1570	Schwerbrock, Dirk	Run4Fun Greven e.V.	02:18:27	02:17:05	242	225
38	1382	Mike, Sonntag	MC-Pirate e.V.	02:18:46	02:17:43	245	228
39	1665	van der Knaap, Erik	SV Cosmos Getelo	02:19:04	02:18:53	248	231
40	1656	Uckelmann, Bernhard	LG Marienfeld	02:19:08	02:18:35	251	234
41	1713	Welkener, Jürgen	Just for fun	02:20:06	02:19:38	268	248
42	1474	Reichelt, Volker	Osnabrück	02:20:12	02:19:33	270	250
43	1682	von Hagen, Uli	TVE GREVEN TRIATHLON	02:20:15	02:19:42	271	251
44	2152	Bickendorf , Josef	Running Friends Bedburg	02:20:35	02:19:58	277	255
45	1111	Grimme, Harald	LG Emsdetten	02:20:54	02:20:19	280	258
46	1172	Heuvelman, Bas	Streu	02:20:54	02:20:14	282	260
47	1485	Richter, Paul	VFL Lingen	02:21:06	02:20:05	287	264
48	2251	Brink, Arend	SCHON Union Emlichheim	02:21:13	02:20:39	290	266
49	2227	Brege, Bernd	LC Nordhorn	02:21:44	02:21:38	294	268
50	1762	Beckers, Rainer	Lc Wiedenbrück	02:21:52	02:21:22	295	269
51	2039	Aschern , Klaus	RSC Visbek	02:22:28	02:21:30	302	275
52	1388	Möllers, Peter	DJK Dyckburg Münster	02:22:50	02:21:46	312	283
53	1767	Kahle, Jan		02:23:18	02:22:41	317	286
54	1634	ter Fehr, Heino	Fortuna Logabirum	02:23:23	02:22:34	319	287
55	1618	Strototte, Martin	LG Marienfeld	02:23:37	02:23:11	323	291
56	1673	Veltmaat, Frank	LC Nordhorn	02:23:46	02:22:57	327	295
57	1113	Wachsmann, Rainer	Marathon Steinfurt	02:23:47	02:23:04	328	296
58	1757	Zwicker, Achim		02:23:48	02:22:48	329	297
59	1331	Lohmann, Hubertus	SuS Olfen	02:24:01	02:23:26	332	299
60	1521	Schemann, Michael	TSVE 1890 Bielefeld	02:24:45	02:24:05	340	306
61	1545	Schoppe, Jürgen	TV Mettingen	02:25:17	02:24:16	347	313
62	1220	Jürgens, Wolfgang	Wildeshäuser Lauftreff	02:25:49	02:25:08	351	317
63	1641	Theisges, Dirk	TV Deilinghofen	02:25:56	02:25:25	352	318
64	2441	Dettmer , Thorsten	Leinerstift e.V.	02:26:01	02:25:03	354	320

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
65	1512	Sauer, Wigand	SuS Olfen	02:26:10	02:25:36	356	322
66	2017	Althaus, Paul	Hattinger Hügelläufer	02:26:48	02:26:16	361	327
67	2592	Engemann, Dirk	Witten	02:27:07	02:26:50	364	330
68	1626	Bootsler, Eric	LG Uplengen	02:27:08	02:26:19	366	331
69	2266	Brink, Helmut	Sv Bokeloh	02:27:34	02:26:42	370	334
70	1403	Neuhaus, Walter	PC Telgte	02:27:35	02:26:39	371	335
71	1244	Kippenbrock, Horst	LG Emsdetten	02:27:36	02:26:41	372	336
72	1686	Vosseveld, Eduard	Holten NL	02:27:47	02:27:39	376	340
73	1096	Glas, Maarten	Runners Stadskanaal	02:27:55	02:27:08	381	344
74	1621	Suelmann, Reinhard	Osnabrück	02:27:55	02:26:38	383	345
75	1206	Hülsmann, Ralf		02:28:20	02:27:18	391	351
76	1705	Weber, Bernd	Verl	02:28:34	02:27:53	394	354
77	2597	Erken, Ferdinand	LT Waldschleicher Lohne	02:28:36	02:28:02	396	355
78	1162	Hermelbracht, Jürgen	TRISPEED Marienfeld	02:28:48	02:28:40	399	357
79	1151	Helle, Friedrich	Lage	02:29:00	02:28:32	401	359
80	1654	Trittel, Stephan	Bad Iburg	02:29:06	02:28:32	402	360
81	1214	Ilsemann, Jan	Lehrte	02:29:10	02:28:31	403	361
82	1637	Terschluse, Michael	SuS Stadtlohn	02:29:21	02:28:22	406	364
83	1424	Oelgemöller, Dieter	PC Telgte	02:29:43	02:28:48	410	367
84	1587	Speelman, Jan	Runners Stadskanaal	02:30:07	02:29:24	413	369
85	1707	Wehmeier, Olaf	LG Oerlinghausen	02:30:09	02:30:02	415	370
86	1292	Kuhlmann, Christoph	Laufsport Senden	02:30:44	02:29:46	419	374
87	2055	Baldrich, Frank	LippeRunners	02:31:15	02:30:06	426	381
88	1307	Lange, Jörg	LC Solbad Ravensberg	02:31:34	02:30:30	430	384
89	1177	Hilgefert, Karsten	Quakenbrücker SC99	02:31:38	02:30:53	432	385
90	2068	Bauschulte, Rolf	Marathon Ibbenbüren	02:32:16	02:31:30	439	390
91	1155	Hennecke, Michael	VfL Lingen	02:33:34	02:32:33	450	398
92	1674	Venjakob, Dirk	Lohne	02:33:46	02:32:54	452	399
93	2621	Friedrich, Wolfgang	Leinerstift e.V.	02:33:48	02:32:48	453	400
94	2195	Boolke, Matthias	SVG Hauenhorst e.V.	02:36:05	02:35:08	486	422
95	1421	Nospickel, Markus	TV Mettingen	02:36:39	02:35:28	493	425
96	1766	Völkert, Clemens	Lauffreunde Emsland	02:36:48	02:35:34	494	426
97	1728	Weßling, Michael	Wilfried Jeurink Stiftung	02:37:54	02:37:16	503	432
98	1652	Tost, Stefan	SC Altenrheine	02:37:59	02:36:49	506	435
99	2114	Berger, Ortwin	Hurricane Holsen	02:38:47	02:38:14	513	441
100	1170	Heßler, Holger	TLV Rünthe	02:38:52	02:37:57	514	442
101	2631	Geerdink, Ton	Sisu Almelo	02:38:55	02:38:17	516	444
102	1253	Klinge, Markus	SC Altenrheine	02:39:07	02:37:58	518	446
103	2401	Cselenyi, Laszlo	TSVE 1890 Bielefeld	02:39:16	02:38:33	521	447
104	2192	Bolles, Stefan	LT Waldschleicher Lohne	02:39:29	02:38:22	524	449
105	1259	Mentrup, Ralph	Run4Fun Greven e.V.	02:39:37	02:38:15	526	451
106	2284	Brinkmann, Klaus	ETuS Rheine	02:40:18	02:39:27	535	456
107	1611	Sträter, Jan	Quakenbrück	02:40:26	02:39:40	540	461
108	1099	Sand, Heico	Teuto Runner	02:40:38	02:39:31	542	463

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
109	1349	Magh, Thomas	Bottroper Tocos	02:41:27	02:40:48	549	466
110	1526	Schirmeyer, Dr. Stefan	VfL Pinneberg	02:41:34	02:40:34	553	467
111	2087	Becks, Stefan	TV Hohne	02:42:40	02:41:36	563	474
112	1310	Gratz, Stephan	Turbine Tönsberg	02:43:29	02:42:36	567	477
113	2521	Dittner, Michael	SV Bokeloh / EWTO Melle	02:43:57	02:43:02	570	479
114	1415	Nienhaus, Paul	SC Altenheine	02:44:01	02:42:48	571	480
115	1441	Pech-Larisch, Tassilo	Turbine Tönsberg Team Erdinger	02:46:09	02:45:15	579	487
116	1325	Lindemann, Jörg	OSC Osnabrück	02:50:18	02:49:27	595	497
117	2514	Dite, Frank	Marathon Steinfurt	02:52:41	02:51:30	599	501
118	2548	Dr. Kremmin, Hannes	Lokomotive Petersfehn	02:59:59	02:59:42	616	513
119	2318	Brouwer, anne	Hengelo	03:02:05	03:01:09	618	515
120	1269	Köster , André	ISC-Münster	03:23:32	03:22:38	625	518
M 55							
1	1391	Moritz, Ernst Günther	Hannover Athletics	02:02:45	02:02:41	92	90
2	1579	Siegel, Norbert	Laufsport Senden	02:03:06	02:02:59	98	96
3	1722	Woltring, Stefan	SVC Laggenbeck	02:05:15	02:05:04	106	104
4	1302	Finkeldey, Detlef	SUDBRACK-Läufer Bielefeld	02:05:17	02:04:52	107	105
5	1412	Landwehr, Ulrich	OSC-LKG	02:06:23	02:06:00	114	112
6	1347	Lütkemeyer, Paul	SV Teuto Riesenbeck	02:06:41	02:06:22	117	115
7	1200	Hovest, Ludger	Lauftreff Ostbevern	02:09:30	02:09:05	139	134
8	1140	Häusler, Ralf	LiVe- Lauftreff in Versmold	02:10:19	02:09:30	146	141
9	2508	Herbers, Andreas	SVA Salzbergen	02:11:17	02:10:48	158	153
10	1237	Kemptoner, Thomas	Lauftreff Wilhelmshaven	02:11:40	02:10:59	165	159
11	1352	Mann, Klaus	Billerbecker Läufer	02:12:42	02:12:23	181	173
12	1647	Timmerhuis, Henri	Sisu Almelo	02:13:05	02:12:33	185	176
13	1488	Riemeyer, Günter	Emder LG	02:13:50	02:13:21	192	183
14	1965	Albers, Werner	LG Emsdetten	02:14:19	02:14:04	197	185
15	1646	Tillack, Hans	LG Emsdetten	02:14:19	02:14:02	198	186
16	2084	Beckmann, Stefan	TV Borken	02:15:39	02:15:17	207	195
17	1501	Rulff, Jörg	SuS Olfen	02:17:56	02:17:13	236	220
18	1627	Taylor, John	LSF Münster	02:18:31	02:18:03	243	226
19	1339	Lukas-Nülle, Uwe	VfR Voxtrup Sportler 4 a childre	02:19:01	02:18:39	247	230
20	1199	Hövel, Walter	SC Falke Saerbeck	02:19:13	02:18:38	254	237
21	1586	Spanier, Ekkehard	Weyher Lauftreff	02:20:24	02:19:24	274	253
22	1491	Niehoff, Hubertus		02:20:50	02:20:06	279	257
23	1136	Hannink, Peter	Wierden	02:20:54	02:20:22	281	259
24	1664	van den Berg, Jürgen	SV Teuto Riesenbeck	02:20:59	02:20:43	283	261
25	1396	Müller, Andreas	SuS Olfen	02:20:59	02:19:52	284	262
26	1369	Menzel, Jürgen	Marathon Steinfurt	02:22:03	02:21:48	296	270
27	1346	Lütke Schute, Siegfried	TuS Hiltrup	02:22:24	02:21:53	301	274
28	1566	Schwarz, Alfred	Wildeshäuser Lauftreff	02:22:29	02:21:57	303	276
29	1509	Sanner, Reinhard	TV Georgsmarienhütte	02:22:37	02:22:11	304	277
30	1392	Muche, Rainer		02:23:07	02:22:14	315	285
31	1117	Grüger, Magnus	LSF Münster	02:23:31	02:22:49	321	289

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
32	1132	Hagemann, Dieter	SC Hörstel	02:24:13	02:23:34	335	302
33	2465	Diebecker, Sepp	FC Schnittchenclub n.e.V.	02:24:58	02:24:42	342	308
34	2528	Dohe, Jürgen		02:24:58	02:24:09	343	309
35	1688	Vosskötter, Ralf	FC Schüttorf 09 Laufabteilung	02:25:44	02:24:32	349	315
36	1761	Heeke, Antonius	Team Goethe	02:27:42	02:26:29	373	337
37	1201	Höwer, Peter	Tri Finish Münster	02:27:52	02:26:38	379	342
38	1633	Tenberg, Helmut	TV Mettingen	02:27:55	02:26:52	385	346
39	1322	Lienen, Dieter	LG Oerlinghausen	02:27:59	02:27:49	386	347
40	1161	Hermann, Fliß	LSF Münster	02:28:52	02:28:28	400	358
41	1278	Kreeft, Martin	HAC'63	02:30:57	02:30:47	420	375
42	2123	Berghuis, Jans	HAC'63	02:31:00	02:30:48	421	376
43	1240	Kerk, Thomas	Feuerwehr Ibbenbüren	02:32:15	02:31:02	438	389
44	1668	van der Wolde, Klaas	Runners Stadskanaal	02:33:26	02:32:38	449	397
45	1504	Rzehulka, Torsten	Die VitaSol Krabbelgruppe	02:34:26	02:33:33	470	408
46	2182	Blum, Bernd	Teuto Runner	02:37:39	02:36:36	500	429
47	1430	Ottensmann, Manfred	PC Telgte	02:37:51	02:36:54	502	431
48	2381	Burmeister, Kai	Heidmühler FC	02:38:15	02:37:39	509	437
49	2635	Georg, Oster	SoDa Laggenbeck	02:38:34	02:37:48	511	439
50	1760	Benneker, Benno	LAAC Twente	02:38:55	02:38:15	515	443
51	1404	Neumann, Bertram	Lauftreff Nottuln	02:39:27	02:39:00	523	448
52	1364	May, Thomas	LSF Münster	02:40:26	02:39:18	539	460
53	2503	Oeder, Harald	Hägermeister	02:40:27	02:39:40	541	462
54	1181	Hirsch, Reiner	BSG König Brauerei	02:42:11	02:41:37	556	469
55	2392	Busekros , Lüder	SV Hepstedt-Breddorf	02:44:25	02:43:06	573	482
56	1967	Albers, Herbert		02:46:43	02:45:38	582	489
57	1107	Graap, Martin	LSF Münster	02:53:12	02:52:17	600	502
58	1282	Kretzschmar, Andreas	Osnabrück	02:54:07	02:53:21	602	504
59	1262	Kollesch, Ingo	Lauffreunde Emsland	03:05:35	03:04:28	619	516
M 60							
1	1298	Küpker, Heinz	BSG Kraftwerke Lingen	01:57:00	01:56:55	52	50
2	1466	Purk, Eugen	Laufsport Senden	01:59:31	01:59:27	72	70
3	2137	Berndstrotmann, Karl	SuS Olfen	02:00:04	01:59:58	74	72
4	1706	Wegener, Rainer	Hattinger Hügelläufer	02:10:21	02:10:18	147	142
5	1577	Siedler, Wolfgang	asg weitwärts	02:13:08	02:12:51	186	177
6	2112	Berg, Martin	Lauftreff Gremmendorf	02:20:19	02:19:26	272	252
7	1622	Suerland, Klaus	Laufsport Senden	02:20:39	02:20:22	278	256
8	1698	Wanstrath, Johannes	Osnabrück	02:23:41	02:23:19	324	292
9	1249	Klaus-Peter, Kastrup	TSVE 1890 Bielefeld	02:24:09	02:23:33	334	301
10	1625	Tappe, Friedhelm	Haster Renntrner	02:29:11	02:28:25	405	363
11	1468	Raschke, Ludger	SV Dickenberg	02:31:49	02:31:12	434	386
12	1499	Ruholl, Norbert	SuS Olfen	02:34:29	02:33:47	471	409
13	1569	Schwenk, Jürgen	Lauftreff Hohenholte	02:37:37	02:36:57	498	428
14	1448	Peters, Wolfgang	Laufsport Senden	02:37:47	02:37:22	501	430
15	2136	Bernd, Zantop	LG Oerlinghausen	02:39:44	02:39:36	532	454

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	2620	Blieffert, Manfred	Jede Oma zählt	02:40:24	02:39:17	538	459
17	1676	Vernauer, Günter	Georgsmarinehütte	02:41:16	02:40:13	545	464
18	1477	Reiker, Andreas	SF Nordvelen	02:43:32	02:42:57	568	478
19	1301	Lambers, Karl - Heinz	SV Drensteinfurt	02:46:22	02:45:22	580	488
20	1416	Nientiedt, Klaus	DJK Dyckburg Münster	02:48:03	02:46:51	588	493
M 65							
1	1345	Lütke Schelhowe, Hermann	DJK Dyckburg-Münster	02:18:19	02:17:22	240	223
2	2282	Brinkhues, Bernd	SC Altenrheine	02:22:38	02:22:20	306	279
3	1493	Rolf, Ebbing	Marathon Steinfurt	02:22:41	02:22:28	307	280
4	1620	Studt, Jochen		02:27:09	02:26:46	368	332
5	1768	Frohne, Franz-Josef	Team Laufen-Os.de	02:31:06	02:30:52	424	379
6	1745	Wolfrom, Peter	LT SCHOPPENSTECHEER	02:44:37	02:43:18	574	483
7	1207	Hülsmeier, Werner	SV Teuto Riesenbeck	02:56:13	02:54:53	606	506
8	1525	Schipper, Sjaak	ATC'75	02:56:30	02:55:50	607	507
9	2013	Altehülsing, Laurenz	Laufzentrum Rheine	02:59:54	02:58:48	613	511
10	1402	Neuhaus, Dirk		03:19:04	03:17:55	624	517
M 70							
1	1324	Lienland, Franz-Josef	LSF Oldenburg	02:33:56	02:32:30	458	402
2	1417	Niesen, Wilfried	Ladbergen	02:46:55	02:45:56	583	490
3	1418	Trierweiler, Dieter	TG Lage	02:47:31	02:47:04	585	491
M HK							
1	2481	Diederich, Christian	Teuto Runner	01:48:43	01:48:41	14	14
2	1589	Spisla, Dominik	Sudbrack-Läufer Bielefeld	01:53:54	01:53:52	30	30
3	1234	Kedziora, Dennis	VfR Voxtrup	01:56:53	01:56:37	51	49
4	2566	Dyllong, Thomas	Bielefeld	01:59:00	01:58:36	66	64
5	1471	Reckers, Marius	DURCHGEPEITSCHT.	02:07:40	02:07:23	128	124
6	1451	Pieper, Dennis	LG Emsdetten	02:11:30	02:11:12	162	157
7	1354	Berghaus, Jürgen	Tri Team Steinfurt	02:11:30	02:10:59	163	158
8	2398	Bussmann, Manuel	Utrecht	02:15:27	02:14:46	206	194
9	2099	Benneker, Guus	Rotterdam runner	02:15:44	02:15:07	209	196
10	1631	Temme, Eike	freeXactive	02:16:28	02:16:00	212	199
11	1356	Stöttner, Moritz	SV Dickenberg	02:17:09	02:16:42	221	205
12	1551	Schröer, Alexander	Riesenbeck	02:17:21	02:16:13	226	210
13	1463	Preckel, Dennis	SUS Selbstläufer	02:18:04	02:17:17	238	222
14	1751	Zander, Michael	freeXactive	02:19:30	02:19:04	261	243
15	1225	Kahlich, Joseph	Northwood Runners	02:20:07	02:19:10	269	249
16	2374	Bünder, Nils	Osnabrück	02:22:37	02:22:28	305	278
17	1764	Benzmann, Philip		02:24:59	02:23:58	345	311
18	1439	Parkin, Dean		02:26:34	02:25:32	358	324
19	2549	Dressler, Patrick	Münster	02:35:43	02:34:55	481	417
20	1721	Wentzien, Marcel	connectiv! #LaeuftBeiUns	02:36:51	02:35:56	495	427
21	1544	Siekmann, Timo	LG Oerlinghausen	02:49:05	02:48:53	591	494
M Jgd A							
1	2119	Niermann, Markus		02:45:02	02:44:31	577	485

Platz	AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
M Jgd B								
1		1124	Haagstra, Lj	Sbn	02:22:23	02:22:02	300	273
M U23								
1		2403	Daßmann, Malte	Feuerwehr Ibbenbüren	02:13:43	02:13:32	188	179
2		2404	Weber, Lukas		02:58:02	02:57:45	611	509
3		1703	Weber, Florian		02:58:11	02:57:54	612	510
W 30								
1		2022	Althoff, Kirsten	FoKuS Selm	02:12:57	02:12:06	182	9
2		1383	Miller, Kimberly	TSG 07 Burg Gretesch	02:14:06	02:13:37	196	12
3		1226	Barlage, Susi	aktive sportshop os	02:21:26	02:20:58	292	26
4		1163	Hermes, Erika	Lauftreff SW Osterfeine	02:34:19	02:33:13	465	60
5		1414	Nienaber, Christine	Lauftreff SW Osterfeine	02:34:20	02:33:14	467	61
6		2638	Gier, Alexandra		02:47:24	02:47:03	584	94
W 35								
1		1231	Kappenberg, Jana	LSF Münster	01:55:42	01:55:39	43	2
2		1653	Tritschoks-Wahle, Svenja	Minden	02:07:24	02:07:02	123	3
3		1758	Queren, Steffi	OSC	02:07:35	02:07:22	126	4
4		1458	Poppe, Claudia	SVA Salzbergen	02:22:46	02:22:15	309	28
5		1158	Herdemann , Tina	Ibbenbüren	02:27:08	02:26:54	365	35
6		1437	Panhorst, Simone	LG Oerlinghausen	02:27:55	02:27:49	382	38
7		1870	Adrian, Kathrin	NoseKäng	02:27:55	02:26:42	384	39
8		1379	Mielitz, Stefanie		02:32:27	02:31:25	442	50
9		1685	Vorndamme, Britta	Hiddenhausen	02:33:55	02:32:56	454	54
10		1696	Wanink, Jessica		02:34:49	02:33:30	473	64
11		1241	Kettelgerdes, Monika	Training bringt was	02:41:23	02:40:26	547	82
12		1353	Mann, Michaela	LG Oerlinghausen	02:41:31	02:41:16	552	86
13		1338	Luijtink-Lammens, Lydia	AV34	02:42:32	02:41:55	560	88
14		2402	Cwojdzinski, Martina	LSF Münster	02:42:35	02:41:27	562	89
W 40								
1		1476	Reichert, Susanne	Sudbrack-Läufer Bielefeld	02:09:01	02:08:57	136	5
2		1108	Grabau, Ilka	LC Solbad Ravensberg	02:21:04	02:20:19	286	23
3		1284	Krimphove, Judith	LG Emsdetten	02:29:28	02:29:18	407	43
4		1708	Wehmeier, Michaela	LG Oerlinghausen	02:30:09	02:30:03	414	45
5		2125	Niedick, Tanja	Team Erdinger Alkoholfrei	02:31:20	02:30:54	428	46
6		1261	Kolar, Miriam	LSF Münster	02:31:47	02:31:15	433	48
7		1188	Hollensteiner, Katja	LC 92 Bad Salzuflen	02:32:38	02:32:12	443	51
8		1507	Sandbote, Ines	TVE Greven Triathlon	02:33:56	02:33:11	457	56
9		1422	O'Connor, Steffi	BSG JVA Herford	02:34:03	02:32:46	459	57
10		1211	Ickerodt, Anika	SuS Olfen	02:34:46	02:33:55	472	63
11		1527	Schlaugk, Birgit	Team Laufrausch Oldenburg	02:36:23	02:35:13	488	65
12		1659	Ull-Tietz, Melanie	SV Bokeloh	02:37:05	02:36:33	496	69
13		1446	Perini, Deborah	SuS Olfen	02:39:10	02:38:19	519	73
14		1389	Mönnig, Anke	TSG 07 Burg Gretesch	02:39:11	02:38:20	520	74
15		1763	Anja, Diekhans		02:41:26	02:40:28	548	83

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	1453	Poczatek, Jolanta	DJK Stadtlohn	02:46:40	02:45:36	581	93
17	1449	Petra, Frisse	Lauftreff Hohenholte	02:57:01	02:55:55	608	101
18	1334	Lorenz, Tanja	Veldhausen	02:59:56	02:58:45	614	103
19	1582	Snippe, Gunda	Uelsen	03:08:32	03:07:52	621	105
20	1189	Höllmann, Nicole	Uelsen	03:08:32	03:07:51	622	106
W 45							
1	1494	Romberg, Petra	SC Altenrheine	02:11:36	02:11:18	164	6
2	1371	Mergelmeyer, Britta	TuS Borgloh	02:12:32	02:12:08	178	8
3	1547	Schrant, Heike	SV Bokeloh	02:16:53	02:16:29	218	15
4	1365	Meier, Sandra	Osnabruecker SC	02:17:06	02:15:57	220	16
5	1736	Wiemer, Stefanie	Sportler 4 a childrens world e.V.	02:19:48	02:19:10	266	20
6	2130	Berkath, Petra	TV Jahn Walsrode	02:20:22	02:20:10	273	21
7	1426	Oevermann, Ruth	Bramscher Rumläufer	02:20:27	02:19:55	275	22
8	1560	Schumann, Moni	Die VitaSol Krabbelgruppe	02:22:06	02:21:16	297	27
9	1614	Streich, Stefanie	TV Georgsmarienhütte	02:24:38	02:24:10	339	34
10	2245	Bremer, Bettina	LC Solbad Ravensberg	02:27:08	02:26:38	367	36
11	1407	Nickholz, Simone	LV Oelde	02:27:47	02:27:07	377	37
12	1366	Mellies, Susanne	THC Westerkappeln	02:28:15	02:27:35	389	40
13	1606	Stockmann , Claudia	Emsstern Rheine	02:28:40	02:28:20	398	42
14	1588	Speelman, Joke	Runners Stadskanaal	02:30:04	02:29:22	412	44
15	1221	Just, Angelika	Marathon Raesfeld	02:32:58	02:32:27	445	52
16	1486	Riehs, Angela	Lg Thalheim	02:36:23	02:35:48	489	66
17	1759	Marin, Ute	TV Mettingen	02:36:23	02:35:13	490	67
18	1460	Potthast, Hiltrud	HC Moormerland	02:36:35	02:35:45	492	68
19	1642	Thien, Waltraud	SV Bokeloh / EWTO Melle	02:37:05	02:36:12	497	70
20	1723	Werthmüller, Francis		02:39:19	02:38:56	522	75
21	1291	Kuhlmann, Birgit	Laufsport Senden	02:39:42	02:38:42	528	76
22	2431	Depenbrock, Peggy	Lg Oerlinghausen	02:39:43	02:39:35	529	77
23	1623	Süllwold , Anja	LG Oerlinghausen	02:39:44	02:39:36	531	78
24	2146	Beugholt, Heike	LG Oerlinghausen	02:41:30	02:41:16	551	85
25	1558	Schulz, Lisa	SC Altenrheine	02:44:40	02:44:19	575	92
26	1164	Hermesen, Heike	FC Schüttorf 09	02:47:40	02:46:26	586	95
27	1616	Stroot, Sonja	FC Schüttorf 09	02:48:03	02:46:48	589	96
28	1520	Scheerer, Bine	busy bee	02:54:54	02:53:50	603	99
29	2550	Dröge, Claudia	TLV Rünthe	02:56:04	02:55:09	605	100
30	1192	Homann, Jutta	LSF Münster	02:57:16	02:56:23	609	102
31	1193	Hönerlage, Annette	Teuto Runner	03:18:05	03:17:03	623	107
W 50							
1	1700	Warner, Stephanie	Laufsport Senden	02:11:47	02:11:44	167	7
2	1264	König, Ingrid	SC Altenrheine	02:14:05	02:13:49	195	11
3	1236	Kempkes, Christiane	TV Borken	02:15:40	02:15:20	208	13
4	2106	Berelsmann, Andrea	TV Georgsmarienhütte	02:18:16	02:17:52	239	17
5	2290	Brinkmann, Wilma	TSVE 1890 Bielefeld	02:19:21	02:18:59	259	18
6	2539	Döking-Goerke, Moni	Teuto Runner	02:19:47	02:18:43	265	19

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
7	1328	Linnemannstöns , Anja	LC Wiedenbrück	02:22:46	02:22:19	310	29
8	1725	Wesseler, Anja	LG Emsdetten	02:22:54	02:22:40	313	30
9	1126	Haarhues, Christiane	FC Schüttorf 09	02:31:35	02:30:20	431	47
10	1283	Krey, Reinhilde	TV Jahn Rheine	02:33:43	02:32:30	451	53
11	1377	Meyer, Petra	Grün-Weiß Steinbeck	02:34:13	02:33:05	461	58
12	2179	Blum, Alexandra	Teuto Runner	02:37:38	02:36:33	499	71
13	1596	Steeb , Bea	Die VitaSol Krabbelgruppe	02:40:41	02:39:48	543	80
14	2155	Bickmann, Birgit	Münster	02:41:29	02:40:20	550	84
15	1459	Pösentrup, Martina	LSF Münster	02:41:37	02:40:54	554	87
16	1308	Lange, Manuela	Warburg SV 1884	02:42:45	02:41:44	564	90
17	1605	Völkert, Silvia	Lauffreunde Emsland	02:48:03	02:46:48	590	97
18	1506	Säfken, Michaela	TG Lage	02:50:11	02:49:45	594	98
W 55							
1	1479	Herrmann, Beate	TuS Altenberge 09	02:13:56	02:13:14	194	10
2	1409	Niehaus, Hildegard	Jede Oma zählt	02:23:12	02:22:05	316	31
3	2409	de Buhr, Herta	Fortuna Logabirum	02:23:22	02:22:35	318	32
4	1461	Potthoff, Doris	LC Solbad Ravensberg	02:23:57	02:23:11	331	33
5	1266	Körner-Downes, Monika	TG Lage	02:28:35	02:28:22	395	41
6	1156	Hennigs, Liane	Lauftreff VfR Voxtrup	02:32:13	02:31:52	437	49
7	1687	Vosskötter, Margrit	FC Schüttorf 09 Laufabteilung	02:33:55	02:32:43	455	55
8	1949	Agnes, Schulze Bisping	Billerbecker Läufer	02:41:05	02:40:44	544	81
W 60							
1	1679	Voges, Jutta	TV Georgsmarienhütte	02:34:14	02:33:12	462	59
2	1541	Schneedhorst, Ute	asg-weitwärts	02:43:35	02:43:04	569	91
W 65							
1	1197	Horst, Hannelore	TV Georgsmarienhütte	02:21:12	02:20:36	289	24
2	1740	Wille, Monika	Lauftreff Lauenhagen	02:34:24	02:33:47	469	62
W HK							
1	1610	Straeten, Frederike Anne	LG Brillux Münster	01:54:40	01:54:37	36	1
2	2362	Buff, Anna	Active Sportshop Osnabrück	02:16:47	02:16:20	216	14
3	1733	Schulenberg, Marion	TUS Bramsche	02:21:26	02:20:57	291	25
4	1171	Heuer, Swenja	IRTe	02:39:52	02:39:32	533	79
5	1340	Lukas-Nülle, Katharina	VfR Voxtrup Sportler 4 a childre	03:07:36	03:07:13	620	104
W Jgd A							
1	2382	Burmeister, Ihmke	Heidmühler FC	02:38:14	02:37:38	508	72