

4. Ibbenbürener Klippenlauf

Klippenlauf 24,7 Km

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	82	1690	Wagemaker, Simon	SVA Salzbergen	M 30	01:40:21	01:40:19
2	1	2	72	1189	Schuler, Markus	freaks-of-running.de	M 40	01:41:17	01:41:16
3	1	3	80	1486	Windoffer, Patrick	SV Teuto Riesenbeck	M 35	01:41:50	01:41:47
4	2	4	84	1341	Haase, Jens	freaks-of-running.de	M 30	01:43:15	01:43:13
5	1	5	63	1815	Igelbrink, Hans Peter	TV Georgsmarienhütte	M 50	01:46:10	01:46:03
6	1	6	67	1308	Prinz, Oliver	LSF Münster	M 45	01:47:37	01:47:35
7	2	7	70	1801	Konermann, Michael	Rennschweine Greffen	M 45	01:48:15	01:48:12
8	3	8	67	1198	Mende, Uwe	TriFinish Münster	M 45	01:49:08	01:49:02
9	2	9	80	1688	Feldschnieders, Mark	LC Nordhorn	M 35	01:49:19	01:48:47
10	3	10	83	1392	Wulfmeyer, Henning	Bielefeld	M 30	01:49:23	01:49:18
11	2	11	71	1317	Richter, Ingo	Marathon Ibbenbüren	M 40	01:50:20	01:49:54
12	3	12	76	1788	Steffen, Markus	SV Eintracht Neuenkirchen	M 35	01:50:42	01:50:41
13	4	13	85	1286	Busse, Eike		M 30	01:50:46	01:50:32
14	5	14	84	1950	Krampe, Sebastian	WSU Tri-Team Warendorf	M 30	01:51:30	01:51:22
15	1	15	88	1955	Damm, Simon	Triathlon TEAM TG Witten	M HK	01:51:38	01:51:35
16	4	16	66	1493	Avermann, Jörg	SC Herringhausen	M 45	01:52:57	01:52:44
17	2	17	87	1747	Jürgens, Markus	LG Emsdetten	M HK	01:53:07	01:53:06
18	3	18	86	1150	Schulenberg, Andre		M HK	01:53:10	01:52:59
19	3	19	71	1708	Ransiek, Stefan	VfL Holsen	M 40	01:53:13	01:53:06
20	4	20	71	1195	Plett, Christian		M 40	01:53:16	01:53:13
21	2	21	65	1225	Trumpp, Henning		M 50	01:53:18	01:53:15
22	3	22	62	1900	Meyer, Andreas	BSG Westfalen AG	M 50	01:53:18	01:53:13
23	5	23	68	1521	Buntenkötter, Achim	LV Oelde	M 45	01:53:18	01:53:12
24	6	24	68	1942	Dijkslag, Gerrit	AVA'70	M 45	01:53:19	01:53:09
25	5	25	74	1425	Mußnug, Oliver	TSVE 1890 Bielefeld	M 40	01:53:20	01:53:13
26	1	1	92	1889	Straeten, Frederike Anne	LG Brillux Münster	W HK	01:53:24	01:53:21
27	4	26	77	1910	Schmitt, Michael	TuS Valmetal	M 35	01:53:38	01:53:34
28	7	27	69	1340	Wallmeier, Bernd	SV Teuto Riesenbeck	M 45	01:53:44	01:53:40
29	1	28	52	1406	Engeländer, Goar	Haxter Lauffreunde Paderborn	M 60	01:54:17	01:53:38
30	1	29	57	1251	Küpker, Heinz		M 55	01:54:31	01:53:58
31	4	30	63	1377	Alke, Burkhard	Rennschweine Greffen	M 50	01:55:04	01:54:52
32	6	31	85	1285	Gebhardt, Jens		M 30	01:55:08	01:54:46
33	6	32	72	1635	Görllich, Reiner	TV Hohne	M 40	01:55:59	01:55:56
34	5	33	80	1401	Schnieders, Thomas	1.TC Oldenburg	M 35	01:56:15	01:56:14
35	6	34	79	1265	Dohe, Christian		M 35	01:56:26	01:56:10
36	7	35	71	1787	Köll, Stefan	LSF Natbergen	M 40	01:56:28	01:56:14
37	8	36	70	1460	Weddewer, Andreas	VfL Ahaus	M 45	01:56:40	01:56:39
38	7	37	79	1342	Haase, Karsten	Freaks-of-running.de	M 35	01:56:42	01:56:41
39	5	38	65	1301	Bales, Stefan	LSF Münster	M 50	01:56:44	01:56:34
40	9	39	70	1413	Herbert, Stephan	SC Nordwalde	M 45	01:56:46	01:56:34
41	1	2	85	1412	Bußmann, Marie-Luise	LC Restekiste	W 30	01:56:47	01:56:40
42	10	40	68	1122	Schmiing, Reinhard	LSF Münster	M 45	01:56:56	01:56:48
43	1	3	74	1687	Postert, Christiane	LG Ems Warendorf	W 40	01:57:02	01:56:57
44	7	41	85	1923	Fender, Frederic		M 30	01:57:26	01:57:20
45	2	4	74	1289	Kösters, Bernadette	SV Teuto Riesenbeck	W 40	01:57:28	01:57:24
46	8	42	75	1734	Westerhoff, Ingo	LT Gnadenlos	M 40	01:57:33	01:57:23
47	6	43	64	1814	Pohl, Martin	TV Georgsmarienhütte	M 50	01:57:34	01:57:08
48	11	44	69	1865	Jeremies, Wolfgang	eat my dust,meppen	M 45	01:57:39	01:57:34
49	3	5	75	1954	Krüer, Cornelia	SV Teuto Riesenbeck	W 40	01:57:51	01:57:47

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	9	45	75	1533	Miethe, Frank	SV Teuto Riesenbeck	M 40	01:57:52	01:57:29
51	12	46	69	1616	Lenfort, Stefan	Nordwalde	M 45	01:57:55	01:57:43
52	8	47	79	1828	Brodka, Jens	LV Oelde	M 35	01:58:01	01:57:55
53	13	48	67	1509	Wendker, Thomas	Brock Rocks	M 45	01:58:05	01:57:52
54	8	49	81	1358	Müller, Benjamin	Münster	M 30	01:58:20	01:58:14
55	14	50	69	1237	Weigand, Michael	ATHALO	M 45	01:58:20	01:58:11
56	7	51	64	1550	Strathkötter, Gerd	Lc Solbad Ravensberg	M 50	01:58:25	01:58:16
57	15	52	69	1661	Wundergem, Henry	Loopgroep Voorthuizen	M 45	01:58:27	01:58:16
58	16	53	67	1649	Strübbe, Karl-Heinz	LC Nordhorn	M 45	01:58:43	01:58:37
59	2	54	57	1931	Pipers, Jos	Loopschool Slangenbeek	M 55	01:58:51	01:58:23
60	10	55	71	1913	Dennis, Ron	PSV Brilon	M 40	01:59:07	01:59:01
61	11	56	71	1196	Köhler, Olaf		M 40	01:59:07	01:59:01
62	8	57	61	1733	Lütkemeyer, Paul	SV Teuto Riesenbeck	M 50	01:59:12	01:59:07
63	17	58	69	1634	Brüseke, Andreas	TV Hohne	M 45	01:59:22	01:59:19
64	9	59	77	1653	Westermann, Tobias	LSF Münster	M 35	01:59:23	01:59:13
65	9	60	85	1970	Ventker, Stefan	BSV Brochterbeck	M 30	01:59:28	01:59:18
66	18	61	66	1914	Spilker, Martin	PSV Brilon	M 45	01:59:30	01:59:25
67	12	62	72	1580	Spilker, Oli		M 40	01:59:44	01:59:24
68	10	63	83	1699	Lünnemann, Günter		M 30	01:59:46	01:59:13
69	9	64	63	1872	Prange, Ulrich	LT Recklinghausen	M 50	01:59:55	01:59:46
70	10	65	77	1541	Bloch, Marcus	RWE Starlight Team Essen	M 35	02:00:03	01:59:52
71	4	66	92	1508	Spisla, Dominik		M HK	02:00:09	01:59:53
72	3	67	58	1917	Vitalijs, Deksnis	Bramscher Rumläufer	M 55	02:00:19	02:00:16
73	10	68	62	1981	Gottwald, Dieter	BSG KSK Steinfurt	M 50	02:00:45	02:00:41
74	19	69	70	1639	Niehörster, Nils		M 45	02:00:57	02:00:10
75	11	70	76	1953	Finke, Marcel	SV Eintracht Neuenkirchen	M 35	02:00:59	02:00:55
76	20	71	66	1682	Wille, Thomas	LG Emsdetten	M 45	02:01:11	02:00:58
77	21	72	68	1471	Kallenbach, Joachim	LV Oelde	M 45	02:01:42	02:01:35
78	22	73	66	1783	Finkelmann, Ralf	TUS Hiltrup	M 45	02:01:55	02:01:46
79	13	74	72	1655	Tormöhlen, Jörn	BSG Kreissparkasse Steinfurt	M 40	02:02:00	02:01:40
80	12	75	77	1911	Glombek, Patrick	PSV Brilon	M 35	02:02:01	02:01:56
81	13	76	77	1730	Berges, Andreas	LAC Spenge	M 35	02:02:03	02:01:58
82	14	77	72	1644	Voß, Lars	LG Ems Warendorf	M 40	02:02:13	02:02:07
83	15	78	74	1515	Reichert, Christian	Sudbrack-Läufer	M 40	02:02:33	02:02:18
84	4	79	59	1791	Deiting, Thomas	Stella Bevergern	M 55	02:02:35	02:01:59
85	23	80	69	1564	Bosse, Reiner	TV Kattenvenne	M 45	02:02:39	02:02:31
86	1	6	66	1613	Stöppler, Petra	Marathon Steinfurt	W 45	02:02:41	02:02:27
87	16	81	74	1144	Frohne, Marko	sportler 4 a childrens world	M 40	02:02:45	02:02:29
88	5	82	56	1867	Essing, Heinrich	Marathon Steinfurt	M 55	02:03:00	02:02:40
89	24	83	67	1952	souza, carlos	sockenräuber	M 45	02:03:00	02:02:36
90	25	84	67	1321	Frenzel, Volker		M 45	02:03:08	02:02:56
91	17	85	72	1578	Hussmann, Christoph	Hussmann Profilrollen Fröndenber	M 40	02:03:20	02:02:38
92	18	86	73	1746	Jäger, Jörg	SC Dörenthe	M 40	02:03:21	02:03:18
93	19	87	74	1749	Mielenhausen, Jan	ASFm Göttingen	M 40	02:03:37	02:03:28
94	11	88	62	1968	Simon, Hans-Peter		M 50	02:03:51	02:03:21
95	11	89	85	1288	Nitsche, Philip	TG Lage	M 30	02:03:57	02:03:40
96	26	90	68	1980	Woeltjes, Denis	AVA'70	M 45	02:04:06	02:03:57
97	20	91	75	1709	Güttersberger, Christian	Rennschweine Greffen	M 40	02:04:10	02:03:58
98	5	92	86	1498	Wickenbrock, Christoph	BSG Kreissparkasse Steinfurt	M HK	02:04:15	02:03:43
99	27	93	68	1848	Lörcks, Heiner	TuS Altenberge 09	M 45	02:04:21	02:03:45
100	14	94	80	1241	Achenbach , Marwin	LT Bittermark	M 35	02:04:23	02:04:18
101	28	95	68	1445	Hoppe, Ulrich	SC Falke Saerbeck	M 45	02:04:51	02:04:21

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	21	96	72	1244	Schmeink, Stefan	Mercedes Herbrand	M 40	02:05:06	02:05:00
103	22	97	71	1411	Bußmann, Christoph	LC Restekiste	M 40	02:05:27	02:05:06
104	12	98	64	1504	Elstrodt, Dieter	TV Mettingen	M 50	02:05:30	02:05:10
105	13	99	64	1672	Just, Roland	Kilometerfresser Wittringen	M 50	02:05:35	02:05:33
106	29	100	70	1802	Brink, Jan	SV Cosmos Getelo	M 45	02:05:53	02:05:47
107	30	101	69	1347	Abke, Reinhard	Lauffreunde Gremmendorf	M 45	02:05:54	02:05:39
108	14	102	65	1573	Penno, Hermann	BEWI run	M 50	02:05:58	02:05:50
109	23	103	72	1966	Latocha, Marek	ohne Verein	M 40	02:06:03	02:05:53
110	15	104	76	1470	Lüngen, Thorsten	Banana Running Team Bielefeld	M 35	02:06:08	02:05:56
111	15	105	63	1256	Hartmann, Uwe	Bippener SC	M 50	02:06:09	02:05:47
112	16	106	80	1618	Brischke, Marc		M 35	02:06:18	02:05:25
113	31	107	67	1948	Kordsmeyer, Michael	Stella Bevergern	M 45	02:06:29	02:06:22
114	32	108	69	1958	Kiene, Andreas	LG Hamm-Kamen-Holzwickede	M 45	02:06:36	02:06:17
115	33	109	68	1436	Beugholt, Thorsten	LG Oerlinghausen	M 45	02:06:42	02:06:13
116	17	110	77	1933	Bäthker, Hendrik	SC Altenrheine	M 35	02:06:47	02:06:42
117	16	111	65	1446	Neuhaus, Walter	PC Telgte	M 50	02:06:48	02:06:30
118	18	112	76	1591	Schaapman, Marten	-	M 35	02:06:49	02:06:15
119	34	113	66	1772	Schwarte, Christian	LG Emsdetten	M 45	02:06:58	02:06:55
120	17	114	65	1874	Terschluse, Jörg	RSF Südlohn	M 50	02:07:01	02:06:53
121	19	115	79	1642	Rücker, Jens	TV Hohne	M 35	02:07:17	02:07:13
122	6	116	92	1602	Pieper, Dennis	LG Emsdetten	M HK	02:07:20	02:06:54
123	20	117	80	1659	Jelier, Adri		M 35	02:07:25	02:07:13
124	24	118	73	1569	Wolf, Cornelius	BROCK ROCKS	M 40	02:07:36	02:07:21
125	25	119	75	1863	Guhra , Michael	-	M 40	02:07:51	02:07:42
126	26	120	73	1235	Pöhl, Andre	LG Weidmüller	M 40	02:07:58	02:07:45
127	6	121	59	1298	Toplak, Fred	Toplak Team	M 55	02:07:59	02:07:05
128	12	122	84	1808	Thieme, Mark	SV Arminia Appelhülsen	M 30	02:08:00	02:07:09
129	27	123	73	1168	Bentlin , Mario	Jede Oma zählt	M 40	02:08:01	02:07:42
130	18	124	64	1601	van der Knaap, Erik	SV Cosmos Getelo	M 50	02:08:06	02:08:00
131	19	125	65	1612	Henke, Michael	Tri-Cops Warstein	M 50	02:08:18	02:07:42
132	35	126	70	1319	Westmeyer, Klaus	Marathon Ibbenbüren	M 45	02:08:21	02:08:02
133	36	127	66	1930	van Norden, John	Loopschoolslangenbeek	M 45	02:08:23	02:07:55
134	37	128	68	1890	schossig, hagen	brukteria dreierwalde	M 45	02:08:27	02:07:40
135	38	129	67	1487	Warner, Michael	BSG Sparkasse Osnabrück	M 45	02:08:27	02:08:04
136	28	130	72	1666	Floer, Stefan	LSF Greven	M 40	02:08:29	02:08:07
137	39	131	66	1851	Schrader, Harald	LC Nordhorn	M 45	02:08:40	02:08:30
138	21	132	77	1269	Otto, Christian		M 35	02:08:47	02:08:07
139	20	133	65	1329	Richard, Rembert	VfL Lönningen	M 50	02:08:50	02:08:22
140	7	134	57	1164	Wegener, Rainer	Hattinger Hügelläufer	M 55	02:08:52	02:08:46
141	40	135	66	1975	Fröhlking, Joachim		M 45	02:08:52	02:08:08
142	13	136	81	1143	Berghaus , Oliver	SV Teuto Riesenbeck	M 30	02:08:59	02:08:14
143	41	137	70	1797	Becks, Michael	TV Friesen Telgte	M 45	02:09:04	02:08:45
144	42	138	67	1858	van.den.Houten, Georg	Spiridon.Haltern am See	M 45	02:09:17	02:09:05
145	2	7	86	1628	Richter, Bianca	BSG-JVA Herford	W HK	02:09:37	02:09:14
146	43	139	69	1375	Mischke, Klaus	BSG JVA Herford	M 45	02:09:38	02:09:15
147	22	140	78	1693	Kroboth, Daniel	Hunteburger SV	M 35	02:10:01	02:09:24
148	44	141	67	1374	Wieskus, Michael	LG-Coesfeld	M 45	02:10:08	02:08:55
149	21	142	62	1544	Harmeling , Ewald	SuS Stadtlohn	M 50	02:10:10	02:10:05
150	2	8	66	1368	Gaszek, Eva-Maria	Laufsport Senden	W 45	02:10:17	02:10:08
151	14	143	84	1650	Sandherm, Christian		M 30	02:10:25	02:10:17
152	2	144	52	1369	Lid, Rainer	Laufsport Senden	M 60	02:10:30	02:10:21
153	22	145	61	1782	Schildmeyer, Frank		M 50	02:10:41	02:09:35

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	29	146	71	1313	Heidl, Stefan	Marathon steinfurt	M 40	02:10:41	02:10:10
155	15	147	82	1254	Poorthuis, Thijs		M 30	02:10:42	02:10:34
156	16	148	84	1253	Leussink, Bernard		M 30	02:10:42	02:10:34
157	17	149	82	1466	Zobel, Christian		M 30	02:10:43	02:10:15
158	30	150	71	1461	Herbers, Andreas	SVA Salzbergen	M 40	02:10:47	02:10:30
159	18	151	85	1971	Grunden, Gerrit		M 30	02:10:50	02:10:39
160	45	152	69	1928	Levold, Felix	LSF Oldenburg	M 45	02:10:54	02:09:54
161	31	153	74	1440	Kisse, Stefan	LG Marienfeld	M 40	02:11:02	02:10:25
162	46	154	69	1365	Tietz, Udo	SV Bokeloh	M 45	02:11:04	02:10:50
163	1	9	80	1386	Leistner, Anja	TV Werne 03	W 35	02:11:06	02:10:57
164	23	155	65	1351	Dettmer, Thorsten	Leinerstift e.V.	M 50	02:11:07	02:10:51
165	32	156	71	1898	Baumann, Thomas	Tri Team Dissen	M 40	02:11:08	02:10:39
166	33	157	73	1984	Doawsma, Chris	SV Friesland	M 40	02:11:16	02:10:51
167	8	158	60	1188	Greshake, Klaus	SV Rinkerode	M 55	02:11:18	02:10:38
168	2	10	76	1187	Daemmer, Wera	SV Rinkerode	W 35	02:11:20	02:10:40
169	23	159	79	1908	Koel, Marcel	BSG JVA Herford	M 35	02:11:26	02:11:02
170	47	160	67	1181	Zurloh, Dirk	SV Ems Westbevern	M 45	02:11:28	02:11:11
171	48	161	70	1888	Hassing, Herman	LAAC Twente	M 45	02:11:31	02:10:58
172	24	162	76	1364	Goßling, Dominik	Marathon Steinfurt	M 35	02:11:41	02:11:25
173	24	163	63	1819	Bröker, Hermann	LG Emsdetten	M 50	02:11:56	02:11:31
174	49	164	70	1631	Kaldewei, Georg	./.	M 45	02:12:04	02:11:48
175	50	165	68	1831	Bachmann, Volker		M 45	02:12:13	02:11:55
176	1	11	63	1829	Kempkes, Christiane	TV Borken	W 50	02:12:16	02:12:02
177	2	12	85	1359	Müller, Kerstin	Stadtwerke Münster	W 30	02:12:17	02:11:58
178	51	166	68	1131	Crocoll, Andreas	Sportler 4 a cildrensworld	M 45	02:12:24	02:11:38
179	7	167	91	1422	Möhlmann , Tobias	Eintracht Rodde	M HK	02:12:37	02:12:34
180	2	13	62	1531	Völkl, Anja	SC Falke Saerbeck	W 50	02:12:39	02:12:31
181	34	168	72	1220	Siegmann, Arne	Lc 92 Bad Salzuflen	M 40	02:12:41	02:12:28
182	8	169	87	1405	Heider, Sebastian		M HK	02:12:50	02:12:33
183	9	170	91	1409	Benneker, Guus	Parkschoften	M HK	02:12:55	02:12:19
184	25	171	65	1534	Sonntag, Mike	MC-Pirate.eV	M 50	02:13:00	02:12:54
185	26	172	61	1817	Gastmann, Richard	Ammersum	M 50	02:13:27	02:13:24
186	10	173	88	1483	Rothe, Terence	Trailteam Münster	M HK	02:13:30	02:13:19
187	1	174	93	1485	Stegelman, Ole	Trailteam Münster	M U23	02:13:30	02:13:19
188	27	175	64	1444	Grimme, Harald	LG Emsdetten	M 50	02:13:33	02:12:56
189	25	176	77	1417	Jotzo, Daniel	SUS Stadtlohn	M 35	02:13:35	02:13:28
190	26	177	80	1156	Ristow, Daniel		M 35	02:13:46	02:13:16
191	11	178	87	1146	Beine, Tobias		M HK	02:13:47	02:13:07
192	52	179	67	1129	Dehrmann, Peter	VfL Suderburg	M 45	02:13:56	02:13:34
193	3	14	61	1751	Herrmann, Beate	TuS Altenberge 09	W 50	02:13:56	02:13:21
194	9	180	60	1856	Schmeing, Ralf	LSF Münster	M 55	02:13:58	02:13:05
195	53	181	66	1557	Rose, Norbert	Lauffreunde Gremmendorf	M 45	02:14:02	02:13:46
196	3	15	79	1607	Germann, Melanie	SC Altenrheine	W 35	02:14:04	02:13:33
197	3	182	55	1213	Siedler, Wolfgang	asg weitwärts	M 60	02:14:09	02:13:40
198	54	183	70	1886	Laps, Roland	Spiridon Haltern	M 45	02:14:16	02:14:03
199	1	184	49	1495	Brinkhues, Bernd	SC Altenrheine	M 65	02:14:21	02:14:00
200	28	185	62	1622	Wendt, Boris	Bielefeld	M 50	02:14:28	02:14:10
201	29	186	61	1318	Schneekloth, Wolfgang	Marathon Ibbenbüren	M 50	02:14:33	02:14:31
202	27	187	80	1665	Fröhner, Andreas	Marathon Steinfurt	M 35	02:14:38	02:13:52
203	55	188	67	1167	Schulte, Werner	Zoofreunde Kopenhagen	M 45	02:14:38	02:13:28
204	56	189	66	1325	Sommer, Norbert	TuS Altenberge 09	M 45	02:14:46	02:14:14
205	1	16	57	1893	Gorissen-Peters, Hiltrud		W 55	02:14:46	02:14:15

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	4	190	52	1282	de Lange, Foppe	Sisu	M 60	02:14:51	02:14:10
207	1	191	42	1270	Anwander, Karl-Friedrich	LC Solbad Ravensberg	M 70	02:15:09	02:14:58
208	12	192	90	1972	Hensiek, Carsten		M HK	02:15:09	02:14:44
209	3	17	66	1719	Hissmann, Sonja	TSV Schloss Neuhaus	W 45	02:15:18	02:14:17
210	57	193	66	1501	Proske, Mario	LSF Münster	M 45	02:15:22	02:14:15
211	35	194	71	1818	Busboom, Wilfried	Posaunenchor Detern	M 40	02:15:24	02:15:20
212	30	195	64	1836	Süßmilch, Ralf	LG Burg Wiedenbrück	M 50	02:15:43	02:15:16
213	31	196	64	1768	Nazlier, Ali	Vfl-Ahaus	M 50	02:15:50	02:15:46
214	19	197	85	1233	Krause, Florian		M 30	02:15:52	02:15:29
215	4	18	68	1334	Deschner, Claudia	OSC	W 45	02:15:54	02:15:35
216	28	198	76	1846	Berlekamp, Uwe	vereinslos	M 35	02:16:00	02:15:14
217	58	199	66	1519	Aulkemeyer, Jochen	JAMODA	M 45	02:16:01	02:15:42
218	59	200	66	1609	Schoppe, Jürgen	TV Mettingen	M 45	02:16:10	02:16:02
219	36	201	71	1162	Neuenbäumer, Thorsten	Oerlinghausen	M 40	02:16:14	02:15:50
220	10	202	59	1465	Lütke Schute, Siegfried	TUS Hiltrup	M 55	02:16:21	02:16:00
221	37	203	74	1234	Thomas, Marco	SVT Bechtheim	M 40	02:16:23	02:15:35
222	38	204	74	1774	Wennemer, Maik	ohne Verein	M 40	02:16:26	02:16:16
223	32	205	63	1177	Schmidtke, Rudi	Wildeshäuser Laufftreff	M 50	02:16:27	02:16:23
224	4	19	78	1859	Rengers, Katja	RWE Starlight Team Essen	W 35	02:16:34	02:16:06
225	4	20	71	1332	Meier, Sandra	Osnabruecker SC	W 40	02:16:39	02:15:53
226	5	21	67	1623	Wesseler, Anja	LG Emsdetten	W 45	02:16:45	02:16:28
227	11	206	57	1736	Thole, Jürgen	Bippener SC	M 55	02:16:50	02:16:27
228	2	207	50	1126	Lütke Schelhowe, Hermann	DJK Dyckburg-Münster	M 65	02:16:59	02:16:17
229	33	208	64	1394	Thiele, Markus	Team ERDINGER Alkoholfrei	M 50	02:17:03	02:16:30
230	29	209	79	1333	Glatzer, Oliver	Osnabruecker SC	M 35	02:17:05	02:16:19
231	39	210	72	1335	Kipar, Mirco	SV Gladbeck 13	M 40	02:17:07	02:16:37
232	20	211	82	1496	von Roth, Moritz		M 30	02:17:09	02:16:41
233	34	212	63	1380	Strototte, Martin	LG Marienfeld	M 50	02:17:14	02:16:38
234	40	213	74	1742	Leewe, Christof	SV Teuto Riesenbeck	M 40	02:17:20	02:17:16
235	5	214	51	1224	Arens, Manfred	SC Melle 03	M 60	02:17:23	02:16:43
236	21	215	85	1299	Bekemann, Fabian		M 30	02:17:27	02:16:40
237	60	216	66	1239	Trittel, Stephan	Bad Iburg	M 45	02:17:33	02:17:21
238	41	217	75	1223	Bollweg, Stefan	BSG Sparkasse Bielefeld	M 40	02:17:34	02:16:40
239	35	218	64	1681	Bernard, herbert	LT Tus Iserlohn	M 50	02:17:34	02:17:12
240	22	219	84	1357	Glasmacher, Matthias		M 30	02:17:35	02:16:38
241	12	220	60	1529	Strathaus, Wolfgang	W+F Münster	M 55	02:17:36	02:16:58
242	13	221	86	1337	Bewersdorff, Jan		M HK	02:17:38	02:16:50
243	2	222	94	1140	Berger, Robin		M U23	02:17:39	02:17:35
244	36	223	64	1860	Roth, Stefan	Team Laufrausch e.V.	M 50	02:17:41	02:16:58
245	61	224	68	1552	Kriefft, Manfred	Rennschweine Greffen	M 45	02:17:48	02:17:19
246	30	225	76	1348	Yenen, Galip Yener	Ayran Man	M 35	02:17:57	02:17:45
247	23	226	82	1937	Renfordt, Hannes	train.race.beer	M 30	02:18:09	02:17:40
248	37	227	62	1731	Houweling, Hans	Hanzesport	M 50	02:18:09	02:17:56
249	38	228	65	1596	Masselink, Rene	RST	M 50	02:18:14	02:18:11
250	6	22	68	1822	Appelhans, Tatjana	TV Georgsmarienhütte	W 45	02:18:18	02:17:59
251	5	23	75	1516	Reichert, Susanne	Sudbrack-Läufer	W 40	02:18:26	02:18:06
252	42	229	75	1229	Breinl, Jens	Münster	M 40	02:18:27	02:17:42
253	39	230	62	1463	Rösler , Andreas	LT Wischlingen Dortmund	M 50	02:18:31	02:18:16
254	31	231	79	1938	Kramer, Achim	train.race.beer	M 35	02:18:32	02:18:01
255	6	232	54	1382	Masch, Holger	Stella Bevergern	M 60	02:18:56	02:18:20
256	32	233	79	1302	Szameitat, Wolfgang	Jede Oma zählt	M 35	02:19:07	02:18:26
257	62	234	68	1630	Stoll, Henning	Tus Borgholzhausen	M 45	02:19:16	02:18:59

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	63	235	70	1904	Wilm, Konstantin	SV Teuto Riesenbeck	M 45	02:19:22	02:18:37
259	13	236	60	1935	Bockting, Franz-Josef	trailmaniac2015	M 55	02:19:29	02:18:57
260	40	237	63	1969	Richter, Paul	VFL Lingen	M 50	02:19:29	02:18:33
261	41	238	65	1450	Marquez, Patric	LC Nordhorn	M 50	02:19:29	02:19:16
262	14	239	60	1123	Hellmann, Andreas	SV Ofenerdiek	M 55	02:19:33	02:18:35
263	33	240	76	1692	Köster, Henning	Rot-Weiß Sutthausen	M 35	02:19:38	02:19:21
264	15	241	57	1769	Becks, Thomas	LV Marathon Kleve	M 55	02:19:49	02:19:17
265	16	242	59	1520	Brouwers, Hans	Streu Holland	M 55	02:19:51	02:19:11
266	42	243	61	1165	Mann, Klaus	Billerbecker Läufer	M 50	02:19:55	02:18:48
267	17	244	57	1920	Möllmann, Werner	OSC Damme	M 55	02:19:57	02:19:17
268	64	245	66	1839	Bolles, Stefan	LT Waldschleicher Lohne	M 45	02:20:02	02:19:22
269	43	246	74	1785	Obeloer, Marc	SG Rotation Gütersloh	M 40	02:20:10	02:19:23
270	18	247	60	1300	Hannink, Peter		M 55	02:20:10	02:19:38
271	65	248	66	1246	Biermann, Wolfgang	Wiehen-Wölfe	M 45	02:20:15	02:19:31
272	43	249	63	1566	Lampe, Jürgen	SC Falke Saerbeck	M 50	02:20:16	02:19:45
273	14	250	89	1236	Fremann, Julian		M HK	02:20:16	02:19:48
274	19	251	60	1518	Thoben, Georg	LT Gnadenlos	M 55	02:20:20	02:19:46
275	7	24	66	1771	Rosentreter, Beate	Haxter Lauffreunde Paderborn	W 45	02:20:22	02:19:23
276	44	252	63	1906	Schmidt, Heinz	Fortuna Logabirum	M 50	02:20:25	02:19:34
277	3	25	85	1242	Steffen, Marlies	PV Triathlon Witten	W 30	02:20:28	02:20:20
278	45	253	62	1433	Hövel, Walter	SC Falke Saerbeck	M 50	02:20:29	02:19:58
279	15	254	87	1918	Ebers, Sven	Racebooler	M HK	02:20:32	02:19:33
280	34	255	79	1379	Stöppler, Bastian	Sportler 4 a childrens world	M 35	02:20:36	02:19:47
281	46	256	64	1530	Schwertner, Torsten	Tv Friesen Telgte	M 50	02:20:39	02:19:47
282	47	257	65	1435	Kwiatkowski, Wilfried	ETuS-Rupturenclub Rheine	M 50	02:20:44	02:19:53
283	5	26	76	1296	Hollensteiner, Katja	LC 92 Bad Salzuflen	W 35	02:20:46	02:20:32
284	35	258	79	1373	Beese, Daniel		M 35	02:20:46	02:20:01
285	48	259	64	1786	Scheffler, Ingo	SG-Stern Bremen	M 50	02:20:48	02:20:26
286	36	260	77	1887	Peters, Frank	SV Teuto Riesenbeck	M 35	02:20:54	02:20:33
287	66	261	69	1621	Rotthues, Jürgen	-	M 45	02:21:13	02:21:02
288	67	262	70	1705	faltus, frank	lt gnadenlos	M 45	02:21:13	02:20:38
289	49	263	65	1173	Klee, Ingold	LT Isselhorst	M 50	02:21:13	02:20:18
290	8	27	66	1549	Meyer, Petra	Grün-Weiß Steinbeck	W 45	02:21:25	02:20:28
291	4	28	62	1869	Stein, Marianne	Team Erdinger Alkoholfrei	W 50	02:21:28	02:20:47
292	20	264	59	1624	Toepper, Georg	WSU-Warendorf	M 55	02:21:29	02:21:11
293	21	265	57	1427	Reinke, Karl	TuS Altenberge 09	M 55	02:21:38	02:20:56
294	22	266	58	1696	Höwer, Peter	Tri Finish Münster	M 55	02:21:50	02:21:28
295	44	267	75	1729	Degenhardt, Dennis	LT Gnadenlos	M 40	02:21:53	02:21:10
296	68	268	68	1643	Weiß, Wilfried	Marathon Steinfurt	M 45	02:21:57	02:21:37
297	45	269	74	1274	Kirsfelds, Lars	Promillejäger	M 40	02:22:00	02:21:35
298	69	270	70	1272	Meyknecht, Klaus		M 45	02:22:01	02:21:38
299	46	271	72	1738	Wenzel, Thorsten	SV Bokeloh	M 40	02:22:04	02:21:49
300	50	272	61	1182	Dreier, Friedrich	LT Isselhorst	M 50	02:22:09	02:21:13
301	23	273	57	1136	Bode, Andreas	Hurricane Holsen	M 55	02:22:10	02:22:06
302	24	274	56	1330	Hansen, Uwe	SV Kirchboitzen	M 55	02:22:16	02:21:43
303	70	275	70	1853	Brathe, Georg	Spiridon Haltern	M 45	02:22:20	02:21:35
304	71	276	70	1420	Mattern, Jürgen	LG Totes Viertel Avenwedde	M 45	02:22:20	02:21:23
305	24	277	84	1663	Stroeve, Andre	SV Veldhausen 07	M 30	02:22:35	02:21:37
306	37	278	77	1372	Florien, Markus	Laufftreff Sassenberg	M 35	02:22:39	02:22:06
307	16	279	90	1713	Löwen, Waldemar		M HK	02:22:40	02:21:29
308	51	280	65	1199	Dreinhöfner, Stefan		M 50	02:22:42	02:21:44
309	52	281	65	1192	Glas, Maarten		M 50	02:22:52	02:22:26

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	53	282	65	1207	Klompmaker, Arthur	Laufmitmir	M 50	02:22:53	02:22:15
311	38	283	80	1652	Geerds, Sascha	SV Veldhausen	M 35	02:22:59	02:22:00
312	25	284	59	1667	Tenberg, Helmut	TV Mettingen	M 55	02:23:06	02:22:43
313	72	285	70	1811	Wolterink, Henning	SV Olympia Uelsen	M 45	02:23:09	02:22:59
314	54	286	61	1402	Fliß, Hermann	LSF Münster	M 50	02:23:11	02:22:05
315	73	287	69	1674	Feldkamp, Heinz-bernd	Trailteam Vreden	M 45	02:23:14	02:22:23
316	47	288	74	1654	Laurich, Gerd	Trailteam-Vreden	M 40	02:23:14	02:22:23
317	26	289	58	1586	Palesche, Manfred	Westerkappeln	M 55	02:23:17	02:22:44
318	39	290	77	1132	Brockmann, Torsten	Münster	M 35	02:23:18	02:22:28
319	48	291	71	1204	Goletz, Daniel		M 40	02:23:20	02:22:26
320	49	292	75	1276	Volbert, Thomas	TuS Altenberge 09	M 40	02:23:24	02:22:55
321	74	293	67	1532	Querfurt, Matthias	DJK Preußen Bochum	M 45	02:23:24	02:23:02
322	25	294	82	1305	Stauff, Andreas	ACTIVE Sportshop Osnabrück	M 30	02:23:34	02:23:24
323	75	295	69	1838	Maletzki, Dirk		M 45	02:23:40	02:23:01
324	6	29	72	1561	Berkath, Petra	TV Jahn Walsrode	W 40	02:23:42	02:23:29
325	50	296	71	1897	Claas, Eugen	LG Marienfeld	M 40	02:23:42	02:23:06
326	27	297	58	1940	Gördes, Bernhard	SV Lembeck	M 55	02:23:43	02:23:41
327	55	298	61	1522	Grüger, Magnus	LSF Münster	M 50	02:23:54	02:22:51
328	76	299	67	1459	Hermsen, Wilhelm	FC Schüttorf 09	M 45	02:24:00	02:23:54
329	77	300	70	1605	Saalfrank, Jörg	BSG-JVA Herford	M 45	02:24:05	02:23:38
330	7	30	72	1124	Schulz, Lisa	SC Altenrheine	W 40	02:24:07	02:23:36
331	56	301	63	1161	Althaus, Paul	Hattinger Hügelläufer	M 50	02:24:15	02:24:07
332	78	302	67	1685	Schüttken, Udo	TV-Mettingen	M 45	02:24:17	02:23:30
333	9	31	69	1467	Lenzen, Annette	TuS Altenberge 09	W 45	02:24:17	02:23:36
334	57	303	63	1137	Berger, Ortwin	Holsener SV	M 50	02:24:18	02:24:14
335	58	304	63	1292	Geerdink, Ton	Sisu	M 50	02:24:23	02:23:42
336	79	305	67	1514	Suelmann, Reinhard		M 45	02:24:27	02:23:32
337	59	306	63	1577	Morisse, Karsten	LC Solbad Ravensberg	M 50	02:24:27	02:23:33
338	8	32	75	1885	Niehues, Simone	Spiridon Haltern	W 40	02:24:28	02:24:13
339	51	307	71	1777	Batzer, Ralf	TV Lemgo	M 40	02:24:28	02:23:58
340	26	308	82	1679	Voß Sive Gralman, Bastian	BVB FanClub Lengerich	M 30	02:24:31	02:23:24
341	80	309	66	1947	Hermelbracht, Jürgen	Trispeed Marienfeld	M 45	02:24:33	02:24:29
342	52	310	71	1776	Wattenberg, Carsten	TV Lemgo	M 40	02:24:34	02:24:04
343	60	311	61	1767	Schmidt, Uwe	Isermann.de	M 50	02:24:35	02:24:01
344	81	312	66	1794	Brink, Arend	SC Union Emlichheim	M 45	02:24:36	02:24:22
345	7	313	52	1503	Runow, Günter	Reestrainers	M 60	02:24:38	02:24:04
346	27	314	82	1835	Baumhöfener, Jan	TriAs Hildesheim	M 30	02:24:43	02:24:06
347	28	315	84	1983	Stermann, Benjamin	Crespel&Deiters	M 30	02:24:46	02:23:58
348	82	316	69	1528	Bendig, Uwe-Heinz	Team Erdinger Alkoholfrei	M 45	02:24:49	02:23:50
349	28	317	57	1594	Wennink, Herman	Spurt 88 Hardenberg Nederland	M 55	02:24:49	02:24:11
350	53	318	72	1185	Hess, Rene	tecRacer	M 40	02:24:50	02:24:07
351	5	33	65	1539	Berelsmann , Andrea	TV Georgsmarienhütte	W 50	02:24:56	02:24:38
352	83	319	69	1464	Weddewer, Stefan	VfL Ahaus	M 45	02:24:58	02:24:53
353	61	320	64	1481	Welkener, Jürgen	Melle	M 50	02:24:59	02:24:04
354	84	321	69	1139	Terhorst, Dirk	LG Emsdetten	M 45	02:25:02	02:24:32
355	3	322	48	1589	Dufils, Gerd	Marathon Ibbenbüren	M 65	02:25:07	02:24:34
356	62	323	65	1281	Uphoff, Peter	SV Teuto Riesenbeck	M 50	02:25:08	02:24:34
357	17	324	86	1215	schnabel, james		M HK	02:25:18	02:24:44
358	63	325	61	1416	Feldmann, Manfred	SV Arminia Appelhülsen/TEA	M 50	02:25:30	02:24:34
359	40	326	77	1331	Schürenkamp, Peter		M 35	02:25:31	02:24:58
360	64	327	64	1383	Brinkmann, Klaus	ETuS Rheine	M 50	02:25:32	02:24:43
361	85	328	69	1816	Rudolph, Eugen	SuS 09 Neuenkirchen	M 45	02:25:32	02:24:29

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	65	329	64	1894	Van Tellegen, Marcel	LAAC TWENTE	M 50	02:25:35	02:25:02
363	54	330	75	1662	Jeiler, Dirk	Running Man Team	M 40	02:25:37	02:24:29
364	66	331	61	1638	Matheke, Jürgen	TV Hohne	M 50	02:25:38	02:24:30
365	67	332	62	1370	Streibel, Stefan	SV Teuto Riesenbeck	M 50	02:25:45	02:25:07
366	41	333	78	1881	Welker, Andreas	FC- Nordkirchen	M 35	02:25:47	02:25:39
367	86	334	69	1868	Just, Thomas	TV Borken	M 45	02:25:47	02:25:30
368	9	34	74	1355	Sandbote, Ines	TVE Greven	W 40	02:25:57	02:25:05
369	87	335	68	1326	Müller, Peter	SC 28 Nordwalde	M 45	02:25:57	02:24:53
370	88	336	69	1439	Michael, Wenners	Team Airgeiz	M 45	02:25:59	02:25:33
371	29	337	60	1978	Dohe, Jürgen	ohne Verein	M 55	02:26:06	02:25:00
372	89	338	69	1157	Hülsmann, Jürgen	VfL Wittekind Wildeshausen	M 45	02:26:07	02:25:32
373	3	35	87	1625	Schnur, Christina	SVB	W HK	02:26:07	02:25:20
374	8	339	51	1987	Frohne, Franz-Josef	Team-Laufen OS	M 60	02:26:20	02:26:12
375	90	340	69	1494	Sextro, Ralf		M 45	02:26:27	02:25:44
376	68	341	62	1837	Kerk, Thomas	Feuerwehr Ibbenbüren	M 50	02:26:27	02:25:20
377	18	342	90	1849	Hoefsloot, Pieter	Hanzesport	M HK	02:26:28	02:26:13
378	55	343	73	1568	Bröskamp, Heinz	ohne Verein	M 40	02:26:29	02:26:02
379	91	344	66	1250	Krämer, Robert		M 45	02:26:29	02:25:45
380	6	36	64	1902	Langkamp, Brigitte	SuS Neuenkirchen	W 50	02:26:36	02:25:35
381	92	345	68	1877	Huse, Michael		M 45	02:26:39	02:26:21
382	42	346	78	1847	Kurby, Jens	www.fitnessart.de	M 35	02:26:40	02:26:17
383	9	347	54	1827	Schardt, Michael	LSF Münster	M 60	02:26:57	02:26:52
384	30	348	60	1366	Düpmeier, Armin	LG Ems Warendorf	M 55	02:27:00	02:26:43
385	6	37	79	1191	Schröter, Ilka	Open-Sports Hamburg	W 35	02:27:01	02:26:39
386	10	349	54	1202	Spiekermann, Peter	SC Melle 03	M 60	02:27:08	02:26:03
387	29	350	83	1134	Foppe, Dustin	Tri-Team Selm	M 30	02:27:11	02:26:26
388	43	351	76	1595	Hesping, Christian	ETuS Rheine	M 35	02:27:12	02:26:27
389	31	352	56	1961	Homung, Mathias	TSG 07 Burg Gretesch	M 55	02:27:16	02:26:49
390	19	353	86	1293	Osinga, Mario		M HK	02:27:32	02:27:16
391	56	354	71	1593	Zink, Guido	LSF Greven	M 40	02:27:37	02:27:17
392	7	38	63	1799	Nieweler, Mechthild	SuS 09 Neuenkirchen	W 50	02:27:38	02:26:37
393	10	39	74	1262	Bruins, Miranda		W 40	02:27:38	02:27:00
394	57	355	71	1263	Elberfeld, Roland		M 40	02:27:39	02:26:56
395	58	356	72	1327	Koch, Marco	time4fit Ibbenbüren	M 40	02:27:46	02:27:22
396	93	357	69	1723	Bargmann, Michael	time4fit Ibbenbüren	M 45	02:27:47	02:27:18
397	2	40	57	1395	Winkelmann, Ulla	SV Lembeck	W 55	02:27:52	02:27:50
398	10	41	66	1826	Wieggers, Renate	SuS Neuenkirchen	W 45	02:27:55	02:26:55
399	3	42	59	1962	Weith-Hornung, Beate	TSG 07 Burg Gretesch	W 55	02:27:58	02:27:33
400	32	358	56	1226	Völkert, Clemens	Lauffreunde Emlsand	M 55	02:27:58	02:27:06
401	94	359	70	1579	Heidenreich, Sascha		M 45	02:28:03	02:27:26
402	44	360	79	1717	Grönefeld, Jörg		M 35	02:28:04	02:26:55
403	7	43	78	1343	Marx, Sabine	TSVE 1890 Bielefeld	W 35	02:28:07	02:27:43
404	11	44	75	1716	Montag, Kerstin	TV Werne 03	W 40	02:28:08	02:27:30
405	30	361	84	1986	Reinecke, André	BVB FanClub Lengerich	M 30	02:28:16	02:27:23
406	59	362	72	1740	Frilling, Hendrik	Ellenstedt	M 40	02:28:19	02:27:35
407	4	45	58	1407	Kattenbusch, Monika	Haxter Lauffreunde Paderborn	W 55	02:28:22	02:27:18
408	69	363	62	1603	Pieper, Thomas	LG Emsdetten	M 50	02:28:36	02:28:12
409	60	364	73	1921	Haberkamp, Michael	TuS Altenberge 09	M 40	02:28:50	02:28:01
410	33	365	57	1574	Wagener, Thomas	SUS 09 Neuenkirchen	M 55	02:28:58	02:27:55
411	45	366	80	1449	Beckhaus, Thomas	Die Überspitzen	M 35	02:29:10	02:28:44
412	20	367	86	1456	Stefan, Beckhaus	Die Überspitzen	M HK	02:29:11	02:28:43
413	34	368	59	1232	Sondaar, Roelof	AV de Sprinter	M 55	02:29:21	02:28:16

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	11	46	66	1216	Feller, Dorothee		W 45	02:29:22	02:28:25
415	70	369	61	1217	Ehling, Klaus	LSF Münster	M 50	02:29:22	02:28:25
416	8	47	65	1903	Reeker, Christiane	LG Brukeria Dreierwalde	W 50	02:29:31	02:28:43
417	95	370	68	1956	Bockbreder, Frank	Jede Oma zählt	M 45	02:29:32	02:28:30
418	96	371	69	1278	Schröer , Rainer	TV Mettingen	M 45	02:29:32	02:28:30
419	46	372	77	1964	Guthier-Geier, Andre	Bukteria Dreierwalde	M 35	02:29:38	02:28:50
420	71	373	62	1423	Benneker , Benno	Laac	M 50	02:29:43	02:29:05
421	97	374	67	1400	Hennecke, Michael	VFL Lingen	M 45	02:29:46	02:28:49
422	35	375	60	1636	Konermann, Peter	TV Hohne	M 55	02:29:48	02:28:38
423	12	48	71	1211	Beugholt, Heike	LG Oerlinghausen	W 40	02:29:48	02:28:56
424	98	376	68	1545	Dittmann, Sven	Haxter Lauffreunde	M 45	02:30:04	02:29:00
425	12	49	67	1247	Biermann, Simone	Wiehen-Wölfe	W 45	02:30:10	02:29:25
426	99	377	67	1261	Heuvelman, Bas	Sisu	M 45	02:30:15	02:29:35
427	36	378	57	1732	Zijlstra, Duco	SV Friesland	M 55	02:30:25	02:30:00
428	72	379	64	1834	Becker, Ludger	Laufftreff Becker	M 50	02:30:35	02:29:48
429	9	50	62	1360	Bloch Pfister, Alexandra	LSF Münster	W 50	02:30:40	02:29:42
430	100	380	69	1702	Lienesch, Dietmar	Ibbenbüren	M 45	02:30:44	02:30:09
431	101	381	70	1795	Hampel, Marcus	LG Emsdetten	M 45	02:30:53	02:29:51
432	73	382	64	1597	Weirauch, Olf	SuS Stadtlohn	M 50	02:31:01	02:30:03
433	37	383	59	1806	Franz, Udo	TSV Westerhausen	M 55	02:31:25	02:30:44
434	61	384	72	1560	Braemer, Lars	TV Jahn Walsrode	M 40	02:31:36	02:31:22
435	38	385	59	1646	Geritz, Herman	SV Friesland	M 55	02:31:41	02:31:16
436	31	386	84	1476	Isermann, Matthias	Die Überspitzen	M 30	02:31:48	02:31:21
437	47	387	79	1896	Breimann, André		M 35	02:31:49	02:31:06
438	39	388	56	1484	Hullegie, Otger	RST Enschede	M 55	02:31:54	02:31:52
439	8	51	80	1988	Kempkes, Jessica	Crespel&Deiters	W 35	02:32:04	02:31:17
440	9	52	79	1934	Bäthker, Nadine	SC Altenrheine	W 35	02:32:10	02:31:13
441	21	389	86	1322	Klausmeyer, Lutz		M HK	02:32:15	02:31:13
442	102	390	69	1338	Kischel, Heiko	freaks-of-running.de	M 45	02:32:18	02:31:24
443	74	391	65	1559	Feder, Uwe		M 50	02:32:22	02:32:02
444	48	392	79	1280	Purtzel, Daniel	TV Wolbeck	M 35	02:32:26	02:31:36
445	32	393	83	1448	Märtin, Jens	LSF Münster	M 30	02:32:28	02:31:38
446	62	394	71	1656	Mörsch, Sascha	LT Haumannplatz Essen	M 40	02:32:32	02:32:00
447	49	395	79	1243	Jansen, Robbie		M 35	02:32:48	02:31:49
448	63	396	75	1899	Tuinman, Rick	De Zwaluwen	M 40	02:32:53	02:32:17
449	13	53	72	1676	Haarmeyer, Birgit	TV Mettingen	W 40	02:32:54	02:31:52
450	11	397	55	1283	John, Hans-Henning	LG Ems	M 60	02:32:58	02:32:36
451	10	54	76	1610	Weirauch, Eva	LG Emsdetten	W 35	02:33:12	02:32:32
452	13	55	68	1985	Reker, Petra	LG Oerlinghausen	W 45	02:33:17	02:32:41
453	64	398	74	1615	Wesselmann, Stefan		M 40	02:33:24	02:33:17
454	40	399	60	1477	Diebowski, Ulrich		M 55	02:33:43	02:33:41
455	14	56	73	1715	Löhr, Silke	TV Werne 03	W 40	02:33:50	02:33:10
456	41	400	60	1641	Artz, Hans-Jürgen	Team Erdinger Alkoholfrei	M 55	02:33:55	02:32:51
457	75	401	65	1428	Sackmann, Thomas	BSG AGRAVIS Raiffeisen AG	M 50	02:33:58	02:33:55
458	12	402	55	1562	Adler, Peter	LG Emsdetten	M 60	02:34:00	02:33:38
459	4	403	47	1356	Venker, Paul	LG Emsdetten	M 65	02:34:12	02:33:21
460	50	404	78	1432	schregel, Nils	Runnersclub Münster	M 35	02:34:17	02:33:09
461	15	57	74	1855	van der Spoel, Astrid	Altis	W 40	02:34:17	02:33:14
462	76	405	65	1546	de Boer, Eddy	Reestridders	M 50	02:34:22	02:33:27
463	4	58	90	1277	Overdiek, Kerstin		W HK	02:34:36	02:33:41
464	103	406	69	1376	Ilgner, Uwe		M 45	02:34:37	02:33:23
465	14	59	69	1194	Schmidt, Birgit	LG Oerlinghausen	W 45	02:34:50	02:34:15

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	15	60	69	1183	Gutknecht, Claudia	LC Solbad Ravensberg	W 45	02:35:05	02:34:30
467	104	407	70	1367	Bröker, Erwin		M 45	02:35:05	02:34:07
468	10	61	65	1599	Brüffer, Martina	Sockenräuber	W 50	02:35:10	02:34:44
469	105	408	68	1840	Wecker, Guido	Lsf Münster	M 45	02:35:12	02:34:08
470	5	62	56	1563	Hirsch, Andrea	LG Emsdetten	W 55	02:35:12	02:34:25
471	51	409	79	1513	Seitel, Toni	SV GARTOW	M 35	02:35:19	02:34:33
472	42	410	59	1619	Ottensmann, Manfred	PC Telgte	M 55	02:35:25	02:35:05
473	5	411	47	1809	Wunderlich, Reinhard	Actic Fit Schortens	M 65	02:35:30	02:34:45
474	16	63	74	1304	Schlaugk, Birgit	Team Laufrausch e.V.	W 40	02:35:31	02:34:39
475	17	64	71	1704	jentjens, petra	It gnadenlos	W 40	02:35:32	02:34:58
476	11	65	62	1438	Roll, Sabine	Gümi Horn-bad Meinberg	W 50	02:35:33	02:35:10
477	77	412	65	1590	Cselenyi, Laszlo		M 50	02:35:43	02:35:01
478	12	66	61	1393	Bergmann, Iris	Lauftreff Nottuln/TEA	W 50	02:35:59	02:34:53
479	78	413	65	1431	Sträter, Jan	OPAP Schützenhof	M 50	02:36:04	02:35:24
480	43	414	57	1637	Laig, Uwe	TV Hohne	M 55	02:36:31	02:35:46
481	79	415	64	1879	Brüning, Ludger	Ski-Club Beckum	M 50	02:36:37	02:36:20
482	80	416	65	1193	Schürmann, Jörg	Jede Oma zählt	M 50	02:36:39	02:36:00
483	106	417	69	1701	Potthoff, Peter	SV Oldendorf	M 45	02:36:46	02:36:10
484	16	67	68	1790	Döring, Rita	TV Wolbeck	W 45	02:36:51	02:36:02
485	1	68	54	1698	Voges, Jutta	TV Georgsmarienhütte	W 60	02:37:02	02:35:58
486	107	418	69	1245	Hoppe, Stefan		M 45	02:37:09	02:35:58
487	44	419	59	1507	Friedl, Harald	- ohne Verein -	M 55	02:37:31	02:36:36
488	13	420	55	1901	Schönherr, Rolf		M 60	02:37:39	02:36:39
489	45	421	57	1927	Husmann, Gerhard	SV Bad Bentheim	M 55	02:37:39	02:36:39
490	11	69	80	1323	Adrian, Kathrin	NoseKäng	W 35	02:37:49	02:36:38
491	4	70	82	1478	Windmüller, Daniela	Feuerwehr Lengerich	W 30	02:37:57	02:37:04
492	108	422	70	1491	Meyer, Carsten	Feuerwehr Lengerich	M 45	02:37:57	02:37:06
493	109	423	67	1830	Kipp, Thomas	Feuerwehr Lengerich	M 45	02:37:57	02:37:07
494	33	424	83	1479	Berlemann , Björn	Feuerwehr Lengerich	M 30	02:37:57	02:37:08
495	52	425	80	1712	Forsting, Johannes		M 35	02:38:07	02:36:58
496	13	71	64	1861	van Veen, Annette	Altis	W 50	02:38:19	02:37:17
497	22	426	90	1454	Berger, Antonie	Hanzesport Zutphen (Niederlande)	M HK	02:38:20	02:38:04
498	65	427	73	1378	Epke, Maik	halle	M 40	02:38:27	02:37:15
499	46	428	57	1766	Duda, Karl-Heinz		M 55	02:38:33	02:37:23
500	81	429	61	1756	Meemann, Helmut	VfL Lingen	M 50	02:38:38	02:37:40
501	82	430	62	1437	Sentker, Ralf	VfL Lingen	M 50	02:38:38	02:37:41
502	66	431	72	1488	Nijmeijer, Mark	RST Enschede	M 40	02:38:45	02:38:06
503	47	432	58	1711	Burmeister, Kai	Heidmühler FC	M 55	02:38:46	02:38:01
504	17	72	69	1430	Schiller, Katrin	Osnabrück	W 45	02:38:54	02:37:51
505	14	73	64	1604	Scheele-Wiedey, Christiane	LC Solbad Ravensberg	W 50	02:39:04	02:38:30
506	12	74	78	1212	Mann, Michaela	LG Oerlinghausen	W 35	02:39:08	02:38:16
507	14	433	53	1474	Raschke, Ludger	SV Dickenberg	M 60	02:39:12	02:38:28
508	18	75	71	1310	Schumacher, Gabi	Lions Amicitia	W 40	02:39:33	02:38:51
509	6	434	49	1617	Wolf from, Peter	LT SCHOPPENSTECHER	M 65	02:39:34	02:38:22
510	18	76	68	1725	Lanwert, Ingrid	SV Eintracht Neuenkirchen	W 45	02:39:42	02:38:33
511	67	435	72	1862	Melenhorst, Peter-Jan		M 40	02:39:43	02:38:41
512	15	77	62	1166	Schulze Bisping, Agnes	Billerbecker Läufer	W 50	02:39:51	02:38:45
513	110	436	68	1558	Sommerfeld, Klaus		M 45	02:40:06	02:39:05
514	83	437	63	1943	Albers, Hermann		M 50	02:40:06	02:39:06
515	84	438	62	1844	Herrmann, Rolf	TV Borken	M 50	02:40:09	02:39:51
516	68	439	71	1497	Lenfort, Frank		M 40	02:40:13	02:39:24
517	6	78	58	1739	Meyer zu Bergsten, Marianne	SV Eintracht Neuenkirchen	W 55	02:40:14	02:39:05

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	85	440	62	1344	Oster, Georg	SoDa Laggenbeck	M 50	02:40:27	02:39:21
519	16	79	63	1632	von der Straten, Regina	ETuS Rheine	W 50	02:40:30	02:39:42
520	86	441	62	1468	Steffan, Christoph	Jede Oma zählt	M 50	02:40:47	02:39:44
521	17	80	65	1798	Vahrenhorst, Kerstin	LiVe-Lauftreff in Versmold	W 50	02:40:52	02:40:07
522	87	442	62	1722	Olbrisch, Wolfgang		M 50	02:41:02	02:40:04
523	18	81	64	1880	Eckhardt, Petra	Altis	W 50	02:41:04	02:40:03
524	7	82	60	1857	Mettes, Nancy	Altis	W 55	02:41:11	02:40:06
525	19	83	69	1660	Marschner, Sabine	Lauftreff am Haumannplatz.	W 45	02:41:21	02:40:23
526	20	84	69	1142	Werthmüller, Francis		W 45	02:41:26	02:40:18
527	111	443	67	1664	Schaefer, Klaus	Kirche läuft Wilhelmshaven	M 45	02:41:28	02:40:57
528	112	444	69	1784	Iker, Christian	LG Emsdetten Tri-Team	M 45	02:41:29	02:41:02
529	53	445	77	1303	Kuhnt, Peter		M 35	02:41:32	02:40:40
530	54	446	79	1297	Lange, Stefan	LG Ratio Münster	M 35	02:41:35	02:41:14
531	21	85	67	1657	Hörig, Anke	LT Haumannplatz Essen	W 45	02:41:42	02:40:45
532	22	86	66	1255	Hartmann, Britta	Bippener SC	W 45	02:41:52	02:40:43
533	69	447	75	1526	Münzberger, Thorsten	LG Emsdetten	M 40	02:42:08	02:41:29
534	55	448	80	1472	Kubierske, Jörg	Die Überspitzen	M 35	02:42:14	02:41:47
535	5	87	83	1907	Marwitz, Anja	TSG 07 Burg Gretesch	W 30	02:42:45	02:41:43
536	8	88	60	1543	de Buhr, Herta	Fortuna Logabirum	W 55	02:42:46	02:42:03
537	19	89	72	1754	Pothast, Hiltrud	HC Moormerland	W 40	02:42:46	02:42:03
538	15	449	55	1892	Peters, Utz		M 60	02:42:51	02:42:17
539	113	450	70	1951	Günther, Stephan	Team Laufrausch e.V.	M 45	02:43:16	02:42:32
540	16	451	54	1184	Wehmeyer, Uwe	Airborne-Fit-Run e.V.	M 60	02:43:27	02:42:34
541	48	452	57	1403	Fliß, Ludger	LSF Münster	M 55	02:43:41	02:42:46
542	19	90	63	1714	Kerk, Ruth	SV Dickenberg	W 50	02:43:44	02:42:37
543	114	453	70	1871	Gibmeier, Ingo	Ski-Klub Münster	M 45	02:43:45	02:43:06
544	9	91	56	1218	Schneedhorst, Ute	asg-weitwärts	W 55	02:43:47	02:42:36
545	23	92	70	1582	Rettig, Tanja	Weserpeser / TEA	W 45	02:44:09	02:42:59
546	56	454	78	1700	Heemann, Björn		M 35	02:44:10	02:43:02
547	70	455	75	1584	Seidler, Andreas	Weserpeser / TEA	M 40	02:44:16	02:43:05
548	6	93	81	1306	Klein, Birgit	Team Laufrausch e.V.	W 30	02:44:19	02:43:25
549	13	94	79	1387	Larisch, Eveline	LG Oerlinghausen	W 35	02:44:39	02:43:29
550	71	456	75	1315	Rosenhöfel, Erik	Team Laufrausch e.V.	M 40	02:44:51	02:44:08
551	88	457	61	1755	Schwarz, Alfred	Wildeshäuser Lauftreff	M 50	02:44:52	02:44:02
552	20	95	74	1542	Kappelhoff, Tanja	SV Teuto Riesenbeck	W 40	02:45:25	02:44:43
553	14	96	79	1905	Kettelgerdes, Monika		W 35	02:45:33	02:44:52
554	72	458	71	1414	Ertel, Jörg	TV Friesen Telgte	M 40	02:45:45	02:44:54
555	15	97	77	1415	Herwing, Christina	TV Friesen Telgte	W 35	02:45:45	02:44:54
556	20	98	61	1909	Nordemann, Venna	Bippener SC	W 50	02:46:26	02:45:16
557	115	459	66	1174	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven e.	M 45	02:46:41	02:46:02
558	73	460	75	1720	Günzel, Gero		M 40	02:47:08	02:46:42
559	24	99	68	1781	Albers, Jutta	LG Emsdetten	W 45	02:47:14	02:46:13
560	49	461	59	1780	Albers, Lothar	LG Emsdetten	M 55	02:47:15	02:46:14
561	57	462	79	1565	Oink, Andreas	Team Erdinger Alkoholfrei/SV Vel	M 35	02:47:25	02:46:27
562	74	463	73	1324	Adrian-Emkow, Markus	NoseKäng	M 40	02:48:10	02:46:58
563	89	464	65	1230	Magh, Thomas		M 50	02:48:13	02:47:30
564	7	465	48	1147	Grogan, James		M 65	02:48:22	02:47:16
565	25	100	68	1743	Dohm, Andrea	SV Eintracht Neuenkirchen	W 45	02:48:23	02:47:14
566	16	101	77	1339	Poczatek, Jolanta	DJK Stadtlohn	W 35	02:48:24	02:47:26
567	23	466	89	1228	Antonij, Anton	DJK Arminia Ibbenbüren	M HK	02:48:43	02:48:18
568	75	467	72	1763	Fuchs, Jurek	TV Hohne	M 40	02:48:49	02:47:38
569	90	468	61	1976	Heithorn, Andreas		M 50	02:48:54	02:47:51

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
570	91	469	62	1391	von der Straten, Thomas	ETuS Rheine	M 50	02:48:55	02:48:07
571	92	470	65	1645	Weiligmann, Manfred	LSF Greven	M 50	02:49:38	02:49:18
572	50	471	56	1346	Berg, Martin		M 55	02:49:53	02:49:16
573	51	472	60	1866	Nesemeyer, Bernd	TSV Westerhausen	M 55	02:50:27	02:49:32
574	21	102	74	1748	Mielenhausen, Maren	ASFM Göttingen	W 40	02:50:33	02:49:37
575	5	103	92	1290	Veltmann, Marie		W HK	02:50:59	02:49:56
576	93	473	62	1499	Penning, H-D.	Fortuna logabirum	M 50	02:51:16	02:51:03
577	116	474	67	1548	Muerköster, Dirk		M 45	02:51:17	02:50:53
578	58	475	79	1556	Volkman, Torben	bluecue runners	M 35	02:51:18	02:50:43
579	94	476	63	1648	Robbers, Jeffery	SV Friesland	M 50	02:51:56	02:51:31
580	1	477	40	1841	Piepel, Herbert	SV Gladbeck 13	M 75	02:52:11	02:51:52
581	76	478	75	1205	Rakowske, Ulf		M 40	02:52:17	02:52:02
582	95	479	63	1825	Dwinger, Bernd	Anthrazit Ibbenbüren	M 50	02:52:24	02:51:09
583	96	480	62	1824	Ambrock, Arne	Anthrazit Ibbenbüren	M 50	02:52:25	02:51:09
584	26	104	70	1762	kemming, anke		W 45	02:53:21	02:52:17
585	8	481	50	1410	Becker, Friedhelm	LC Restekiste	M 65	02:54:27	02:53:49
586	2	105	53	1447	Stangneth, Ingrid	TV-Friesen Telgte	W 60	02:54:28	02:53:20
587	21	106	61	1694	Tousain, Fabienne	AV Hanzesport	W 50	02:55:16	02:54:55
588	77	482	72	1153	Blank, Sven	SC Altenrheine / LZ Rheine	M 40	02:55:56	02:54:58
589	9	483	48	1506	Pößiger, Wolfgang	Lauftreff Wilhelmshaven	M 65	02:56:05	02:55:35
590	6	107	88	1480	Suchomel, Kristina		W HK	02:56:43	02:55:48
591	24	484	88	1974	Eymann, Jan		M HK	02:57:58	02:57:48
592	117	485	66	1294	Koehorst, Richard		M 45	02:58:11	02:57:18
593	27	108	68	1295	Koehorst, Liesbeth		W 45	02:58:11	02:57:18
594	22	109	63	1882	Risthaus, Erika	SV Lembeck	W 50	02:58:36	02:57:52
595	23	110	65	1939	Gördes, Marlies	SV Lembeck	W 50	02:58:37	02:57:53
596	97	486	64	1735	Schober, Heiko	SV Eintracht 08	M 50	02:59:07	02:58:19
597	34	487	85	1936	Bunk, Willy		M 30	03:06:37	03:05:43
598	28	111	67	1363	Heemann-Meyer, iris	GWS Steinbeck	W 45	03:07:12	03:06:13
599	52	488	60	1345	Thater, Ralf	LSF Oldenburg	M 55	03:07:15	03:06:10
600	98	489	65	1424	Schröer , Martin	Tri-As Hamm	M 50	03:08:24	03:07:38
601	118	490	70	1128	Weber, Frank	A-Blockrunner 1906	M 45	03:11:01	03:10:34
602	119	491	66	1384	Köster, André	ISC-Münster	M 45	03:15:17	03:15:03
603	25	492	89	1159	Hempelmann, Dennis	TV Neuenkirchen	M HK	03:16:18	03:15:13
604	29	112	69	1160	Schöpff, Daniela	LG Oerlinghausen	W 45	03:16:18	03:15:13