

### 3. Ibbenbürener Klippenlauf

#### Klippenlauf 24,7 Km

#### Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	79	1955	Akkerman, Erwin	HAC'63 Hoogeveen	M 35	01:38:58	01:38:57
2	1	2	80	1938	Martens, Harm-Jan	Hac'63 Hoogeveen	M 30	01:40:14	
3	2	3	79	1948	Pott, Andreas	SV Teuto Riesenbeck	M 35	01:40:23	01:40:20
4	2	4	83	1910	Günnigmann, Michael	SC Falke Saerbeck	M 30	01:41:11	01:41:10
5	3	5	80	1843	Windoffer, Patrick	SV Teuto Riesenbeck	M 30	01:42:00	01:41:58
6	3	6	77	1852	Lehmann, Achim	SV Teuto Riesenbeck	M 35	01:42:15	01:42:13
7	1	7	73	1984	Duinkerken, Ronnie	Rotterdam Atletiek	M 40	01:42:39	01:42:37
8	1	8	66	1741	Machielsen, Jeroen	AV Athletics Nijverdal	M 45	01:42:44	01:42:43
9	1	9	61	1887	Heithorn, Andreas	SV Eintracht Neuenkirchen	M 50	01:43:57	01:43:56
10	2	10	67	1559	Gößling, Andreas	SV Teuto Riesenbeck	M 45	01:45:48	01:45:40
11	3	11	67	1989	Prinz, Oliver	LSF Münster	M 45	01:45:50	01:45:48
12	2	12	70	1277	Konermann, Michael	Rennschweine Greffen	M 40	01:45:56	01:45:55
13	4	13	69	1527	Häßler, Peter	LV Oelde	M 45	01:46:57	01:46:57
14	1	14	88	1373	Lau, Christian	Emsstern Rheine	M HK	01:47:23	01:47:21
15	5	15	65	1830	Bonin, Udo	LC Solbad Ravensberg	M 45	01:47:44	01:47:42
16	4	16	81	1915	Kriegs, Manuel	TVE Greven	M 30	01:48:01	01:47:39
17	6	17	65	1732	Pechler, Edward	Loopgroep Bedum	M 45	01:48:07	01:48:06
18	7	18	65	1635	Wiesenmüller, Jens	TV Georgsmarienhütte	M 45	01:48:38	01:48:34
19	4	19	76	1953	Stoevelaar, Jacco	HAC'63 Hoogeveen	M 35	01:48:57	01:48:57
20	2	20	63	1988	Mertes, Berthold	Silvesterlauf Trier	M 50	01:49:37	01:49:36
21	8	21	69	1929	Kamp, Jörg	TV Mettingen	M 45	01:49:55	01:49:53
22	3	22	74	1497	Veenema, Jan Albert	Horror	M 40	01:50:08	01:50:08
23	5	23	80	1512	Dörries, Thorsten	SV Eintracht Neuenkirchen	M 30	01:50:19	01:50:17
24	9	24	69	1286	Kleffman, Bernd	Rennschweine Greffen	M 45	01:50:21	01:50:19
25	10	25	69	1949	Brüning, Michael	Sc Altenrheine	M 45	01:50:24	01:50:20
26	6	26	81	1879	Merse, Andreas	Sportler 4 a cildrens World	M 30	01:50:26	01:50:11
27	5	27	76	1422	Kasprik, Michael	LSF Münster	M 35	01:50:58	01:50:55
28	7	28	83	1519	Wulfmeyer, Henning	Bielefeld	M 30	01:51:15	01:51:12
29	6	29	76	1976	Apeldoorn, Ralph	DEM	M 35	01:52:52	01:52:51
30	7	30	79	1744	Stöppler, Bastian	Sportler 4 a cildrens World	M 35	01:54:50	01:54:35
31	8	31	83	1908	Paetzke, Sebastian	SV-Teuto Riesenbeck	M 30	01:55:18	01:55:12
32	1	1	74	1613	Auffenberg, Melanie	SC Altenrheine	W 40	01:55:26	01:55:21
33	3	32	63	1490	Alke, Burkhard	Rennschweine Greffen	M 50	01:55:33	01:55:23
34	11	33	67	1958	Karneth, André	LSF Münster	M 45	01:55:41	01:55:38
35	4	34	62	1841	Gottwald, Dieter	SV Teuto Riesenbeck	M 50	01:56:28	01:56:22
36	12	35	67	1495	Wendker, Thomas	Brock Rocks	M 45	01:56:32	01:56:18
37	8	36	77	1298	Rutgers, Henry	HAC'63 Hoogeveen	M 35	01:56:56	01:56:56
38	5	37	61	1606	Lütkemeyer, Paul	SV Teuto Riesenbeck	M 50	01:56:58	01:56:49
39	6	38	63	1940	Voortman, Gerrit	HAC'63 Hoogeveen	M 50	01:57:06	01:57:06
40	2	39	87	1410	Schaap, Kevin	RST	M HK	01:57:21	01:57:20
41	4	40	70	1470	Bartkowski, Markus	SuS Phönix Bielefeld 09	M 40	01:57:49	01:57:25
42	13	41	69	1563	Dröge, Ralf	VfL Holsen	M 45	01:57:56	01:57:52
43	14	42	68	1546	Hintemann, Andreas	SuS Stadtlohn	M 45	01:57:58	01:57:41
44	5	43	72	1872	Voß, Lars	LG Ems Warendorf	M 40	01:58:44	01:58:38
45	15	44	69	1811	Brüseke, Andreas	TV Hohne	M 45	01:58:51	01:58:47
46	6	45	74	1897	Westphal, Maik	Gesundheitssport Westerkappeln	M 40	01:59:11	01:58:47
47	3	46	85	1888	Kösters, Sven	Sportler 4 a cildrens World	M HK	01:59:11	01:58:57
48	16	47	68	1575	Buntenkötter, Achim	LV Oelde	M 45	01:59:18	01:59:15
49	1	48	54	1795	Wienen, Herbert	TV Borken	M 60	01:59:38	01:59:23

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	9	49	83	1479	Winkler, Sven	Laufen statt Saufen	M 30	01:59:40	01:59:36
51	7	50	63	1365	Haverkock, Norbert	SuS Legden	M 50	01:59:48	01:59:42
52	17	51	65	1818	Naatz, Olaf	TV Hohne	M 45	01:59:51	01:59:39
53	18	52	65	1290	Noordkamp, Bas	AV Iphitos	M 45	02:00:09	02:00:05
54	19	53	67	1493	Schrant, Jürgen	SV Bokeloh	M 45	02:00:14	02:00:09
55	10	54	81	1454	Müller, Benjamin	Münster	M 30	02:00:14	02:00:09
56	20	55	66	1997	Wille, Thomas	LG Emsdetten	M 45	02:00:15	01:59:51
57	21	56	66	1700	Miltrup, Valentin	FC Stella Bevergern	M 45	02:00:27	02:00:16
58	1	2	75	1720	Krüer, Cornelia	SV Teuto Riesenbeck	W 35	02:00:32	02:00:20
59	7	57	70	1364	Becks, Michael	TV Friesen Telgte	M 40	02:00:34	02:00:32
60	22	58	67	1974	Strübbe, Karl-Heinz	LC Nordhorn	M 45	02:00:36	02:00:27
61	8	59	71	1465	Ransiek, Stefan	VfL Holsen	M 40	02:00:45	02:00:39
62	23	60	69	1596	Abke, Reinhard		M 45	02:00:47	02:00:39
63	9	61	75	1305	Güttersberger, Christian	Rennschweine Greffen	M 35	02:00:53	02:00:52
64	2	62	53	1771	Grond, Josef	Marathon Steinfurt	M 60	02:00:58	02:00:50
65	10	63	76	1967	Siemer, Jens	Laufendes Elend 1-4	M 35	02:01:19	02:01:06
66	9	64	74	1611	Frohne, Marko		M 40	02:01:34	02:01:28
67	10	65	70	1663	Herbert, Stephan	SC Nordwalde	M 40	02:01:39	02:01:30
68	11	66	73	1986	Siegbert, Michael	Grün-Weiss Steinbeck	M 40	02:01:56	02:01:48
69	11	67	81	1686	Böckenholt, Gunnar	Freedener Streetfighter	M 30	02:02:02	02:01:45
70	8	68	63	1548	Janning, Franz	LV Oelde	M 50	02:02:19	02:02:15
71	2	3	78	1713	Queren, Stefanie	Osnabrücker Turnerbund	W 35	02:02:29	02:02:27
72	3	4	75	1639	Schlüter, Heike	LiVe Lauftreff in Versmold	W 35	02:02:35	02:02:30
73	1	5	66	1876	Gaszek, Eva-Maria	Laufsport Senden	W 45	02:02:36	02:02:32
74	24	69	68	1311	Crocoll, Andreas	Sportler 4 a cildrens World	M 45	02:02:40	02:02:29
75	25	70	69	1726	Lenfort, Stefan	Nordwalde	M 45	02:02:47	02:02:28
76	1	6	85	1447	Becker, Marie-Luise	LC Restekiste	W HK	02:02:51	02:02:39
77	26	71	66	2000	Bien, Rainer	SV Teuto Riesenbeck	M 45	02:03:11	02:02:57
78	12	72	71	1960	Farwick, Andreas	TV Georgsmarienhütte	M 40	02:03:26	02:03:21
79	13	73	72	1761	Kreling, Thomas		M 40	02:03:31	02:03:08
80	27	74	65	1366	Neuhaus, Walter	Paddelclub Telgte	M 45	02:03:45	02:03:36
81	14	75	72	1620	Tormöhlen, Jörn		M 40	02:03:51	02:03:44
82	28	76	67	1592	Gehlen, Markus	LG Rheine-Elte	M 45	02:03:56	02:03:30
83	29	77	66	1523	Merglmeyer, Hans-Bernd	TuS Borgloh	M 45	02:03:59	02:03:49
84	9	78	64	1787	Bosgraaf, André	Iphitos	M 50	02:04:12	02:04:03
85	30	79	69	1651	Wallmeier, Bernd	SC Dörenthe	M 45	02:04:15	02:04:06
86	12	80	82	1704	Rehmann, Jonas	Brinis Lauffreunde	M 30	02:04:30	02:04:23
87	11	81	75	1683	Westerhoff, Ingo	Das Laufende Elend	M 35	02:05:02	02:04:46
88	3	82	52	1874	Lid, Rainer	Laufsport Senden	M 60	02:05:17	02:05:14
89	15	83	70	1638	Niehörster, Nils	Kausalisten	M 40	02:05:25	02:05:11
90	16	84	72	1652	Schluchter, Thommy	Lauftreff Merzen	M 40	02:05:29	02:05:01
91	4	85	86	1896	Görner, Torsten		M HK	02:05:35	02:05:29
92	2	7	69	1807	Gabriel, Andrea	TLV Rünthe	W 45	02:05:44	02:05:25
93	31	86	67	1792	Kordsmeyer, Michael	Stella Bevergern	M 45	02:05:45	02:05:30
94	17	87	71	1367	Prösch, Lutz	TSG 07 Burg Gretesch	M 40	02:05:50	02:05:23
95	10	88	61	2008	Üffing, Hans-Jürgen	TV-Rhede	M 50	02:05:52	02:05:52
96	18	89	74	1648	Blomeier, Michael	BSG Schüco	M 40	02:05:55	02:05:32
97	1	90	56	1570	Griesbaum, Norbert	LT Brechten Dortmund	M 55	02:05:59	02:05:59
98	3	8	67	1442	Nachtwey, Claudia	TV Werne 03	W 45	02:06:07	02:06:02
99	12	91	76	1381	Gelsing, Andre	VfL Ahaus	M 35	02:06:12	02:06:06
100	2	92	59	1541	Geske, Michael	LSF Münster	M 55	02:06:13	02:05:34
101	5	93	88	1306	Grötzsch, Pascal		M HK	02:06:28	02:06:13

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	19	94	72	1822	Schmeink, Stefan	Mercedes Herbrand	M 40	02:06:29	02:06:25
103	20	95	74	1374	Kisse, Stefan	LG Marienfeld	M 40	02:06:31	02:05:57
104	13	96	79	1964	Neumann, Boris	Fortuna Logabirum	M 35	02:06:38	02:06:23
105	32	97	68	1825	Ioskamp, Jeroen	AV Iphitos	M 45	02:06:47	02:06:45
106	21	98	70	1283	van Nieuwkuijk, Martijn	AV Iphitos	M 40	02:06:48	02:06:45
107	11	99	62	1654	Kolhoff, Georg	LT Gnadenlos	M 50	02:06:55	02:06:43
108	13	100	84	1643	Lüttkemöller, Daniel	LG Emsdetten	M 30	02:07:01	02:06:56
109	22	101	71	1740	Goda, Stefan		M 40	02:07:04	02:06:20
110	12	102	63	1671	Hartmann, Uwe	Bippener SC	M 50	02:07:05	02:06:46
111	14	103	76	1869	Reckmann, Andreas	LSF Münster	M 35	02:07:08	02:07:03
112	15	104	75	1969	Meier, Sebastian	RC Olympia Bünde	M 35	02:07:13	02:07:06
113	6	105	90	1624	Sperver, Michael	Spervers Hofladen	M HK	02:07:14	02:07:07
114	33	106	67	1427	Frenzel, Volker		M 45	02:07:23	02:07:16
115	34	107	68	1774	Schossig, Hagen	Brukteria Dreierwalde	M 45	02:07:30	02:07:17
116	23	108	70	1753	Brink, Jan	SV Cosmos Getelo	M 40	02:07:30	02:07:26
117	35	109	69	1458	Tietz, Udo	SV Bokeloh	M 45	02:07:37	02:07:32
118	36	110	67	1313	Wieskus, Michael	LG Coesfeld	M 45	02:07:46	02:07:13
119	7	111	86	1417	Güttler, Thorsten	SV Teuto Riesenbeck	M HK	02:07:47	02:07:30
120	16	112	75	1281	Mundhenke, Andreas		M 35	02:07:54	02:07:33
121	8	113	86	1303	Wiemers, Denis		M HK	02:08:00	02:07:46
122	37	114	68	1517	Kallenbach, Joachim	LV Oelde	M 45	02:08:04	02:07:59
123	17	115	76	1797	Hilker, Frank	Team Bath AC	M 35	02:08:14	02:07:45
124	18	116	77	1729	Baumhöfer, Kay		M 35	02:08:20	02:07:57
125	13	117	62	1382	Häusler, Ralf	LiVe-Lauftreff in Versmold	M 50	02:08:26	02:08:23
126	24	118	74	1555	Thomas, Marco	SVT Bechtheim	M 40	02:08:29	02:08:09
127	4	9	69	1347	Hope, Penny	SISU	W 45	02:08:36	02:07:58
128	14	119	83	1849	Toersche, Robert		M 30	02:08:43	02:08:40
129	38	120	66	1655	Schwarte, Christian	LG Emsdetten	M 45	02:09:08	02:09:02
130	19	121	77	1899	Bäthke, Hendrik	SC Altenrheine	M 35	02:09:14	02:09:08
131	4	10	78	1518	Esselmann, Jela	LiVe Lauftreff in Versmold	W 35	02:09:18	02:08:56
132	20	122	78	1520	Esselmann, Tim	LC Solbad Ravensberg	M 35	02:09:33	02:09:27
133	25	123	71	1446	Bußmann, Christoph	LC Restekiste	M 40	02:09:37	02:09:25
134	3	124	57	1302	Wegener, Rainer	Hattinger Hügelläufer	M 55	02:09:40	02:08:57
135	26	125	73	1288	Bentlin, Mario	Jede Oma zählt	M 40	02:09:51	02:09:30
136	27	126	73	1752	Enneken, Mario	Lauffreunde Emsland	M 40	02:10:03	02:09:46
137	39	127	69	1963	Eichler, Thomas	LG Oerlinghausen	M 45	02:10:10	02:09:51
138	40	128	69	1718	Rudolph, Eugen	SuS 09 Neuenkirchen	M 45	02:10:10	02:09:30
139	41	129	66	1907	Rose, Norbert	Lauffreunde Gremmendorf	M 45	02:10:22	02:10:15
140	4	130	59	1414	Toplak, Fred	Toplak Team	M 55	02:10:28	02:10:04
141	14	131	61	1800	Schildmeyer, Frank		M 50	02:10:35	02:10:18
142	5	132	59	1609	Tillack, Hans	LG Emsdetten	M 55	02:10:36	02:10:05
143	15	133	64	1466	Grimme, Harald	LG Emsdetten	M 50	02:10:44	02:10:35
144	1	11	62	1944	Völkl, Anja	SC Falke Saerbeck	W 50	02:10:50	02:10:45
145	16	134	60	1344	Raing, Norbert	LT Wetringen	M 50	02:10:57	02:10:31
146	17	135	63	1845	Pischny, Reiner		M 50	02:11:00	02:10:36
147	28	136	71	1996	Wille, Matthias	Osnabrücker SC	M 40	02:11:00	02:10:30
148	42	137	69	1994	Niemeyer, Marko	Glück (L)auf Georgsmarienhütte	M 45	02:11:05	02:10:30
149	18	138	61	1610	Fleiß, Hermann	LSF Münster	M 50	02:11:10	02:10:31
150	15	139	82	1702	Westermeier, Georg	SC Concordia Scharmede	M 30	02:11:13	02:10:49
151	29	140	70	1383	Heidenreich, Sascha		M 40	02:11:20	02:10:47
152	19	141	64	1682	van der Knaap, Erik	SV Cosmos Getelo	M 50	02:11:21	02:11:17
153	43	142	69	1607	Nähring, Stephan	Brukteria Dreierwalde	M 45	02:11:34	02:11:23

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	9	143	89	1649	Spanel, Stefan	TuS Altenberge 09	M HK	02:11:35	02:11:16
155	44	144	69	1632	Starr, Günther	SC Melle 03	M 45	02:11:36	02:11:24
156	20	145	61	1789	Dierkes, Reinhard	Dörenther SC	M 50	02:11:41	02:11:31
157	21	146	76	1395	Becker, Jörg	LTC Follow Me Emsdetten	M 35	02:11:47	02:11:41
158	16	147	81	1666	Dahmen, Christian		M 30	02:11:49	02:11:01
159	45	148	68	2006	Hülsmann, Christian	SC-Altenrheine	M 45	02:11:50	02:11:09
160	30	149	73	1871	Pöhl, Andre	LG Weidmüller	M 40	02:11:52	02:11:41
161	46	150	65	1992	Uphoff, Peter	SV Teuto Riesenbeck	M 45	02:12:04	02:11:39
162	21	151	64	1900	Elstrodt, Dieter	TV Mettingen	M 50	02:12:07	02:11:45
163	47	152	65	1408	Rohmann, Wolfgang	Wildeshauser Lauffreff	M 45	02:12:24	02:12:15
164	31	153	70	1859	Schnetgöke, Jürgen	SV Teuto Riesenbeck	M 40	02:12:28	02:12:03
165	5	12	66	1386	Richter, Susanne	Bielefeld	W 45	02:12:48	02:12:32
166	10	154	85	1253	Sterthaus, Jens	TV Mesum	M HK	02:12:59	02:12:49
167	32	155	71	1552	Ertel, Joerg	TV Friesen Telgte	M 40	02:13:05	02:12:49
168	22	156	62	1574	Wendt, Boris	Bielefeld	M 50	02:13:10	02:12:54
169	48	157	69	1558	Ueding, Heiko	I-against-me	M 45	02:13:10	02:12:24
170	23	158	61	1319	Lukas-Nülle, Uwe	VfR Voxtrup	M 50	02:13:11	02:12:49
171	49	159	65	1473	Veismann, Hermann-Josef	W&H-Laufgruppe	M 45	02:13:13	02:12:35
172	24	160	64	1999	Burmeister, Robert	SC Altenrheine	M 50	02:13:15	02:12:49
173	2	13	61	1460	Herrmann, Beate	TUS Altenberge 09	W 50	02:13:18	02:13:00
174	11	161	90	1809	Machill, Michael	LSF Münster	M HK	02:13:28	02:13:25
175	50	162	68	1901	Gude, Ralf	LG Rheine-Elte	M 45	02:13:28	02:13:00
176	12	163	85	1415	Geretzky, Christian	BSG JVA Herford	M HK	02:13:40	02:13:06
177	4	164	50	1814	Hoge, Werner	TV Hohne	M 60	02:13:54	02:13:48
178	25	165	62	1342	Zimmerling, Detlev		M 50	02:13:58	02:13:29
179	33	166	72	1445	Floer, Stefan	LSF Greven	M 40	02:14:00	02:13:43
180	51	167	69	1697	Rüther, Michael	TV Mettingen	M 45	02:14:03	02:13:59
181	52	168	67	1676	Klocke, Torsten		M 45	02:14:10	02:13:18
182	53	169	66	1808	Fröhlking, Joachim		M 45	02:14:15	02:13:45
183	6	14	69	1475	Peller-Tölle, Kerstin		W 45	02:14:17	02:14:03
184	54	170	68	1500	Lörcks, Heiner	TuS Altenberge	M 45	02:14:33	02:14:25
185	26	171	60	1653	Thoben, Georg	Pillhuhrunners	M 50	02:14:33	02:14:16
186	13	172	91	1831	Wilm, Eduard	SV Teuto Riesenbeck	M HK	02:14:40	02:14:37
187	55	173	69	1428	Rotthues, Jürgen		M 45	02:14:41	02:14:28
188	6	174	59	1258	Kreeft, Martin	HAC'63 Hoogeveen	M 55	02:14:43	02:14:42
189	27	175	62	1656	Droste, Norbert	SpVgg Dolberg	M 50	02:14:47	02:14:34
190	28	176	60	1727	Strathaus, Wolfgang	W+F Münster	M 50	02:15:01	02:14:57
191	2	15	71	1492	Schrant, Heike	SV Bokeloh	W 40	02:15:07	02:14:57
192	1	177	92	1754	Spisla, Dominik	Bielefeld	M U23	02:15:15	02:15:04
193	29	178	64	1817	Meyer, Hansjörg	TV Hohne	M 50	02:15:16	02:14:45
194	34	179	72	1813	Görlich, Reiner	TV Hohne	M 40	02:15:17	02:15:12
195	14	180	87	1880	Rosen, Florenz	Hinterm Tresen	M HK	02:15:17	02:14:53
196	56	181	65	1327	Kwiatkowski, Wilfried	ETuS-Rupturenclub Rheine	M 45	02:15:25	02:14:56
197	35	182	73	1962	Jäger, Jörg	SC Dörenthe	M 40	02:15:27	02:15:17
198	57	183	66	1690	Mäuer, Udo	SV-Dickenberg	M 45	02:15:27	02:15:09
199	22	184	79	1834	Pomberg, Thomas		M 35	02:15:30	02:14:56
200	58	185	65	1736	Eder, Thomas	TLV Rünthe	M 45	02:15:33	02:15:26
201	5	16	76	1758	Lübeck, Antje		W 35	02:15:36	02:15:35
202	59	186	67	1452	Warner, Michael	BSG Sparkasse Osnabrück	M 45	02:15:38	02:15:32
203	7	17	66	1644	Mergelmeyer, Heidrun	TuS Borgloh	W 45	02:15:40	02:15:17
204	30	187	61	1337	Böckers, Reinhard	VfL Ahaus	M 50	02:15:43	02:15:37
205	7	188	57	1565	Thole, Jürgen	Bippener SC	M 55	02:15:51	02:15:21

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	60	189	67	1717	Budde, Thomas	TLV Rünthe	M 45	02:15:58	02:15:45
207	61	190	65	1785	Sievers, Uwe		M 45	02:15:59	02:15:21
208	8	191	59	1318	Timmerhuis, Henri	Sisu Almelo	M 55	02:16:01	02:15:21
209	31	192	64	1514	veenendaal, Berend	Iphitos	M 50	02:16:03	02:15:22
210	17	193	81	1379	Heinen, Sebastian Josef	Babenhausen Allstars & Friends	M 30	02:16:06	02:15:31
211	32	194	64	1604	Berger, Markus	TV Friesen Telgte	M 50	02:16:06	02:16:03
212	3	18	64	1842	Brinkmann, Wilma	TSVE Bielefeld	W 50	02:16:11	02:15:50
213	6	19	75	1528	Merschformann, Ruth	Tri Finish Münster	W 35	02:16:16	02:15:55
214	33	195	60	1672	van den Berg, Jürgen	SV Teuto Riesenbeck	M 50	02:16:17	02:16:03
215	62	196	67	1788	Schmiemann, Christian	Ibbenbüren	M 45	02:16:22	02:15:40
216	63	197	69	1289	Dulle, Norbert		M 45	02:16:28	02:16:24
217	64	198	66	1619	Wewer, Christian	Grün-Weiss Steinbeck	M 45	02:16:28	02:15:38
218	18	199	83	1533	Mangelmans, Christoph		M 30	02:16:29	02:16:09
219	34	200	60	1699	Langner, Eckhard	1.Tri-Team-Gütersloh GTV	M 50	02:16:38	02:15:56
220	1	201	49	1595	Brinkhues, Bernd	SC Altenrheine	M 65	02:16:39	02:16:13
221	35	202	60	1749	Bockting, Franz-Josef	LV Marathon Kleve	M 50	02:16:54	02:16:06
222	65	203	69	1499	Meijer, Fulco	Marathon Ibbenbüren	M 45	02:16:57	02:16:14
223	8	20	65	1640	Berelsmann, Andrea	TV-Georgsmarienhütte	W 45	02:16:57	02:16:31
224	3	21	72	1918	Berkath, Petra	TV Jahn Walsrode	W 40	02:17:05	02:16:57
225	15	204	89	1978	Lammers, Daniel	DJK Arminia Ibbenbüren	M HK	02:17:10	02:16:34
226	66	205	68	1762	Hehemann, Stefan		M 45	02:17:17	02:16:53
227	67	206	66	1561	Proske, Mario	LSF Münster	M 45	02:17:27	02:16:41
228	7	22	79	1950	Germann, Melanie	SC Altenrheine	W 35	02:17:29	02:16:54
229	68	207	67	1650	Schüttken, Udo	TV Mettingen	M 45	02:17:38	02:16:50
230	36	208	71	1778	Herbers, Andreas	SVA Salzbergen	M 40	02:17:55	02:17:37
231	69	209	67	1913	Weber, Andreas		M 45	02:17:55	02:17:40
232	4	23	63	1714	Kempkes, Christiane	TV borken	W 50	02:17:56	02:17:43
233	9	24	68	1926	Wiemer, Stefanie	Sportler 4 a cildrens World	W 45	02:18:04	02:17:42
234	36	210	63	1747	Diepenbrock, Thomas	1. FC Nordwalde e.V.	M 50	02:18:11	02:17:46
235	9	211	57	1416	Reinke, Karl	TuS Altenberge 09	M 55	02:18:13	02:17:32
236	37	212	63	1362	Dieker, Thomas	VfL Ahaus	M 50	02:18:27	02:18:20
237	37	213	71	1380	Kretschmer, Jörg	Laufsport Sende	M 40	02:18:29	02:17:57
238	10	214	57	1772	Bechmann, Willi	RAG Deutsche Steinkohle	M 55	02:18:30	02:18:25
239	11	215	55	1270	Siedler, Wolfgang		M 55	02:18:33	02:18:23
240	38	216	60	1584	Schulze-Tenberge, Gerd	SV Lembeck	M 50	02:18:37	02:18:29
241	5	217	50	1483	Lütke Schelhowe, Hermann	DJK Dyckburg-Münster	M 60	02:18:41	02:18:15
242	16	218	88	1746	Bolz, Jan		M HK	02:18:45	02:18:05
243	10	25	67	1505	Wesseler, Anja	LG Emsdetten	W 45	02:18:54	02:18:32
244	23	219	75	1723	Telger, Maik	LG Emsdetten	M 35	02:19:03	02:18:56
245	2	26	90	1323	Bode, Alena		W HK	02:19:05	02:18:42
246	12	220	57	1322	Bode, Andreas	Hurricane Holsen	M 55	02:19:06	02:18:44
247	39	221	60	1538	Dohe, Jürgen	Lengerich	M 50	02:19:06	02:18:22
248	38	222	70	1516	Reckendrees, Christoph	Trispeed Marienfeld	M 40	02:19:11	02:18:35
249	19	223	81	1615	Wilkes, Marc		M 30	02:19:24	02:18:36
250	2	224	92	1786	Heile, Meinolf	Tus Wallenstein	M U23	02:19:27	02:18:46
251	24	225	79	1719	Salchert, Stephan	LG Coesfeld	M 35	02:19:31	02:18:58
252	3	226	92	1513	Schluch, Pascal	SV Teuto Riesenbeck	M U23	02:19:38	02:19:23
253	4	27	71	1351	Meier, Sandra	Osnabrücker SC	W 40	02:19:51	02:18:59
254	70	227	67	1832	Kleemann, Jürgen		M 45	02:19:52	02:19:30
255	39	228	71	1387	Baltes, Carsten	Lauftreff Nottuln	M 40	02:19:52	02:19:34
256	40	229	62	1705	Steiner, Gerd	LC Solbad Ravensberg	M 50	02:19:57	02:19:25
257	25	230	75	1951	Bollweg, Stefan	BSI Sparkasse Bielefeld / LG Oerli	M 35	02:19:59	02:19:42

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	13	231	58	2007	Eckers, Laurenz	TV-Rhede	M 55	02:20:07	02:20:05
259	20	232	83	1867	Bruch , Jens	Team Werbecar	M 30	02:20:07	02:19:21
260	11	28	68	1961	Mellies, Susanne	Lotterläufer	W 45	02:20:11	02:19:50
261	1	29	53	1909	Kies, Mechtild	LG Emsdetten	W 60	02:20:17	02:19:17
262	26	233	79	1352	Glatzer, Oliver	Osnabrücker SC	M 35	02:20:19	02:19:28
263	71	234	66	1437	Krumbeck, Christian	SC Falke Saerbeck	M 45	02:20:21	02:19:51
264	41	235	62	1536	Hövel, Walter	SC Falke Saerbeck	M 50	02:20:21	02:19:47
265	72	236	67	1669	Suelmann, Reinhard		M 45	02:20:24	02:19:45
266	5	30	63	1335	Hemker, Barbara	VfL Ahaus	W 50	02:20:43	02:20:36
267	21	237	82	1889	Egbers, Christian	SV Wietmarschen	M 30	02:20:46	02:20:22
268	14	238	57	1486	Stallbörger, Reinhard	SV Teuto Riesenbeck	M 55	02:20:57	02:20:12
269	5	31	74	1659	Pfannkuche, Melanie	SpVgg Dolberg	W 40	02:21:02	02:20:46
270	73	239	66	1668	Finkelmann, Ralf	TuS Hiltrup	M 45	02:21:08	02:21:03
271	40	240	74	1677	Fragge, Jörg	Ellenstedt	M 40	02:21:22	02:21:05
272	12	32	65	1420	Hörschemeyer, Gisela	Judo Crocodiles	W 45	02:21:32	02:21:02
273	15	241	57	1711	Böckers, Winfried	LG Coesfeld	M 55	02:21:38	02:21:09
274	41	242	72	1919	Braemer, Lars	TV Jahn Walsrode	M 40	02:21:42	02:21:34
275	8	33	76	1385	O'Connor, Steffi	BSG JVA Herford	W 35	02:21:46	02:21:10
276	42	243	60	1987	Schulz , Arthur	DSK	M 50	02:21:49	02:21:38
277	6	34	63	1441	König, Ingrid	SC Altenrheine	W 50	02:21:49	02:21:15
278	22	244	84	1875	Sandherm, Christian		M 30	02:21:56	02:21:51
279	9	35	76	1418	Weirauch, Eva	LG Emsdetten	W 35	02:21:58	02:21:37
280	42	245	74	1489	Kissel, Paul	Team Averhoff	M 40	02:21:59	02:21:38
281	13	36	65	1709	Vahrenhorst, Kerstin	LiVe-Lauftreff in Versmold	W 45	02:22:03	02:21:38
282	43	246	63	1407	Strototte, Martin	LG Marienfeld	M 50	02:22:05	02:21:31
283	44	247	61	1630	Bald, Bernhard	SC Melle 03	M 50	02:22:10	02:21:57
284	43	248	71	1966	Karlisch, Frank	SC Altenrheine	M 40	02:22:19	02:22:13
285	74	249	68	1275	Sontopski, Andreas	LSF Münster	M 45	02:22:29	02:22:25
286	27	250	75	1745	Volbert, Thomas	TuS Altenberge 09	M 35	02:22:32	02:21:53
287	45	251	60	1815	Konermann, Peter	TV Hohne	M 50	02:22:38	02:21:44
288	46	252	60	1348	Hannink, Peter	Loopgroep Streu	M 50	02:22:39	02:22:00
289	14	37	66	1933	Meyer, Petra	Grün-Weiß Steinbeck	W 45	02:22:47	02:21:56
290	28	253	78	1751	Fiedler, Dawid		M 35	02:22:48	02:22:19
291	47	254	64	1360	Oelgemöller, Dieter	PC Telgte	M 50	02:22:54	02:22:39
292	17	255	87	1601	Spitmann, Thomas		M HK	02:23:09	02:22:49
293	48	256	64	1506	Stannies, Bodo	Teuto-Reisenbeck	M 50	02:23:19	02:22:35
294	75	257	69	1384	Mischke, Klaus	BSG JVA Herford	M 45	02:23:22	02:22:45
295	16	258	59	1300	Bodmann, Egbert	Hattinger Hügelläufer	M 55	02:23:22	02:22:39
296	49	259	60	1924	Spanier, Ekkehard	Sportziel Marthonteam Bremen	M 50	02:23:22	02:22:32
297	23	260	81	1925	Prinz, Sascha	TV Borken	M 30	02:23:24	02:23:08
298	76	261	68	1576	Werner, Marcus	BSG Herford	M 45	02:23:24	02:22:52
299	77	262	65	1641	Berelsmann, Andreas	TV-Georgsmarienhütte	M 45	02:23:27	02:22:59
300	10	38	79	1370	Bugdoll, Saskia		W 35	02:23:33	02:22:52
301	78	263	68	1848	Kantzer, Dietmar	SV Dickenberg	M 45	02:23:37	02:23:03
302	79	264	69	1480	Lentz, Oliver		M 45	02:23:42	02:23:03
303	50	265	63	1425	Lampe, Jürgen	Sc Falke Saerbeck	M 50	02:23:46	02:23:14
304	80	266	65	1860	Detmer, Thorsten	Leinerstift e.V.	M 45	02:23:48	02:23:00
305	15	39	67	1345	Nijkamp, Christine	Streu laufgruppe	W 45	02:23:48	02:23:04
306	51	267	60	1257	Farwick, Wolfgang		M 50	02:24:00	02:23:16
307	81	268	68	1706	Deschner, Lars	Osnabrücker SC	M 45	02:24:05	02:23:11
308	11	40	78	1568	Fip, Julia	Bumkies LG	W 35	02:24:05	02:23:33
309	82	269	67	2001	Lange, Jörg	LC Solbad Ravensberg	M 45	02:24:08	02:23:41

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	52	270	63	1612	Tebrügge, Bernfried		M 50	02:24:11	02:24:09
311	83	271	68	1333	Weiß, Wilfried	Marathon Steinfurt	M 45	02:24:16	02:24:08
312	44	272	73	1534	Bröskamp, Heinz		M 40	02:24:18	02:23:39
313	24	273	80	1939	Fröhner, Andreas		M 30	02:24:28	02:24:03
314	17	274	59	1710	Mäuer, Jürgen	SV-Dickenberg	M 55	02:24:31	02:23:51
315	45	275	73	1530	Wolf, Nils	Brock Rocks	M 40	02:24:34	02:24:23
316	29	276	77	1317	Brockmann, Torsten	Münster	M 35	02:24:40	02:24:11
317	30	277	76	1952	Brinkmann, René	LiVe-Lauftreff in Versmold	M 35	02:24:43	02:24:06
318	31	278	77	1293	Schmedt, Christian	Hopla Hopsten	M 35	02:24:44	02:23:57
319	53	279	63	1328	Blokszjl, Robert		M 50	02:24:46	02:24:06
320	54	280	60	1694	Hellmann, Andreas	SV Ofenerdiek	M 50	02:24:50	02:24:18
321	25	281	82	1511	Kock, Klaus	K&M Running Sports	M 30	02:24:55	02:24:30
322	18	282	87	1735	Heile, Maximilian		M HK	02:25:00	02:24:52
323	55	283	62	1698	Andrews, Johannes	Jede Oma zählt	M 50	02:25:13	02:24:50
324	84	284	67	1346	Heuvelman, Bas	Streu Laufgruppe	M 45	02:25:13	02:24:27
325	85	285	69	1777	Konermann, Reinhard	Westfalen Hopsten	M 45	02:25:18	02:24:50
326	46	286	70	1863	Meyknecht, Klaus		M 40	02:25:23	02:24:36
327	86	287	68	1716	THEWES, Norbert	LG Coesfeld	M 45	02:25:25	02:24:56
328	56	288	62	1545	Rösler, Andreas	LT Wischlingen Dortmund	M 50	02:25:28	02:25:06
329	87	289	68	1616	Lakmann, Uwe	Weyher Lauftreff	M 45	02:25:28	02:25:04
330	6	41	72	1268	Schulz, Lisa	LG Rheine-Elte	W 40	02:25:34	02:25:04
331	32	290	75	1312	Biemann, Christian	VfR Voxtrup	M 35	02:25:44	02:25:25
332	16	42	69	2011	Böhme, Mechthild	LC Solbad Ravensburg	W 45	02:25:47	02:25:16
333	88	291	69	1865	Smith, Jeff	CaBa	M 45	02:25:57	02:25:00
334	89	292	68	1725	Meckfessel, Michael	Freedener Streetfighter	M 45	02:25:58	02:25:41
335	57	293	63	1695	Rentemeister, Werner	LG COESFELD	M 50	02:26:03	02:25:33
336	7	43	74	1515	Wittich, Nicola	Tri Finish Münster	W 40	02:26:04	02:25:44
337	19	294	87	1959	Kahle, Jan	Altenlingen	M HK	02:26:04	02:25:38
338	33	295	75	1525	Weber, Heiko	TuS 45/53 Heessen	M 35	02:26:07	02:25:23
339	18	296	56	1823	Kastrup, Klaus-Peter	TSVE 1890 Bielefeld	M 55	02:26:08	02:25:21
340	34	297	79	1424	Szameitat, Wolfgang	Jede Oma zählt	M 35	02:26:09	02:25:47
341	7	44	61	1451	Potthoff, Doris	LC Solbad	W 50	02:26:13	02:25:47
342	90	298	65	1260	Klein, Michael	Lauffreunde Bönen	M 45	02:26:19	02:26:04
343	47	299	72	1826	Wehmeyer, Ralf	SV Uffeln	M 40	02:26:21	02:25:54
344	91	300	65	1791	Henke, Michael	Tri-Cops Warstein	M 45	02:26:25	02:25:25
345	12	45	79	1356	Schröter, Ilka		W 35	02:26:30	02:26:17
346	6	301	53	1936	Helmers, Georg		M 60	02:26:37	02:25:39
347	92	302	68	1757	Fleute, Michael		M 45	02:26:46	02:25:48
348	48	303	70	1330	Kötter, Mario		M 40	02:26:59	02:26:06
349	26	304	83	1862	Loose, Matthias		M 30	02:27:03	02:26:47
350	27	305	83	1742	Moldenhauer, Dirk		M 30	02:27:07	02:26:21
351	7	306	51	1455	Studt, Jochen		M 60	02:27:10	02:26:38
352	58	307	61	1766	Stalinski, Dirk	LV Marathon Kleve	M 50	02:27:12	02:26:23
353	19	308	59	1850	Wiesmann, Berthold	TV Borken	M 55	02:27:17	02:27:03
354	13	46	75	1535	Wessels, Elke	Team Erdinger Alkoholfrei	W 35	02:27:22	02:26:48
355	35	309	79	1943	Schleinhege, Lars	1.TCO	M 35	02:27:22	02:26:59
356	8	310	54	1307	Spiekermann, Peter	SC Melle 03	M 60	02:27:24	02:26:40
357	59	311	61	1770	Thier, Johannes	SV Lembeck	M 50	02:27:30	02:27:18
358	60	312	63	1991	Friedrich, Wolfgang	Leinerstift e.V.	M 50	02:27:31	02:26:43
359	61	313	62	1598	Kerk, Thomas	Feuerwehr Ibbenbüren	M 50	02:27:34	02:26:43
360	93	314	66	1810	Becks, Stefan	TV Hohne	M 45	02:27:35	02:27:05
361	8	47	63	2015	Winter, Elisabeth	LC Solbad Ravensberg	W 50	02:27:37	02:27:11

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	94	315	67	1990	Borgert, Ralf	LG Coesfeld	M 45	02:27:38	02:27:09
363	28	316	81	1496	Leusder, Dennis	Ochtrup	M 30	02:27:42	02:27:33
364	62	317	61	1626	Grüger, Magnus	LSF Münster	M 50	02:27:43	02:26:53
365	36	318	75	1325	Lüttmann, Andre	Hattinger Hügelläufer	M 35	02:27:45	02:27:08
366	17	48	67	1581	Brockmann, Anne	SC Falke Saerbeck	W 45	02:27:50	02:27:16
367	63	319	63	1504	Göbel, Uwe		M 50	02:27:51	02:26:59
368	49	320	70	1409	Mattern, Jürgen	LG Totes Viertel Avenwedde	M 40	02:27:55	02:27:12
369	95	321	68	1603	Hoppe, Ulrich	SC Falke Saerbeck	M 45	02:27:58	02:26:56
370	96	322	65	1501	Hatkemper, Michael	ETuS Haltern	M 45	02:28:00	02:27:42
371	20	323	57	1816	Laig, Uwe	TV Hohne	M 55	02:28:09	02:27:50
372	1	49	80	1309	Riedel, Sabrina	SV Teuto Riesenbeck	W 30	02:28:13	02:27:29
373	2	324	48	1521	Schlaefke, Dieter	DJK Adler 07 Bottrop	M 65	02:28:13	02:27:46
374	97	325	69	1680	Lüdke, Frank	Tri Finish Münster	M 45	02:28:13	02:28:06
375	1	50	58	1993	Wegmann, Aloysia	SC Altenrheine	W 55	02:28:22	02:27:48
376	50	326	73	1389	Otte-Vinke, Mike	BSG Kreissparkasse Melle	M 40	02:28:28	02:28:09
377	2	51	52	1272	Wille, Monika	Ute Mückel Sebamed Triathlon Te	W 60	02:28:31	02:28:01
378	9	327	51	1450	Selchow, Dieter		M 60	02:28:38	02:28:04
379	3	328	47	1413	Venker, Paul	LG Emsdetten	M 65	02:28:41	02:27:40
380	18	52	65	1692	Reeker, Christiane	LG Brukteria Dreierwalde	W 45	02:28:49	02:27:58
381	19	53	68	1621	Hoffrogge, Marita	SC Spelle-Venhaus	W 45	02:28:51	02:28:14
382	20	329	86	1882	rehmann, Lukas		M HK	02:28:52	02:28:44
383	98	330	68	1739	Voigt, Torsten	Tri Finish Munster	M 45	02:29:02	02:28:48
384	4	331	48	1631	Dufils, Gerd	Marathon Ibbenbüren	M 65	02:29:02	02:28:39
385	64	332	61	2021	Haßmann, Detlef	TV Hohne	M 50	02:29:03	02:28:20
386	21	333	56	1339	Pohl, Herbert	Radbod Runners	M 55	02:29:04	02:28:45
387	22	334	59	1646	Neumann, Bertram	Laufftreff Nottuln	M 55	02:29:07	02:28:49
388	8	54	72	1914	Haarmeyer, Birgit	TV Mettingen	W 40	02:29:16	02:28:27
389	99	335	68	1254	Müller, Peter	SC 28 Nordwalde	M 45	02:29:21	02:28:58
390	29	336	81	1998	Bonicki, Jacek		M 30	02:29:25	02:28:29
391	65	337	64	1829	Arnicke, Ulrich	Piesberger SV	M 50	02:29:27	02:28:38
392	37	338	76	1537	Hesping, Christian	SC Altenrheine	M 35	02:29:31	02:28:55
393	51	339	74	1853	Hörmeyer, Carsten	Bergziegen Altenberge	M 40	02:29:35	02:28:55
394	66	340	60	1912	Bergmann, Manfred	Wallenhorst	M 50	02:29:35	02:29:02
395	20	55	67	1477	Höwer, Doris	Tri Finish Münster	W 45	02:29:39	02:29:18
396	52	341	70	1463	Meyer, Carsten	Feuerwehr Lengerich	M 40	02:29:42	02:28:57
397	67	342	63	1299	Althaus, Paul	Hattinger Hügelläufer	M 50	02:29:44	02:29:08
398	53	343	72	1684	Reimelt, Thomas	Stella Bevergern	M 40	02:30:01	02:29:17
399	38	344	75	1689	Degenhardt, Dennis	Ellenstedt	M 35	02:30:07	02:29:50
400	54	345	70	1292	Augustin, Jan	Sportfreunde Augustin	M 40	02:30:08	02:29:37
401	55	346	70	1334	Schwietering, Thomas	VfL Ahaus	M 40	02:30:10	02:29:59
402	56	347	71	1329	Baumeister, Frank	VfL Ahaus	M 40	02:30:10	02:30:02
403	21	56	65	1361	Dieker, Heike	VfL Ahaus	W 45	02:30:10	02:29:59
404	57	348	74	1731	Laurich, Gerd	Königsblau Vreden	M 40	02:30:11	02:29:27
405	100	349	69	1886	Feldkamp, Heinz-Bernd	Königsblau Vreden	M 45	02:30:12	02:29:27
406	68	350	62	1733	Schlarmann, Ludger	SF Lechtingen	M 50	02:30:17	02:29:39
407	10	351	51	1828	Altehülsing, Laurenz	Laufzentrum Rheine	M 60	02:30:33	02:29:56
408	2	57	84	1599	Baudzus, Barbara		W 30	02:30:34	02:30:16
409	101	352	69	1426	Lammers, Stefan	LSF Münster	M 45	02:30:46	02:30:05
410	69	353	60	2005	Strotebeck, Uwe	THC Westerkappeln	M 50	02:30:47	02:30:26
411	102	354	66	1868	Trittel, Stephan		M 45	02:30:57	02:30:47
412	103	355	69	1673	Hoppe, Stefan		M 45	02:31:05	02:30:00
413	21	356	86	1730	schnabel, James		M HK	02:31:21	02:30:26



Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	104	357	65	1280	Schwienheer, Harald	TV Friesen Telgte	M 45	02:31:24	02:30:41
415	22	58	67	1921	gerken, Bettina	tlv rünthe 77	W 45	02:31:28	02:31:08
416	105	358	66	1564	Brink, Arend	SC Union Emlichheim	M 45	02:31:38	02:30:59
417	70	359	62	1481	Streibel, Stefan	SV Teuto Riesenbeck	M 50	02:31:46	02:30:54
418	23	360	59	1403	Hevink, Hans	RST Enschede	M 55	02:31:48	02:30:51
419	23	59	68	1430	Bremer, Bettina	LC Solbad Ravensberg	W 45	02:31:59	02:31:28
420	30	361	81	1406	Berghaus, Oliver	SV-Teuto Riesenbeck	M 30	02:32:03	02:31:45
421	14	60	78	1503	Austermann, Andrea	Tri Team Gütersloh	W 35	02:32:11	02:31:36
422	58	362	74	1701	Schumacher, Andreas	LT - Feuerwehr Lastrup	M 40	02:32:22	02:31:49
423	106	363	69	1377	Schröder, Rainer	TV Mettingen	M 45	02:33:02	02:32:13
424	107	364	65	1266	Klompmaker, Arthur	Laufmitmir	M 45	02:33:11	02:32:29
425	39	365	76	1970	fudalej, Lukas	Lauffreunde Bönen	M 35	02:33:23	02:33:06
426	108	366	65	1419	Assies, Bernhard		M 45	02:33:24	02:32:40
427	109	367	66	1274	Bolz, Jan	BSV Ostbevern	M 45	02:33:25	02:33:20
428	22	368	87	1579	Zwier, Michael	RST	M HK	02:33:27	02:32:27
429	110	369	65	1556	Masselink, René	RST	M 45	02:33:28	02:32:28
430	11	370	51	1981	Vismann, Josef	SV-Dickenberg	M 60	02:33:42	02:33:02
431	9	61	62	1341	Grubbe, Dorothea	VfL Ahaus	W 50	02:33:50	02:33:40
432	23	371	87	1784	Bülter, Christoph		M HK	02:33:53	02:33:08
433	3	62	86	1783	Thieme, Britta	Jogmap Ruhr	W HK	02:33:53	02:33:07
434	111	372	69	1756	Stodieck, Thorsten		M 45	02:34:02	02:33:03
435	112	373	66	1884	Budzinski, Jörg	TuS Altenberge 09	M 45	02:34:04	02:33:23
436	3	63	83	1590	Bartling, Eva	SSC Dodesheide	W 30	02:34:11	02:33:44
437	113	374	69	1583	Jackisch, Uwe	SV Rasensport	M 45	02:34:13	02:33:42
438	24	375	55	1793	Hülsmeier, Johannes	Lauftreff Olympia Uelsen	M 55	02:34:15	02:34:10
439	15	64	75	1378	Stein, Vanessa	W+F Münster	W 35	02:34:19	02:33:38
440	10	65	64	1484	Janse-Stock, Anette	Vebu	W 50	02:34:33	02:34:14
441	3	66	52	1332	van Pareren, Christine	VfL Ahaus	W 60	02:34:40	02:34:28
442	40	376	76	1977	Blume, Sebastian		M 35	02:34:43	02:33:40
443	24	67	68	1434	Rudolph-Meier, Marietheres	SC Altenrheine	W 45	02:34:52	02:34:18
444	24	377	89	1971	Antonij, Anton	DJK Arminia Ibbenbüren	M HK	02:34:57	02:34:26
445	25	378	89	1980	Fremann, Julian		M HK	02:34:57	02:34:21
446	25	379	56	2017	Pfister, Ulrich		M 55	02:35:05	02:34:16
447	41	380	79	1821	Rücker, Jens	TV Hohne	M 35	02:35:09	02:34:56
448	59	381	72	1812	Fuchs, Jurek	TV Hohne	M 40	02:35:09	02:34:38
449	42	382	77	1779	Guthier-Geier, Andre	Lg Bukteria Dreierwalde	M 35	02:35:10	02:34:19
450	114	383	68	1995	Schröter, Eric	Lg de Zandstuve	M 45	02:35:47	02:35:26
451	71	384	60	1827	Diebowski, Ulrich		M 50	02:35:49	02:35:47
452	43	385	79	2003	Volkman, Torben	Bluecue Runners	M 35	02:36:07	02:35:39
453	115	386	66	1478	Wegmann, Claus	TV Friesen Telgte	M 45	02:36:09	02:35:22
454	116	387	68	2014	Kleine, Andreas	TuS Recke	M 45	02:36:09	02:35:16
455	4	68	90	1508	Overdiek, Kerstin		W HK	02:36:24	02:35:27
456	25	69	68	1891	Reckels, Rosi	LT Wettringen	W 45	02:36:32	02:35:39
457	16	70	78	1840	Rüther, Karin		W 35	02:36:32	02:35:39
458	117	388	67	1353	Hennecke, Michael	VfL Lingen	M 45	02:36:33	02:36:09
459	26	71	65	1282	Beernink, Nicole	AV Iphitos	W 45	02:36:36	02:35:55
460	9	72	73	1284	van Nieuwkuijk, Merlenn	AV Iphitos	W 40	02:36:36	02:35:55
461	26	389	55	1645	John, Hans-Henning	WSU Tri-Team	M 55	02:36:40	02:36:26
462	72	390	63	1571	Albers, Hermann		M 50	02:36:43	02:36:18
463	73	391	62	1359	Sentker, Ralf	VfL Lingen	M 50	02:36:43	02:36:19
464	2	73	58	1693	Burg, Birgit	SC Melle 05	W 55	02:36:51	02:36:39
465	60	392	70	1435	Holtmeyer, Markus	BW Hollage	M 40	02:37:00	02:36:17

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	61	393	73	1942	Wenk, Jens J.	GAD BSG Laufen	M 40	02:37:04	02:36:24
467	74	394	61	1453	Ehling, Klaus	LSF Münster	M 50	02:37:05	02:36:20
468	27	395	57	1543	Fliß, Ludger	LSF Münster	M 55	02:37:06	02:36:24
469	75	396	63	1760	Härtwig, Olaf		M 50	02:37:15	02:36:17
470	76	397	62	1851	Schäfers, Jürgen	SV Teuto Riesenbeck	M 50	02:37:30	02:36:42
471	62	398	72	1354	Koch, Marco	time4fit Ibbenbüren	M 40	02:37:31	02:37:09
472	118	399	69	1355	Bargmann, Michael	time4fit Ibbenbüren	M 45	02:37:33	02:37:10
473	10	74	71	1903	Marin, Ute	TV Mettingen	W 40	02:38:01	02:37:12
474	11	75	73	2016	Lage, Christiane	BSG Kreissparkasse Steinfurt	W 40	02:38:01	02:37:34
475	119	400	65	1937	de Boer, Eddy	Reestrunters	M 45	02:38:08	02:37:39
476	77	401	63	1343	Geerdink, Ton	Sisu	M 50	02:38:12	02:37:25
477	27	76	68	1836	Lanwert, Ingrid	SV Eintracht Neuenkirchen	W 45	02:38:16	02:37:18
478	11	77	61	1681	Klausing, Elisabeth	SV Eintracht Neuenkirchen	W 50	02:38:16	02:37:18
479	5	402	47	1448	Lienland, Franz-Josef	LSF Oldenburg	M 65	02:38:17	02:37:24
480	12	78	62	1554	Krieft, Monika	LG Marienfeld	W 50	02:38:22	02:37:48
481	3	79	58	1904	Fraenkel, Ursula		W 55	02:38:34	02:38:02
482	13	80	60	1259	Kreeft-Kardurk, Lia	HAC'63 Hoogeveen	W 50	02:38:57	02:38:33
483	31	403	84	1482	Hahn, Donatus	Tri Finish Münster	M 30	02:38:59	02:38:13
484	12	404	54	1467	Wehmeyer, Uwe	Airborne-Fit-Run e.V.	M 60	02:39:02	02:38:25
485	120	405	69	1780	Kramer, Martin	Stella Bevergern	M 45	02:39:24	02:38:40
486	28	406	55	1315	Großmann, Peter	Hattinger Hügelläufer	M 55	02:39:24	02:38:41
487	78	407	63	1824	Figur, Rainer	Tri-Cops Warstein	M 50	02:39:28	02:38:28
488	32	408	83	1566	Ahlers, Christoph	VfL Emslage	M 30	02:39:41	02:39:15
489	79	409	62	1404	Oster, Georg	SoDa Laggenbeck	M 50	02:39:50	02:38:51
490	121	410	66	1350	Neteler, Rudi		M 45	02:39:59	02:39:04
491	29	411	59	1622	Wiggers, Reinhard	SuS Neuenkirchen	M 55	02:40:15	02:39:37
492	122	412	69	1670	Potthoff, Peter	SV Oldendorf	M 45	02:40:17	02:39:44
493	123	413	65	1472	Schilling, Martin	TV Friesen Telgte	M 45	02:40:25	02:39:29
494	26	414	85	1509	Prost, Martin	K&M Running Sports	M HK	02:40:39	02:40:14
495	14	81	60	1443	de Buhr, Herta	Fortuna Logabirum	W 50	02:40:45	02:40:30
496	27	415	87	1941	Beine, Tobias		M HK	02:40:47	02:39:53
497	124	416	65	1488	Schürmann, Jörg	VfL Holsen	M 45	02:40:48	02:39:54
498	4	82	80	1802	Adrian, Kathrin	NoseKäng	W 30	02:40:49	02:39:50
499	125	417	65	1369	Glas, Maarten		M 45	02:41:16	02:40:34
500	80	418	64	1975	Brinkmann, Klaus	ETuS Rheine	M 50	02:41:19	02:40:17
501	28	83	66	1839	Hartmann, Britta	Bippener SC	W 45	02:41:25	02:40:27
502	30	419	56	1658	Berghoff, Reinhard	SpVgg Dolberg	M 55	02:41:37	02:41:18
503	126	420	68	1405	Ganswind, Michael	Lauffreunde Bönen	M 45	02:41:47	02:41:26
504	81	421	64	1837	Honderboom, Jürgen		M 50	02:41:47	02:41:46
505	5	84	86	1847	Koytek, Esta	SV Lembeck	W HK	02:41:55	02:41:45
506	12	85	74	1588	Kappelhoff, Tanja	SV Teuto Riesenbeck	W 40	02:41:56	02:41:11
507	31	422	56	1324	Strauch, Heinz	SV Teuto Riesenbeck	M 55	02:41:59	02:41:14
508	63	423	72	1390	Löckemann, Markus	LG Emsdetten	M 40	02:42:01	02:41:41
509	82	424	62	1357	von der Straten, Thomas	Etus Rheine	M 50	02:42:06	02:41:37
510	17	86	77	1696	Schierenberg , Nicole		W 35	02:42:10	02:41:23
511	64	425	73	1803	Adrian-Emkow, Markus	NoseKäng	M 40	02:42:12	02:41:12
512	127	426	65	1665	Exeler, Guido		M 45	02:42:27	02:42:07
513	128	427	67	1932	Dröge, Oliver	TLV Rünthe	M 45	02:42:37	02:42:23
514	44	428	75	1421	Münzberger, Thorsten	LG Emsdetten	M 35	02:42:38	02:42:03
515	32	429	57	1393	Jäger, Josef	Laufftreff Nottuln	M 55	02:42:57	02:42:29
516	29	87	69	1931	Dröge, Claudia	TLV Rünthe	W 45	02:43:22	02:43:03
517	6	430	49	1764	Wolfrom, Peter	LT SCHOPPENSTECHE	M 65	02:43:23	02:42:19

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	33	431	58	1857	Gördes, Bernhard	SV Lembeck	M 55	02:43:34	02:43:25
519	30	88	69	1464	Diekmann, Ute	BellZett	W 45	02:43:39	02:43:07
520	1	432	44	1400	Kunzmann, Günter	LG Rheine-Elte	M 70	02:43:45	02:43:18
521	34	433	56	1928	Berg, Martin		M 55	02:44:05	02:44:02
522	35	434	59	1522	Türker, C.Xaver	Laufsport Freunde Gremmendorf	M 55	02:44:05	02:44:05
523	129	435	65	1870	Albers, Markus	TuS Hiltrup	M 45	02:44:10	02:43:23
524	83	436	63	1819	Nigbur, Frank	TV Hohne	M 50	02:44:31	02:43:40
525	15	89	63	1585	Kerk, Ruth	SV Dickenberg	W 50	02:44:31	02:43:41
526	13	90	72	1602	Kalde, Monika	LG Dummfisch	W 40	02:44:52	02:43:56
527	16	91	61	1531	Bergmann, Iris	Laufftreff Nottuln	W 50	02:44:52	02:44:11
528	18	92	79	1895	Kettelgerdes, Monika		W 35	02:45:02	02:44:07
529	36	437	59	1444	Friedl, Harald		M 55	02:45:49	02:45:06
530	13	438	53	2020	Knaust, Peter	LC Solbad Ravensberg	M 60	02:45:53	02:45:27
531	130	439	67	1893	Schaefer, Klaus	Kirche läuft Wilhelmshaven	M 45	02:45:57	02:45:40
532	84	440	63	1608	Siemens, Frank	SV Lembeck	M 50	02:46:21	02:46:03
533	17	93	61	1498	Blankemeyer, Inge	Marathon Ibbenbüren	W 50	02:46:52	02:45:59
534	131	441	68	1703	Nagel, Andre	RC Sorpesee Tri-Team	M 45	02:46:55	02:46:20
535	45	442	79	1905	Oink, Andreas	SV Veldhausen	M 35	02:47:14	02:46:25
536	85	443	60	1471	Stephan, Rüdiger	W+F Münster	M 50	02:47:23	02:47:07
537	132	444	66	1916	Niemeyer, Lothar		M 45	02:47:27	02:46:29
538	65	445	72	1833	Hess, Rene	tecRacer	M 40	02:47:31	02:46:56
539	31	94	68	1294	Ostrzinski, Ulrike	MSRunners	W 45	02:47:31	02:46:41
540	37	446	59	1295	Becker, Martin	MSRunners	M 55	02:47:32	02:46:44
541	38	447	55	1296	Goerke-Mallet, Peter	MSRunners	M 55	02:47:32	02:46:43
542	133	448	69	1801	Wrocklage, Ralf		M 45	02:47:37	02:47:01
543	86	449	64	1440	Welkener, Jürgen	SC Melle 03	M 50	02:47:47	02:47:19
544	134	450	68	1263	Meier, Markus	Lauffreunde Bönen	M 45	02:47:48	02:47:32
545	135	451	65	1854	Kröger-Allen, Neil	CaBa´s CaBaNauTen	M 45	02:47:59	02:46:58
546	136	452	68	1844	Witza, Andre	CaBa´s CaBaNauTen	M 45	02:47:59	02:46:57
547	137	453	69	1985	Terhorst, Dirk		M 45	02:48:03	02:47:53
548	39	454	58	1972	Boekestijn, Leonard	Lierse Road Runners	M 55	02:48:17	02:47:39
549	32	95	65	1388	Baltes, Monika	Laufftreff Nottuln	W 45	02:48:29	02:48:02
550	18	96	64	1722	Neumann, Kathrin	Laufftreff Nottuln	W 50	02:48:29	02:48:02
551	33	97	65	1577	Ense, Maria		W 45	02:48:32	02:47:31
552	34	98	68	2018	Dohm, Andrea	SV Eintracht Neuenkirchen	W 45	02:48:43	02:47:46
553	19	99	79	2012	Larisch, Eveline	LG Oerlinghausen/Team Erdinger	W 35	02:48:49	02:47:44
554	138	455	65	1662	Magh, Thomas		M 45	02:49:16	02:48:32
555	14	100	70	1628	Kemming, Anke		W 40	02:49:17	02:48:18
556	4	101	57	1336	Rotering, Birgitte	VfL Ahaus	W 55	02:50:00	02:49:49
557	1	102	47	1412	Venker, Margret	LG Emsdetten	W 65	02:50:38	02:49:38
558	66	456	70	1285	Marquardt, Christian	AVM EU-Neuwagen	M 40	02:51:05	02:50:10
559	40	457	59	1930	Löpmeier, Thomas	Grün-Weiss Steinbeck	M 55	02:51:34	02:50:43
560	35	103	69	1411	Scholz, Anke	Sportspass	W 45	02:51:58	02:51:03
561	139	458	69	1392	Geberzahn, Thomas		M 45	02:51:58	02:51:02
562	19	104	62	1965	van Treeck, Simone	DJK-Coesfeld	W 50	02:52:05	02:51:10
563	140	459	69	1459	Götze, Michael	Feuerwehr Anröchte	M 45	02:52:12	02:51:21
564	141	460	68	1894	Hake, Günter		M 45	02:52:16	02:51:16
565	142	461	67	1429	Neils, Oliver	SC Achmer	M 45	02:52:34	02:51:37
566	41	462	59	1363	Ottensmann, Manfred	PC Telgte	M 55	02:52:37	02:52:21
567	143	463	69	1878	Rehbaum, Martin	SV Rinkerode	M 45	02:53:04	02:52:14
568	33	464	81	1781	Busch, Hendrik		M 30	02:53:25	02:53:16
569	5	105	57	1661	Brehe, Marita	SpVgg Dolberg	W 55	02:53:28	02:53:08

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
570	2	465	40	1675	Piepel, Herbert	SV Gladbeck 13	M 70	02:53:38	02:52:35
571	36	106	65	1864	Hünnefeld, Sabine	Lauftreff Merzen	W 45	02:53:46	02:52:47
572	87	466	62	1487	Penning, H-D.	Fortuna logabirum	M 50	02:54:07	02:53:30
573	20	107	77	1551	Herwing, Christina	TV Friesen Telgte	W 35	02:54:13	02:53:31
574	6	108	56	1316	Schneedhorst, Ute		W 55	02:55:29	02:55:00
575	46	467	79	1276	Blanke, Axel		M 35	02:55:35	02:54:40
576	88	468	60	1572	Leuer, Alfred		M 50	02:56:28	02:55:34
577	37	109	67	2010	Heemann, Iris	Grün-Weiss Steinbeck	W 45	02:57:34	02:56:41
578	4	110	53	1485	Stangneth, Ingrid	TV Friesen Telgte	W 60	02:57:38	02:56:42
579	7	469	46	1804	Kampwerth, Werner	LC Solbad Ravensberg	M 65	02:58:22	02:57:27
580	47	470	75	1252	Hecking, Sven	CaBa´s CaBaNauTen	M 35	02:59:02	02:58:01
581	144	471	66	1594	Brink, Helmut	SV Bokeloh	M 45	02:59:02	02:58:44
582	48	472	75	1262	Drescher-Thal, Timo	CaBa´s CaBaNauTen	M 35	02:59:02	02:58:00
583	145	473	69	1805	Schmaus, Ulrike	LiVe-Lauftreff in Versmold	M 45	02:59:13	02:58:18
584	14	474	50	1449	Becker, Friedhelm	LC Restekiste	M 60	03:00:23	02:59:50
585	146	475	66	1586	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven e.	M 45	03:00:44	02:59:52
586	6	111	88	1507	Suchomel, Kristina		W HK	03:01:32	03:00:35
587	28	476	86	1398	Ebeler, Stefan		M HK	03:05:32	03:04:42
588	29	477	85	1397	Grunden, Gerrit		M HK	03:05:34	03:04:43
589	30	478	91	1728	Franczuk, Heiko	LT Lüneburg	M HK	03:07:24	03:06:52
590	89	479	64	1423	Baune, Andreas	LSF Münster	M 50	03:07:25	03:06:33
591	42	480	58	1906	Zimmermann, Michael	Grün-Weiss Steinbeck	M 55	03:09:50	03:08:58
592	90	481	61	1396	Hildmann, Marko	TVE Greven - Triathlon	M 50	03:11:21	03:11:08
593	91	482	61	1593	Ohde, Georg	LG Emsdetten	M 50	03:11:59	03:10:55
594	7	112	88	1261	Heinrichs, Kristina	Team Ruhrpott	W HK	03:14:02	03:13:34
595	5	113	83	1308	Hausberg, Julia	W+F Münster	W 30	03:14:02	03:13:34
596	147	483	67	1567	Albach, Jochen		M 45	03:18:28	03:17:42
597	148	484	66	1529	Köster, André	ISC-Münster	M 45	03:18:28	03:18:26