

# 7. Ibbenbürener Klippenlauf

## Klippenlauf 24,7 Km

## Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	82	3760	Wagemaker, Simon	SVA Salzbergen	M 35	01:36:11	01:36:09
2	1	2	92	3328	Abdallah, Abdelmajeed	Jede Oma zählt	M HK	01:37:01	01:36:59
3	2	3	79	3747	Pott, Andreas	SV Teuto Riesenbeck	M 35	01:37:50	01:37:48
4	1	4	84	3579	Pugge, Daniel	POWER OF BACON	M 30	01:38:18	01:38:16
5	3	5	83	3832	Bradler, Claas	TRISPEED Marienfeld	M 35	01:38:48	01:38:46
6	4	6	82	3329	Hackmann, Armin	Jede Oma zählt	M 35	01:42:21	01:42:19
7	2	7	85	3386	Harink, Heiner	LC Nordhorn	M 30	01:43:08	01:43:05
8	1	8	74	3837	Vogt, Christian	TSG 07 Burg Gretesch	M 40	01:44:04	01:44:01
9	3	9	87	3340	Stevens, Caimin	LAAC twente	M 30	01:45:00	01:44:57
10	1	10	67	3177	Bardtke, Thomas	BSG LVM Versicherung Münster	M 50	01:47:20	01:47:17
11	2	11	64	3686	Spreitz , Volker	Sudbrack-Läufer Bielefeld	M 50	01:47:37	01:47:34
12	3	12	68	3404	Marquardt, Christof	LG Deiringsen / BSG Sparkasse	M 50	01:48:45	01:48:43
13	5	13	83	3611	Schultheis, Thorsten	Run 4 Fun Greven e.V.	M 35	01:49:21	01:48:49
14	6	14	80	3756	Windoffer, Patrick	SV Teuto Riesenbeck	M 35	01:49:51	01:49:48
15	4	15	88	3526	Walz, Christian	Mufflonstall	M 30	01:49:58	01:49:51
16	7	16	80	3385	Feldschnieders, Mark	LC Nordhorn	M 35	01:50:31	01:50:27
17	5	17	88	3637	Veldhuis, Jan	SC Spelle Venhaus	M 30	01:50:48	01:50:45
18	1	18	73	3264	Siegbert, Michael	Grün-Weiß Steinbeck	M 45	01:50:56	01:50:49
19	8	19	80	3687	Tesch, Daniel	Sudbrack-Läufer Bielefeld	M 35	01:51:30	01:51:25
20	2	20	77	3160	Grube, Karsten	Borgholzhausen	M 40	01:52:08	01:52:04
21	6	21	84	3269	Santel, Daniel	GSW Westerkappeln	M 30	01:52:24	01:52:15
22	9	22	80	3596	Helmich, Jan	Rheine	M 35	01:52:30	01:52:15
23	7	23	85	3219	Fender, Frederic	Eintracht Frankfurt Triathlon	M 30	01:52:39	01:52:36
24	8	24	84	3489	von der Assen, Niklas		M 30	01:52:43	01:52:30
25	10	25	82	3984	Heshe, Dirk		M 35	01:53:08	01:53:02
26	4	26	68	3618	Dudek, Christian	SC Altenrheine	M 50	01:53:15	01:52:53
27	11	27	83	3745	Paetzke, Sebastian	SV Teuto Riesenbeck	M 35	01:53:37	01:53:30
28	12	28	81	3754	Berghaus , Oliver	SV Teuto Riesenbeck	M 35	01:53:38	01:53:30
29	13	29	83	3462	Wulfmeyer, Henning	Lokomotive Teuto	M 35	01:53:44	01:53:28
30	3	30	74	3842	Mußgnug, Oliver	TSVE 1890 Bielefeld	M 40	01:53:55	01:53:47
31	5	31	68	3843	Stuckmann, Thomas	TSVE 1890 Bielefeld	M 50	01:53:58	01:53:32
32	9	32	84	3950	Attermeyer, Andre		M 30	01:54:00	01:53:50
33	2	33	70	3594	Konermann, Michael	Rennschweine Greffen	M 45	01:54:18	01:53:56
34	14	34	83	3883	Katzberg, Daniel	TV Löhne-Bahnhof e.V.	M 35	01:54:43	01:54:33
35	10	35	87	3285	Schlangen , Sebastian	Hannover 96 Triathlon	M 30	01:54:54	01:54:17
36	4	36	78	3924	Kramer, Nils	VfR Voxtrup	M 40	01:55:31	01:55:24
37	5	37	76	3946	Iverssen, Thorsten	Lauf-Team Wildeshausen	M 40	01:55:38	01:55:32
38	6	38	64	3396	Strathkötter, Gerd	Lc Solbad Ravensberg	M 50	01:56:01	01:55:50
39	1	39	57	3172	Küpker, Heinz	BSG Kraftwerke Lingen	M 60	01:56:40	01:56:35
40	1	40	62	3180	Meyer, Andreas	BSG Westfahlen AG	M 55	01:56:41	01:56:27
41	11	41	86	3237	Freese, Mathias	DSC Oldenburg	M 30	01:57:01	01:56:55
42	12	42	87	3625	Ricklin, Jens	SC Altenrheine	M 30	01:57:22	01:57:18
43	15	43	80	3896	de Nie, Sandy	Uelsen	M 35	01:57:23	01:57:20
44	3	44	70	3513	Herbert, Stephan	Marathon Steinfurt	M 45	01:57:23	01:57:13
45	4	45	73	3866	Borgmann, Mirco	TV Friesen Telgte	M 45	01:57:27	01:57:16
46	6	46	75	3267	Wesselmann, Ansgar	Grün-Weiß Steinbeck	M 40	01:57:31	01:57:24
47	7	47	68	3926	Voltz, Stefan	VfR Voxtrup	M 50	01:57:35	01:57:25
48	8	48	64	3366	Möller, Marc	Laufftreff Ganderkesee	M 50	01:57:55	01:57:49
49	7	49	74	3740	Leewe, Christof	SV Teuto Riesenbeck	M 40	01:58:03	01:57:56

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	8	50	76	3702	Höflich, Tobias	SV Cheruskia Laggenbeck	M 40	01:58:17	01:58:09
51	5	51	72	3636	Kreling, Thomas	SC Hörstel	M 45	01:58:18	01:58:04
52	9	52	65	3427	Wissing, Ansgar	LG Emsdetten	M 50	01:58:33	01:58:27
53	13	53	86	3649	Müller, Michael	Selm-Bork	M 30	01:58:36	01:58:32
54	9	54	75	3933	Thonemann, Markus	Warburger SV	M 40	01:58:43	01:58:31
55	14	55	85	3117	Willimzig, André	ACTIVE Sportshop Osnabrück	M 30	01:58:48	01:58:39
56	15	56	84	3133	Dicks, Christopher	Baumberge	M 30	01:58:52	01:58:34
57	2	57	91	3875	Issak, Dejen	TV Hohne	M HK	01:58:58	01:58:56
58	10	58	66	3633	Krumbeck , Christian	SC Falke Saerbeck	M 50	01:59:01	01:58:48
59	16	59	88	3530	Kastner, Alexander	Münster	M 30	01:59:04	01:59:00
60	11	60	64	3568	Vollmer, Ralf	Osnabrücker TB	M 50	01:59:05	01:58:57
61	1	61	96	3954	Book, Lars Henrik		M U23	01:59:12	01:58:59
62	12	62	64	3934	Bettermann, Rainer	Warburger SV 1884	M 50	01:59:16	01:59:01
63	6	63	71	3981	Querdel, Andreas	SC Füchtorf	M 45	01:59:26	01:59:09
64	3	64	89	3957	Ebke, Henning		M HK	01:59:27	01:59:16
65	10	65	74	3682	Reichert, Christian	Sudbrack-Läufer Bielefeld	M 40	01:59:42	01:59:37
66	7	66	72	3451	Taute, Heinz	LG Uplengen	M 45	01:59:46	01:59:26
67	11	67	78	3258	Lütke Jochmaring, Lars	Greven	M 40	01:59:54	01:59:30
68	8	68	69	3874	Brüseke, Andreas	TV Hohne	M 45	01:59:55	01:59:45
69	1	1	93	3128	Freimuth, Friederike	AUTO PETERS Team Nikar Heid	W HK	02:00:02	01:59:48
70	4	69	95	3607	Mahmad Ahmad, Tofiqe	Run 4 Fun Greven e.V.	M HK	02:00:02	01:59:25
71	13	70	67	3367	Oestmann, Robert	Laufftreff Ganderkesee	M 50	02:00:30	02:00:07
72	12	71	78	3805	Löchte, Volker	Teuto Runner	M 40	02:00:46	02:00:42
73	14	72	66	3583	Freitag, Jörg	RC Buer Westerholt	M 50	02:00:58	02:00:48
74	15	73	67	3505	Träger, André	Marathon Ibbenbüren	M 50	02:01:04	02:00:56
75	2	74	59	3364	Siegel, Norbert	Laufsport Senden	M 55	02:01:07	02:01:01
76	1	75	52	3294	Engeländer, Goar	Haxter Lauffreunde Paderborn	M 65	02:01:10	02:00:58
77	17	76	86	3873	Brix, Christian	TV Hohne	M 30	02:01:19	02:01:10
78	18	77	85	3251	Diedam, Thorsten	free-OCR-runners	M 30	02:01:38	02:01:29
79	19	78	85	3821	Hauch, Peter	TG Werste	M 30	02:01:41	02:01:38
80	3	79	62	3470	Pezeschgi, Sirius	LSF Münster	M 55	02:01:52	02:01:32
81	5	80	95	3986	Pieper, Robin	LG Emsdetten	M HK	02:02:21	02:01:58
82	4	81	61	3742	Lütkemeyer, Paul	SV Teuto Riesenbeck	M 55	02:02:22	02:02:14
83	13	82	78	3922	Gühlstorf, Gunnar	VfR Voxtrup	M 40	02:02:41	02:02:34
84	9	83	72	3617	Beine, Christian	SC Altenrheine	M 45	02:02:45	02:02:32
85	6	84	90	3578	Pott, Julian	Potts Blitz	M HK	02:02:59	02:02:33
86	10	85	71	3142	Sprehe, Rainer	Bielefeld	M 45	02:03:07	02:02:57
87	20	86	87	3504	Sandherm, Henrik	Marathon Ibbenbüren	M 30	02:03:12	02:02:43
88	21	87	84	3282	Sandherm , Christian	Hannover	M 30	02:03:12	02:02:42
89	16	88	67	3958	Frenzel , Volker		M 50	02:03:16	02:02:59
90	5	89	59	3629	Wildt, Reinhard	SC Altenrheine	M 55	02:03:19	02:02:57
91	6	90	63	3693	Haverkock , Norbert	SuS Legden Selbstläufer	M 55	02:03:22	02:03:08
92	11	91	73	3326	Bentlin, Mario	Jede Oma zählt	M 45	02:03:23	02:03:06
93	2	92	51	3963	Klus, Ernst		M 65	02:03:29	02:03:16
94	16	93	80	3812	Veldboer, Dirk	Teuto Runner	M 35	02:03:34	02:03:27
95	12	94	72	3518	Schmeink, Stefan	Mercedes Herbrand	M 45	02:03:35	02:03:30
96	1	2	78	3838	Ricke, Sandra	TSV 1850/09 Korbach	W 40	02:03:42	02:03:28
97	13	95	73	3932	Hartinger, Richard	Warburger SV	M 45	02:03:44	02:03:25
98	17	96	83	3330	Siebelmann, Florian	Jede Oma zählt	M 35	02:03:53	02:03:44
99	14	97	69	3656	Büssing, Frank	SG Voßberg - Lohne	M 45	02:04:15	02:03:44
100	14	98	76	3156	Pütter, Andre	Bocholter WSV	M 40	02:04:41	02:03:56
101	22	99	84	3688	Kufeld, Johannes	SUS Darne	M 30	02:04:53	02:04:39

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	15	100	72	3757	Wehmeyer, Ralf	SV Uffeln	M 45	02:04:59	02:04:07
103	17	101	68	3631	Hoppe, Ulrich	SC Falke Saerbeck	M 50	02:05:00	02:04:48
104	16	102	70	3905	Weddewer, Andreas	VfL Ahaus	M 45	02:05:01	02:04:56
105	18	103	80	3390	Brockmann, Benedikt	LC Solbad Ravensberg	M 35	02:05:10	02:04:46
106	18	104	67	3699	Schrant, Jürgen	SV Bokeloh	M 50	02:05:14	02:04:59
107	19	105	66	3861	Finkelmann, Ralf	TuS Hilstrup	M 50	02:05:28	02:05:08
108	20	106	68	3854	Lörcks, Heiner	TuS Altenberge 09	M 50	02:05:33	02:05:19
109	19	107	80	3127	Paris , Raphael	Augustdorf	M 35	02:05:43	02:05:37
110	23	108	84	3420	Lüttkemöller, Daniel	LG Emsdetten	M 30	02:06:01	02:05:55
111	17	109	72	3419	Löckemann, Markus	LG Emsdetten	M 45	02:06:08	02:05:59
112	18	110	70	3705	Brink, Jan	SV Cosmos Getelo	M 45	02:06:13	02:06:08
113	2	111	56	3624	Ricklin, Manfred	SC Altenrheine	M 60	02:06:15	02:05:56
114	21	112	65	3136	Penno, Hermann	BEWI run	M 50	02:06:16	02:05:59
115	20	113	83	3823	Matrose , Arne	Tri Finish Münster	M 35	02:06:23	02:05:47
116	24	114	86	3535	Szardenings, Carsten	Münster	M 30	02:06:25	02:05:49
117	22	115	68	3484	Wagenknecht, Till	LSF Oldenburg	M 50	02:06:27	02:06:00
118	7	116	92	3426	Pieper, Dennis	LG Emsdetten	M HK	02:06:28	02:06:05
119	19	117	73	3856	Schult, Karsten	TuS Altenberge 09	M 45	02:06:49	02:06:28
120	21	118	80	3609	Kochmann , Ingo	Run4Fun Greven e.V	M 35	02:06:51	02:05:36
121	20	119	69	3179	Bosse, Reiner	BSG Stadtwerke Münster	M 45	02:07:01	02:06:51
122	23	120	64	3886	Elstrodt, Dieter	TV Mettingen	M 50	02:07:01	02:06:36
123	21	121	73	3339	Leuvelink, Bob	LAAC Twente	M 45	02:07:06	02:06:28
124	15	122	75	3962	Kaczmarczyk, Leo		M 40	02:07:08	02:06:40
125	8	123	90	3569	Rodewald, Ralf	TV Lemgo	M HK	02:07:19	02:07:14
126	24	124	67	3677	Kordsmeyer , Michael	Stella Bevergern	M 50	02:07:22	02:07:09
127	25	125	85	3666	Kösters, Sven	Sportler 4 a childrens world e.V.	M 30	02:07:36	02:06:40
128	26	126	86	3961	Guzy, Jakob		M 30	02:07:49	02:07:11
129	22	127	80	3528	Brischke, Marc	Münster	M 35	02:07:52	02:07:16
130	7	128	63	3149	Hartmann, Uwe	Bippener SC	M 55	02:07:56	02:07:31
131	9	129	93	3500	Baum, Stephan	LV Oelde	M HK	02:08:11	02:07:47
132	22	130	70	3175	Misch, Jörg	BSG Kreissparkasse Steinfurt e.V	M 45	02:08:21	02:07:34
133	25	131	65	3571	Neuhaus, Walter	PC Telgte	M 50	02:08:26	02:08:18
134	8	132	63	3593	Alke, Burkhard	Rennschweine Greffen	M 55	02:08:32	02:08:12
135	23	133	81	3952	Bärenfänger, Bastian		M 35	02:08:39	02:08:28
136	23	134	72	3684	Schlanzke, Karsten	Sudbrack-Läufer Bielefeld	M 45	02:08:42	02:08:05
137	1	3	83	3178	Weidner, Sandra	BSG LVM Versicherung Münster	W 35	02:08:43	02:08:09
138	24	135	73	3345	Hoffmann, Carsten	Laufen rund um Münster	M 45	02:08:44	02:07:58
139	25	136	71	3368	Respondek, Oliver	Laufftreff Ganderkesee	M 45	02:08:48	02:08:25
140	24	137	81	3319	Müller, Benjamin	Ibbenbüren	M 35	02:08:51	02:08:34
141	16	138	78	3906	Pries, Matthias	SC Füchtorf	M 40	02:09:05	02:08:48
142	1	4	66	3517	Stöppler, Petra	Marathon Steinfurt/TriFinish Münst	W 50	02:09:07	02:08:47
143	27	139	87	3250	Bambey , Sebastian	Fortuna Logabirum	M 30	02:09:07	02:08:40
144	26	140	69	3139	Kraft, Matthias	Bielefeld	M 45	02:09:18	02:08:18
145	2	141	96	3299	Schlueter, Lutz		M U23	02:09:25	02:08:40
146	9	142	62	3735	Gottwald, Dieter	SV Teuto Riesenbeck	M 55	02:09:31	02:09:13
147	27	143	73	3804	Linke, Jens	Teuto Runner	M 45	02:09:35	02:09:30
148	28	144	69	3320	Pösse, Mario	TV Mettingen	M 45	02:09:35	02:09:05
149	26	145	64	3581	Just, Roland	Raesfeld	M 50	02:09:47	02:09:37
150	29	146	69	3218	Jeremies, Wolfgang	eat my dust Meppen	M 45	02:10:10	02:09:50
151	25	147	83	3342	Schultz, Björn	Lage	M 35	02:10:30	02:09:59
152	27	148	68	3627	Schossig, Hagen	SC Altenrheine	M 50	02:10:39	02:10:19
153	28	149	68	3458	Waltermann, Andreas	LippeRunners Werne	M 50	02:10:43	02:10:18

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	26	150	83	3290	Lachmann, Christian	Hasbergen	M 35	02:10:47	02:10:18
155	17	151	77	3727	Bachmann, Dirk	SV Teuto Riesenbeck	M 40	02:10:48	02:09:57
156	3	152	57	3293	Wegener, Rainer	Hattinger Hügelläufer	M 60	02:10:50	02:10:43
157	10	153	60	3587	bisschop, evert	reestruffers	M 55	02:11:02	02:10:47
158	10	154	92	3685	Spisla, Dominik	Sudbrack-Läufer Bielefeld	M HK	02:11:02	02:10:24
159	27	155	79	3331	Szameitat , Wolfgang	Jede Oma zählt	M 35	02:11:14	02:10:44
160	28	156	82	3341	Schulze Vowinkel, Ulrich	Laer	M 35	02:11:18	02:11:13
161	30	157	70	3662	Brathe, Georg	Spiridon Haltern	M 45	02:11:26	02:11:03
162	29	158	67	3949	Schulte, Werner	Zoofreunde Kopenhagen	M 50	02:11:29	02:10:38
163	18	159	76	3903	Gelsing, Andre	VFL Ahaus	M 40	02:11:32	02:11:27
164	11	160	92	3549	Koster, Huub	Oldenzaal	M HK	02:11:34	02:10:32
165	31	161	70	3447	Mattern, Jürgen	LG Totes Viertel Avenwedde	M 45	02:11:36	02:11:09
166	1	5	71	3652	Osterholt, Tanja	SG Borken	W 45	02:11:41	02:11:12
167	1	6	61	3852	Herrmann, Beate	TuS Altenberge 09	W 55	02:11:42	02:11:19
168	11	162	61	3305	Breuer , Ludger	HIT	M 55	02:11:42	02:10:35
169	12	163	60	3664	Scholtissek, Bernhard	Spiridon Haltern	M 55	02:11:44	02:11:40
170	32	164	69	3235	Lütkenhaus, Dirk	Eurofighter 97 Altenberge	M 45	02:11:52	02:11:42
171	30	165	67	3120	Bieber, Andy	Andymoni Team:Allroad	M 50	02:11:56	02:11:48
172	19	166	78	3813	Wassel, Nico	Teuto Runner	M 40	02:12:00	02:11:53
173	33	167	73	3827	Litschmann, Manfred	Tri-Team Steinfurt	M 45	02:12:22	02:12:13
174	29	168	81	3775	Hille, Christian	Team Herrenfreizeit	M 35	02:12:23	02:12:15
175	20	169	77	3479	Westermann , Tobias	LSF Münster	M 40	02:12:30	02:12:25
176	2	7	79	3619	Germann, Melanie	SC Altenrheine	W 35	02:12:33	02:12:13
177	21	170	76	3431	Feige, Matthias	LG Marienfeld	M 40	02:12:34	02:11:36
178	34	171	70	3525	Brem, Thomas	MTV Aurich Triathlon	M 45	02:12:39	02:12:24
179	35	172	72	3931	Hansmann , Frank	Warburger SV	M 45	02:12:49	02:12:30
180	30	173	83	3575	Mangelmans, Christoph	Piensport Münster	M 35	02:12:54	02:12:29
181	22	174	78	3670	Jacoby, David	Stadtlohn	M 40	02:13:00	02:12:27
182	2	8	67	3982	Wolters, Anja	LG Emsdetten	W 50	02:13:01	02:12:49
183	13	175	60	3839	Schlattmann, Winand	TSV Raesfeld	M 55	02:13:17	02:13:02
184	36	176	70	3343	Arlt, Andreas	Laufen gegen Leiden e.V.	M 45	02:13:30	02:13:00
185	37	177	69	3225	Karsten , Knecht	Erdinger Alkoholfrei	M 45	02:13:43	02:13:11
186	2	9	70	3626	Romberg, Petra	SC Altenrheine	W 45	02:13:52	02:13:31
187	31	178	83	3614	Jansen, Karsten	Run4fun-Greven eV.	M 35	02:13:53	02:13:10
188	32	179	79	3166	Klarl, Torben	Bremen	M 35	02:14:00	02:13:43
189	4	180	54	3577	Pott, Herbert	Potts Blitz	M 60	02:14:01	
190	38	181	70	3975	Stößel, Mario		M 45	02:14:03	02:13:37
191	31	182	64	3704	van der Knaap, Erik	SV Cosmos Getelo	M 50	02:14:10	02:14:04
192	39	183	70	3751	Schnetgöke, Jürgen	SV Teuto Riesenbeck	M 45	02:14:29	02:13:37
193	40	184	73	3613	Komischke, Michael	Run4fun-Greven e.V.	M 45	02:14:30	02:13:14
194	3	10	72	3870	Mergelmeyer, Britta	TV Georgsmarienhütte	W 45	02:14:34	02:13:43
195	5	185	55	3124	Siedler, Wolfgang	asg-weitwärts	M 60	02:14:42	02:14:23
196	12	186	89	3858	Spanel, Stefan	TuS Altenberge 09	M HK	02:14:45	02:14:24
197	3	187	98	3454	Deimann, Jonas	Lauffreunde Bönen	M U23	02:14:47	02:14:44
198	33	188	82	3774	Harlacher, Thomas	Team Herrenfreizeit	M 35	02:14:49	02:14:42
199	3	11	82	3522	Tritschoks-Wahle , Svenja	Minden	W 35	02:14:49	02:14:35
200	23	189	78	3731	Büscher , Christoph	SV Teuto Riesenbeck	M 40	02:14:58	02:14:04
201	41	190	73	3765	Vieth, Markus	Team Artiva Athletix	M 45	02:15:01	02:14:10
202	28	191	87	3574	Heyder, Max	Piensport Münster	M 30	02:15:13	02:14:48
203	24	192	74	3432	Kisse, Stefan	LG Marienfeld	M 40	02:15:15	02:14:16
204	32	193	65	3452	Kersting, Michael	LG Weidmüller	M 50	02:15:16	02:15:11
205	33	194	68	3445	Gude, Ralf	LG Rheine-Elte	M 50	02:15:35	02:14:50

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	13	195	95	3337	Heye-Enneking, Julian	Kneipe72	M HK	02:15:38	02:15:27
207	34	196	67	3381	Steinkamp, Franz	Lauftreff SW Osterfeine	M 50	02:15:43	02:14:44
208	25	197	74	3153	Manetzki, Thomas	Blomberger Nelkenläufer	M 40	02:15:50	02:14:47
209	29	198	85	3899	Krans, Frank	Vechteloopers	M 30	02:15:56	02:14:59
210	30	199	85	3900	Snyders, Ole	Vechteloopers	M 30	02:15:56	02:14:59
211	42	200	69	3498	Köbbemann, Ralf	LT Wetringen	M 45	02:16:08	02:15:38
212	34	201	83	3111	Gerkens, Daniel	Lokomotive Teuto	M 35	02:16:11	02:15:53
213	14	202	90	3556	Lindemann, Lukas	Osnabrück	M HK	02:16:19	02:16:01
214	26	203	76	3412	Siegmund, Benjamin	LG Ems Warendorf	M 40	02:16:20	02:15:57
215	31	204	85	3781	Steghaus, Fabian	Team Seegerlinge	M 30	02:16:24	02:15:33
216	32	205	84	3779	Hölker, Christian	Team Seegerlinge	M 30	02:16:24	02:15:29
217	2	12	62	3604	Wortman, Henderea	RST Enschede	W 55	02:16:31	02:15:36
218	35	206	66	3121	Hock, Thomas	Armina Ibbenbüren	M 50	02:16:37	02:16:04
219	43	207	71	3516	Heidl, Stefan	Marathon Steinfurt/ Ironkougou	M 45	02:16:38	02:16:34
220	36	208	66	3977	Willmann, Frank		M 50	02:16:52	02:16:17
221	37	209	67	3521	Maier, Frank	Meyenburg	M 50	02:16:56	02:16:11
222	35	210	79	3878	Rücker, Jens	TV Hohne	M 35	02:17:06	02:16:55
223	44	211	69	3918	Richter, Hans	VFL Lingen	M 45	02:17:13	02:16:22
224	45	212	73	3814	Freitag , Roland	Teuto Runner	M 45	02:17:14	02:17:08
225	15	213	89	3207	Lammers, Daniel	DJK Arminia Ibbenbüren	M HK	02:17:18	02:16:44
226	14	214	62	3632	Hövel, Walter	SC Falke Saerbeck	M 55	02:17:19	02:16:43
227	38	215	65	3752	Uphoff, Peter	SV Teuto Riesenbeck	M 50	02:17:28	02:16:32
228	46	216	69	3459	Schmidt , Ingo	LippeRunners Werne	M 45	02:17:29	02:17:07
229	4	13	82	3803	Dux, Alexandra	Teuto Runner	W 35	02:17:35	02:16:44
230	47	217	73	3268	Westhof, Frank	Grün-Weiß Steinbeck	M 45	02:17:41	02:17:27
231	39	218	65	3485	Schulze, Klaus	LSF Oldenburg	M 50	02:17:43	02:17:12
232	40	219	66	3471	Proske, Mario	LSF Münster	M 50	02:17:58	02:17:00
233	36	220	81	3635	Muntau, Torsten	SC Falke Saerbeck	M 35	02:18:01	02:17:39
234	37	221	82	3766	Götten, Michael	Team Erdinger Alkoholfrei	M 35	02:18:02	02:17:06
235	33	222	86	3211	Ismaiel, Daniel	DJK Stadtlohn	M 30	02:18:04	02:17:31
236	27	223	74	3658	Wittke, Jörg	SuS Stadtlohn	M 40	02:18:04	02:17:17
237	15	224	63	3612	Schwerbrock, Dirk	Run4Fun Greven e.V.	M 55	02:18:12	02:17:30
238	34	225	85	3964	Kraatz, Franz		M 30	02:18:18	02:17:57
239	48	226	72	3721	Kipar, Mirco	SV Gladbeck 13	M 45	02:18:19	02:17:49
240	16	227	59	3895	Tenberg, Helmut	TV Mettingen	M 55	02:18:27	02:17:57
241	4	14	72	3163	Oevermann, Ruth	Bramscher Rumläufer	W 45	02:18:30	02:18:11
242	17	228	60	3605	Schildmann, Andreas	RSV Waddenhausen	M 55	02:18:38	02:18:07
243	49	229	71	3764	Olland, Martin	Rapid Ramirez	M 45	02:18:38	02:18:12
244	38	230	83	3822	Rasmußen, Jörn	Tri Ducks Dorsten	M 35	02:18:42	02:18:34
245	39	231	79	3182	Althoff, Thorsten	BSV Ostbevern	M 35	02:18:45	02:17:56
246	6	232	58	3592	Brinkmann, Willem	Reestridders De Wijk	M 60	02:18:49	02:18:33
247	1	15	84	3476	Sprenger, Silvia	LSF Münster	W 30	02:18:52	02:18:12
248	41	233	66	3893	Schoppe, Jürgen	TV Mettingen	M 50	02:18:53	02:18:25
249	50	234	72	3784	Hess, Rene	tecRacer	M 45	02:18:54	02:18:16
250	1	235	0	3196	Haagstra, Lj	De rennende neger	M Jgd A	02:19:12	02:18:57
251	42	236	67	3403	Wieskus, Michael	LG Coesfeld	M 50	02:19:17	02:18:18
252	43	237	68	3501	Kallenbach, Joachim	LV Oelde	M 50	02:19:21	02:18:56
253	2	16	90	3253	Schnerre, Andrea	Fürstenau	W HK	02:19:27	02:18:26
254	40	238	80	3944	Schoo, Thorsten	Westfalia Hopsten	M 35	02:19:31	02:18:54
255	16	239	89	3206	Antonij, Anton	DJK Arminia Ibbenbüren	M HK	02:19:32	02:18:58
256	2	17	87	3380	Meyer, Erika	Lauftreff SW Osterfeine	W 30	02:19:37	02:19:15
257	35	240	84	3194	Stermann, Benjamin	Crespel & Deiters	M 30	02:19:44	02:18:40

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	3	241	53	3507	Grond, Josef	Marathon Steinfurt	M 65	02:19:57	02:19:44
259	3	18	84	3882	Januschak, Eva	TV Lengerich	W 30	02:20:04	02:19:40
260	2	19	75	3831	Merschformann , Ruth	TriFinish Münster	W 40	02:20:13	02:19:54
261	18	242	63	3595	Göbel, Uwe	Rheine	M 55	02:20:14	02:19:51
262	19	243	61	3509	Menzel, Jürgen	Marathon Steinfurt	M 55	02:20:17	02:19:33
263	51	244	70	3114	Hassing, Herman	Aart Stigter	M 45	02:20:35	02:19:57
264	44	245	68	3441	Laufer, Dirk		M 50	02:20:44	02:20:33
265	20	246	63	3917	Richter, Paul	VFL Lingen	M 55	02:20:47	02:19:56
266	3	20	67	3423	Wesseler, Anja	LG Emsdetten	W 50	02:20:58	02:20:26
267	45	247	66	3715	Mäuer , Udo	SV Dickenberg	M 50	02:21:01	02:20:04
268	52	248	69	3270	Müller, Holger	GüMi Gesundheitssport	M 45	02:21:09	02:20:28
269	3	21	59	3902	Lause, Ursula	VfB Salzkotten	W 55	02:21:24	02:20:30
270	41	249	79	3566	Glatzer, Oliver	Osnabrücker SC	M 35	02:21:29	02:20:36
271	46	250	66	3411	Zumdieck, Norbert	LG Ems Warendorf	M 50	02:21:36	02:21:29
272	4	251	52	3224	de Lange, Foppe	Enter (NL)	M 65	02:21:41	02:21:23
273	36	252	88	3154	Kroll, Marius	Bocholt	M 30	02:21:44	02:20:56
274	47	253	66	3361	Paskert, Thomas	Laufsport Senden	M 50	02:21:49	02:21:10
275	37	254	84	3807	Meier, Julian	Teuto Runner	M 30	02:21:51	02:21:46
276	4	22	67	3424	Felchner, Marion	LG Emsdetten	W 50	02:21:53	02:21:20
277	28	255	74	3455	Langenbrink, Lukas	Lingen	M 40	02:21:57	02:21:23
278	4	23	60	3810	Schwarzmann, Birgit	Teuto Runner	W 55	02:22:01	02:21:55
279	48	256	64	3234	Schulte, Martin	ETuS Rheine	M 50	02:22:02	02:21:14
280	5	24	73	3512	Erdenberger , Ute	Marathon Steinfurt	W 45	02:22:13	02:21:28
281	42	257	79	3494	Brune, Jens	LT Langenberg	M 35	02:22:17	02:21:21
282	29	258	74	3499	Brinker, Thorsten	LTB	M 40	02:22:24	02:21:40
283	43	259	79	3181	Hövel, Markus	BSG Westfalen AG	M 35	02:22:31	02:21:54
284	5	25	67	3851	Gehlthomholt , Petra	Tus Altenberge 09	W 50	02:22:36	02:22:14
285	49	260	68	3514	Tiemann, Andreas	Marathon Steinfurt	M 50	02:22:43	02:22:00
286	5	26	81	3743	Mielitz, Stefanie	SV Teuto Riesenbeck	W 35	02:22:44	02:22:08
287	50	261	66	3229	Gottensträter, Hartmut	ETuS Rheine	M 50	02:22:54	02:22:10
288	6	27	64	3845	Brinkmann, Wilma	TSVE 1890 Bielefeld e.V.	W 50	02:22:58	02:22:38
289	6	28	73	3391	Grabau, Ilka	LC Solbad Ravensberg	W 45	02:23:06	02:22:40
290	21	262	61	3168	Muche, Rainer	Bremen	M 55	02:23:10	02:22:40
291	51	263	65	3864	Theisges, Dirk	TV Deilinghofen	M 50	02:23:15	02:23:02
292	7	29	69	3978	Willmann, Marion		W 45	02:23:22	02:22:46
293	53	264	73	3708	Linnemann, Ingo	SV Dickenberg	M 45	02:23:27	02:22:30
294	52	265	64	3710	Rohlmann, Peter	SV Dickenberg	M 50	02:23:28	02:22:28
295	7	266	56	3428	Fischer-Behnen, Achim	LG Hamm	M 60	02:23:28	02:23:10
296	7	30	66	3802	Döking-Goerke, Monika	Teuto Runner	W 50	02:23:44	02:23:38
297	22	267	60	3248	Vry, Ralf	Fortuna Logabirum	M 55	02:23:46	02:23:35
298	54	268	71	3122	Kwint, Arjen	Artemis WInsum	M 45	02:23:46	02:23:26
299	8	269	54	3673	Masch, Holger	Stella Bevergern	M 60	02:23:52	02:23:37
300	53	270	65	3602	Masselink, René	RST Enschede	M 50	02:24:05	02:23:10
301	23	271	61	3465	Fleiß, Hermann	LSF Münster	M 55	02:24:13	02:23:38
302	8	31	70	3201	Schumann, Moni	Die VitaSol Krabbelgruppe	W 45	02:24:13	02:23:34
303	9	32	72	3809	Sand, Gosia	Teuto Runner	W 45	02:24:37	02:24:32
304	44	272	82	3956	Düwell, Patrick		M 35	02:24:42	02:23:41
305	55	273	71	3334	Busboom, wilfried	Jümmelopers	M 45	02:24:45	02:24:02
306	24	274	59	3672	Deiting, Thomas	Stella Bevergern	M 55	02:24:46	02:23:43
307	8	33	68	3314	Egbert, Heike	Ibbenbüren	W 50	02:24:46	02:23:38
308	10	34	71	3567	Meier, Sandra	Osnabrücker SC	W 45	02:24:47	02:23:54
309	54	275	67	3641	Veltmaat, Frank	LC Nordhorn	M 50	02:25:03	02:24:32

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	9	276	58	3208	Mevenkamp, Bernd	DJK Coesfeld	M 60	02:25:05	02:24:39
311	55	277	66	3401	Pingel, Stefan	LEX Bocholt Running Team	M 50	02:25:13	02:24:46
312	30	278	75	3762	Brune-Suszka, Andre	SWO Lauftreff Osterfeine	M 40	02:25:15	02:24:51
313	11	35	69	3969	Peller-Tölle, Kerstin		W 45	02:25:26	02:24:57
314	56	279	65	3940	Damm, Hermut	Rapid Ramirez	M 50	02:25:28	02:25:02
315	45	280	79	3464	Eichendorff, Daniel	LSF Münster	M 35	02:25:29	02:24:24
316	57	281	65	3942	Klöpper, Michael	LG Emsdetten	M 50	02:25:32	02:24:53
317	56	282	70	3185	Mönnig, Ted	Burgläufer Dinklage	M 45	02:25:44	02:25:07
318	46	283	82	3410	Westfechtel, Jörg	LG Ems Warendorf	M 35	02:25:46	02:25:18
319	57	284	70	3695	bartkowski, Markus	SUS PHÖNIX BIELEFELD 09	M 45	02:25:47	02:25:22
320	25	285	63	3456	Baldrich, Frank	LippeRunners Werne	M 55	02:25:49	02:25:25
321	1	36	96	3719	Arkenberg, Sophia	SV Falke Steinfeld	W U23	02:25:56	02:25:42
322	58	286	68	3265	Visse, Jürgen	Grün-Weiß Steinbeck	M 50	02:25:58	02:24:54
323	5	37	60	3243	de Buhr, Herta	Fortuna Logabirum	W 55	02:26:00	02:25:49
324	26	287	59	3408	Roes, Frank	LG Ems Warendorf	M 55	02:26:03	02:25:41
325	59	288	68	3322	Bachmann, Volker	Ibbenbüren	M 50	02:26:06	02:25:20
326	27	289	63	3761	Weßling, Michael	SVA Salzbergen	M 55	02:26:08	02:25:39
327	3	38	91	3406	Gora, Silvia	LG Ems Warendorf	W HK	02:26:15	02:25:46
328	60	290	64	3590	Inberg, Gerard	Reestrainers	M 50	02:26:17	02:26:01
329	31	291	74	3663	Hachmeister, Bastian	LG Oerlinghausen	M 40	02:26:18	02:26:08
330	12	39	69	3436	Köneke, Antje	LG Oerlinghausen	W 45	02:26:18	02:26:09
331	28	292	63	3927	Bernert, Olaf	Viking Strollers	M 55	02:26:21	02:25:28
332	4	40	85	3965	Kranz, Birgit		W 30	02:26:29	02:26:01
333	58	293	73	3453	Pöhl, Andre	LG Weidmüller	M 45	02:26:31	02:25:57
334	59	294	72	3606	Siekmann, Arne	LC 92 Bad Salzuflen	M 45	02:26:31	02:26:01
335	10	295	56	3724	Hansen, Uwe	SV Kirchboitzen	M 60	02:26:33	02:25:51
336	9	41	67	3645	Turow-Gaszczak, Michaela	Schloß Holte	W 50	02:26:35	02:25:47
337	5	296	51	3279	Studt, Jochen	Halle	M 65	02:26:35	02:26:10
338	10	42	68	3389	Bremer , Bettina	Lc solbad ravenberg	W 50	02:26:35	02:26:11
339	29	297	60	3725	Hellmann, Andreas	SV Ofenerdiek	M 55	02:26:39	02:25:42
340	60	298	72	3675	Reimelt, Thomas	Stella Bevergern	M 45	02:26:43	02:25:54
341	61	299	70	3170	Strelow, Ecki	Bridgets Barbecue Buddies	M 45	02:26:49	02:25:40
342	47	300	80	3690	Kubierske, Jörg	SUS Legden	M 35	02:26:51	02:26:23
343	32	301	76	3651	Höing, Karsten	SG Borken	M 40	02:26:54	02:26:12
344	61	302	64	3650	Hater, Andreas	SG Borken	M 50	02:26:56	02:26:10
345	11	43	68	3869	Appelhans, Tatjana	TV Georgsmarienhütte	W 50	02:26:58	02:26:24
346	62	303	66	3698	Brink, Helmut	SV Bokeloh	M 50	02:27:00	02:26:17
347	62	304	69	3297	Bohlken, Matthias	HB	M 45	02:27:06	02:26:04
348	13	44	73	3244	de Groot, Elke	Fortuna Logabirum	W 45	02:27:07	02:26:55
349	30	305	61	3584	Kranzmann, Michael	RC Jöllenbeck	M 55	02:27:09	02:26:11
350	1	45	49	3868	Horst, Hannelore	TV Georgsmarienhütte	W 65	02:27:18	02:26:59
351	63	306	64	3572	Oelgemöller, Dieter	PC Telgte	M 50	02:27:37	02:27:28
352	11	307	56	3712	Völkert, Clemens	SV Dickenberg	M 60	02:27:51	02:27:19
353	63	308	70	3307	Lindemann, Udo	Hopsten	M 45	02:27:58	02:27:16
354	33	309	74	3469	May, Detlev	LSF Münster	M 40	02:28:00	02:27:21
355	64	310	64	3227	Brinkmann, Klaus	ETuS Rheine	M 50	02:28:10	02:27:23
356	31	311	60	3597	Gremm, Burkhard	Rhönläufer	M 55	02:28:12	02:27:54
357	34	312	74	3524	Dijkman, Wouter	MPM Hengelo	M 40	02:28:15	02:28:02
358	35	313	77	3301	Groeneveld, Herman	Hengelo	M 40	02:28:15	02:28:01
359	14	46	72	3446	Schulz, Lisa	LG Rheine-Elte	W 45	02:28:20	02:27:16
360	36	314	74	3240	Kissel, Paul	Feuerwehr Bielefeld MT	M 40	02:28:38	02:27:37
361	48	315	81	3161	Hater, Dennis	Borussia Münster	M 35	02:28:39	02:28:19

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	65	316	65	3434	Uckelmann, Bernhard	LG Marienfeld	M 50	02:28:40	02:27:41
363	66	317	64	3418	Kroening, Ralf	LG Emsdetten	M 50	02:28:47	02:28:17
364	67	318	68	3696	Rietfort, Hermann	SuS Stadtlohn	M 50	02:28:58	02:28:09
365	38	319	88	3738	Kerk, Raphael	SV Teuto Riesenbeck	M 30	02:29:05	02:28:24
366	68	320	66	3131	Trittel, Stephan	Bad Iburg	M 50	02:29:07	02:28:34
367	69	321	65	3146	Müller, Mario	Biofino/OG Hannover	M 50	02:29:12	02:28:44
368	12	47	65	3164	Bösmann, Anke	Bremen	W 50	02:29:21	02:28:52
369	32	322	59	3603	Tiemes, Alex	RST Enschede	M 55	02:29:28	02:28:28
370	6	48	81	3284	Orilski, Judith	Hannover 96 Triathlon	W 35	02:29:28	02:28:27
371	70	323	64	3335	Welkener, Jürgen	Just for fun	M 50	02:29:37	02:28:49
372	12	324	55	3560	Wanstrath, Johannes	Osnabrück	M 60	02:29:50	02:29:27
373	71	325	65	3400	Dettmer, Thorsten	Leinerstift e.V.	M 50	02:29:54	02:29:03
374	17	326	89	3780	Osthues, Stephan	Team Seegerlinge	M HK	02:29:55	02:29:01
375	3	49	76	3205	Heitkamp, Sonja		W 40	02:29:58	02:29:23
376	15	50	70	3644	Weidemann, Heike	SCA Altenrheine	W 45	02:30:12	02:29:51
377	5	51	88	3440	Arndt , Carolin	LG Oerlinghausen	W 30	02:30:14	02:30:02
378	49	327	83	3437	Kupka, Martin	LG Oerlinghausen	M 35	02:30:14	02:30:02
379	33	328	63	3433	Strototte, Martin	LG Marienfeld	M 55	02:30:14	02:29:17
380	50	329	81	3193	Kleemann, Rüdiger	Crespel & Deiters	M 35	02:30:39	02:29:34
381	72	330	67	3746	Poggemann, Martin	SV Teuto Riesenbeck	M 50	02:30:45	02:29:59
382	4	52	76	3384	Hollensteiner, Katja	LC 92 Bad Salzuflen	W 40	02:30:45	02:30:19
383	13	331	57	3442	Zantop , Bernd	LG Oerlinghausen	M 60	02:31:08	02:30:57
384	39	332	85	3118	Kappelhoff, Christof	Adler Weseke	M 30	02:31:24	02:31:18
385	4	53	92	3669	Koller, Sina	Stadthagen	W HK	02:31:28	02:30:46
386	37	333	77	3529	Brockmann, Torsten	Münster	M 40	02:31:30	02:30:41
387	51	334	82	3188	Kleffmann, Bernd	BW Oberbauerschaft	M 35	02:31:35	02:31:19
388	73	335	67	3346	Schumacher, Ingo	Laufen rund um Münster	M 50	02:31:37	02:30:53
389	38	336	74	3375	Kleinert, Matthias	Lauftreff Lüdinghausen / runningB	M 40	02:31:40	02:31:12
390	39	337	76	3533	Pröhl, Oliver	Münster	M 40	02:31:48	02:30:58
391	6	54	87	3979	Witt, Stephanie		W 30	02:31:49	02:30:46
392	34	338	61	3800	Blum, Bernd	Teuto Runner	M 55	02:31:56	02:31:39
393	13	55	66	3801	Blum, Alexandra	Teuto Runner	W 50	02:31:56	02:31:39
394	35	339	60	3405	Düpmeier, Armin	LG Ems Warendorf	M 55	02:31:58	02:31:30
395	18	340	89	3130	Pferdekemper, Sebastian		M HK	02:32:02	02:31:23
396	5	56	75	3438	Wehmeier, Michaela	LG Oerlinghausen	W 40	02:32:15	02:32:03
397	74	341	65	3439	Wehmeier, Olaf	LG Oerlinghausen	M 50	02:32:15	02:32:03
398	36	342	61	3466	Grüger, Magnus	LSF Münster	M 55	02:32:17	02:31:09
399	64	343	73	3833	Epke, Maik	Triteam-dissen	M 45	02:32:24	02:31:54
400	40	344	78	3241	Trautmann, Sebastian	Feuerwehr Brochterbeck	M 40	02:32:36	02:31:30
401	65	345	73	3372	Große Osterholt, Markus	Lauftreff Hohenholte	M 45	02:32:41	02:31:51
402	7	57	79	3356	Thiem, Katja	Laufjunkies Hamburg	W 35	02:32:53	02:31:36
403	66	346	71	3430	Claas, Eugen	LG Marienfeld	M 45	02:32:55	02:31:55
404	75	347	67	3697	Kreysing , Karsten	SV 06 Oetinghausen -TEA	M 50	02:33:09	02:32:29
405	6	58	76	3303	Karabegovic, Elvira	Herford	W 40	02:33:10	02:32:25
406	41	348	76	3145	Beune, Michael	Bielefeld	M 40	02:33:24	02:32:29
407	42	349	74	3450	Schmidt, Heiner	LG Uplengen	M 40	02:33:28	02:32:36
408	76	350	65	3630	Dyckhoff, Reinhard	SC Falke Saerbeck	M 50	02:33:30	02:32:49
409	14	59	67	3588	Bouwer-Prins, Jinny	reestrunkers	W 50	02:33:31	02:33:14
410	40	351	84	3778	Graf, Janosch	Team Seegerlinge	M 30	02:33:37	02:32:47
411	52	352	79	3970	Rieskamp, Stefan Ferdinand		M 35	02:33:37	02:33:03
412	43	353	74	3125	de Vos, Laurens	Athletics	M 40	02:33:55	02:33:04
413	37	354	60	3753	van den Berg, Jürgen	SV Teuto Riesenbeck	M 55	02:33:58	02:33:15



Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	38	355	60	3642	Schmidt, Klaus	SC-Altenrheine	M 55	02:33:58	02:33:06
415	15	60	67	3880	Krey, Hilde	TV Jahn Rheine	W 50	02:33:58	02:32:53
416	67	356	72	3798	Finkeldey, Frank	Teuto Run and Fun Bielefeld	M 45	02:34:05	02:33:16
417	68	357	73	3744	Bartsch, Andreas	LG Emsdetten	M 45	02:34:06	02:33:26
418	14	358	55	3655	Hövelmann, Leonhard	SG Suderwich	M 60	02:34:15	02:33:49
419	16	61	67	3849	Bärwald, Brigitte	Turboschnecke	W 50	02:34:23	02:33:37
420	17	62	68	3806	Lockwood , Nicola	Teuto Runner	W 50	02:34:23	02:34:19
421	18	63	66	3296	Rosentreter, Beate	Haxter Lauffreunde Paderborn	W 50	02:34:48	02:33:54
422	39	359	59	3573	Ottensmann , Manfred	PC Telgte	M 55	02:34:52	02:34:42
423	19	64	66	3416	Heukamp, Birgit	LG Emsdetten	W 50	02:35:16	02:34:38
424	40	360	59	3338	Hevink, Hans	LAAC Twente	M 55	02:35:22	02:34:21
425	8	65	79	3717	Goosmann, Miriam	SV ESCHE	W 35	02:35:28	02:34:58
426	44	361	74	3638	Uphoff , Matthias	SC Sperlingsgrund	M 40	02:35:44	02:34:52
427	41	362	87	3190	Loheide, Tim	BW Oberbauerschaft	M 30	02:35:44	02:35:29
428	77	363	67	3413	Stenkamp , Joerg	LG Ems Warendorf	M 50	02:35:52	02:35:29
429	78	364	65	3481	Erlacher, Robert	LSF Oldenburg	M 50	02:36:09	02:35:31
430	15	365	56	3601	Hullegie, Otger	RST	M 60	02:36:10	02:35:13
431	79	366	66	3354	Rose , Norbert	Lauffreunde Gremmendorf	M 50	02:36:14	02:35:31
432	7	66	74	3147	Hermes, Marion	Bippen	W 40	02:36:16	02:35:13
433	6	67	63	3480	Heuer, Barbara	Lsf Münster	W 55	02:36:29	02:35:21
434	80	367	65	3557	Lüngen, Markus	Osnabrück	M 50	02:36:50	02:36:16
435	41	368	60	3941	Greß, Werner	Westfalia 07 Hopsten	M 55	02:36:50	02:35:40
436	16	369	54	3373	Dreisbach, Gerd	Laufftreff Hohenholte	M 60	02:36:51	02:36:01
437	8	68	77	3222	Schievelkamp , Ramona	Emsstern Rheine	W 40	02:36:58	02:36:36
438	53	370	80	3300	Nielaender, Stefan	Heimat-Clique-Elte	M 35	02:37:01	02:36:26
439	9	69	80	3545	Adrian, Kathrin	NoseKäng	W 35	02:37:01	02:36:00
440	7	70	61	3393	Kampmann , Andrea	LC Solbad Ravensberg	W 55	02:37:03	02:36:26
441	9	71	75	3836	Mönnig, Anke	TSG 07 Burg Gretesch	W 40	02:37:04	02:35:55
442	20	72	67	3634	Leyer, Astrid	SC Falke Saerbeck	W 50	02:37:21	02:36:40
443	69	371	71	3794	Wüstemann, Andre	Teuto Run and Fun	M 45	02:37:21	02:36:15
444	70	372	70	3186	Holtmeyer, Markus	BW Hollage	M 45	02:37:24	02:37:06
445	16	73	70	3582	Just, Angelika	Raesfeld	W 45	02:37:28	02:37:07
446	8	74	59	3487	Fritzemeier, Christiane	LT Bernd Huebner Berlin	W 55	02:37:39	02:36:43
447	81	373	66	3850	Budzinski, Jörg	TuS Altenberge 09	M 50	02:37:40	02:36:34
448	82	374	67	3520	Overberg, Wolfgang	Mettingen	M 50	02:37:41	02:36:32
449	21	75	67	3713	Völkert, Silvia	SV Dickenberg	W 50	02:37:53	02:37:19
450	83	375	65	3785	Hitt, Martin	Telgte	M 50	02:37:55	02:37:42
451	84	376	68	3916	Sommerfeld, Klaus		M 50	02:37:57	02:37:02
452	42	377	63	3911	Albers, Hermann		M 55	02:37:57	02:37:01
453	45	378	74	3176	Wesselmann, Stefan	BSG Laufen Fiducia GAD	M 40	02:38:16	02:38:00
454	22	76	65	3276	Ernst, Jozina	HAC63	W 50	02:38:22	02:38:11
455	23	77	65	3274	Booijink, Marian	Hac63	W 50	02:38:22	02:38:06
456	46	379	76	3325	Ottink, Mirco	Ich ganz allein	M 40	02:38:23	02:37:21
457	85	380	67	3890	Nospickel, Markus	TV Mettingen	M 50	02:38:24	02:37:14
458	5	78	90	3503	Keller, Linda	Marathon Ibbenbüren	W HK	02:38:51	02:37:51
459	47	381	75	3444	Brüning, Markus	LG Rheine-Elte	M 40	02:38:56	02:37:53
460	86	382	65	3589	de Boer, eddy	Reestrunkers	M 50	02:39:01	02:38:42
461	19	383	91	3195	Dressler, Patrick	d.veop	M HK	02:39:10	02:38:38
462	20	384	91	3192	Wentzien, Marcel	connectiv! LäuferBeiUns	M HK	02:39:10	02:38:30
463	87	385	67	3576	Suelmann, Reinhard	Piesberger SV	M 50	02:39:21	02:38:14
464	43	386	63	3395	Morisse, Karsten	LC Solbad Ravensberg	M 55	02:39:22	02:38:15
465	24	79	66	3350	Lübbers, Claudia	Lauffreunde Emsland	W 50	02:39:29	02:38:54

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	6	387	51	3776	Frohne, Franz-Josef	Team Laufen os de Osnabrue	M 65	02:39:36	02:39:10
467	48	388	74	3732	Dierkes, Thorsten	SV Teuto Riesenbeck	M 40	02:39:40	02:38:41
468	21	389	95	3548	Lowski, Jann	Oldenburg	M HK	02:39:49	02:39:14
469	10	80	74	3468	Kolar, Miriam	LSF Münster	W 40	02:39:58	02:38:52
470	6	81	95	3665	Buss, Kristin		W HK	02:40:11	02:39:23
471	7	390	49	3495	Wolfrom, Peter	LT SCHOPPENSTECHE	M 65	02:40:22	02:39:10
472	88	391	67	3915	Hennecke, Michael	VfL Lingen	M 50	02:40:36	02:39:46
473	44	392	62	3919	Sentker, Ralf	VfL Lingen	M 55	02:40:36	02:39:47
474	49	393	78	3473	Schlüter, Carsten	LSF Münster	M 40	02:40:38	02:39:33
475	89	394	68	3510	Weiß, Wilfried	Marathon Steinfurt	M 50	02:40:51	02:40:10
476	25	82	65	3273	Hooge, Henriëtte	Hac 63	W 50	02:41:00	02:40:42
477	17	83	72	3887	Haarmeyer, Birgit	TV Mettingen	W 45	02:41:08	02:39:59
478	90	395	65	3378	Decker, Richard	Laufftreff SW Osterfeine	M 50	02:41:09	02:40:10
479	18	84	69	3351	Stroot, Sonja	Lauffreunde Emsland	W 45	02:41:17	02:40:41
480	26	85	65	3930	Lange, Manuela	Warburg SV 1884	W 50	02:41:35	02:40:43
481	1	86	56	3123	Schneedhorst, Ute	asg-weitwärts	W 60	02:41:47	02:41:11
482	7	87	88	3429	Büchter, Christin	LG Klippensteiger	W 30	02:41:51	02:41:26
483	42	396	85	3174	Kitroschat, Maik	BSG Kreissparkasse Steinfurt	M 30	02:41:52	02:41:27
484	27	88	66	3527	Bickmann, Birgit	Münster	W 50	02:42:00	02:41:42
485	91	397	67	3808	Osiander, Andreas	Teuto Runner	M 50	02:42:05	02:41:26
486	19	89	69	3973	Schmidt, Birgit		W 45	02:42:16	02:41:53
487	92	398	65	3928	Klossner, Stefan	Vitasol Krabbelgruppe	M 50	02:42:21	02:41:43
488	45	399	61	3402	Sander, Dietmar	LG Burg Wiedenbrück	M 55	02:42:29	02:41:39
489	71	400	69	3700	Tietz, Udo	SV Bokeloh	M 45	02:42:46	02:42:04
490	22	401	95	3701	Frühling, Uwe	Lionsclub Ihlow-Südbrookenerland	M HK	02:42:46	02:42:03
491	28	90	67	3910	Becker, Claudia	VfL Lingen	W 50	02:43:01	02:42:06
492	10	91	83	3835	Marwitz, Anja	TSG 07 Burg Gretesch	W 35	02:43:06	02:41:57
493	46	402	62	3231	von der Straten, Thomas	ETuS Rheine	M 55	02:43:08	02:42:04
494	50	403	78	3948	Londa, Andre	Wuppertal	M 40	02:43:18	02:42:24
495	9	92	63	3478	Tertünste, Annette	LSF Münster	W 55	02:43:24	02:42:18
496	51	404	78	3653	Stork, Andre	SG Borken	M 40	02:43:31	02:43:00
497	93	405	65	3580	Sträter, Jan	Quakenbrücker SC 99	M 50	02:43:38	02:42:37
498	47	406	62	3233	Reiners, Andreas	ETuS Rheine	M 55	02:43:58	02:42:54
499	72	407	69	3183	Korte, Frank	BSV Ostbevern	M 45	02:44:06	02:43:17
500	48	408	60	3797	Kley, Detlef	Teuto Run and Fun Bielefeld	M 55	02:44:11	02:42:56
501	7	93	93	3531	Otto, Jennifer	Münster	W HK	02:44:31	02:43:59
502	8	94	92	3536	Wesseln, Giulia	Münster	W HK	02:44:31	02:43:59
503	20	95	72	3245	Potthast, Hiltrud	Fortuna Logabirum	W 45	02:44:51	02:43:58
504	11	96	77	3247	Vierkant, Kerstin	Fortuna Logabirum	W 40	02:44:52	02:43:59
505	29	97	67	3788	Paulsen, Susanne	Teuto Run & Fun	W 50	02:44:59	02:43:54
506	52	409	77	3191	Rautenberg, Jens	connectiv! LäuferBeiUns	M 40	02:45:15	02:44:35
507	11	98	81	3352	Zobjack, Sabrina	Lauffreunde Emsland	W 35	02:45:20	02:44:24
508	12	99	80	3399	Werps, Marijke	leeuwarden	W 35	02:45:24	02:44:55
509	17	410	54	3980	Janßen, Hermann	Marathon Steinfurt	M 60	02:45:54	02:45:13
510	8	411	53	3709	Raschke, Ludger	SV Dickenberg	M 65	02:46:03	02:45:15
511	94	412	68	3793	Thöne, Stefan	Teuto Run And Fun	M 50	02:46:14	02:45:10
512	95	413	64	3859	Sroka, Stefan	TuS Altenberge 09	M 50	02:46:16	02:45:08
513	8	100	84	3654	Wewers, Nicola	SG Borken	W 30	02:46:21	02:45:48
514	73	414	70	3777	Neuhaus, Stefan	Team Oltax	M 45	02:46:22	02:45:35
515	96	415	65	3881	Heming, Ingo	TV Iengerich	M 50	02:46:33	02:46:05
516	9	101	90	3157	Deistler, Alena	Boksee	W HK	02:46:38	02:45:34
517	18	416	57	3214	Bode, Andreas	DUV	M 60	02:46:38	02:45:33

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	97	417	68	3200	Deutermann, Oliver	Die VitaSol Krabbelgruppe	M 50	02:46:48	02:46:08
519	1	418	47	3422	Venker, Paul	LG Emsdetten	M 70	02:47:15	02:46:07
520	53	419	76	3321	Suliga, Pawel	Ibbenbüren	M 40	02:47:20	02:47:01
521	74	420	70	3379	Dickmajer, Olaf	Laufftreff SW Osterfeine	M 45	02:47:22	02:46:22
522	98	421	66	3767	Krause, Joachim	team erdinger alkoholfrei	M 50	02:47:34	02:46:25
523	30	102	67	3768	Krause, Martina	team erdinger alkoholfrei	W 50	02:47:34	02:46:25
524	19	422	55	3967	Niekerke, Herbert		M 60	02:47:37	02:46:31
525	20	423	57	3210	Nientiedt, Klaus	DJK Dyckburg Münster	M 60	02:47:38	02:46:32
526	75	424	72	3508	Leugers, Norbert	Marathon Steinfurt	M 45	02:47:52	02:46:59
527	76	425	72	3985	Kleimeyer, Andre	Team Goethe	M 45	02:48:03	02:47:28
528	2	103	58	3825	Körner-Downes, Monika	Tri Team TG Lage	W 60	02:48:08	02:47:31
529	21	104	70	3847	Wang, Yun	Turbine Tönsberg	W 45	02:48:10	02:46:59
530	22	105	71	3591	van Elven, Hèlen	Reestrunters	W 45	02:48:16	02:48:00
531	23	106	70	3277	Vos, Manon	Hac63	W 45	02:48:17	02:48:04
532	99	426	67	3288	Weßeler, Markus	Hardseemafia Triathlon	M 50	02:48:21	02:47:48
533	24	107	70	3355	Depenbrock, Peggy	Laufgemeinschaft Oerlinghausen	W 45	02:48:33	02:48:10
534	21	427	57	3876	Laig, Uwe	TV Hohne	M 60	02:48:34	02:47:18
535	77	428	70	3755	Westermann , Robert	SV Teuto Riesenbeck	M 45	02:48:49	02:47:52
536	13	108	83	3923	Barlage, Susi	Acitve Sportshop OS	W 35	02:49:04	02:48:48
537	9	429	50	3506	Ebbing, Rolf	Marathon Steinfurt	M 65	02:49:15	02:48:30
538	22	430	57	3863	Schluer, Thomas	TuS Hiltrup	M 60	02:49:27	02:48:46
539	25	109	71	3889	Marin, Ute	TV Mettingen	W 45	02:49:32	02:48:25
540	78	431	69	3894	Schröer, Rainer	TV Mettingen	M 45	02:49:32	02:48:23
541	12	110	76	3259	Bühren, Melanie	Grün-Weiß Steinbeck	W 40	02:49:35	02:48:34
542	13	111	74	3983	Hespeling, Sandra	G-W Steinbeck	W 40	02:49:35	02:48:33
543	23	432	58	3912	Albers, Herbert		M 60	02:50:32	02:49:40
544	31	112	64	3819	Säfken, Michaela	TG Lage	W 50	02:50:32	02:49:45
545	79	433	72	3159	Forster, Jürgen	Borbecker Raketen Essen	M 45	02:50:51	02:49:39
546	14	113	80	3947	Plaskaty, Kathrin	WSU- LG- Ems	W 35	02:51:01	02:50:34
547	80	434	69	3846	Thomas, Uwe	Turbine Tönsberg	M 45	02:51:31	02:50:20
548	49	435	63	3848	Pech-Larisch, Tassilo	Turbine Tönsberg / Team Erdinger	M 55	02:51:52	02:50:41
549	23	436	92	3750	Schluch, Pascal	SV Teuto Riesenbeck	M HK	02:51:53	02:51:09
550	100	437	67	3616	Neils , Oliver	SC Achmer	M 50	02:52:13	02:51:17
551	26	114	72	3398	Strauß, Steffi	LC92 Bad Salzuflen	W 45	02:52:41	02:51:58
552	32	115	64	3204	Steeb , Bea	Die VitaSol Krabbelgruppe	W 50	02:52:49	02:52:08
553	27	116	70	3771	Hangen, Tomma	Team Laufrausch	W 45	02:52:54	02:51:55
554	54	438	78	3972	Schepers, Thomas		M 40	02:53:31	02:52:28
555	101	439	66	3787	Paulsen, Jens	Teuto Run & Fun	M 50	02:53:35	02:52:30
556	2	440	45	3820	Trierweiler, Dieter	TG Lage	M 70	02:53:43	02:52:55
557	15	117	79	3242	Bangert, Jennifer	Fortuna Logabirum	W 35	02:53:48	02:52:54
558	54	441	80	3369	Stückmann, Dirk	Laufftreff Greven	M 35	02:54:36	02:53:46
559	102	442	65	3376	Schütte , Wolfgang	Laufftreff Molitor	M 50	02:54:36	02:53:38
560	55	443	77	3421	Magnus, Dirk	LG Emsdetten	M 40	02:55:32	02:54:25
561	33	118	66	3913	Euskirchen, Conny	VfL Lingen	W 50	02:55:58	02:55:04
562	103	444	64	3246	ter Fehr, Heino	Fortuna Logabirum	M 50	02:56:34	02:55:36
563	10	119	62	3209	van Treeck, Simone	DJK Coesfeld	W 55	02:56:46	02:55:46
564	43	445	85	3280	Schwegmann, Bernd	Hamburg	M 30	02:56:59	02:56:11
565	44	446	87	3555	Kwasinski, Thomas	Osnabrück	M 30	02:56:59	02:56:12
566	34	120	67	3791	Pahmeyer, Martina	Teuto Run and Fun	W 50	02:57:38	02:56:45
567	14	121	78	3610	Lenfort, Andrea	Run4Fun Greven e.V.	W 40	02:57:40	02:56:54
568	15	122	78	3141	Rodloff, Kathrin	Bielefeld	W 40	02:57:40	02:56:44
569	81	447	69	3799	Horstkotte, Lutz	Teuto Run and Fun/TEA	M 45	02:57:40	02:56:38

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
570	82	448	72	3383	Held, Christian	LC 92 Bad Salzuflen	M 45	02:57:49	02:57:19
571	35	123	67	3262	Heemann, iris	Grün-Weiß Steinbeck	W 50	02:58:30	02:57:30
572	10	124	92	3540	Veltmann, Marie	Niedersachsen - Osnabrück	W HK	02:59:17	02:58:34
573	16	125	77	3119	Hauptmann, Antje	Aktivo	W 40	02:59:17	02:58:40
574	28	126	73	3371	Frisse, Petra	Lauftreff Hohenholte	W 45	02:59:36	02:58:29
575	3	449	47	3877	Niesen, Wilfried	TV Hohne	M 70	02:59:44	02:59:20
576	50	450	60	3486	Thater, Ralf	LSF Oldenburg	M 55	03:00:42	02:59:44
577	9	127	84	3212	Schönefeld, Petra	Dortmund	W 30	03:00:44	02:59:45
578	4	451	96	3336	Breitenfeld, Florian	Kneipe72	M U23	03:01:56	03:01:47
579	36	128	68	3792	Schröder, Andrea	Teuto Run and Fun	W 50	03:02:37	03:01:32
580	29	129	70	3197	Lau, Tong-Sja	De Wijk	W 45	03:04:44	03:04:28
581	11	130	89	3951	Balkhaus, Ricarda		W HK	03:09:39	03:08:55
582	30	131	71	3169	Leifeld, Bridget	bridgets Barbecue Buddies	W 45	03:09:39	03:08:30
583	17	132	75	3202	Brunemeier-Knies, Nicole	Die ViTaSol Krabbelgruppe	W 40	03:20:41	03:19:58