

3. Ibbenbürener Klippenlauf

Klippenlauf 24,7 Km

Altersklassenliste

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
M 30							
1	1938	Martens, Harm-Jan	Hac'63 Hoogeveen	01:40:14		2	2
2	1910	Günnigmann, Michael	SC Falke Saerbeck	01:41:11	01:41:10	4	4
3	1843	Windoffer, Patrick	SV Teuto Riesenbeck	01:42:00	01:41:58	5	5
4	1915	Kriegs, Manuel	TVE Greven	01:48:01	01:47:39	16	16
5	1512	Dörries, Thorsten	SV Eintracht Neuenkirchen	01:50:19	01:50:17	23	23
6	1879	Merse, Andreas	Sportler 4 a cildrens World	01:50:26	01:50:11	26	26
7	1519	Wulfmeyer, Henning	Bielefeld	01:51:15	01:51:12	28	28
8	1908	Paetzke, Sebastian	SV-Teuto Riesenbeck	01:55:18	01:55:12	31	31
9	1479	Winkler, Sven	Laufen statt Saufen	01:59:40	01:59:36	50	49
10	1454	Müller, Benjamin	Münster	02:00:14	02:00:09	55	54
11	1686	Böckenholt, Gunnar	Freedener Streetfighter	02:02:02	02:01:45	69	67
12	1704	Rehmann, Jonas	Brinis Lauffreunde	02:04:30	02:04:23	86	80
13	1643	Lüttkemöller, Daniel	LG Emsdetten	02:07:01	02:06:56	108	100
14	1849	Toersche, Robert		02:08:43	02:08:40	128	119
15	1702	Westermeier, Georg	SC Concordia Scharmede	02:11:13	02:10:49	150	139
16	1666	Dahmen, Christian		02:11:49	02:11:01	158	147
17	1379	Heinen, Sebastian Josef	Babenhausen Allstars & Friends	02:16:06	02:15:31	210	193
18	1533	Mangelmans, Christoph		02:16:29	02:16:09	218	199
19	1615	Wilkes, Marc		02:19:24	02:18:36	249	223
20	1867	Bruch , Jens	Team Werbecar	02:20:07	02:19:21	259	232
21	1889	Egbers, Christian	SV Wietmarschen	02:20:46	02:20:22	267	237
22	1875	Sandherm, Christian		02:21:56	02:21:51	278	244
23	1925	Prinz, Sascha	TV Borken	02:23:24	02:23:08	297	260
24	1939	Fröhner, Andreas		02:24:28	02:24:03	313	273
25	1511	Kock, Klaus	K&M Running Sports	02:24:55	02:24:30	321	281
26	1862	Loose, Matthias		02:27:03	02:26:47	349	304
27	1742	Moldenhauer, Dirk		02:27:07	02:26:21	350	305
28	1496	Leusder, Dennis	Ochtrup	02:27:42	02:27:33	363	316
29	1998	Bonicki, Jacek		02:29:25	02:28:29	390	336
30	1406	Berghaus, Oliver	SV-Teuto Riesenbeck	02:32:03	02:31:45	420	361
31	1482	Hahn, Donatus	Tri Finish Münster	02:38:59	02:38:13	483	403
32	1566	Ahlers, Christoph	VfL Emslage	02:39:41	02:39:15	488	408
33	1781	Busch, Hendrik		02:53:25	02:53:16	568	464
M 35							
1	1955	Akkerman, Erwin	HAC'63 Hoogeveen	01:38:58	01:38:57	1	1
2	1948	Pott, Andreas	SV Teuto Riesenbeck	01:40:23	01:40:20	3	3
3	1852	Lehmann, Achim	SV Teuto Riesenbeck	01:42:15	01:42:13	6	6
4	1953	Stoevelaar, Jacco	HAC'63 Hoogeveen	01:48:57	01:48:57	19	19
5	1422	Kasprik, Michael	LSF Münster	01:50:58	01:50:55	27	27
6	1976	Apeldoorn, Ralph	DEM	01:52:52	01:52:51	29	29

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
7	1744	Stöppler, Bastian	Sportler 4 a cildrens World	01:54:50	01:54:35	30	30
8	1298	Rutgers, Henry	HAC'63 Hoogeveen	01:56:56	01:56:56	37	36
9	1305	Güttersberger, Christian	Rennschweine Greffen	02:00:53	02:00:52	63	61
10	1967	Siemer, Jens	Laufendes Elend 1-4	02:01:19	02:01:06	65	63
11	1683	Westerhoff, Ingo	Das Laufende Elend	02:05:02	02:04:46	87	81
12	1381	Gelsing, Andre	VfL Ahaus	02:06:12	02:06:06	99	91
13	1964	Neumann, Boris	Fortuna Logabirum	02:06:38	02:06:23	104	96
14	1869	Reckmann, Andreas	LSF Münster	02:07:08	02:07:03	111	103
15	1969	Meier, Sebastian	RC Olympia Bünde	02:07:13	02:07:06	112	104
16	1281	Mundhenke, Andreas		02:07:54	02:07:33	120	112
17	1797	Hilker, Frank	Team Bath AC	02:08:14	02:07:45	123	115
18	1729	Baumhöfer, Kay		02:08:20	02:07:57	124	116
19	1899	Bäthke, Hendrik	SC Altenrheine	02:09:14	02:09:08	130	121
20	1520	Esselmann, Tim	LC Solbad Ravensberg	02:09:33	02:09:27	132	122
21	1395	Becker, Jörg	LTC Follow Me Emsdetten	02:11:47	02:11:41	157	146
22	1834	Pomberg, Thomas		02:15:30	02:14:56	199	184
23	1723	Telger, Maik	LG Emsdetten	02:19:03	02:18:56	244	219
24	1719	Salchert, Stephan	LG Coesfeld	02:19:31	02:18:58	251	225
25	1951	Bollweg, Stefan	BSI Sparkasse Bielefeld / LG Oer	02:19:59	02:19:42	257	230
26	1352	Glatzer, Oliver	Osnabrücker SC	02:20:19	02:19:28	262	233
27	1745	Volbert, Thomas	TuS Altenberge 09	02:22:32	02:21:53	286	250
28	1751	Fiedler, Dawid		02:22:48	02:22:19	290	253
29	1317	Brockmann, Torsten	Münster	02:24:40	02:24:11	316	276
30	1952	Brinkmann, René	LiVe-Lauftreff in Versmold	02:24:43	02:24:06	317	277
31	1293	Schmedt, Christian	Hopla Hopsten	02:24:44	02:23:57	318	278
32	1312	Biemann, Christian	VfR Voxtrup	02:25:44	02:25:25	331	290
33	1525	Weber, Heiko	TuS 45/53 Heessen	02:26:07	02:25:23	338	295
34	1424	Szameitat, Wolfgang	Jede Oma zählt	02:26:09	02:25:47	340	297
35	1943	Schleinhege, Lars	1.TCO	02:27:22	02:26:59	355	309
36	1325	Lüttmann, Andre	Hattinger Hügelläufer	02:27:45	02:27:08	365	318
37	1537	Hesping, Christian	SC Altenrheine	02:29:31	02:28:55	392	338
38	1689	Degenhardt, Dennis	Ellenstedt	02:30:07	02:29:50	399	344
39	1970	fudalej, Lukas	Lauffreunde Bönen	02:33:23	02:33:06	425	365
40	1977	Blume, Sebastian		02:34:43	02:33:40	442	376
41	1821	Rücker, Jens	TV Hohne	02:35:09	02:34:56	447	380
42	1779	Guthier-Geier, Andre	Lg Bukteria Dreierwalde	02:35:10	02:34:19	449	382
43	2003	Volkman, Torben	Bluecue Runners	02:36:07	02:35:39	452	385
44	1421	Münzberger, Thorsten	LG Emsdetten	02:42:38	02:42:03	514	428
45	1905	Oink, Andreas	SV Veldhausen	02:47:14	02:46:25	535	442
46	1276	Blanke, Axel		02:55:35	02:54:40	575	467
47	1252	Hecking, Sven	CaBa's CaBaNauTen	02:59:02	02:58:01	580	470
48	1262	Drescher-Thal, Timo	CaBa's CaBaNauTen	02:59:02	02:58:00	582	472
M 40							
1	1984	Duinkerken, Ronnie	Rotterdam Atletiek	01:42:39	01:42:37	7	7

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
2	1277	Konermann, Michael	Rennschweine Greffen	01:45:56	01:45:55	12	12
3	1497	Veenema, Jan Albert	Horror	01:50:08	01:50:08	22	22
4	1470	Bartkowski, Markus	SuS Phönix Bielefeld 09	01:57:49	01:57:25	41	40
5	1872	Voß, Lars	LG Ems Warendorf	01:58:44	01:58:38	44	43
6	1897	Westphal, Maik	Gesundheitssport Westerkappeln	01:59:11	01:58:47	46	45
7	1364	Becks, Michael	TV Friesen Telgte	02:00:34	02:00:32	59	57
8	1465	Ransiek, Stefan	VfL Holsen	02:00:45	02:00:39	61	59
9	1611	Frohne, Marko		02:01:34	02:01:28	66	64
10	1663	Herbert, Stephan	SC Nordwalde	02:01:39	02:01:30	67	65
11	1986	Siegbert, Michael	Grün-Weiss Steinbeck	02:01:56	02:01:48	68	66
12	1960	Farwick, Andreas	TV Georgsmarienhütte	02:03:26	02:03:21	78	72
13	1761	Kreling, Thomas		02:03:31	02:03:08	79	73
14	1620	Tormöhlen, Jörn		02:03:51	02:03:44	81	75
15	1638	Niehörster, Nils	Kausalisten	02:05:25	02:05:11	89	83
16	1652	Schluchter, Thommy	Lauftreff Merzen	02:05:29	02:05:01	90	84
17	1367	Prösch, Lutz	TSG 07 Burg Gretesch	02:05:50	02:05:23	94	87
18	1648	Blomeier, Michael	BSG Schüco	02:05:55	02:05:32	96	89
19	1822	Schmeink, Stefan	Mercedes Herbrand	02:06:29	02:06:25	102	94
20	1374	Kisse, Stefan	LG Marienfeld	02:06:31	02:05:57	103	95
21	1283	van Nieuwkuijk, Martijn	AV Iphitos	02:06:48	02:06:45	106	98
22	1740	Goda, Stefan		02:07:04	02:06:20	109	101
23	1753	Brink, Jan	SV Cosmos Getelo	02:07:30	02:07:26	116	108
24	1555	Thomas, Marco	SVT Bechtheim	02:08:29	02:08:09	126	118
25	1446	Bußmann, Christoph	LC Restekiste	02:09:37	02:09:25	133	123
26	1288	Bentlin, Mario	Jede Oma zählt	02:09:51	02:09:30	135	125
27	1752	Enneken , Mario	Lauffreunde Emsland	02:10:03	02:09:46	136	126
28	1996	Wille, Matthias	Osnabrücker SC	02:11:00	02:10:30	147	136
29	1383	Heidenreich, Sascha		02:11:20	02:10:47	151	140
30	1871	Pöhl, Andre	LG Weidmüller	02:11:52	02:11:41	160	149
31	1859	Schnetgöke, Jürgen	SV Teuto Riesenbeck	02:12:28	02:12:03	164	153
32	1552	Ertel, Joerg	TV Friesen Telgte	02:13:05	02:12:49	167	155
33	1445	Floer, Stefan	LSF Greven	02:14:00	02:13:43	179	166
34	1813	Görlich, Reiner	TV Hohne	02:15:17	02:15:12	194	179
35	1962	Jäger, Jörg	SC Dörenthe	02:15:27	02:15:17	197	182
36	1778	Herbers, Andreas	SVA Salzbergen	02:17:55	02:17:37	230	208
37	1380	Kretschmer, Jörg	Laufsport Sende	02:18:29	02:17:57	237	213
38	1516	Reckendrees, Christoph	Trispeed Marienfeld	02:19:11	02:18:35	248	222
39	1387	Baltes, Carsten	Lauftreff Nottuln	02:19:52	02:19:34	255	228
40	1677	Fragge, Jörg	Ellenstedt	02:21:22	02:21:05	271	240
41	1919	Braemer, Lars	TV Jahn Walsrode	02:21:42	02:21:34	274	242
42	1489	Kissel, Paul	Team Averhoff	02:21:59	02:21:38	280	245
43	1966	Karlish, Frank	SC Altenrheine	02:22:19	02:22:13	284	248
44	1534	Bröskamp, Heinz		02:24:18	02:23:39	312	272
45	1530	Wolf, Nils	Brock Rocks	02:24:34	02:24:23	315	275

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
46	1863	Meyknecht, Klaus		02:25:23	02:24:36	326	286
47	1826	Wehmeyer, Ralf	SV Uffeln	02:26:21	02:25:54	343	299
48	1330	Kötter, Mario		02:26:59	02:26:06	348	303
49	1409	Mattern, Jürgen	LG Totes Viertel Avenwedde	02:27:55	02:27:12	368	320
50	1389	Otte-Vinke, Mike	BSG Kreissparkasse Melle	02:28:28	02:28:09	376	326
51	1853	Hörmeyer, Carsten	Bergziegen Altenberge	02:29:35	02:28:55	393	339
52	1463	Meyer, Carsten	Feuerwehr Lengerich	02:29:42	02:28:57	396	341
53	1684	Reimelt, Thomas	Stella Bevergern	02:30:01	02:29:17	398	343
54	1292	Augustin, Jan	Sportfreunde Augustin	02:30:08	02:29:37	400	345
55	1334	Schwietering, Thomas	VfL Ahaus	02:30:10	02:29:59	401	346
56	1329	Baumeister, Frank	VfL Ahaus	02:30:10	02:30:02	402	347
57	1731	Laurich, Gerd	Königsblau Vreden	02:30:11	02:29:27	404	348
58	1701	Schumacher, Andreas	LT - Feuerwehr Lastrup	02:32:22	02:31:49	422	362
59	1812	Fuchs, Jurek	TV Hohne	02:35:09	02:34:38	448	381
60	1435	Holtmeyer, Markus	BW Hollage	02:37:00	02:36:17	465	392
61	1942	Wenk, Jens J.	GAD BSG Laufen	02:37:04	02:36:24	466	393
62	1354	Koch, Marco	time4fit Ibbenbüren	02:37:31	02:37:09	471	398
63	1390	Löckemann, Markus	LG Emsdetten	02:42:01	02:41:41	508	423
64	1803	Adrian-Emkow, Markus	NoseKäng	02:42:12	02:41:12	511	425
65	1833	Hess, Rene	tecRacer	02:47:31	02:46:56	538	445
66	1285	Marquardt, Christian	AVM EU-Neuwagen	02:51:05	02:50:10	558	456
M 45							
1	1741	Machielsen, Jeroen	AV Athletics Nijverdal	01:42:44	01:42:43	8	8
2	1559	Gößling, Andreas	SV Teuto Riesenbeck	01:45:48	01:45:40	10	10
3	1989	Prinz, Oliver	LSF Münster	01:45:50	01:45:48	11	11
4	1527	Häßler, Peter	LV Oelde	01:46:57	01:46:57	13	13
5	1830	Bonin, Udo	LC Solbad Ravensberg	01:47:44	01:47:42	15	15
6	1732	Pechler, Edward	Loopgroep Bedum	01:48:07	01:48:06	17	17
7	1635	Wiesenmüller, Jens	TV Georgsmarienhütte	01:48:38	01:48:34	18	18
8	1929	Kamp, Jörg	TV Mettingen	01:49:55	01:49:53	21	21
9	1286	Kleffman, Bernd	Rennschweine Greffen	01:50:21	01:50:19	24	24
10	1949	Brüning, Michael	Sc Altenrheine	01:50:24	01:50:20	25	25
11	1958	Karneth, André	LSF Münster	01:55:41	01:55:38	34	33
12	1495	Wendker, Thomas	Brock Rocks	01:56:32	01:56:18	36	35
13	1563	Dröge, Ralf	VfL Holsen	01:57:56	01:57:52	42	41
14	1546	Hintemann, Andreas	SuS Stadtlohn	01:57:58	01:57:41	43	42
15	1811	Brüseke, Andreas	TV Hohne	01:58:51	01:58:47	45	44
16	1575	Buntenkötter, Achim	LV Oelde	01:59:18	01:59:15	48	47
17	1818	Naatz, Olaf	TV Hohne	01:59:51	01:59:39	52	51
18	1290	Noordkamp, Bas	AV Iphitos	02:00:09	02:00:05	53	52
19	1493	Schrant, Jürgen	SV Bokeloh	02:00:14	02:00:09	54	53
20	1997	Wille, Thomas	LG Emsdetten	02:00:15	01:59:51	56	55
21	1700	Miltrup, Valentin	FC Stella Bevergern	02:00:27	02:00:16	57	56
22	1974	Strübbe, Karl-Heinz	LC Nordhorn	02:00:36	02:00:27	60	58

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
23	1596	Abke, Reinhard		02:00:47	02:00:39	62	60
24	1311	Crocoll, Andreas	Sportler 4 a cildrens World	02:02:40	02:02:29	74	69
25	1726	Lenfort, Stefan	Nordwalde	02:02:47	02:02:28	75	70
26	2000	Bien, Rainer	SV Teuto Riesenbeck	02:03:11	02:02:57	77	71
27	1366	Neuhaus, Walter	Paddelclub Telgte	02:03:45	02:03:36	80	74
28	1592	Gehlen, Markus	LG Rheine-Elte	02:03:56	02:03:30	82	76
29	1523	Merglmeyer, Hans-Bernd	TuS Borgloh	02:03:59	02:03:49	83	77
30	1651	Wallmeier, Bernd	SC Dörenthe	02:04:15	02:04:06	85	79
31	1792	Kordsmeyer, Michael	Stella Bevergern	02:05:45	02:05:30	93	86
32	1825	Ioskamp, Jeroen	AV Iphitos	02:06:47	02:06:45	105	97
33	1427	Frenzel, Volker		02:07:23	02:07:16	114	106
34	1774	Schossig, Hagen	Brukteria Dreierwalde	02:07:30	02:07:17	115	107
35	1458	Tietz, Udo	SV Bokeloh	02:07:37	02:07:32	117	109
36	1313	Wieskus, Michael	LG Coesfeld	02:07:46	02:07:13	118	110
37	1517	Kallenbach, Joachim	LV Oelde	02:08:04	02:07:59	122	114
38	1655	Schwarte, Christian	LG Emsdetten	02:09:08	02:09:02	129	120
39	1963	Eichler, Thomas	LG Oerlinghausen	02:10:10	02:09:51	137	127
40	1718	Rudolph, Eugen	SuS 09 Neuenkirchen	02:10:10	02:09:30	138	128
41	1907	Rose, Norbert	Lauffreunde Gremmendorf	02:10:22	02:10:15	139	129
42	1994	Niemeyer, Marko	Glück (L)auf Georgsmarienhütte	02:11:05	02:10:30	148	137
43	1607	Nähring, Stephan	Brukteria Dreierwalde	02:11:34	02:11:23	153	142
44	1632	Starr, Günther	SC Melle 03	02:11:36	02:11:24	155	144
45	2006	Hülsmann, Christian	SC-Altenrheine	02:11:50	02:11:09	159	148
46	1992	Uphoff, Peter	SV Teuto Riesenbeck	02:12:04	02:11:39	161	150
47	1408	Rohmann, Wolfgang	Wildeshäuser Lauftreff	02:12:24	02:12:15	163	152
48	1558	Ueding, Heiko	I-against-me	02:13:10	02:12:24	169	157
49	1473	Veismann, Hermann-Josef	W&H-Laufgruppe	02:13:13	02:12:35	171	159
50	1901	Gude, Ralf	LG Rheine-Elte	02:13:28	02:13:00	175	162
51	1697	Rüther, Michael	TV Mettingen	02:14:03	02:13:59	180	167
52	1676	Klocke, Torsten		02:14:10	02:13:18	181	168
53	1808	Fröhlking, Joachim		02:14:15	02:13:45	182	169
54	1500	Lörcks, Heiner	TuS Altenberge	02:14:33	02:14:25	184	170
55	1428	Rotthues, Jürgen		02:14:41	02:14:28	187	173
56	1327	Kwiatkowski, Wilfried	ETuS-Rupturenclub Rheine	02:15:25	02:14:56	196	181
57	1690	Mäuer, Udo	SV-Dickenberg	02:15:27	02:15:09	198	183
58	1736	Eder, Thomas	TLV Rünthe	02:15:33	02:15:26	200	185
59	1452	Warner, Michael	BSG Sparkasse Osnabrück	02:15:38	02:15:32	202	186
60	1717	Budde, Thomas	TLV Rünthe	02:15:58	02:15:45	206	189
61	1785	Sievers, Uwe		02:15:59	02:15:21	207	190
62	1788	Schmiemann, Christian	Ibbenbüren	02:16:22	02:15:40	215	196
63	1289	Dulle, Norbert		02:16:28	02:16:24	216	197
64	1619	Wewer, Christian	Grün-Weiss Steinbeck	02:16:28	02:15:38	217	198
65	1499	Meijer, Fulco	Marathon Ibbenbüren	02:16:57	02:16:14	222	203
66	1762	Hehemann, Stefan		02:17:17	02:16:53	226	205

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
67	1561	Proske, Mario	LSF Münster	02:17:27	02:16:41	227	206
68	1650	Schüttken, Udo	TV Mettingen	02:17:38	02:16:50	229	207
69	1913	Weber, Andreas		02:17:55	02:17:40	231	209
70	1832	Kleemann, Jürgen		02:19:52	02:19:30	254	227
71	1437	Krumbeck, Christian	SC Falke Saerbeck	02:20:21	02:19:51	263	234
72	1669	Suelmann, Reinhard		02:20:24	02:19:45	265	236
73	1668	Finkelmann, Ralf	TuS Hiltrup	02:21:08	02:21:03	270	239
74	1275	Sontopski, Andreas	LSF Münster	02:22:29	02:22:25	285	249
75	1384	Mischke, Klaus	BSG JVA Herford	02:23:22	02:22:45	294	257
76	1576	Werner, Marcus	BSG Herford	02:23:24	02:22:52	298	261
77	1641	Berelsmann, Andreas	TV-Georgsmarienhütte	02:23:27	02:22:59	299	262
78	1848	Kantzer, Dietmar	SV Dickenberg	02:23:37	02:23:03	301	263
79	1480	Lentz, Oliver		02:23:42	02:23:03	302	264
80	1860	Dettmer, Thorsten	Leinerstift e.V.	02:23:48	02:23:00	304	266
81	1706	Deschner, Lars	Osnabrücker SC	02:24:05	02:23:11	307	268
82	2001	Lange, Jörg	LC Solbad Ravensberg	02:24:08	02:23:41	309	269
83	1333	Weiß, Wilfried	Marathon Steinfurt	02:24:16	02:24:08	311	271
84	1346	Heuvelman, Bas	Streu Laufgruppe	02:25:13	02:24:27	324	284
85	1777	Konermann, Reinhard	Westfalen Hopsten	02:25:18	02:24:50	325	285
86	1716	THEWES, Norbert	LG Coesfeld	02:25:25	02:24:56	327	287
87	1616	Lakmann, Uwe	Weyher Lauftreff	02:25:28	02:25:04	329	289
88	1865	Smith, Jeff	CaBa	02:25:57	02:25:00	333	291
89	1725	Meckfessel, Michael	Freedener Streetfighter	02:25:58	02:25:41	334	292
90	1260	Klein, Michael	Lauffreunde Bönen	02:26:19	02:26:04	342	298
91	1791	Henke, Michael	Tri-Cops Warstein	02:26:25	02:25:25	344	300
92	1757	Fleute, Michael		02:26:46	02:25:48	347	302
93	1810	Becks, Stefan	TV Hohne	02:27:35	02:27:05	360	314
94	1990	Borgert, Ralf	LG Coesfeld	02:27:38	02:27:09	362	315
95	1603	Hoppe, Ulrich	SC Falke Saerbeck	02:27:58	02:26:56	369	321
96	1501	Hatkemper, Michael	ETuS Haltern	02:28:00	02:27:42	370	322
97	1680	Lüdke, Frank	Tri Finish Münster	02:28:13	02:28:06	374	325
98	1739	Voigt, Torsten	Tri Finish Munster	02:29:02	02:28:48	383	330
99	1254	Müller, Peter	SC 28 Nordwalde	02:29:21	02:28:58	389	335
100	1886	Feldkamp, Heinz-Bernd	Königsblau Vreden	02:30:12	02:29:27	405	349
101	1426	Lammers, Stefan	LSF Münster	02:30:46	02:30:05	409	352
102	1868	Trittel, Stephan		02:30:57	02:30:47	411	354
103	1673	Hoppe, Stefan		02:31:05	02:30:00	412	355
104	1280	Schwienheer, Harald	TV Friesen Telgte	02:31:24	02:30:41	414	357
105	1564	Brink, Arend	SC Union Emlichheim	02:31:38	02:30:59	416	358
106	1377	Schröer, Rainer	TV Mettingen	02:33:02	02:32:13	423	363
107	1266	Klomp maker, Arthur	Laufmitmir	02:33:11	02:32:29	424	364
108	1419	Assies, Bernhard		02:33:24	02:32:40	426	366
109	1274	Bolz, Jan	BSV Ostbevern	02:33:25	02:33:20	427	367
110	1556	Masselink, René	RST	02:33:28	02:32:28	429	369

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
111	1756	Stodieck, Thorsten		02:34:02	02:33:03	434	372
112	1884	Budzinski, Jörg	TuS Altenberge 09	02:34:04	02:33:23	435	373
113	1583	Jackisch, Uwe	SV Rasensport	02:34:13	02:33:42	437	374
114	1995	Schröter, Eric	Lg de Zandstuve	02:35:47	02:35:26	450	383
115	1478	Wegmann, Claus	TV Friesen Telgte	02:36:09	02:35:22	453	386
116	2014	Kleine, Andreas	TuS Recke	02:36:09	02:35:16	454	387
117	1353	Hennecke, Michael	VfL Lingen	02:36:33	02:36:09	458	388
118	1355	Bargmann, Michael	time4fit Ibbenbüren	02:37:33	02:37:10	472	399
119	1937	de Boer, Eddy	Reestruffers	02:38:08	02:37:39	475	400
120	1780	Kramer, Martin	Stella Bevergern	02:39:24	02:38:40	485	405
121	1350	Neteler, Rudi		02:39:59	02:39:04	490	410
122	1670	Potthoff, Peter	SV Oldendorf	02:40:17	02:39:44	492	412
123	1472	Schilling, Martin	TV Friesen Telgte	02:40:25	02:39:29	493	413
124	1488	Schürmann, Jörg	VfL Holsen	02:40:48	02:39:54	497	416
125	1369	Glas, Maarten		02:41:16	02:40:34	499	417
126	1405	Ganswind, Michael	Lauffreunde Bönen	02:41:47	02:41:26	503	420
127	1665	Exeler, Guido		02:42:27	02:42:07	512	426
128	1932	Dröge, Oliver	TLV Rünthe	02:42:37	02:42:23	513	427
129	1870	Albers, Markus	TuS Hilstrup	02:44:10	02:43:23	523	435
130	1893	Schaefer, Klaus	Kirche läuft Wilhelmshaven	02:45:57	02:45:40	531	439
131	1703	Nagel, Andre	RC Sorpese Tri-Team	02:46:55	02:46:20	534	441
132	1916	Niemeyer, Lothar		02:47:27	02:46:29	537	444
133	1801	Wrocklage, Ralf		02:47:37	02:47:01	542	448
134	1263	Meier, Markus	Lauffreunde Bönen	02:47:48	02:47:32	544	450
135	1854	Kröger-Allen, Neil	CaBa´s CaBaNauTen	02:47:59	02:46:58	545	451
136	1844	Witza, Andre	CaBa´s CaBaNauTen	02:47:59	02:46:57	546	452
137	1985	Terhorst, Dirk		02:48:03	02:47:53	547	453
138	1662	Magh, Thomas		02:49:16	02:48:32	554	455
139	1392	Geberzahn, Thomas		02:51:58	02:51:02	561	458
140	1459	Götze, Michael	Feuerwehr Anröchte	02:52:12	02:51:21	563	459
141	1894	Hake, Günter		02:52:16	02:51:16	564	460
142	1429	Neils, Oliver	SC Achmer	02:52:34	02:51:37	565	461
143	1878	Rehbaum, Martin	SV Rinkerode	02:53:04	02:52:14	567	463
144	1594	Brink, Helmut	SV Bokeloh	02:59:02	02:58:44	581	471
145	1805	Schmaus, Ulrike	LiVe-Lauftreff in Versmold	02:59:13	02:58:18	583	473
146	1586	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven e.	03:00:44	02:59:52	585	475
147	1567	Albach, Jochen		03:18:28	03:17:42	596	483
148	1529	Köster, André	ISC-Münster	03:18:28	03:18:26	597	484
M 50							
1	1887	Heithorn, Andreas	SV Eintracht Neuenkirchen	01:43:57	01:43:56	9	9
2	1988	Mertes, Berthold	Silvesterlauf Trier	01:49:37	01:49:36	20	20
3	1490	Alke, Burkhard	Rennschweine Greffen	01:55:33	01:55:23	33	32
4	1841	Gottwald, Dieter	SV Teuto Riesenbeck	01:56:28	01:56:22	35	34
5	1606	Lütkemeyer, Paul	SV Teuto Riesenbeck	01:56:58	01:56:49	38	37

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
6	1940	Voortman, Gerrit	HAC'63 Hoogeveen	01:57:06	01:57:06	39	38
7	1365	Haverkock, Norbert	SuS Legden	01:59:48	01:59:42	51	50
8	1548	Janning, Franz	LV Oelde	02:02:19	02:02:15	70	68
9	1787	Bosgraaf, André	Iphitos	02:04:12	02:04:03	84	78
10	2008	Üffing, Hans-Jürgen	TV-Rhede	02:05:52	02:05:52	95	88
11	1654	Kolhoff, Georg	LT Gnadenlos	02:06:55	02:06:43	107	99
12	1671	Hartmann, Uwe	Bippener SC	02:07:05	02:06:46	110	102
13	1382	Häusler, Ralf	LiVe-Lauftreff in Versmold	02:08:26	02:08:23	125	117
14	1800	Schildmeyer, Frank		02:10:35	02:10:18	141	131
15	1466	Grimme, Harald	LG Emsdetten	02:10:44	02:10:35	143	133
16	1344	Raing, Norbert	LT Wettringen	02:10:57	02:10:31	145	134
17	1845	Pischny, Reiner		02:11:00	02:10:36	146	135
18	1610	Fleiß, Hermann	LSF Münster	02:11:10	02:10:31	149	138
19	1682	van der Knaap, Erik	SV Cosmos Getelo	02:11:21	02:11:17	152	141
20	1789	Dierkes, Reinhard	Dörenther SC	02:11:41	02:11:31	156	145
21	1900	Elstrodt, Dieter	TV Mettingen	02:12:07	02:11:45	162	151
22	1574	Wendt, Boris	Bielefeld	02:13:10	02:12:54	168	156
23	1319	Lukas-Nülle, Uwe	VfR Voxtrup	02:13:11	02:12:49	170	158
24	1999	Burmeister, Robert	SC Altenrheine	02:13:15	02:12:49	172	160
25	1342	Zimmerling, Detlev		02:13:58	02:13:29	178	165
26	1653	Thoben, Georg	Pillhuhrunners	02:14:33	02:14:16	185	171
27	1656	Droste, Norbert	SpVgg Dolberg	02:14:47	02:14:34	189	175
28	1727	Strathaus, Wolfgang	W+F Münster	02:15:01	02:14:57	190	176
29	1817	Meyer, Hansjörg	TV Hohne	02:15:16	02:14:45	193	178
30	1337	Böckers, Reinhard	VfL Ahaus	02:15:43	02:15:37	204	187
31	1514	veenendaal, Berend	Iphitos	02:16:03	02:15:22	209	192
32	1604	Berger, Markus	TV Friesen Telgte	02:16:06	02:16:03	211	194
33	1672	van den Berg, Jürgen	SV Teuto Riesenbeck	02:16:17	02:16:03	214	195
34	1699	Langner, Eckhard	1.Tri-Team-Gütersloh GTV	02:16:38	02:15:56	219	200
35	1749	Bockting, Franz-Josef	LV Marathon Kleve	02:16:54	02:16:06	221	202
36	1747	Diepenbrock, Thomas	1. FC Nordwalde e.V.	02:18:11	02:17:46	234	210
37	1362	Dieker, Thomas	VfL Ahaus	02:18:27	02:18:20	236	212
38	1584	Schulze-Tenberge, Gerd	SV Lembeck	02:18:37	02:18:29	240	216
39	1538	Dohe, Jürgen	Lengerich	02:19:06	02:18:22	247	221
40	1705	Steiner, Gerd	LC Solbad Ravensberg	02:19:57	02:19:25	256	229
41	1536	Hövel, Walter	SC Falke Saerbeck	02:20:21	02:19:47	264	235
42	1987	Schulz , Arthur	DSK	02:21:49	02:21:38	276	243
43	1407	Strototte, Martin	LG Marienfeld	02:22:05	02:21:31	282	246
44	1630	Bald, Bernhard	SC Melle 03	02:22:10	02:21:57	283	247
45	1815	Konermann, Peter	TV Hohne	02:22:38	02:21:44	287	251
46	1348	Hannink, Peter	Loopgroep Streu	02:22:39	02:22:00	288	252
47	1360	Oelgemöller, Dieter	PC Telgte	02:22:54	02:22:39	291	254
48	1506	Stannies, Bodo	Teuto-Reisenbeck	02:23:19	02:22:35	293	256
49	1924	Spanier, Ekkehard	Sportziel Marathonteam Bremen	02:23:22	02:22:32	296	259

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
50	1425	Lampe, Jürgen	Sc Falke Saerbeck	02:23:46	02:23:14	303	265
51	1257	Farwick, Wolfgang		02:24:00	02:23:16	306	267
52	1612	Tebrügge, Bernfried		02:24:11	02:24:09	310	270
53	1328	Blokzijl, Robert		02:24:46	02:24:06	319	279
54	1694	Hellmann, Andreas	SV Ofenerdiek	02:24:50	02:24:18	320	280
55	1698	Andrews, Johannes	Jede Oma zählt	02:25:13	02:24:50	323	283
56	1545	Rösler, Andreas	LT Wischlingen Dortmund	02:25:28	02:25:06	328	288
57	1695	Rentemeister, Werner	LG COESFELD	02:26:03	02:25:33	335	293
58	1766	Stalinski, Dirk	LV Marathon Kleve	02:27:12	02:26:23	352	307
59	1770	Thier, Johannes	SV Lembeck	02:27:30	02:27:18	357	311
60	1991	Friedrich, Wolfgang	Leinerstift e.V.	02:27:31	02:26:43	358	312
61	1598	Kerk, Thomas	Feuerwehr Ibbenbüren	02:27:34	02:26:43	359	313
62	1626	Grüger, Magnus	LSF Münster	02:27:43	02:26:53	364	317
63	1504	Göbel, Uwe		02:27:51	02:26:59	367	319
64	2021	Haßmann, Detlef	TV Hohne	02:29:03	02:28:20	385	332
65	1829	Arnicke, Ulrich	Piesberger SV	02:29:27	02:28:38	391	337
66	1912	Bergmann, Manfred	Wallenhorst	02:29:35	02:29:02	394	340
67	1299	Althaus, Paul	Hattinger Hügelläufer	02:29:44	02:29:08	397	342
68	1733	Schhlarmann, Ludger	SF Lechtingen	02:30:17	02:29:39	406	350
69	2005	Strotebeck, Uwe	THC Westerkappeln	02:30:47	02:30:26	410	353
70	1481	Streibel, Stefan	SV Teuto Riesenbeck	02:31:46	02:30:54	417	359
71	1827	Diebowski, Ulrich		02:35:49	02:35:47	451	384
72	1571	Albers, Hermann		02:36:43	02:36:18	462	390
73	1359	Sentker, Ralf	VfL Lingen	02:36:43	02:36:19	463	391
74	1453	Ehling, Klaus	LSF Münster	02:37:05	02:36:20	467	394
75	1760	Härtwig, Olaf		02:37:15	02:36:17	469	396
76	1851	Schäfers, Jürgen	SV Teuto Riesenbeck	02:37:30	02:36:42	470	397
77	1343	Geerdink, Ton	Sisu	02:38:12	02:37:25	476	401
78	1824	Figur, Rainer	Tri-Cops Warstein	02:39:28	02:38:28	487	407
79	1404	Oster, Georg	SoDa Laggenbeck	02:39:50	02:38:51	489	409
80	1975	Brinkmann, Klaus	ETuS Rheine	02:41:19	02:40:17	500	418
81	1837	Honderboom, Jürgen		02:41:47	02:41:46	504	421
82	1357	von der Straten, Thomas	Etus Rheine	02:42:06	02:41:37	509	424
83	1819	Nigbur, Frank	TV Hohne	02:44:31	02:43:40	524	436
84	1608	Siemens, Frank	SV Lembeck	02:46:21	02:46:03	532	440
85	1471	Stephan, Rüdiger	W+F Münster	02:47:23	02:47:07	536	443
86	1440	Welkener, Jürgen	SC Melle 03	02:47:47	02:47:19	543	449
87	1487	Penning, H-D.	Fortuna logabirum	02:54:07	02:53:30	572	466
88	1572	Leuer, Alfred		02:56:28	02:55:34	576	468
89	1423	Baune, Andreas	LSF Münster	03:07:25	03:06:33	590	479
90	1396	Hildmann, Marko	TVE Greven - Triathlon	03:11:21	03:11:08	592	481
91	1593	Ohde, Georg	LG Emsdetten	03:11:59	03:10:55	593	482
M 55							
1	1570	Griesbaum, Norbert	LT Brechten Dortmund	02:05:59	02:05:59	97	90

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
2	1541	Geske, Michael	LSF Münster	02:06:13	02:05:34	100	92
3	1302	Wegener, Rainer	Hattinger Hügelläufer	02:09:40	02:08:57	134	124
4	1414	Toplak, Fred	Toplak Team	02:10:28	02:10:04	140	130
5	1609	Tillack, Hans	LG Emsdetten	02:10:36	02:10:05	142	132
6	1258	Kreeft, Martin	HAC'63 Hoogeveen	02:14:43	02:14:42	188	174
7	1565	Thole, Jürgen	Bippener SC	02:15:51	02:15:21	205	188
8	1318	Timmerhuis, Henri	Sisu Almelo	02:16:01	02:15:21	208	191
9	1416	Reinke, Karl	TuS Altenberge 09	02:18:13	02:17:32	235	211
10	1772	Bechmann, Willi	RAG Deutsche Steinkohle	02:18:30	02:18:25	238	214
11	1270	Siedler, Wolfgang		02:18:33	02:18:23	239	215
12	1322	Bode, Andreas	Hurricane Holsen	02:19:06	02:18:44	246	220
13	2007	Eckers, Laurenz	TV-Rhede	02:20:07	02:20:05	258	231
14	1486	Stallbörger, Reinhard	SV Teuto Riesenbeck	02:20:57	02:20:12	268	238
15	1711	Böckers, Winfried	LG Coesfeld	02:21:38	02:21:09	273	241
16	1300	Bodmann, Egbert	Hattinger Hügelläufer	02:23:22	02:22:39	295	258
17	1710	Mäuer, Jürgen	SV-Dickenberg	02:24:31	02:23:51	314	274
18	1823	Kastrup, Klaus-Peter	TSVE 1890 Bielefeld	02:26:08	02:25:21	339	296
19	1850	Wiesmann, Berthold	TV Borken	02:27:17	02:27:03	353	308
20	1816	Laig, Uwe	TV Hohne	02:28:09	02:27:50	371	323
21	1339	Pohl, Herbert	Radbod Runners	02:29:04	02:28:45	386	333
22	1646	Neumann, Bertram	Lauftreff Nottuln	02:29:07	02:28:49	387	334
23	1403	Hevink, Hans	RST Enschede	02:31:48	02:30:51	418	360
24	1793	Hülsmeier, Johannes	Lauftreff Olympia Uelsen	02:34:15	02:34:10	438	375
25	2017	Pfister, Ulrich		02:35:05	02:34:16	446	379
26	1645	John, Hans-Henning	WSU Tri-Team	02:36:40	02:36:26	461	389
27	1543	Fleiß, Ludger	LSF Münster	02:37:06	02:36:24	468	395
28	1315	Großmann, Peter	Hattinger Hügelläufer	02:39:24	02:38:41	486	406
29	1622	Wiggers, Reinhard	SuS Neuenkirchen	02:40:15	02:39:37	491	411
30	1658	Berghoff, Reinhard	SpVgg Dolberg	02:41:37	02:41:18	502	419
31	1324	Strauch, Heinz	SV Teuto Riesenbeck	02:41:59	02:41:14	507	422
32	1393	Jäger, Josef	Lauftreff Nottuln	02:42:57	02:42:29	515	429
33	1857	Gördes, Bernhard	SV Lembeck	02:43:34	02:43:25	518	431
34	1928	Berg, Martin		02:44:05	02:44:02	521	433
35	1522	Türker, C.Xaver	Laufsport Freunde Gremmendorf	02:44:05	02:44:05	522	434
36	1444	Friedl, Harald		02:45:49	02:45:06	529	437
37	1295	Becker, Martin	MSRunners	02:47:32	02:46:44	540	446
38	1296	Goerke-Mallet, Peter	MSRunners	02:47:32	02:46:43	541	447
39	1972	Boekestijn, Leonard	Lierse Road Runners	02:48:17	02:47:39	548	454
40	1930	Löpmeier, Thomas	Grün-Weiss Steinbeck	02:51:34	02:50:43	559	457
41	1363	Ottensmann, Manfred	PC Telgte	02:52:37	02:52:21	566	462
42	1906	Zimmermann, Michael	Grün-Weiss Steinbeck	03:09:50	03:08:58	591	480
M 60							
1	1795	Wienen, Herbert	TV Borken	01:59:38	01:59:23	49	48
2	1771	Grond, Josef	Marathon Steinfurt	02:00:58	02:00:50	64	62

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	1874	Lid, Rainer	Laufsport Senden	02:05:17	02:05:14	88	82
4	1814	Hoge, Werner	TV Hohne	02:13:54	02:13:48	177	164
5	1483	Lütke Schelhowe, Hermann	DJK Dyckburg-Münster	02:18:41	02:18:15	241	217
6	1936	Helmers, Georg		02:26:37	02:25:39	346	301
7	1455	Studt, Jochen		02:27:10	02:26:38	351	306
8	1307	Spiekermann, Peter	SC Melle 03	02:27:24	02:26:40	356	310
9	1450	Selchow, Dieter		02:28:38	02:28:04	378	327
10	1828	Altehülsing, Laurenz	Laufzentrum Rheine	02:30:33	02:29:56	407	351
11	1981	Vismann, Josef	SV-Dickenberg	02:33:42	02:33:02	430	370
12	1467	Wehmeyer, Uwe	Airborne-Fit-Run e.V.	02:39:02	02:38:25	484	404
13	2020	Knaust, Peter	LC Solbad Ravensberg	02:45:53	02:45:27	530	438
14	1449	Becker, Friedhelm	LC Restekiste	03:00:23	02:59:50	584	474
M 65							
1	1595	Brinkhues, Bernd	SC Altenrheine	02:16:39	02:16:13	220	201
2	1521	Schlaefke, Dieter	DJK Adler 07 Bottrop	02:28:13	02:27:46	373	324
3	1413	Venker, Paul	LG Emsdetten	02:28:41	02:27:40	379	328
4	1631	Dufils, Gerd	Marathon Ibbenbüren	02:29:02	02:28:39	384	331
5	1448	Lienland, Franz-Josef	LSF Oldenburg	02:38:17	02:37:24	479	402
6	1764	Wolfrom, Peter	LT SCHOPPENSTECHEER	02:43:23	02:42:19	517	430
7	1804	Kampwerth, Werner	LC Solbad Ravensberg	02:58:22	02:57:27	579	469
M 70							
1	1400	Kunzmann, Günter	LG Rheine-Elte	02:43:45	02:43:18	520	432
2	1675	Piepel, Herbert	SV Gladbeck 13	02:53:38	02:52:35	570	465
M HK							
1	1373	Lau, Christian	Emsstern Rheine	01:47:23	01:47:21	14	14
2	1410	Schaap, Kevin	RST	01:57:21	01:57:20	40	39
3	1888	Kösters, Sven	Sportler 4 a cildrens World	01:59:11	01:58:57	47	46
4	1896	Görner, Torsten		02:05:35	02:05:29	91	85
5	1306	Grötzsch, Pascal		02:06:28	02:06:13	101	93
6	1624	Sperver, Michael	Spervers Hofladen	02:07:14	02:07:07	113	105
7	1417	Güttler, Thorsten	SV Teuto Riesenbeck	02:07:47	02:07:30	119	111
8	1303	Wiemers, Denis		02:08:00	02:07:46	121	113
9	1649	Spanel, Stefan	TuS Altenberge 09	02:11:35	02:11:16	154	143
10	1253	Sterthaus, Jens	TV Mesum	02:12:59	02:12:49	166	154
11	1809	Machill, Michael	LSF Münster	02:13:28	02:13:25	174	161
12	1415	Geretzky, Christian	BSG JVA Herford	02:13:40	02:13:06	176	163
13	1831	Wilm, Eduard	SV Teuto Riesenbeck	02:14:40	02:14:37	186	172
14	1880	Rosen, Florenz	Hinterm Tresen	02:15:17	02:14:53	195	180
15	1978	Lammers, Daniel	DJK Arminia Ibbenbüren	02:17:10	02:16:34	225	204
16	1746	Bolz, Jan		02:18:45	02:18:05	242	218
17	1601	Spitmann, Thomas		02:23:09	02:22:49	292	255
18	1735	Heile, Maximilian		02:25:00	02:24:52	322	282
19	1959	Kahle, Jan	Altenlingen	02:26:04	02:25:38	337	294
20	1882	rehmann, Lukas		02:28:52	02:28:44	382	329

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
21	1730	schnabel, James		02:31:21	02:30:26	413	356
22	1579	Zwier, Michael	RST	02:33:27	02:32:27	428	368
23	1784	Bülter, Christoph		02:33:53	02:33:08	432	371
24	1971	Antonij, Anton	DJK Arminia Ibbenbüren	02:34:57	02:34:26	444	377
25	1980	Fremann, Julian		02:34:57	02:34:21	445	378
26	1509	Prost, Martin	K&M Running Sports	02:40:39	02:40:14	494	414
27	1941	Beine, Tobias		02:40:47	02:39:53	496	415
28	1398	Ebeler, Stefan		03:05:32	03:04:42	587	476
29	1397	Grunden, Gerrit		03:05:34	03:04:43	588	477
30	1728	Franczuk, Heiko	LT Lüneburg	03:07:24	03:06:52	589	478
M U23							
1	1754	Spisla, Dominik	Bielefeld	02:15:15	02:15:04	192	177
2	1786	Heile, Meinolf	Tus Wallenstein	02:19:27	02:18:46	250	224
3	1513	Schluch, Pascal	SV Teuto Riesenbeck	02:19:38	02:19:23	252	226
W 30							
1	1309	Riedel, Sabrina	SV Teuto Riesenbeck	02:28:13	02:27:29	372	49
2	1599	Baudzus, Barbara		02:30:34	02:30:16	408	57
3	1590	Bartling, Eva	SSC Dodesheide	02:34:11	02:33:44	436	63
4	1802	Adrian, Kathrin	NoseKäng	02:40:49	02:39:50	498	82
5	1308	Hausberg, Julia	W+F Münster	03:14:02	03:13:34	595	113
W 35							
1	1720	Krüer, Cornelia	SV Teuto Riesenbeck	02:00:32	02:00:20	58	2
2	1713	Queren, Stefanie	Osnabrücker Turnerbund	02:02:29	02:02:27	71	3
3	1639	Schlüter, Heike	LiVe Lauftreff in Versmold	02:02:35	02:02:30	72	4
4	1518	Esselmann, Jela	LiVe Lauftreff in Versmold	02:09:18	02:08:56	131	10
5	1758	Lübeck, Antje		02:15:36	02:15:35	201	16
6	1528	Merschformann, Ruth	Tri Finish Münster	02:16:16	02:15:55	213	19
7	1950	Germann, Melanie	SC Altenrheine	02:17:29	02:16:54	228	22
8	1385	O'Connor, Steffi	BSG JVA Herford	02:21:46	02:21:10	275	33
9	1418	Weirauch, Eva	LG Emsdetten	02:21:58	02:21:37	279	35
10	1370	Bugdoll, Saskia		02:23:33	02:22:52	300	38
11	1568	Fip, Julia	Bumkies LG	02:24:05	02:23:33	308	40
12	1356	Schröter, Ilka		02:26:30	02:26:17	345	45
13	1535	Wessels, Elke	Team Erdinger Alkoholfrei	02:27:22	02:26:48	354	46
14	1503	Austermann, Andrea	Tri Team Gütersloh	02:32:11	02:31:36	421	60
15	1378	Stein, Vanessa	W+F Münster	02:34:19	02:33:38	439	64
16	1840	Rüther, Karin		02:36:32	02:35:39	457	70
17	1696	Schierenberg , Nicole		02:42:10	02:41:23	510	86
18	1895	Kettelgerdes, Monika		02:45:02	02:44:07	528	92
19	2012	Larisch, Eveline	LG Oerlinghausen/Team Erdinge	02:48:49	02:47:44	553	99
20	1551	Herwing, Christina	TV Friesen Telgte	02:54:13	02:53:31	573	107
W 40							
1	1613	Auffenberg, Melanie	SC Altenrheine	01:55:26	01:55:21	32	1
2	1492	Schrant, Heike	SV Bokeloh	02:15:07	02:14:57	191	15

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	1918	Berkath, Petra	TV Jahn Walsrode	02:17:05	02:16:57	224	21
4	1351	Meier, Sandra	Osnabrücker SC	02:19:51	02:18:59	253	27
5	1659	Pfannkuche, Melanie	SpVgg Dolberg	02:21:02	02:20:46	269	31
6	1268	Schulz, Lisa	LG Rheine-Elte	02:25:34	02:25:04	330	41
7	1515	Wittich, Nicola	Tri Finish Münster	02:26:04	02:25:44	336	43
8	1914	Haarmeyer, Birgit	TV Mettingen	02:29:16	02:28:27	388	54
9	1284	van Nieuwkuijk, Merlenn	AV Iphitos	02:36:36	02:35:55	460	72
10	1903	Marin, Ute	TV Mettingen	02:38:01	02:37:12	473	74
11	2016	Lage, Christiane	BSG Kreissparkasse Steinfurt	02:38:01	02:37:34	474	75
12	1588	Kappelhoff, Tanja	SV Teuto Riesenbeck	02:41:56	02:41:11	506	85
13	1602	Kalde, Monika	LG Dummfisch	02:44:52	02:43:56	526	90
14	1628	Kemming, Anke		02:49:17	02:48:18	555	100
W 45							
1	1876	Gaszek, Eva-Maria	Laufsport Senden	02:02:36	02:02:32	73	5
2	1807	Gabriel, Andrea	TLV Rünthe	02:05:44	02:05:25	92	7
3	1442	Nachtwey, Claudia	TV Werne 03	02:06:07	02:06:02	98	8
4	1347	Hope, Penny	SISU	02:08:36	02:07:58	127	9
5	1386	Richter, Susanne	Bielefeld	02:12:48	02:12:32	165	12
6	1475	Peller-Tölle, Kerstin		02:14:17	02:14:03	183	14
7	1644	Mergelmeyer, Heidrun	TuS Borgloh	02:15:40	02:15:17	203	17
8	1640	Berelsmann, Andrea	TV-Georgsmarienhütte	02:16:57	02:16:31	223	20
9	1926	Wiemer, Stefanie	Sportler 4 a cildrens World	02:18:04	02:17:42	233	24
10	1505	Wesseler, Anja	LG Emsdetten	02:18:54	02:18:32	243	25
11	1961	Mellies, Susanne	Lotterläufer	02:20:11	02:19:50	260	28
12	1420	Hörnschemeyer, Gisela	Judo Crocodiles	02:21:32	02:21:02	272	32
13	1709	Vahrenhorst, Kerstin	LiVe-Lauftreff in Versmold	02:22:03	02:21:38	281	36
14	1933	Meyer, Petra	Grün-Weiß Steinbeck	02:22:47	02:21:56	289	37
15	1345	Nijkamp, Christine	Streu laufgruppe	02:23:48	02:23:04	305	39
16	2011	Böhme, Mechthild	LC Solbad Ravensburg	02:25:47	02:25:16	332	42
17	1581	Brockmann, Anne	SC Falke Saerbeck	02:27:50	02:27:16	366	48
18	1692	Reeker, Christiane	LG Brukterria Dreierwalde	02:28:49	02:27:58	380	52
19	1621	Hoffrogge, Marita	SC Spelle-Venhaus	02:28:51	02:28:14	381	53
20	1477	Höwer, Doris	Tri Finish Münster	02:29:39	02:29:18	395	55
21	1361	Dieker, Heike	VfL Ahaus	02:30:10	02:29:59	403	56
22	1921	gerken, Bettina	tlv rünthe 77	02:31:28	02:31:08	415	58
23	1430	Bremer, Bettina	LC Solbad Ravensberg	02:31:59	02:31:28	419	59
24	1434	Rudolph-Meier, Marietheres	SC Altenrheine	02:34:52	02:34:18	443	67
25	1891	Reckels, Rosi	LT Wettringen	02:36:32	02:35:39	456	69
26	1282	Beernink, Nicole	AV Iphitos	02:36:36	02:35:55	459	71
27	1836	Lanwert, Ingrid	SV Eintracht Neuenkirchen	02:38:16	02:37:18	477	76
28	1839	Hartmann, Britta	Bippener SC	02:41:25	02:40:27	501	83
29	1931	Dröge, Claudia	TLV Rünthe	02:43:22	02:43:03	516	87
30	1464	Diekmann, Ute	BellZett	02:43:39	02:43:07	519	88
31	1294	Ostrzinski, Ulrike	MSRunners	02:47:31	02:46:41	539	94

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
32	1388	Baltes, Monika	Lauftreff Nottuln	02:48:29	02:48:02	549	95
33	1577	Ense, Maria		02:48:32	02:47:31	551	97
34	2018	Dohm, Andrea	SV Eintracht Neuenkirchen	02:48:43	02:47:46	552	98
35	1411	Scholz, Anke	Sportspass	02:51:58	02:51:03	560	103
36	1864	Hünnefeld, Sabine	Lauftreff Merzen	02:53:46	02:52:47	571	106
37	2010	Heemann, Iris	Grün-Weiss Steinbeck	02:57:34	02:56:41	577	109
W 50							
1	1944	Völkl, Anja	SC Falke Saerbeck	02:10:50	02:10:45	144	11
2	1460	Herrmann, Beate	TUS Altenberge 09	02:13:18	02:13:00	173	13
3	1842	Brinkmann, Wilma	TSVE Bielefeld	02:16:11	02:15:50	212	18
4	1714	Kempkes, Christiane	TV borken	02:17:56	02:17:43	232	23
5	1335	Hemker, Barbara	VfL Ahaus	02:20:43	02:20:36	266	30
6	1441	König, Ingrid	SC Altenrheine	02:21:49	02:21:15	277	34
7	1451	Potthoff, Doris	LC Solbad	02:26:13	02:25:47	341	44
8	2015	Winter, Elisabeth	LC Solbad Ravensberg	02:27:37	02:27:11	361	47
9	1341	Grubbe, Dorothea	VfL Ahaus	02:33:50	02:33:40	431	61
10	1484	Janse-Stock, Anette	Vebu	02:34:33	02:34:14	440	65
11	1681	Klausing, Elisabeth	SV Eintracht Neuenkirchen	02:38:16	02:37:18	478	77
12	1554	Krieft, Monika	LG Marienfeld	02:38:22	02:37:48	480	78
13	1259	Kreeft-Kardurk, Lia	HAC'63 Hoogeveen	02:38:57	02:38:33	482	80
14	1443	de Buhr, Herta	Fortuna Logabirum	02:40:45	02:40:30	495	81
15	1585	Kerk, Ruth	SV Dickenberg	02:44:31	02:43:41	525	89
16	1531	Bergmann, Iris	Lauftreff Nottuln	02:44:52	02:44:11	527	91
17	1498	Blankemeyer, Inge	Marathon Ibbenbüren	02:46:52	02:45:59	533	93
18	1722	Neumann, Kathrin	Lauftreff Nottuln	02:48:29	02:48:02	550	96
19	1965	van Treeck, Simone	DJK-Coesfeld	02:52:05	02:51:10	562	104
W 55							
1	1993	Wegmann, Aloysia	SC Altenrheine	02:28:22	02:27:48	375	50
2	1693	Burg, Birgit	SC Melle 05	02:36:51	02:36:39	464	73
3	1904	Fraenkel, Ursula		02:38:34	02:38:02	481	79
4	1336	Rotering, Birgitte	VfL Ahaus	02:50:00	02:49:49	556	101
5	1661	Brehe, Marita	SpVgg Dolberg	02:53:28	02:53:08	569	105
6	1316	Schneedhorst, Ute		02:55:29	02:55:00	574	108
W 60							
1	1909	Kies, Mechtild	LG Emsdetten	02:20:17	02:19:17	261	29
2	1272	Wille, Monika	Ute Mückel Sebamed Triathlon T	02:28:31	02:28:01	377	51
3	1332	van Pareren, Christine	VfL Ahaus	02:34:40	02:34:28	441	66
4	1485	Stangneth, Ingrid	TV Friesen Telgte	02:57:38	02:56:42	578	110
W 65							
1	1412	Venker, Margret	LG Emsdetten	02:50:38	02:49:38	557	102
W HK							
1	1447	Becker, Marie-Luise	LC Restekiste	02:02:51	02:02:39	76	6
2	1323	Bode, Alena		02:19:05	02:18:42	245	26
3	1783	Thieme, Britta	Jogmap Ruhr	02:33:53	02:33:07	433	62

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
4	1508	Overdick, Kerstin		02:36:24	02:35:27	455	68
5	1847	Koytek, Esta	SV Lembeck	02:41:55	02:41:45	505	84
6	1507	Suchomel, Kristina		03:01:32	03:00:35	586	111
7	1261	Heinrichs, Kristina	Team Ruhrpott	03:14:02	03:13:34	594	112