

## 2. Ibbenbürener Klippenlauf

### Klippenlauf 24,7 Km

### Altersklassenliste

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
<b>M 30</b>							
1	1111	Ruthe, Ralf	TUS Eintacht Bielefeld	01:33:17	01:33:14	1	1
2	1276	Welp, Robert	SV Teuto Riesenbeck	01:40:06	01:40:04	4	4
3	832	Kriegs, Manuel	TriFinish Münster	01:44:25	01:43:45	10	10
4	786	Wulfmeyer, Henning	Bielefeld	01:49:34	01:49:26	25	24
5	744	Brandt, Sebastian	W&H-Laufgruppe	01:55:20	01:54:20	42	40
6	1226	Haverkamp, Sascha	Georgsmarienhütte	01:55:51	01:55:38	45	43
7	977	Helmich, Jan	Rheine	01:58:14	01:57:32	51	49
8	1375	Wiegard, Christian	Ennigerloh	01:59:00	01:58:49	54	52
9	658	Müller, Benjamin	Münster	02:01:43	02:01:34	77	72
10	1017	Böckenholt, Gunnar	Freedener Streetfighter	02:01:51	02:01:43	80	75
11	1323	Neuhaus, Sven	Oelde	02:10:23	02:09:58	146	137
12	909	Dierkes, Peter	Kreissparkasse Steinfurt	02:11:06	02:10:52	157	146
13	1341	Hanneken, Holger	Papenburg	02:11:29	02:10:39	158	147
14	793	Wagemaker, Simon	SVA Salzbergen	02:12:04	02:11:40	168	157
15	1047	Schleinhäge, Lars	1.TCO Die Bären	02:13:51	02:13:39	190	178
16	1433	Fröhnen, Andreas		02:14:15	02:13:34	193	181
17	676	Viße, Martin	DJK Arminia Ibbenbüren	02:14:56	02:14:38	197	185
18	1196	Brink, Michael	Lokomotive Belksstoff	02:16:24	02:15:06	210	197
19	681	Glatzer, Oliver	Osnabrücker SC	02:16:41	02:15:35	215	201
20	1352	Mangelmans, Christoph	Münster	02:22:15	02:21:54	286	260
21	798	Bonicki, Jacek	ONYX sports	02:22:26	02:22:07	290	263
22	1033	Rücker, Jens	TV Hohne	02:23:25	02:22:36	302	275
23	1247	Schultgeers, Jens	Lingen	02:24:10	02:22:54	309	281
24	810	Stroet, Hendrik	Münster	02:24:37	02:23:48	316	286
25	1190	Litzner, Thomas	München	02:25:45	02:25:21	338	302
26	668	Lange, Stefan	LG Ratio Münster	02:25:57	02:25:47	340	304
27	1335	Skroblin, Stefan	Running Free Team	02:27:16	02:26:25	349	311
28	902	Ternes, David	Münster	02:28:03	02:26:58	359	319
29	1149	Egbers, Christian	SV Wietmarschen	02:28:37	02:27:19	370	329
30	1255	Wanke, Daniel	BSV Ostbevern	02:31:05	02:30:12	391	347
31	1173	Blanke, Axel	Bd Iburg	02:35:47	02:35:08	432	379
32	916	de Jong, Hylke	Groningen (NL)	02:42:35	02:41:11	495	420
33	1326	Stockkamp, Matthias	Osnabrück	02:45:49	02:44:38	510	430
34	930	Oink, Andreas	Team Erdinger Alkoholfrei ( SV	02:51:01	02:50:30	531	446
35	1283	Guzy, Arkadius	Dortmund	02:51:10	02:50:04	532	447
36	1119	Prinz, Sascha	TV Borken	02:55:14	02:54:11	546	455
37	1329	Schlierkamp, Lars	ROTER FREITAG e.V.	03:02:53	03:02:07	566	467
<b>M 35</b>							
1	947	Steffen, Markus	SV Eintracht Neuenkirchen	01:46:55	01:46:53	16	16
2	841	Bauer, Alex	Montagebauer	01:48:09	01:48:06	20	20

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	1159	Sievert, Stefan	Spiridon Haltern	01:56:59	01:56:57	47	45
4	1034	Mielenhausen, Jan	ASFM eV	01:58:25	01:58:11	53	51
5	940	Kisse, Stefan	LG Marienfeld	02:00:19	01:59:50	67	65
6	861	Westermann, Tobias	TKS Münster	02:01:26	02:01:18	73	69
7	686	Frohne, Marko	Tus Bersenbrück	02:01:50	02:01:24	78	73
8	1353	Kirchhoff, Jens	Espelkamp	02:02:44	02:02:29	82	77
9	1328	Esselmann, Tim	LC Solbad Ravensberg	02:03:46	02:03:30	91	86
10	683	Franke, Frank	TV Hohne	02:07:09	02:07:03	112	105
11	735	Crusius, Lars	Sockenräuber Osnabrück	02:08:06	02:07:19	121	113
12	1023	Iagemann, Maik	LG Emsdetten	02:08:18	02:07:37	124	115
13	988	Mecklenfeld, Jos	Runners Stadskanaal	02:09:52	02:08:44	140	131
14	1271	Beckmann, Dennis	Münster	02:10:57	02:10:05	154	143
15	964	Jotzo, Daniel	SUS Stadtlohn	02:11:05	02:10:45	156	145
16	842	Stockhoff, Mario	Harsewinkel	02:11:33	02:11:23	160	149
17	921	Brouillet-Angerer, Stéphan	Les Galopins de Guyenne	02:11:35	02:11:19	162	151
18	837	Brockmann, Torsten	Münster	02:12:18	02:11:40	169	158
19	1090	Peters, Frank	SV Teuto Riesenbeck	02:13:08	02:12:43	180	168
20	1048	Strecker, Tobias	TV Werne 03	02:17:51	02:17:21	234	215
21	1313	Merten, Dennis	LT Bittermark Dortmund	02:18:08	02:18:01	237	217
22	1320	Goßling, Dominik	Marathon Steinfurt	02:18:22	02:17:11	238	218
23	1076	Sydekum, Sascha	Sockenräuber	02:20:52	02:20:02	260	236
24	722	Rosenbaum, Kai	Eintracht Prügel	02:21:16	02:21:05	263	239
25	1259	Gieske, Markus	SUS Enniger	02:21:40	02:21:10	270	246
26	692	Gerling, Hendrik	BSG Westfalen AG	02:22:00	02:21:21	278	253
27	1366	Schregel, Nils	RunnersClub Münster	02:25:32	02:24:34	332	299
28	1304	Platzek, Ingo	Running Free Team	02:27:15	02:26:23	348	310
29	678	Rautenberg, Jens	Laufsportteam WN Münster	02:27:35	02:26:05	352	314
30	976	Volbert, Thomas	TuS Altenberge 09	02:27:44	02:27:34	354	316
31	1144	Meiners, Christian	Münster	02:29:42	02:28:57	380	337
32	1267	Bols, Peter	Runners stadskanaal	02:31:41	02:30:30	396	352
33	979	Schepers, Thomas	Rheine	02:34:28	02:33:37	422	372
34	1014	Kissel, Paul	Feuerwehr Bielefeld MT	02:38:22	02:37:14	455	392
35	843	Mundhenke, Andreas	Versmold	02:38:56	02:37:46	456	393
36	970	Münzberger, Thorsten	LG Emsdetten	02:39:50	02:39:21	465	399
37	804	Schubert, Thorsten	Haltern am See	02:40:35	02:39:42	472	405
38	1074	Arisci, Riccardo	Runners Stadskanaal	02:42:18	02:41:08	489	415
39	716	Schmedt, Christian	HopLaHopsten	02:48:05	02:46:51	516	433
40	939	Kortman, Mirco	Laufftreff Wettringen	02:51:01	02:50:27	530	445
41	984	borgmeyer, markus	osnabrück	02:52:36	02:51:24	537	450
42	845	Miethe, Robert	TV Krailing	03:00:56	03:00:18	560	465
43	1435	Luken, guido	lauffreunde emsland	03:17:16	03:15:47	577	474
<b>M 40</b>							
1	1331	Bruinsma, Peter	Av Athletics	01:35:06	01:35:05	3	3
2	1321	Brüning, Michael	SC Altenrheine	01:43:56	01:43:54	8	8

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
3	1095	Häßler, Peter	LV Oelde	01:43:59		9	9
4	1399	Ragone, Sascha	Laufgruppe S'Arenal	01:45:08	01:45:06	12	12
5	1311	Kamp, Jörg	TV Mettingen	01:45:51	01:45:48	14	14
6	1408	Schuler, Markus	freaks-of-running.de	01:46:25	01:46:20	15	15
7	1280	Brinkmann, Thorsten	Ski-Club-Beckum	01:47:38	01:47:34	18	18
8	1024	Plett, Christian		01:50:28	01:50:25	28	26
9	1179	Teicher, Jürgen	LSF Werne	01:50:40	01:50:37	29	27
10	696	Bartkowski, Markus	herford	01:51:36	01:51:25	32	30
11	1050	Schröder, Christian	LSF Münster	01:52:46	01:52:43	34	32
12	1279	Kleffman, Bernd	Rennschweine Greffen	01:53:03	01:53:00	35	33
13	855	Otto, Daniel	SC Melle 03	01:54:00	01:53:54	37	35
14	982	Brink, Jan	SV Cosmos Getelo	01:57:21	01:57:17	49	47
15	993	Niehörster, Nils	Kausalisten	01:59:23	01:58:55	58	56
16	1206	Stadthaus, Holger	LSF Münster	01:59:52	01:59:49	62	60
17	1402	Haverkamp, Kai	TVG Kaiserau Triathlon	02:00:03	01:59:28	64	62
18	1160	Voß, Lars	Warendorfer WSU	02:00:09	02:00:03	65	63
19	764	Herbert, Stephan	SC Nordwalde	02:00:49	02:00:37	71	67
20	1395	Bosse, Reiner	Lengerich	02:02:42	02:02:32	81	76
21	1166	Baumann, Thomas	Tri-Team Dissen	02:03:14	02:03:04	83	78
22	1355	Jongman, Taco	St. jansklooster	02:06:17	02:06:06	103	97
23	834	Schluchter, Thommy	Lauftreff Merzen	02:08:25	02:08:01	126	117
24	830	Prösch, Lutz	TSG 07 Burg Gretesch	02:08:25	02:07:59	127	118
25	990	Kreling, Thomas	Hörstel	02:08:55	02:08:36	132	123
26	1298	Lütkenhaus, Dirk	Eurofighter'97 Altenberge	02:09:53	02:09:39	141	132
27	1045	Rotthues, Jürgen	Stadtlohn	02:10:18	02:10:00	145	136
28	1053	Hassing, Herman	Laac Twente	02:10:28	02:10:00	148	139
29	1193	Miethe, Ralf	TV Mesum	02:11:39	02:11:15	164	153
30	1383	Rudolph, Eugen	SUS Neuenkirchen	02:13:04	02:12:24	178	166
31	986	herbers, andreas	sva salzbergen	02:13:06	02:12:39	179	167
32	1089	Wehmeyer, Ralf	SV Uffeln	02:13:41	02:13:33	185	173
33	1277	Runge, Klaus-Peter	Mettingen	02:14:02	02:13:53	191	179
34	741	Tietz, Udo	SV Bokeloh	02:14:36	02:14:22	194	182
35	854	Heidenreich, Sascha	Enger	02:14:40	02:13:59	195	183
36	690	Bentlin, Mario	Jede Oma zählt	02:15:45	02:15:10	206	194
37	1233	Danielmeier, Klaus	LG Obersee Bielefeld	02:16:23	02:15:52	209	196
38	799	Gerdes, Matthias	Marathon Steinfurt	02:16:33	02:15:26	213	200
39	1010	Ransiek, Stefan	VFL Holsen	02:16:48	02:15:57	216	202
40	800	de Vries, Ydo	Y&S Sports Events	02:16:58	02:16:43	219	204
41	1373	Bußmann, Christoph	LC Restekiste	02:17:55	02:16:57	235	216
42	724	Bartel, Alexander	Marathon Ibbenbüren	02:19:21	02:18:52	248	226
43	713	Otte-Vinke, Mike	BSG Kreissparkasse Melle	02:20:16	02:19:46	254	230
44	1148	Jäger, Jörg	SC Dörenthe	02:20:36	02:19:50	257	233
45	769	Dulle, Norbert	Bissendorf	02:20:36	02:20:13	258	234
46	1240	Holtmeyer, Markus	BW Hollage	02:21:19	02:20:39	265	241

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47	715	Creemers, Boudewijn	Vilsteren	02:21:28	02:20:42	267	243
48	1422	Lückert, André	Münster	02:22:04	02:21:42	280	255
49	687	Abke, Reinhard	Münster	02:22:53	02:21:54	297	270
50	1139	Bröskamp, Heinz	ohne Verein	02:23:42	02:23:27	306	278
51	806	Löckemann, Markus	LG-Emadetten	02:23:58	02:23:30	307	279
52	1019	Ueding, Heiko	I Against Me	02:24:27	02:23:42	311	283
53	999	Terliesner, Ingo	SUS Stadtlohn	02:24:56	02:24:33	325	294
54	1202	Rottmann, Thomas	LC Wiedenbrück	02:24:57	02:23:35	326	295
55	1251	L'Autellier, Jérôme	5 Sterne Laufteam Campingplatz	02:27:19	02:27:01	350	312
56	906	Winnemöller, Ralf	Hörstel	02:27:44	02:27:31	353	315
57	1241	Lüdke, Frank	Tri Finish Münster	02:27:59	02:27:50	358	318
58	965	Lammers, Stefan	LSF Münster	02:28:29	02:27:41	366	325
59	1428	Hilbers, Marco	TUS Roisdorf	02:29:02	02:27:59	373	332
60	1419	te Wildt, Michael	LG Brukterria Dreierwalde	02:29:54	02:28:37	384	340
61	801	Leugers, Norbert	BSG T-Mobile	02:30:50	02:29:45	388	344
62	1272	Wolf, Nils	BROCK ROCKS	02:31:28	02:30:33	395	351
63	1205	Hollstein, Andre	Kleve	02:33:35	02:32:49	412	364
64	1265	Ilgner, Uwe	Albersloh	02:35:33	02:34:16	431	378
65	759	Schröer, Rainer	TV Mettingen	02:37:36	02:37:12	449	386
66	689	Weber, Frank	A-Block Münster 1906	02:37:43	02:37:10	450	387
67	1268	Uwe-Heinz, Bendig	streakrunner.de	02:37:54	02:36:58	451	388
68	1286	Kortenbreer, Volker	FC Deutsche Post	02:39:17	02:38:28	459	395
69	1409	Kischel, Heiko	Freaks-of-Running	02:42:23	02:42:04	491	417
70	835	Mattern, Jürgen	LG Totes Viertel	02:42:25	02:41:04	492	418
71	1236	Bargmann, Michael	TIME4FIT Ibbenbüren	02:43:08	02:42:37	497	421
72	1235	Koch, Marco	Ibbenbüren	02:43:08	02:42:36	498	422
73	1281	Zink, Guido	LSF Greven	02:50:05	02:48:51	526	442
74	872	Baltes, Carsten	Lauftreff Nottuln	02:51:37	02:51:07	533	448
75	694	Köbbing, Michael	H. Gautzsch	02:54:15	02:52:59	539	452
76	1264	Just, Thomas	TV Borken	02:55:15	02:54:13	547	456
77	1378	Schlomann, Matthias	Lübbecke	02:58:55	02:57:35	558	463
78	1432	Kleimeyer, Andre		03:06:47	03:05:50	571	470
79	1417	Kulinna, André	Lage	03:13:01	03:11:52	574	471
<b>M 45</b>							
1	1244	Machielsen, Jeroen	AV Athletics	01:43:52	01:43:51	7	7
2	1339	Avermann, Jörg	SC Herringhausen	01:47:05	01:46:57	17	17
3	878	Mende, Uwe	Münster	01:47:51	01:47:47	19	19
4	870	Buntenkötter, Achim	LV Oelde	01:48:55	01:48:51	21	21
5	1287	Ronny, Seifert	LT Furtwangen	01:49:02	01:48:56	22	22
6	699	Pechler, Edward	Loopgroep Bedum	01:51:21	01:51:13	31	29
7	1167	Becker, Detlef	Rennschweine Greffen	01:54:27	01:54:21	39	37
8	1083	Leißing, Andreas	LSF-Münster	01:55:38	01:55:34	43	41
9	1316	Bosgraaf, André	Laac Twente	01:57:11	01:57:05	48	46
10	1421	Hansjürgens, Martin	TriRun Ibbenbüren	01:57:35	01:57:29	50	48

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
11	1229	Günnewig, Harald	LV Oelde	01:58:21	01:58:14	52	50
12	743	Schrant, Jürgen	SV Bokeloh	01:59:05	01:58:53	55	53
13	1192	Strübbe, Karl-Heinz	LC Nordhorn	01:59:06	01:58:57	56	54
14	894	Sibbing, Markus	Roadrunner Gescher	01:59:20	01:59:12	57	55
15	1121	Kallenbach, Joachim	LV Oelde	01:59:28	01:59:21	60	58
16	1094	Wargers, Martin	FC Stella Bevergern	01:59:40	01:59:27	61	59
17	700	HIRSCHBERGER, TORSTEN	100 MARATHON CLUB	01:59:55	01:59:43	63	61
18	734	souza, carlos	sockenräuber	02:00:17	01:59:29	66	64
19	1073	Dudek, Christian	W+F Münster	02:01:39	02:01:30	75	70
20	1012	Nießing, Jörg	TV Borken	02:03:26	02:03:19	87	82
21	726	Crocoll, Andreas	Sportler 4 a childrens world e	02:03:30	02:03:04	89	84
22	1288	Fasel, Norbert	LSF Münster	02:03:32	02:03:26	90	85
23	794	Schwarte, Christian	LG Emsdetten	02:04:42	02:04:16	95	90
24	1181	Peitzmann, Martin	LV Oelde	02:05:12	02:05:05	97	91
25	1135	Wendker, Thomas	Ostbevern-Brock	02:05:18	02:04:49	98	92
26	1219	Bien, Rainer	SV Teuto Riesenbeck	02:05:49	02:05:22	100	94
27	860	WICHERS, JA	ZWOLLE	02:06:11	02:06:02	102	96
28	1420	Budde, Thomas	TLV Rünthe	02:06:21	02:05:27	104	98
29	727	PEETERS, Dirk Jozef		02:06:30	02:06:11	106	100
30	760	Gehlen, Markus	LG Rheine-Elte	02:06:34	02:06:13	107	101
31	720	Mergelmeyer, Hans-Bernd	TuS Borgloh	02:06:55	02:06:31	110	103
32	1215	Kordsmeyer, Michael	Stella Bevergern	02:07:18	02:07:07	113	106
33	1423	Jürgens, Wolfgang	wildeshausener Lauftreff	02:08:01	02:07:35	119	111
34	1290	Elstrodt, Dieter	TV Mettingen	02:08:02	02:07:40	120	112
35	1127	Alfing, Karl-Heinz	DJK Arminia Ibbenbüren	02:08:42	02:08:24	130	121
36	1297	Drescher, Olaf	Sportler 4 a children's World	02:09:08	02:08:43	134	125
37	1175	Striethorst, Martin	TV Georgsmarienhütte	02:09:20	02:09:13	135	126
38	802	Sontopski, Andreas	LSF Münster	02:09:36	02:09:27	137	128
39	941	Hintemann, Andreas	SuS Stadtlohn Laufabteilung	02:09:54	02:09:32	143	134
40	1088	Naatz, Olaf	TV Hohne	02:10:02	02:09:52	144	135
41	1342	Deitmann, Jürgen	Marienhospital Emsdetten	02:10:26	02:10:17	147	138
42	898	Tillmanns, Peter	Hamburg	02:10:38	02:10:07	150	140
43	1189	Klasing, Jürgen	TV Mesum	02:11:29	02:11:07	159	148
44	1307	Heucks, Karsten	ASV Iserlohn	02:11:33	02:11:00	161	150
45	918	Krumbeck, Christian	SC Falke Saerbeck	02:11:36	02:11:19	163	152
46	1405	Nuhn, Carsten	Bremen	02:12:46	02:12:21	175	163
47	788	Sonntag, Mike	MC-Pirate e.V.	02:12:54	02:11:52	177	165
48	1256	Weirauch, Olf	SuS Stadtlohn	02:13:09	02:12:47	181	169
49	824	Kwiatkowski, Wilfried	ETuS Rheine	02:13:29	02:12:52	183	171
50	755	Wieskus, Michael	LG-Coesfeld	02:13:31	02:12:57	184	172
51	1337	Hohenfeld, Michael	Ski-Club Beckum	02:13:47	02:13:42	189	177
52	928	Rohmann, Wolfgang	Wildeshausener Lauftreff	02:14:10	02:13:51	192	180
53	1223	Humann, Hermann	Steinfurt	02:15:02	02:14:12	198	186
54	1061	Thiele, Markus	Marathonteam HairLine Coesfel	02:15:03	02:13:42	199	187

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
55	1086	Dieterich, Sven	Münster	02:15:25	02:14:39	200	188
56	1108	Neteler, Rudi	Münster	02:15:25	02:14:37	201	189
57	1201	Gude, Ralf	LG Rheine-Elte	02:15:39	02:15:00	204	192
58	775	Uphoff, Peter	SV Teuto Riesenbeck	02:15:43	02:15:14	205	193
59	1110	Schierenberg, Günter	Rhede	02:16:27	02:15:54	212	199
60	731	Schürmann, Jörg	VFL Holsen	02:16:48	02:15:57	217	203
61	1138	Danneberg, Jürgen	BVB-Fanclub Lengerich	02:17:07	02:16:08	220	205
62	1146	Masselink, René	RST	02:17:20	02:16:01	221	206
63	1390	Lukas, Steve	OKE Group	02:17:28	02:16:34	225	210
64	811	Fröhlking, Joachim	Ibbenbüren	02:17:49	02:16:56	233	214
65	831	van Tellegen, Marcel	Laac Twente	02:18:25	02:17:56	239	219
66	853	Rosenfeld, Juergen	Sportler 4 a childrens world e	02:18:43	02:18:18	242	222
67	1367	Bohlin, Gerd	SC Spelle-Venhaus	02:18:49	02:18:31	244	223
68	1105	Hoffrogge, Dieter	SC Spelle-Venhaus	02:18:49	02:18:31	245	224
69	869	Sievers, Uwe	Hörstel	02:18:50	02:18:37	246	225
70	666	Bolz, Jan	BSV Ostbevern	02:20:11	02:19:20	253	229
71	730	Nospickel, Markus	TV Mettingen	02:20:42	02:19:35	259	235
72	1136	Proske, Mario	LSF Münster	02:21:05	02:20:18	261	237
73	924	Fricke, Bernd	Bad Oeynhausen	02:21:12	02:19:53	262	238
74	888	Müller, Peter	SC 28 Nordwalde	02:21:49	02:21:15	274	249
75	856	Fuchs, Olaf	Spvg Hasbergen	02:21:49	02:20:16	275	250
76	938	Beermann, Ulrich	Feuerwehr Ibbenbüren	02:21:57	02:20:56	277	252
77	890	Kellermann, Hans-Bernd	Piesberger SV	02:22:06	02:21:34	284	258
78	679	Rose, Norbert	Lauffreunde Gremmendorf	02:22:51	02:21:53	295	268
79	1078	Zumdieck, Norbert	WSU Tri Team Warendorf	02:22:52	02:22:47	296	269
80	1246	Ritter, Markus	laufdoch.de	02:24:44	02:24:03	318	288
81	763	Heckhoff, Andreas	VfL Germania Leer/Judo	02:25:40	02:24:51	337	301
82	1364	Holland, Juri	Marathon Feriendorf	02:27:11	02:25:57	347	309
83	1431	Voigt, Torsten	Tri Finish Munster	02:27:26	02:27:11	351	313
84	688	Klomp maker, Artur	Laufmitmir	02:28:08	02:27:12	361	321
85	1261	Assies, Bernhard	SW Lienen	02:28:25	02:28:06	365	324
86	1317	van der Knaap, Erik	SV Cosmos Getelo	02:28:32	02:28:28	367	326
87	1296	Griese, Berthold	Polizei Steinfurt	02:28:36	02:27:50	369	328
88	695	Loddenkötter, Stefan	Münster	02:28:44	02:27:29	372	331
89	943	Kantzer, Dietmar	SV Dickenberg	02:29:09	02:27:59	375	333
90	1377	Albers, Markus	TuS Hilstrup	02:29:50	02:29:14	382	338
91	905	Becks, Stefan	TV Hohne	02:29:52	02:29:04	383	339
92	1054	Stannies, Bodo	Teuto Riesenbeck	02:30:20	02:29:19	385	341
93	995	Hecking, Michael	SuS Stadtlohn	02:30:40	02:30:17	387	343
94	1058	Sackmann, Thomas	BSG AGRAVIS Raiffeisen AG	02:31:15	02:30:54	393	349
95	1354	Verlage, Bernhard	Teuto Riesenbeck	02:31:21	02:30:42	394	350
96	704	Zagon, Sascha	Freunde des Sonnenlaufs	02:31:47	02:30:58	399	354
97	1359	Jacobsen, Jörg	SC Ihrhove 07	02:32:09	02:31:40	400	355
98	1062	Exeler, Guido	Rheine	02:32:33	02:31:50	405	360

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
99	912	Pieper, Rainer	SitaTriAs	02:34:00	02:33:33	416	367
100	1028	Hähndel, Frank	TV Hohne	02:34:37	02:33:46	424	373
101	1004	Brink, Helmut	SV Bokeloh	02:35:07	02:34:39	427	375
102	1122	Terkatz, Johannes	Team Ruhrpott	02:35:09	02:34:30	428	376
103	1384	Deschner, Lars	OSC	02:37:09	02:35:26	443	383
104	1333	Hagedorn, Andreas	SG Hankenberge-Wellendorf	02:37:15	02:35:46	446	384
105	958	Wächter, Klaus	TSVE 1890 Bielefeld	02:37:19	02:36:29	447	385
106	1199	Kleemann, Jürgen	Ibbenbüren	02:39:19	02:38:08	460	396
107	669	Niermann, Rainer	Berghasen	02:39:53	02:38:47	466	400
108	1308	Niemeyer, Lothar	Tecklenburg/Brochterb.	02:39:55	02:39:03	467	401
109	1257	Hennecke, Michael	VFL Lingen	02:41:03	02:40:27	476	409
110	1242	Schaefer, Klaus	Kirche Läuft Wilhelmshaven	02:41:19	02:40:11	477	410
111	1162	Borgmann, Gerrit	Münster	02:42:02	02:41:15	482	412
112	978	Schirmeyer, Dr. Stefan	VfL Pinneberg	02:42:08	02:41:05	484	414
113	971	Kipp, Thomas	Feuerwehr Lengerich	02:44:21	02:43:37	502	425
114	875	Tombrink, Michael	LSF Münster	02:44:45	02:44:33	506	427
115	952	Ovelgönne, Gregor	Dülmen	02:46:18	02:45:02	511	431
116	1292	Brinkmann, Klaus	ETuS Rheine	02:48:55	02:47:52	517	434
117	897	Wegmann, Claus	TV Friesen Telgte	02:49:09	02:48:36	518	435
118	1170	Hölscher, Michael	Steinfurt	02:49:11	02:47:52	519	436
119	946	Weiligmann, Manfred	LSF Greven	02:50:05	02:48:51	525	441
120	663	Kattenbeck, Jürgen	Kanufreunde Emshae Greven	02:55:35	02:54:32	549	458
121	1407	Grote, Jürgen	Lauffreunde Emsland	02:55:55	02:54:26	552	460
122	1404	Janikowski, Slawo	lauffreunde emsland	02:55:55	02:54:26	554	462
123	1387	Bickendorf, Josef	Running Pirates Bedburg	03:01:00	02:59:38	564	466
124	768	Ludwig, Lothar	Bad Oeynhausen	03:04:16	03:03:21	569	469
<b>M 50</b>							
1	1318	Igelbrink, Hans Peter	TV Georgsmarienhütte	01:44:55	01:44:49	11	11
2	1371	Sandfort, Martin	LV Oelde	01:49:50	01:49:46	26	25
3	1380	Stripper, Uli	LV Oelde	01:51:50	01:51:46	33	31
4	1085	Meyer, Andreas	BSG.Westfalen AG.	01:54:09	01:54:01	38	36
5	1186	Alke, Burkhard	Rennschweine Greffen	01:55:16	01:55:10	41	39
6	1228	Pezeschgi, Sirius	LSF Münster	01:55:48	01:55:41	44	42
7	1357	Kröger, Gerhard	OSC Damme	01:59:28	01:59:26	59	57
8	790	Lütkemeyer, Paul	SV Teuto Riesenbeck	02:00:59	02:00:14	72	68
9	1126	Janning, Franz	LV Oelde	02:01:50	02:01:44	79	74
10	779	Weihmann, Thomas	Osnabrück	02:03:17	02:03:04	84	79
11	1212	Harbering, Andreas	LG Emsdetten	02:03:24	02:03:18	85	80
12	925	Häusler, Ralf	LiVe-Lauftreff in Versmold	02:03:25	02:03:18	86	81
13	1324	Hesselkamp, Ulrich	Meerwiesel	02:03:27	02:03:17	88	83
14	1066	Langner, Eckhard	1. Tri-Team GTV Gütersloh	02:04:07	02:03:42	92	87
15	1315	Albers, Werner	LG Emsdetten	02:04:14	02:04:05	93	88
16	899	Meulenbroek, Paul	Laac twente	02:06:24	02:06:18	105	99
17	1128	Hellmann, Andreas	SV Ofenerdiek	02:06:52	02:06:37	109	102

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
18	1344	flottmann, wolfgang	lc solbad Ravensberg	02:07:07	02:07:00	111	104
19	1055	Feicht, Gunnar	LC Solbad Ravensberg	02:07:23	02:07:13	114	107
20	1434	Schmeing, Ralf	LSF Münster	02:07:36	02:07:26	116	108
21	1319	Herwig, Eckhard	Bramscher Rumläufer	02:07:38	02:07:20	117	109
22	1389	Averwald, Bernward	Laufsportcenter Esslingen	02:08:14	02:07:51	122	114
23	1368	Harmsen, Alfred	SG-Haftenkamp	02:08:20	02:08:16	125	116
24	708	Timmerhuis, Henri	Sisu Almelo	02:08:57	02:08:37	133	124
25	1082	Breuer, Ludger		02:09:21	02:08:35	136	127
26	1156	Goltsche, Thomas	SV Eintracht Neuenkirchen	02:09:46	02:09:28	138	129
27	1009	jager, wijnard	Leeuwarder Survival Club	02:09:49	02:09:42	139	130
28	959	Hilker, Ronald	Lauftreff Rastede	02:10:53	02:10:30	152	142
29	785	Greshake, Klaus	Münster-Gremmendorf	02:10:58	02:09:53	155	144
30	887	Brouwers, Hans	SISU	02:11:47	02:11:25	165	154
31	1039	Clausing, Andreas	LSF Münster	02:12:24	02:11:59	170	159
32	1198	Hartmann, Uwe	Bippener SC	02:12:29	02:11:29	171	160
33	1209	Buchterkirche, Klaus	LSF Münster	02:12:39	02:12:33	174	162
34	1275	Tillack, Hans	LG Emsdetten	02:13:21	02:12:46	182	170
35	983	Böhle, Dirk	TV Werne 03	02:13:43	02:13:36	186	174
36	879	van den Berg, Jürgen	SV Teuto Riesenbeck	02:13:44	02:13:32	187	175
37	1022	Wiemann, Peter	Marine Wilhelmshaven	02:13:45	02:13:29	188	176
38	701	Zimmerling, Detlev	Münster	02:14:41	02:13:17	196	184
39	1394	Geske, Michael	LSF Münster	02:15:29	02:14:48	202	190
40	661	Schmidtke, Rudi	Wildeshäuser Lauftreff	02:16:17	02:15:52	208	195
41	1322	Paalman, Dick	mpm	02:16:26	02:15:49	211	198
42	1401	Hasler, Uwe	1. Tri-Team Gütersloh GTV	02:17:34	02:16:07	228	212
43	728	Streibel, Stefan	Teuto Riesenbeck	02:18:30	02:17:41	240	220
44	1008	Bäumer, Heinrich	Lauftreff TV Vreden	02:18:39	02:18:06	241	221
45	908	Rösler, Andreas	LT Wischlingen Dortmund	02:20:21	02:20:07	255	231
46	772	Göbel, Uwe	Rheine	02:21:43	02:20:57	271	247
47	1207	Lebus, Rüdiger	Münster	02:21:46	02:21:08	272	248
48	1084	Nijkamp, Rene	AV '34 Apeldoorn	02:22:03	02:21:24	279	254
49	893	Vehr, Rainer	LG-Rheine-Elte	02:22:13	02:21:35	285	259
50	1021	Andrews, Johannes	Jede Oma zählt	02:22:19	02:21:45	287	261
51	752	Tenberg, Helmut	TV Mettingen	02:22:22	02:21:50	289	262
52	1171	Bühn, Klaus	LSF-Münster	02:22:32	02:22:17	292	265
53	1191	Tillmann, Klaus	Djk Coesfeld	02:23:04	02:21:56	299	272
54	968	BLOKZIIL, ROBERT	ALMELO	02:23:20	02:22:37	300	273
55	723	Brönstrup, Detlev	Marathon Ibbenbüren	02:23:32	02:23:02	303	276
56	1141	Schulze-Tenberge, Gerd	SV Lembeck	02:23:38	02:22:37	305	277
57	929	Schwerbrock, Dirk	LSF Greven	02:24:18	02:23:36	310	282
58	914	Althaus, Paul	Lauffreunde Stefansbecke	02:24:29	02:24:09	312	284
59	1106	Lampe, Jürgen	DJK Arminia Ibbenbüren	02:24:42	02:23:28	317	287
60	1079	Rentemeister, Werner	LG Coesfeld	02:24:52	02:24:21	323	292
61	942	Schwarz, Alfred	Wildeshäuser Lauftreff	02:25:04	02:24:37	328	296



Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
62	1188	Meyendriesch, Andreas	Meerwiesel	02:25:13	02:25:02	329	297
63	1158	Windmann, Ralf	Westerkappeln	02:25:13	02:24:25	330	298
64	1358	Steiner, Gerd	LC Solbad Ravensberg	02:25:34	02:25:13	335	300
65	1221	Vry, Ralf	Fortuna Logabirum	02:26:15	02:26:03	343	307
66	774	Benneker, Benno	LAAC Twente	02:26:20	02:25:53	344	308
67	904	Kerk, Thomas	Feuerwehr Ibbenbüren	02:28:19	02:26:59	362	322
68	1363	Thier, Johannes	SV Lembeck	02:28:24	02:27:23	364	323
69	1430	Krieger, Ansgar	Triteam Tus Engter	02:28:34	02:28:09	368	327
70	1005	Bergmann, Manfred	Ohne	02:28:39	02:27:48	371	330
71	1180	Ziese, Bernd	Münster	02:29:37	02:28:37	379	336
72	782	Dekker, Frank	FAST Muenster	02:31:01	02:30:19	390	346
73	1254	Schmidt, Klaus	SC Altenrheine	02:31:44	02:30:27	398	353
74	923	Voß-Burandt, Manfred	Belm	02:32:29	02:32:13	403	358
75	1029	Matheke, Jürgen	TV Hohne	02:32:33	02:31:05	404	359
76	1243	Fleiß, Hermann	LSF Münster	02:32:51	02:32:07	408	362
77	1360	Vennen, Rolf Dieter	TuRa 07 Westrhauderfehn	02:33:43	02:33:11	414	365
78	1038	Modderkolk, Nico	Runners Stadskanaal	02:34:21	02:33:01	421	371
79	721	Ottensmann, Manfred	PC Telgte	02:34:39	02:34:34	425	374
80	1117	Wesseler, Hartmut	SC Melle 03	02:35:15	02:33:54	429	377
81	814	Becker, Martin	Tatort MS-Rieselfelder	02:38:17	02:37:02	453	390
82	1057	Feldmann, Manfred	SV Arminia Appelhülsen	02:39:15	02:37:55	458	394
83	656	Kreeft, Martin	Hac'63	02:39:25	02:38:47	461	397
84	1252	Nienaber, Günter	tve Greven/triathlon	02:40:34	02:39:32	470	403
85	1302	Buten, Herbert	Lotterläufer	02:40:45	02:39:39	473	406
86	1067	Stephan, Rüdiger	Wasser + Freizeit Münster	02:40:54	02:40:04	474	407
87	1263	Sentker, Ralf	VfL lingen	02:41:03	02:40:28	475	408
88	871	Moenikes, Johannes	Unna	02:42:31	02:41:36	493	419
89	828	Friedl, Harald	ohne Verein	02:43:53	02:42:58	501	424
90	866	Hildmann, Marko	TVE Greven-Triathlon	02:45:44	02:44:43	509	429
91	1266	Busekros, Lüder	SV Hepstedt-Breddorf	02:49:21	02:48:14	520	437
92	685	van Kampenhout, Frans	Hellas Utrecht DF7Y908	02:49:56	02:47:56	522	439
93	829	Helmig, Tobias	SV Teuto Riesenbeck Tanzabtei	02:50:09	02:49:03	527	443
94	1031	Nigbur, Frank	TV Hohne	02:50:23	02:49:05	528	444
95	1305	Siemens, Frank	SV Lembeck	02:54:31	02:53:27	541	453
96	1041	Herrmann, Rolf	TV Borken	02:55:15	02:54:11	548	457
97	1177	Hansman, Timo	Lauffreunde Emsland	02:55:54	02:54:26	551	459
98	1258	Leuer, Alfred	Everswinkel	02:59:01	02:57:48	559	464
<b>M 55</b>							
1	1224	Lantink, Jan-Albert	MPM-Hengelo	01:40:35	01:40:33	5	5
2	1098	Grünebaum, Manfred	LV Oelde	01:49:11	01:49:08	23	23
3	1100	Schulte, Heinz-Jürgen	LV Oelde	02:00:46	02:00:40	69	66
4	1285	Punt, Hans	Laac Twente	02:04:19	02:03:58	94	89
5	885	Großkopf, Robert	ETuS Rheine	02:05:47	02:05:44	99	93
6	1400	Bäumker, Wolfgang	Seepark Laufftreff Freiburg	02:05:50	02:05:32	101	95

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
7	1068	Schäche, Guido	LG Emsdetten	02:07:42	02:07:21	118	110
8	922	Bayle, Christian	Les Galopins de Guyenne	02:09:53	02:09:37	142	133
9	684	John, Peter	LC Nordhorn	02:11:53	02:11:48	166	155
10	664	Siedler, Wolfgang	Langenhagen	02:17:26	02:17:03	223	208
11	1002	Adler, Peter	LG Emsdetten	02:17:27	02:17:10	224	209
12	822	Pohl, Herbert	Radbod Runners	02:17:36	02:17:02	231	213
13	725	Baumhör, Jürgen	Marathon Ibbenbüren	02:20:27	02:20:18	256	232
14	1372	Gralka, Lutz	Rumläufer	02:21:22	02:20:55	266	242
15	1011	Stallbörger, Reinhard	SV Teuto Riesenbeck	02:21:55	02:20:51	276	251
16	1210	Völkert, Clemens	Lauffreunde Emsland	02:22:06	02:21:29	282	257
17	867	Reinke, Karl	TuS Altenberge 09	02:22:29	02:22:16	291	264
18	1397	Schulze, Holger	Osnabrücker Sportclub	02:22:48	02:22:27	294	267
19	1147	Erdmann, Berni	LV Oelde	02:22:53	02:22:47	298	271
20	1052	Palesche, Manfred	Westerkappeln	02:24:00	02:22:37	308	280
21	980	Goldsteen, Lucas	Sisu	02:24:46	02:24:25	320	290
22	997	Böckers, Winfried	LG Coesfeld	02:24:49	02:24:17	322	291
23	1346	Mevenkamp, Bernd	DJK Coesfeld	02:24:56	02:24:44	324	293
24	1037	Vernauer, Günter	Osnabrück	02:25:52	02:24:39	339	303
25	1152	Wanstrath, Johannes	Osnabrück	02:31:13	02:29:48	392	348
26	1393	Dahlmann, Hartmut	Haxterlauffreunde Paderborn	02:32:46	02:32:40	407	361
27	1151	Nientiedt, Klaus	DJK Dyckburg Münster	02:33:20	02:32:58	411	363
28	1081	Schluer, Thomas	TuS Hiltrup	02:36:25	02:35:49	437	381
29	1140	Hullegie, Otger	RST	02:36:39	02:35:19	440	382
30	815	Goerke-Mallet, Peter	Tatort MS-Rieselfelder	02:38:17	02:37:03	452	389
31	911	Ullrich, Udo	Tri Geckos Dortmund	02:39:39	02:39:25	463	398
32	1403	Pfister, Ulrich	Münster	02:40:17	02:38:45	469	402
33	809	Averwald, Klaus	LG Rheine-Elte	02:41:25	02:40:24	478	411
34	973	Berg, Martin	Münster	02:42:05	02:41:06	483	413
35	1174	luikens, Bertus	runnersstadskanaal	02:42:19	02:41:08	490	416
36	1155	Duda, Karl-Heinz	Recklinghausen	02:43:32	02:42:15	500	423
37	1134	Fleiß, Ludger	LSF Münster	02:44:27	02:43:38	505	426
38	812	Strauch, Heinz	SV Teuto Riesenbeck	02:44:46	02:43:44	507	428
39	1187	Kleuser, Ludger	Drensteinfurt	02:49:56	02:48:27	523	440
<b>M 60</b>							
1	1114	Engeländer, Goar	Haxter-Lauffreunde Paderborn	01:50:48	01:50:43	30	28
2	820	Holterman, Jan	Loopgroep Aart Stigter	02:11:54	02:11:38	167	156
3	1044	Lütke Schelhowe, Hermann	DJK Dyckburg - Münster	02:15:33	02:14:42	203	191
4	1064	Altehülsing, Laurenz	Laufzentrum Rheine	02:21:39	02:20:50	269	245
5	1314	Kemper, Helmut	Lotte	02:22:46	02:21:39	293	266
6	955	Studt, Jochen	LC Solbad Ravensberg	02:26:12	02:25:50	342	306
7	989	Helmers, Georg	Emsdetten	02:27:52	02:27:13	357	317
8	807	Runow, Günter	Reestridders De Wijk	02:30:51	02:29:28	389	345
9	1218	Vismann, Josef	Lauftreff SVD	02:32:20	02:31:09	401	356
10	1116	Raschke, Ludger	SV Dickenberg	02:32:20	02:32:01	402	357

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
11	803	Schubert, Rudolf	Herne	02:40:35	02:39:42	471	404
12	780	de Jong, Tjits	Reestruffers	02:51:44	02:50:21	535	449
13	1253	Over, Gerhard	Lauffreunde Emsland	03:14:12	03:13:56	575	472
<b>M 65</b>							
1	913	Eppendahl, Klaus	Lauffreunde Stefansbecke	02:29:30	02:29:13	378	335
2	675	Venker, Paul	LG Emsdetten	02:33:49	02:33:33	415	366
3	1143	Schlaefke, Dieter	DJK Adler 07 Bottrop	02:34:01	02:33:21	417	368
4	1000	Dufils, Gerd	Marathon Ibbenbüren	02:36:15	02:35:17	433	380
5	1330	Wahl, Günther	SuS Olfen	02:47:22	02:47:03	513	432
6	1414	Lienland, Franz-Josef	LSF Oldenburg e. V.	02:49:47	02:48:35	521	438
7	1182	Krage, Hermann	Lauffreunde Emsland	02:55:55	02:54:27	553	461
<b>M 70</b>							
1	1381	Maaske, Kurt	ohne Verein	02:53:40	02:53:37	538	451
2	1365	Piepel, Herbert	SV Gladbeck 13	02:55:02	02:54:04	542	454
<b>M HK</b>							
1	1429	Johnstone, Nikki	ART-Düsseldorf	01:34:11	01:34:10	2	2
2	1349	Kamlage, Tobias	Recke	01:43:25	01:43:13	6	6
3	1185	Nickel, Daniel	Team Erdinger Alkoholfrei	01:45:36	01:45:29	13	13
4	1398	Stratmann, Timo	Laufgruppe S'Arenal	01:53:41	01:53:38	36	34
5	1231	Krampe, Sebastian	Tri-Team Warendorf	01:54:53	01:54:49	40	38
6	1025	Scholz, Tobias	Bocholt	01:55:57	01:55:52	46	44
7	1172	Stoye, Kai-Uwe	Bramsche	02:01:42	02:01:37	76	71
8	1270	Sandherm, Christian	Hannover	02:08:29	02:08:15	128	119
9	963	Holtkamp, Patrick	SuS Stadtlohn Laufabteilung	02:08:40	02:08:18	129	120
10	996	Matheke, Marcel	AllroundsportMM	02:08:50	02:08:13	131	122
11	969	Rübsteck, Robin	Schnelle Brüter	02:10:49	02:10:34	151	141
12	1301	Buten, Christoph	Sportfreunde Lotte	02:12:31	02:11:25	172	161
13	756	Meyer, Christian	Tecklenburg	02:12:49	02:11:21	176	164
14	757	Gersmeier, Andre	Dörenthe	02:17:23	02:15:56	222	207
15	1345	Spanel, Stefan	TuS Altenberge 09	02:17:31	02:16:32	227	211
16	778	Korte, Niklas	Stella Bevergern	02:19:22	02:18:49	249	227
17	1204	Schulenberg, Andre	Osnabrück	02:19:47	02:19:41	252	228
18	712	Püschel, Kevin	Hesepers Rennschnecken	02:21:17	02:20:44	264	240
19	705	Sterthaus, Jens	TV Mesum	02:21:35	02:21:12	268	244
20	762	Schleyer, Marcel	Ibbenbüren	02:22:05	02:20:38	281	256
21	1413	Lahme, Ingo	Lengerich	02:23:21	02:22:42	301	274
22	1284	Gedicke, Manuel	Köln	02:24:36	02:23:49	315	285
23	1245	Kahle, Jan	Altenlingen	02:24:45	02:23:29	319	289
24	1107	Güttler, Thorsten	Lauftreff Riesenbeck	02:26:01	02:25:31	341	305
25	673	Vlasceanu, Dragos	LG Dummfisch	02:28:07	02:26:37	360	320
26	1030	Matheke, Marco	TV Hohne	02:29:14	02:27:47	376	334
27	1165	Rieskamp, Marcel	Ibbenbüren	02:30:34	02:30:14	386	342
28	953	Rosen, Henning	Wietmarschen	02:34:04	02:32:46	418	369
29	773	Mentrup, Nils	BVB Fanclub Lengericher Borus	02:34:18	02:33:14	420	370

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
30	1299	Forbrich, Sascha	Köln	02:38:21	02:37:38	454	391
31	1338	Chmiel, Tommy	Rheine	03:03:05	03:01:42	568	468
32	826	Chmiel, Andreas	Rheine	03:15:28	03:14:04	576	473
<b>W 30</b>							
1	1312	Merten, Nadine	LT Bittermark Dortmund	02:08:15	02:08:07	123	9
2	1234	Sander, Conny	WSU Tri Team Warendorf	02:17:34	02:17:08	229	17
3	937	Leistner, Anja	TV Werne 03	02:17:49	02:17:19	232	19
4	710	Kempkes, Jessica	Crespel&Deiters	02:26:35	02:26:20	345	37
5	1042	Rißler, Kerstin	Osnabrücker SC	02:36:59	02:35:46	441	59
6	1418	Althaus, Anna	Blau-weiß Aasee	02:37:02	02:36:10	442	60
7	862	Riedel, Sabrina	SV Teuto Riesenbeck	02:39:01	02:38:00	457	64
8	1379	Windmüller, Daniela	Feuerwehr Lengerich	02:44:21	02:43:41	503	78
9	1392	Kettelgerdes, Monika	Delbrück	02:46:48	02:46:31	512	81
<b>W 35</b>							
1	1303	Vogt, Sonja	LG Olympia Dortmund	01:49:20	01:49:18	24	1
2	1327	Esselmann, Jela	LiVE-Lauftreff in Versmold	02:00:23	01:59:41	68	3
3	1232	Wittler, Marion	TSVE 1890 Bielefeld	02:05:00	02:04:44	96	6
4	1018	Diekhans, Anja	1. Tri Team Gütersloh	02:07:32	02:07:17	115	8
5	1350	Kons, Nicole	ASV Duisburg	02:17:30	02:17:17	226	16
6	1424	Niedick, Tanja	Jogmap Ruhr	02:22:06	02:20:45	283	26
7	991	Marx, Sabine	TSVE 1890 Bielefeld	02:25:33	02:24:39	334	35
8	1214	Hermes, Marion	Bippener SC	02:25:36	02:24:19	336	36
9	889	Bruins, Miranda	Laac Twente	02:27:51	02:27:24	356	40
10	884	Lemm, Natalie	TSVE 1890 Bielefeld	02:28:20	02:28:10	363	41
11	1071	Schierenberg, Nicole	Augustdorf	02:29:30	02:28:28	377	43
12	932	Weirauch, Eva	LG Emsdetten	02:34:40	02:33:32	426	52
13	1035	Mielenhausen, Maren	BORN	02:42:09	02:41:52	485	71
14	791	Poczatek, Jolanta	DJK Stadtlohn	02:55:14	02:54:22	545	91
<b>W 40</b>							
1	868	Douma, Alien	LAAC	02:10:57	02:10:37	153	11
2	654	Peller-Tölle, Kerstin	Gelsenkirchen	02:12:33	02:12:28	173	12
3	680	Meier, Sandra	Osnabrücker SC	02:16:41	02:15:36	214	14
4	1376	Geeraedts, Angie	TuS Hiltrup	02:21:47	02:21:12	273	25
5	1112	Lenzen, Annette	TuS Altenberge 09	02:24:30	02:24:18	313	29
6	742	Schrant, Heike	SV Bokeloh	02:24:35	02:24:20	314	30
7	655	Schulz, Elisabeth	LG Rheine-Elte	02:25:30	02:24:52	331	33
8	1237	Böhme, Mechthild	LC Solbad Ravensburg	02:25:33	02:24:53	333	34
9	821	Gutknecht, Claudia	BellZett Bielefeld	02:33:40	02:33:13	413	49
10	818	Diekmann, Ute	BellZett Bielefeld	02:37:14	02:36:45	445	62
11	1222	Potthast, Hiltrud	HC Moormerland	02:42:11	02:41:36	486	72
12	927	Dröge, Claudia	TLV Rünthe	02:42:31	02:41:36	494	75
13	1145	Schiller, Katrin	Osnabrück	02:42:47	02:42:19	496	76
14	1427	Voetz, Marianne	LSF Münster	02:44:27	02:43:36	504	79
15	1178	kemming, anke	drensteinfurt	02:49:56	02:48:27	524	84

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
16	667	Werthmüller, Francis		02:52:15	02:51:31	536	87
<b>W 45</b>							
1	1096	Sandkühler - Daniel, Dorothee	LV Oelde	02:00:47	02:00:43	70	4
2	823	Nachtwey, Claudia	TV Werne 03	02:01:29	02:01:21	74	5
3	849	Künneemann, Renate	SVA-Salzbergen	02:16:07	02:15:41	207	13
4	1104	Hoffrogge, Marita	SC Spelle-Venhaus	02:18:48	02:18:29	243	21
5	719	Mergelmeyer, Heidrun	TuS Borgloh	02:18:57	02:18:32	247	22
6	1348	Richter, Susanne	Bielefeld	02:19:32	02:19:00	251	24
7	1351	Langkamp, Brigitte	SuS Neuenkirchen	02:23:36	02:23:03	304	28
8	1157	Tenberg, Dung	Marathon Soest	02:25:00	02:24:52	327	32
9	740	Janse-Stock, Anette	osc	02:26:54	02:26:44	346	38
10	1113	Brandis, Claudia	SC Hörstel	02:27:49	02:27:46	355	39
11	758	Brüffer, Martina	Sockenräuber	02:32:33	02:31:45	406	46
12	934	Bremer, Bettina	LC Solbad Ravensberg	02:32:58	02:32:36	409	47
13	1306	Demirtas, Karin	1. Tri-Team Gütersloh GTV	02:34:08	02:32:41	419	50
14	1197	Hartmann, Britta	Bippener SC	02:34:36	02:33:09	423	51
15	1063	Scheele-Wiedey, Christiane	BellZett Bielefeld	02:36:21	02:35:45	435	55
16	1332	Weber, Gaby	TSV Stelle	02:36:22	02:35:42	436	56
17	1385	Deschner, Claudia	OSC	02:37:09	02:36:10	444	61
18	966	Lanwert, Ingrid	SV Eintracht Neuenkirchen	02:40:12	02:39:40	468	67
19	910	Dohm, Andrea	SV Eintracht Neuenkirchen	02:41:51	02:40:25	479	68
20	931	ense, maria	muenster	02:47:31	02:46:15	514	82
21	1169	Hölscher, Monika	Steinfurt	02:47:40	02:46:20	515	83
22	873	Baltes, Monika	Lauftreff Nottuln	02:51:37	02:51:07	534	86
23	858	Schnabel, Maria	TV Mettingen	02:55:10	02:54:50	543	89
24	1208	Lebus, Berit	Münster	02:56:15	02:55:36	555	93
25	662	Kramer, Karin	TSV Großenknten / Team Erding	03:03:00	03:01:48	567	100
<b>W 50</b>							
1	1020	Tappmeier, Beatrice	BellZett Bielefeld	02:06:52	02:06:16	108	7
2	874	Herrmann, Beate	TUS Altenberge 09	02:10:36	02:10:24	149	10
3	1213	Zollfrank, Anke	LG Emsdetten	02:16:56	02:16:40	218	15
4	1130	Kempkes, Christiane	TV Borken	02:18:03	02:17:04	236	20
5	1043	Brueggen, Cornelia	Tri Run Ibbenbüren e.V.	02:32:59	02:32:16	410	48
6	745	Hennigs, Liane	Jever	02:35:27	02:34:58	430	53
7	961	Klausing, Lille	SV Eintracht Neuenkirchen	02:36:30	02:35:56	438	57
8	957	Ott, Claudia	TSVE 1890 Bielefeld	02:37:19	02:36:30	448	63
9	657	Kreeft-Kardurk, Lia	Hac'63	02:39:25	02:38:47	462	65
10	1056	Ellermann, Ute	LT Bittermark Dortmund	02:39:50	02:39:20	464	66
11	1325	Nordemann, Venna	Bippener SC	02:41:57	02:40:36	481	70
12	1220	de Buhr, Herta	Fortuna Logabirum	02:42:11	02:41:36	487	73
13	900	Kerk, Ruth	SV Dickenberg	02:42:17	02:41:00	488	74
14	962	Bergmann, Iris	Lauftreff Nottuln / jogmap ruh	02:43:17	02:41:57	499	77
15	1293	Brinkmann, Frieda	Fortuna Logabirum	02:54:22	02:53:48	540	88
16	1347	Bagus, Simone	DJK Coesfeld	02:56:32	02:55:27	556	94

Platz AK	Start-Nr.	Name/Vorname	Verein	Bruttozeit	Nettozeit	Platz	PlatzMW
17	706	Hempel, Christina	Running- Bedburg	03:00:58	02:59:35	561	96
18	709	Bickendorf, Marion	Running Bedburg	03:00:59	02:59:37	563	98
19	1070	Glaser, Anke	SoVital e.V.	03:02:03	03:01:11	565	99
<b>W 55</b>							
1	1115	Kattenbusch, Monika	Haxter-Lauffreunde Paderborn	02:24:48	02:24:14	321	31
2	1003	Hirsch, Andrea	LG Emsdetten	02:29:07	02:28:14	374	42
3	1133	Fraenkel, Ursula	Halle/Westf.	02:29:47	02:29:25	381	44
4	975	Meyer zu Bergsten, Marianne	SV Eintracht Neuenkirchen	02:36:30	02:35:04	439	58
5	665	Schneedhorst, Ute	Langenhagen	02:50:29	02:49:17	529	85
6	1093	Goldbach, Solveig	Lübecker Marathonverein	02:55:39	02:54:50	550	92
7	1091	Kley, Sonja	TSVE 1890 Bielefeld/Team Erdi	03:10:53	03:10:00	572	102
8	998	Thiel-Freitag, Wilhelma	TSVE 1890 Bielefeld	03:12:49	03:11:56	573	103
<b>W 60</b>							
1	1343	Kies, Mechtild	LG Emsdetten	02:19:24	02:18:46	250	23
2	702	Heer, Marianne	Running- Bedburg	03:00:59	02:59:38	562	97
3	1362	Lauxtermann, Annelie	LG Osnabrück	03:05:00	03:03:43	570	101
<b>W 65</b>							
1	674	Venker, Margret	LG Emsdetten	02:45:16	02:44:07	508	80
2	1125	Menzel, Ursula	SC Schölerberg	02:57:20	02:56:03	557	95
<b>W HK</b>							
1	915	Freimuth, Friederike	Heidelberg	01:50:12	01:50:07	27	2
2	1374	Becker, Marie-Luise	LC Restekiste	02:17:35	02:16:37	230	18
3	659	Schultz, Kerstin	Münster	02:22:22	02:22:08	288	27
4	1262	de Rijcke, Annekarlijn	Klarenbeek	02:31:44	02:31:16	397	45
5	1150	Hoppe, Stephanie	LSF Münster	02:36:19	02:36:11	434	54
6	1249	Thieme, Britta	Jogmap Ruhr	02:41:54	02:40:32	480	69
7	1040	Tenbrake, Judith	TV Borken	02:55:14	02:54:12	544	90