

## 2. Ibbenbürener Klippenlauf

### Klippenlauf 24,7 Km

### Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	81	1111	Ruthe, Ralf	TUS Eintacht Bielefeld	M 30	01:33:17	01:33:14
2	1	2	84	1429	Johnstone, Nikki	ART-Düsseldorf	M HK	01:34:11	01:34:10
3	1	3	71	1331	Bruinsma, Peter	Av Athletics	M 40	01:35:06	01:35:05
4	2	4	80	1276	Welp, Robert	SV Teuto Riesenbeck	M 30	01:40:06	01:40:04
5	1	5	58	1224	Lantink, Jan-Albert	MPM-Hengelo	M 55	01:40:35	01:40:33
6	2	6	88	1349	Kamlage, Tobias	Recke	M HK	01:43:25	01:43:13
7	1	7	66	1244	Machielsen, Jeroen	AV Athletics	M 45	01:43:52	01:43:51
8	2	8	69	1321	Brüning, Michael	SC Altenrheine	M 40	01:43:56	01:43:54
9	3	9	69	1095	Häßler, Peter	LV Oelde	M 40	01:43:59	
10	3	10	81	832	Kriegs, Manuel	TriFinish Münster	M 30	01:44:25	01:43:45
11	1	11	63	1318	Igelbrink, Hans Peter	TV Georgsmarienhütte	M 50	01:44:55	01:44:49
12	4	12	70	1399	Ragone, Sascha	Laufgruppe S'Arenal	M 40	01:45:08	01:45:06
13	3	13	87	1185	Nickel, Daniel	Team Erdinger Alkoholfrei	M HK	01:45:36	01:45:29
14	5	14	69	1311	Kamp, Jörg	TV Mettingen	M 40	01:45:51	01:45:48
15	6	15	72	1408	Schuler, Markus	freaks-of-running.de	M 40	01:46:25	01:46:20
16	1	16	76	947	Steffen, Markus	SV Eintracht Neuenkirchen	M 35	01:46:55	01:46:53
17	2	17	66	1339	Avermann, Jörg	SC Herringhausen	M 45	01:47:05	01:46:57
18	7	18	72	1280	Brinkmann, Thorsten	Ski-Club-Beckum	M 40	01:47:38	01:47:34
19	3	19	67	878	Mende, Uwe	Münster	M 45	01:47:51	01:47:47
20	2	20	75	841	Bauer, Alex	Montagebauer	M 35	01:48:09	01:48:06
21	4	21	68	870	Buntenkötter, Achim	LV Oelde	M 45	01:48:55	01:48:51
22	5	22	68	1287	Ronny, Seifert	LT Furtwangen	M 45	01:49:02	01:48:56
23	2	23	57	1098	Grünebaum, Manfred	LV Oelde	M 55	01:49:11	01:49:08
24	1	1	75	1303	Vogt, Sonja	LG Olympia Dortmund	W 35	01:49:20	01:49:18
25	4	24	83	786	Wulfmeyer, Henning	Bielefeld	M 30	01:49:34	01:49:26
26	2	25	63	1371	Sandfort, Martin	LV Oelde	M 50	01:49:50	01:49:46
27	1	2	93	915	Freimuth, Friederike	Heidelberg	W HK	01:50:12	01:50:07
28	8	26	71	1024	Plett, Christian		M 40	01:50:28	01:50:25
29	9	27	69	1179	Teicher, Jürgen	LSF Werne	M 40	01:50:40	01:50:37
30	1	28	52	1114	Engeländer, Goar	Haxter-Lauffreunde Paderborn	M 60	01:50:48	01:50:43
31	6	29	65	699	Pechler, Edward	Loopgroep Bedum	M 45	01:51:21	01:51:13
32	10	30	70	696	Bartkowski, Markus	herford	M 40	01:51:36	01:51:25
33	3	31	59	1380	Stripper, Uli	LV Oelde	M 50	01:51:50	01:51:46
34	11	32	72	1050	Schröder, Christian	LSF Münster	M 40	01:52:46	01:52:43
35	12	33	69	1279	Kleffman, Bernd	Rennschweine Greffen	M 40	01:53:03	01:53:00
36	4	34	89	1398	Stratmann, Timo	Laufgruppe S'Arenal	M HK	01:53:41	01:53:38
37	13	35	73	855	Otto, Daniel	SC Melle 03	M 40	01:54:00	01:53:54
38	4	36	62	1085	Meyer, Andreas	BSG.Westfalen AG.	M 50	01:54:09	01:54:01
39	7	37	66	1167	Becker, Detlef	Rennschweine Greffen	M 45	01:54:27	01:54:21
40	5	38	84	1231	Krampe, Sebastian	Tri-Team Warendorf	M HK	01:54:53	01:54:49
41	5	39	63	1186	Alke, Burkhard	Rennschweine Greffen	M 50	01:55:16	01:55:10
42	5	40	79	744	Brandt, Sebastian	W&H-Laufgruppe	M 30	01:55:20	01:54:20
43	8	41	64	1083	Leißing, Andreas	LSF-Münster	M 45	01:55:38	01:55:34
44	6	42	62	1228	Pezeschgi, Sirius	LSF Münster	M 50	01:55:48	01:55:41
45	6	43	83	1226	Haverkamp, Sascha	Georgsmarienhütte	M 30	01:55:51	01:55:38
46	6	44	88	1025	Scholz, Tobias	Bocholt	M HK	01:55:57	01:55:52
47	3	45	74	1159	Sievert, Stefan	Spiridon Haltern	M 35	01:56:59	01:56:57
48	9	46	64	1316	Bosgraaf, André	Laac Twente	M 45	01:57:11	01:57:05
49	14	47	70	982	Brink, Jan	SV Cosmos Getelo	M 40	01:57:21	01:57:17

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	10	48	68	1421	Hansjürgens, Martin	TriRun Ibbenbüren	M 45	01:57:35	01:57:29
51	7	49	80	977	Helmich, Jan	Rheine	M 30	01:58:14	01:57:32
52	11	50	65	1229	Günnewig, Harald	LV Oelde	M 45	01:58:21	01:58:14
53	4	51	74	1034	Mielenhausen, Jan	ASFM eV	M 35	01:58:25	01:58:11
54	8	52	79	1375	Wiegard, Christian	Ennigerloh	M 30	01:59:00	01:58:49
55	12	53	67	743	Schrant, Jürgen	SV Bokeloh	M 45	01:59:05	01:58:53
56	13	54	67	1192	Strübbe, Karl-Heinz	LC Nordhorn	M 45	01:59:06	01:58:57
57	14	55	64	894	Sibbing, Markus	Roadrunner Gescher	M 45	01:59:20	01:59:12
58	15	56	70	993	Niehörster, Nils	Kausalisten	M 40	01:59:23	01:58:55
59	7	57	63	1357	Kröger, Gerhard	OSC Damme	M 50	01:59:28	01:59:26
60	15	58	68	1121	Kallenbach, Joachim	LV Oelde	M 45	01:59:28	01:59:21
61	16	59	67	1094	Wargers, Martin	FC Stella Bevergern	M 45	01:59:40	01:59:27
62	16	60	73	1206	Stadthaus, Holger	LSF Münster	M 40	01:59:52	01:59:49
63	17	61	64	700	HIRSCHBERGER, TORSTEN	100 MARATHON CLUB	M 45	01:59:55	01:59:43
64	17	62	71	1402	Haverkamp, Kai	TVG Kaiserau Triathlon	M 40	02:00:03	01:59:28
65	18	63	72	1160	Voß, Lars	Warendorfer WSU	M 40	02:00:09	02:00:03
66	18	64	67	734	souza, carlos	sockenräuber	M 45	02:00:17	01:59:29
67	5	65	74	940	Kisse, Stefan	LG Marienfeld	M 35	02:00:19	01:59:50
68	2	3	78	1327	Esselmann, Jela	LiVe-Lauftreff in Versmold	W 35	02:00:23	01:59:41
69	3	66	58	1100	Schulte, Heinz-Jürgen	LV Oelde	M 55	02:00:46	02:00:40
70	1	4	65	1096	Sandkühler - Daniel, Dorothee	LV Oelde	W 45	02:00:47	02:00:43
71	19	67	70	764	Herbert, Stephan	SC Nordwalde	M 40	02:00:49	02:00:37
72	8	68	61	790	Lütkemeyer, Paul	SV Teuto Riesenbeck	M 50	02:00:59	02:00:14
73	6	69	77	861	Westermann, Tobias	TKS Münster	M 35	02:01:26	02:01:18
74	2	5	67	823	Nachtwey, Claudia	TV Werne 03	W 45	02:01:29	02:01:21
75	19	70	68	1073	Dudek, Christian	W+F Münster	M 45	02:01:39	02:01:30
76	7	71	87	1172	Stoye, Kai-Uwe	Bramsche	M HK	02:01:42	02:01:37
77	9	72	81	658	Müller, Benjamin	Münster	M 30	02:01:43	02:01:34
78	7	73	74	686	Frohne, Marko	Tus Bersenbrück	M 35	02:01:50	02:01:24
79	9	74	63	1126	Janning, Franz	LV Oelde	M 50	02:01:50	02:01:44
80	10	75	81	1017	Böckenholt, Gunnar	Freedener Streetfighter	M 30	02:01:51	02:01:43
81	20	76	69	1395	Bosse, Reiner	Lengerich	M 40	02:02:42	02:02:32
82	8	77	76	1353	Kirchhoff, Jens	Espelkamp	M 35	02:02:44	02:02:29
83	21	78	71	1166	Baumann, Thomas	Tri-Team Dissen	M 40	02:03:14	02:03:04
84	10	79	60	779	Weihmann, Thomas	Osnabrück	M 50	02:03:17	02:03:04
85	11	80	60	1212	Harbering, Andreas	LG Emsdetten	M 50	02:03:24	02:03:18
86	12	81	62	925	Häusler, Ralf	LiVe-Lauftreff in Versmold	M 50	02:03:25	02:03:18
87	20	82	66	1012	Nießing, Jörg	TV Borken	M 45	02:03:26	02:03:19
88	13	83	62	1324	Hesselkamp, Ulrich	Meerwiesel	M 50	02:03:27	02:03:17
89	21	84	68	726	Crocoll, Andreas	Sportler 4 a childrens world e	M 45	02:03:30	02:03:04
90	22	85	65	1288	Fasel, Norbert	LSF Münster	M 45	02:03:32	02:03:26
91	9	86	78	1328	Esselmann, Tim	LC Solbad Ravensberg	M 35	02:03:46	02:03:30
92	14	87	60	1066	Langner, Eckhard	1. Tri-Team GTV Gütersloh	M 50	02:04:07	02:03:42
93	15	88	59	1315	Albers, Werner	LG Emsdetten	M 50	02:04:14	02:04:05
94	4	89	58	1285	Punt, Hans	Laac Twente	M 55	02:04:19	02:03:58
95	23	90	66	794	Schwarte, Christian	LG Emsdetten	M 45	02:04:42	02:04:16
96	3	6	75	1232	Wittler, Marion	TSVE 1890 Bielefeld	W 35	02:05:00	02:04:44
97	24	91	68	1181	Peitzmann, Martin	LV Oelde	M 45	02:05:12	02:05:05
98	25	92	67	1135	Wendker, Thomas	Ostbevern-Brock	M 45	02:05:18	02:04:49
99	5	93	56	885	Großkopf, Robert	ETuS Rheine	M 55	02:05:47	02:05:44
100	26	94	66	1219	Bien, Rainer	SV Teuto Riesenbeck	M 45	02:05:49	02:05:22
101	6	95	55	1400	Bäumker, Wolfgang	Seepark Lauftreff Freiburg	M 55	02:05:50	02:05:32

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	27	96	65	860	WICHERS, JA	ZWOLLE	M 45	02:06:11	02:06:02
103	22	97	69	1355	Jongman, Taco	St. jansklooster	M 40	02:06:17	02:06:06
104	28	98	67	1420	Budde, Thomas	TLV Rünthe	M 45	02:06:21	02:05:27
105	16	99	62	899	Meulenbroek, Paul	Laac twente	M 50	02:06:24	02:06:18
106	29	100	64	727	PEETERS, Dirk Jozef		M 45	02:06:30	02:06:11
107	30	101	67	760	Gehlen, Markus	LG Rheine-Elte	M 45	02:06:34	02:06:13
108	1	7	63	1020	Tappmeier, Beatrice	BellZett Bielefeld	W 50	02:06:52	02:06:16
109	17	102	60	1128	Hellmann, Andreas	SV Ofenerdiek	M 50	02:06:52	02:06:37
110	31	103	66	720	Mergelmeyer, Hans-Bernd	TuS Borgloh	M 45	02:06:55	02:06:31
111	18	104	59	1344	flottmann, wolfgang	Ic solbad Ravensberg	M 50	02:07:07	02:07:00
112	10	105	76	683	Franke, Frank	TV Hohne	M 35	02:07:09	02:07:03
113	32	106	67	1215	Kordsmeyer, Michael	Stella Bevergern	M 45	02:07:18	02:07:07
114	19	107	62	1055	Feicht, Gunnar	LC Solbad Ravensberg	M 50	02:07:23	02:07:13
115	4	8	75	1018	Diekhans, Anja	1. Tri Team Gütersloh	W 35	02:07:32	02:07:17
116	20	108	60	1434	Schmeing, Ralf	LSF Münster	M 50	02:07:36	02:07:26
117	21	109	63	1319	Herwig, Eckhard	Bramscher Rumläufer	M 50	02:07:38	02:07:20
118	7	110	58	1068	Schäche, Guido	LG Emsdetten	M 55	02:07:42	02:07:21
119	33	111	67	1423	Jürgens, Wolfgang	wildeshauser Lauftreff	M 45	02:08:01	02:07:35
120	34	112	64	1290	Elstrodt, Dieter	TV Mettingen	M 45	02:08:02	02:07:40
121	11	113	78	735	Crusius, Lars	Sockenräuber Osnabrück	M 35	02:08:06	02:07:19
122	22	114	61	1389	Averwald, Bernward	Laufsportcenter Esslingen	M 50	02:08:14	02:07:51
123	1	9	81	1312	Merten, Nadine	LT Bittermark Dortmund	W 30	02:08:15	02:08:07
124	12	115	75	1023	Iagemann, Maik	LG Emsdetten	M 35	02:08:18	02:07:37
125	23	116	61	1368	Harmsen, Alfred	SG-Haftenkamp	M 50	02:08:20	02:08:16
126	23	117	72	834	Schluchter, Thommy	Lauftreff Merzen	M 40	02:08:25	02:08:01
127	24	118	71	830	Prösch, Lutz	TSG 07 Burg Gretesch	M 40	02:08:25	02:07:59
128	8	119	84	1270	Sandherm, Christian	Hannover	M HK	02:08:29	02:08:15
129	9	120	85	963	Holtkamp, Patrick	SuS Stadtlohn Laufabteilung	M HK	02:08:40	02:08:18
130	35	121	65	1127	Alfing, Karl-Heinz	DJK Arminia Ibbenbüren	M 45	02:08:42	02:08:24
131	10	122	88	996	Matheke, Marcel	AllroundsportMM	M HK	02:08:50	02:08:13
132	25	123	72	990	Kreling, Thomas	Hörstel	M 40	02:08:55	02:08:36
133	24	124	59	708	Timmerhuis, Henri	Sisu Almelo	M 50	02:08:57	02:08:37
134	36	125	64	1297	Drescher, Olaf	Sportler 4 a children's World	M 45	02:09:08	02:08:43
135	37	126	65	1175	Striethorst, Martin	TV Georgsmarienhütte	M 45	02:09:20	02:09:13
136	25	127	61	1082	Breuer, Ludger		M 50	02:09:21	02:08:35
137	38	128	68	802	Sontopski, Andreas	LSF Münster	M 45	02:09:36	02:09:27
138	26	129	61	1156	Goltsche, Thomas	SV Eintracht Neuenkirchen	M 50	02:09:46	02:09:28
139	27	130	61	1009	jager, wijnard	Leeuwarder Survival Club	M 50	02:09:49	02:09:42
140	13	131	75	988	Mecklenfeld, Jos	Runners Stadskanaal	M 35	02:09:52	02:08:44
141	26	132	69	1298	Lütkenhaus, Dirk	Eurofighter'97 Altenberge	M 40	02:09:53	02:09:39
142	8	133	54	922	Bayle, Christian	Les Galopins de Guyenne	M 55	02:09:53	02:09:37
143	39	134	68	941	Hintemann, Andreas	SuS Stadtlohn Laufabteilung	M 45	02:09:54	02:09:32
144	40	135	65	1088	Naatz, Olaf	TV Hohne	M 45	02:10:02	02:09:52
145	27	136	69	1045	Rotthues, Jürgen	Stadtlohn	M 40	02:10:18	02:10:00
146	11	137	81	1323	Neuhaus, Sven	Oelde	M 30	02:10:23	02:09:58
147	41	138	66	1342	Deitmann, Jürgen	Marienhospital Emsdetten	M 45	02:10:26	02:10:17
148	28	139	70	1053	Hassing, Herman	Laac Twente	M 40	02:10:28	02:10:00
149	2	10	61	874	Herrmann, Beate	TUS Altenberge 09	W 50	02:10:36	02:10:24
150	42	140	65	898	Tillmanns, Peter	Hamburg	M 45	02:10:38	02:10:07
151	11	141	87	969	Rübsteck, Robin	Schnelle Brüter	M HK	02:10:49	02:10:34
152	28	142	62	959	Hilker, Ronald	Lauftreff Rastede	M 50	02:10:53	02:10:30
153	1	11	69	868	Douma, Alien	LAAC	W 40	02:10:57	02:10:37

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	14	143	77	1271	Beckmann, Dennis	Münster	M 35	02:10:57	02:10:05
155	29	144	60	785	Greshake, Klaus	Münster-Gremmendorf	M 50	02:10:58	02:09:53
156	15	145	77	964	Jotzo, Daniel	SUS Stadtlohn	M 35	02:11:05	02:10:45
157	12	146	81	909	Dierkes, Peter	Kreissparkasse Steinfurt	M 30	02:11:06	02:10:52
158	13	147	80	1341	Hanneken, Holger	Papenburg	M 30	02:11:29	02:10:39
159	43	148	68	1189	Klasing, Jürgen	TV Mesum	M 45	02:11:29	02:11:07
160	16	149	76	842	Stockhoff, Mario	Harsewinkel	M 35	02:11:33	02:11:23
161	44	150	67	1307	Heucks, Karsten	ASV Iserlohn	M 45	02:11:33	02:11:00
162	17	151	75	921	Brouillet-Angerer, Stéphan	Les Galopins de Guyenne	M 35	02:11:35	02:11:19
163	45	152	66	918	Krumbeck, Christian	SC Falke Saerbeck	M 45	02:11:36	02:11:19
164	29	153	71	1193	Miethe, Ralf	TV Mesum	M 40	02:11:39	02:11:15
165	30	154	59	887	Brouwers, Hans	SISU	M 50	02:11:47	02:11:25
166	9	155	54	684	John, Peter	LC Nordhorn	M 55	02:11:53	02:11:48
167	2	156	49	820	Holterman, Jan	Loopgroep Aart Stigter	M 60	02:11:54	02:11:38
168	14	157	82	793	Wagemaker, Simon	SVA Salzbergen	M 30	02:12:04	02:11:40
169	18	158	77	837	Brockmann, Torsten	Münster	M 35	02:12:18	02:11:40
170	31	159	60	1039	Clausing, Andreas	LSF Münster	M 50	02:12:24	02:11:59
171	32	160	63	1198	Hartmann, Uwe	Bippener SC	M 50	02:12:29	02:11:29
172	12	161	91	1301	Buten, Christoph	Sportfreunde Lotte	M HK	02:12:31	02:11:25
173	2	12	69	654	Peller-Tölle, Kerstin	Gelsenkirchen	W 40	02:12:33	02:12:28
174	33	162	62	1209	Buchterkirche, Klaus	LSF Münster	M 50	02:12:39	02:12:33
175	46	163	68	1405	Nuhn, Carsten	Bremen	M 45	02:12:46	02:12:21
176	13	164	86	756	Meyer, Christian	Tecklenburg	M HK	02:12:49	02:11:21
177	47	165	65	788	Sonntag, Mike	MC-Pirate e.V.	M 45	02:12:54	02:11:52
178	30	166	69	1383	Rudolph, Eugen	SUS Neuenkirchen	M 40	02:13:04	02:12:24
179	31	167	71	986	herbers, andreas	sva salzbergen	M 40	02:13:06	02:12:39
180	19	168	77	1090	Peters, Frank	SV Teuto Riesenbeck	M 35	02:13:08	02:12:43
181	48	169	64	1256	Weirauch, Olf	SuS Stadtlohn	M 45	02:13:09	02:12:47
182	34	170	59	1275	Tillack, Hans	LG Emsdetten	M 50	02:13:21	02:12:46
183	49	171	65	824	Kwiatkowski, Wilfried	ETuS Rheine	M 45	02:13:29	02:12:52
184	50	172	67	755	Wieskus, Michael	LG-Coesfeld	M 45	02:13:31	02:12:57
185	32	173	72	1089	Wehmeyer, Ralf	SV Uffeln	M 40	02:13:41	02:13:33
186	35	174	61	983	Böhle, Dirk	TV Werne 03	M 50	02:13:43	02:13:36
187	36	175	60	879	van den Berg, Jürgen	SV Teuto Riesenbeck	M 50	02:13:44	02:13:32
188	37	176	63	1022	Wiemann, Peter	Marine Wilhelmshaven	M 50	02:13:45	02:13:29
189	51	177	64	1337	Hohenfeld, Michael	Ski-Club Beckum	M 45	02:13:47	02:13:42
190	15	178	79	1047	Schleinhege, Lars	1.TCO Die Bären	M 30	02:13:51	02:13:39
191	33	179	69	1277	Runge, Klaus-Peter	Mettingen	M 40	02:14:02	02:13:53
192	52	180	65	928	Rohmann, Wolfgang	Wildeshauser Lauffreff	M 45	02:14:10	02:13:51
193	16	181	80	1433	Fröhnen, Andreas		M 30	02:14:15	02:13:34
194	34	182	69	741	Tietz, Udo	SV Bokeloh	M 40	02:14:36	02:14:22
195	35	183	70	854	Heidenreich, Sascha	Enger	M 40	02:14:40	02:13:59
196	38	184	62	701	Zimmerling, Detlev	Münster	M 50	02:14:41	02:13:17
197	17	185	79	676	Viße, Martin	DJK Arminia Ibbenbüren	M 30	02:14:56	02:14:38
198	53	186	65	1223	Humann, Hermann	Steinfurt	M 45	02:15:02	02:14:12
199	54	187	64	1061	Thiele, Markus	Marathonteam HairLine Coesfeld	M 45	02:15:03	02:13:42
200	55	188	68	1086	Dieterich, Sven	Münster	M 45	02:15:25	02:14:39
201	56	189	66	1108	Neteler, Rudi	Münster	M 45	02:15:25	02:14:37
202	39	190	59	1394	Geske, Michael	LSF Münster	M 50	02:15:29	02:14:48
203	3	191	50	1044	Lütke Schelhowe, Hermann	DJK Dyckburg - Münster	M 60	02:15:33	02:14:42
204	57	192	68	1201	Gude, Ralf	LG Rheine-Elte	M 45	02:15:39	02:15:00
205	58	193	65	775	Uphoff, Peter	SV Teuto Riesenbeck	M 45	02:15:43	02:15:14

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	36	194	73	690	Bentlin, Mario	Jede Oma zählt	M 40	02:15:45	02:15:10
207	3	13	68	849	Künnemann, Renate	SVA-Salzbergen	W 45	02:16:07	02:15:41
208	40	195	63	661	Schmidtke, Rudi	Wildeshauser Lauftreff	M 50	02:16:17	02:15:52
209	37	196	73	1233	Danielmeier, Klaus	LG Obersee Bielefeld	M 40	02:16:23	02:15:52
210	18	197	80	1196	Brink, Michael	Lokomotive Belksstoff	M 30	02:16:24	02:15:06
211	41	198	63	1322	Paalman, Dick	mpm	M 50	02:16:26	02:15:49
212	59	199	66	1110	Schierenberg, Günter	Rhede	M 45	02:16:27	02:15:54
213	38	200	69	799	Gerdes, Matthias	Marathon Steinfurt	M 40	02:16:33	02:15:26
214	3	14	71	680	Meier, Sandra	Osnabrücker SC	W 40	02:16:41	02:15:36
215	19	201	79	681	Glatzer, Oliver	Osnabrücker SC	M 30	02:16:41	02:15:35
216	39	202	71	1010	Ransiek, Stefan	VFL Holsen	M 40	02:16:48	02:15:57
217	60	203	65	731	Schürmann, Jörg	VFL Holsen	M 45	02:16:48	02:15:57
218	3	15	61	1213	Zollfrank, Anke	LG Emsdetten	W 50	02:16:56	02:16:40
219	40	204	72	800	de Vries, Ydo	Y&S Sports Events	M 40	02:16:58	02:16:43
220	61	205	65	1138	Danneberg, Jürgen	BVB-Fanclub Lengerich	M 45	02:17:07	02:16:08
221	62	206	65	1146	Masselink, René	RST	M 45	02:17:20	02:16:01
222	14	207	88	757	Gersmeier, Andre	Dörenthe	M HK	02:17:23	02:15:56
223	10	208	55	664	Siedler, Wolfgang	Langenhagen	M 55	02:17:26	02:17:03
224	11	209	55	1002	Adler, Peter	LG Emsdetten	M 55	02:17:27	02:17:10
225	63	210	67	1390	Lukas, Steve	OKE Group	M 45	02:17:28	02:16:34
226	5	16	74	1350	Kons, Nicole	ASV Duisburg	W 35	02:17:30	02:17:17
227	15	211	89	1345	Spanel, Stefan	TuS Altenberge 09	M HK	02:17:31	02:16:32
228	42	212	62	1401	Hasler, Uwe	1. Tri-Team Gütersloh GTV	M 50	02:17:34	02:16:07
229	2	17	83	1234	Sander, Conny	WSU Tri Team Warendorf	W 30	02:17:34	02:17:08
230	2	18	85	1374	Becker, Marie-Luise	LC Restekiste	W HK	02:17:35	02:16:37
231	12	213	56	822	Pohl, Herbert	Radbod Runners	M 55	02:17:36	02:17:02
232	3	19	80	937	Leistner, Anja	TV Werne 03	W 30	02:17:49	02:17:19
233	64	214	66	811	Fröhlking, Joachim	Ibbenbüren	M 45	02:17:49	02:16:56
234	20	215	76	1048	Strecker, Tobias	TV Werne 03	M 35	02:17:51	02:17:21
235	41	216	71	1373	Bußmann, Christoph	LC Restekiste	M 40	02:17:55	02:16:57
236	4	20	63	1130	Kempkes, Christiane	TV Borken	W 50	02:18:03	02:17:04
237	21	217	78	1313	Merten, Dennis	LT Bittermark Dortmund	M 35	02:18:08	02:18:01
238	22	218	76	1320	Goßling, Dominik	Marathon Steinfurt	M 35	02:18:22	02:17:11
239	65	219	64	831	van Tellegen, Marcel	Laac Twente	M 45	02:18:25	02:17:56
240	43	220	62	728	Streibel, Stefan	Teuto Riesenbeck	M 50	02:18:30	02:17:41
241	44	221	61	1008	Bäumer, Heinrich	Lauftreff TV Vreden	M 50	02:18:39	02:18:06
242	66	222	64	853	Rosenfeld, Juergen	Sportler 4 a childrens world e	M 45	02:18:43	02:18:18
243	4	21	68	1104	Hoffrogge, Marita	SC Spelle-Venhaus	W 45	02:18:48	02:18:29
244	67	223	66	1367	Bohlin, Gerd	SC Spelle-Venhaus	M 45	02:18:49	02:18:31
245	68	224	65	1105	Hoffrogge, Dieter	SC Spelle-Venhaus	M 45	02:18:49	02:18:31
246	69	225	65	869	Sievers, Uwe	Hörstel	M 45	02:18:50	02:18:37
247	5	22	68	719	Mergelmeyer, Heidrun	TuS Borgloh	W 45	02:18:57	02:18:32
248	42	226	73	724	Bartel, Alexander	Marathon Ibbenbüren	M 40	02:19:21	02:18:52
249	16	227	89	778	Korte, Niklas	Stella Bevergern	M HK	02:19:22	02:18:49
250	1	23	53	1343	Kies, Mechtild	LG Emsdetten	W 60	02:19:24	02:18:46
251	6	24	66	1348	Richter, Susanne	Bielefeld	W 45	02:19:32	02:19:00
252	17	228	86	1204	Schulenberg, Andre	Osnabrück	M HK	02:19:47	02:19:41
253	70	229	66	666	Bolz, Jan	BSV Ostbevern	M 45	02:20:11	02:19:20
254	43	230	73	713	Otte-Vinke, Mike	BSG Kreissparkasse Melle	M 40	02:20:16	02:19:46
255	45	231	62	908	Rösler, Andreas	LT Wischlingen Dortmund	M 50	02:20:21	02:20:07
256	13	232	54	725	Baumhör, Jürgen	Marathon Ibbenbüren	M 55	02:20:27	02:20:18
257	44	233	73	1148	Jäger, Jörg	SC Dörenthe	M 40	02:20:36	02:19:50

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	45	234	69	769	Dulle, Norbert	Bissendorf	M 40	02:20:36	02:20:13
259	71	235	67	730	Nospickel, Markus	TV Mettingen	M 45	02:20:42	02:19:35
260	23	236	76	1076	Sydekum, Sascha	Sockenräuber	M 35	02:20:52	02:20:02
261	72	237	66	1136	Proske, Mario	LSF Münster	M 45	02:21:05	02:20:18
262	73	238	68	924	Fricke, Bernd	Bad Oeynhausen	M 45	02:21:12	02:19:53
263	24	239	75	722	Rosenbaum, Kai	Eintracht Prügel	M 35	02:21:16	02:21:05
264	18	240	89	712	Püschel, Kevin	Heseperr Rennschnecken	M HK	02:21:17	02:20:44
265	46	241	70	1240	Holtmeyer, Markus	BW Hollage	M 40	02:21:19	02:20:39
266	14	242	58	1372	Gralka, Lutz	Rumläufer	M 55	02:21:22	02:20:55
267	47	243	73	715	Cremers, Boudewijn	Vilsteren	M 40	02:21:28	02:20:42
268	19	244	85	705	Sterthaus, Jens	TV Mesum	M HK	02:21:35	02:21:12
269	4	245	51	1064	Altehülsing, Laurenz	Laufzentrum Rheine	M 60	02:21:39	02:20:50
270	25	246	77	1259	Gieske, Markus	SUS Enniger	M 35	02:21:40	02:21:10
271	46	247	63	772	Göbel, Uwe	Rheine	M 50	02:21:43	02:20:57
272	47	248	62	1207	Lebus, Rüdiger	Münster	M 50	02:21:46	02:21:08
273	4	25	70	1376	Geeraedts, Angie	TuS Hiltrup	W 40	02:21:47	02:21:12
274	74	249	68	888	Müller, Peter	SC 28 Nordwalde	M 45	02:21:49	02:21:15
275	75	250	68	856	Fuchs, Olaf	Spvg Hasbergen	M 45	02:21:49	02:20:16
276	15	251	57	1011	Stallbörger, Reinhard	SV Teuto Riesenbeck	M 55	02:21:55	02:20:51
277	76	252	66	938	Beermann, Ulrich	Feuerwehr Ibbenbüren	M 45	02:21:57	02:20:56
278	26	253	77	692	Gerling, Hendrik	BSG Westfalen AG	M 35	02:22:00	02:21:21
279	48	254	63	1084	Nijkamp, Rene	AV '34 Apeldoorn	M 50	02:22:03	02:21:24
280	48	255	73	1422	Lückert, André	Münster	M 40	02:22:04	02:21:42
281	20	256	87	762	Schleyer, Marcel	Ibbenbüren	M HK	02:22:05	02:20:38
282	16	257	56	1210	Völkert, Clemens	Lauffreunde Emsland	M 55	02:22:06	02:21:29
283	6	26	75	1424	Niedick, Tanja	Jogmap Ruhr	W 35	02:22:06	02:20:45
284	77	258	68	890	Kellermann, Hans-Bernd	Piesberger SV	M 45	02:22:06	02:21:34
285	49	259	59	893	Vehr, Rainer	LG-Rheine-Elte	M 50	02:22:13	02:21:35
286	20	260	83	1352	Mangelmans, Christoph	Münster	M 30	02:22:15	02:21:54
287	50	261	62	1021	Andrews, Johannes	Jede Oma zählt	M 50	02:22:19	02:21:45
288	3	27	85	659	Schultz, Kerstin	Münster	W HK	02:22:22	02:22:08
289	51	262	59	752	Tenberg, Helmut	TV Mettingen	M 50	02:22:22	02:21:50
290	21	263	81	798	Bonicki, Jacek	ONYX sports	M 30	02:22:26	02:22:07
291	17	264	57	867	Reinke, Karl	TuS Altenberge 09	M 55	02:22:29	02:22:16
292	52	265	59	1171	Bühn, Klaus	LSF-Münster	M 50	02:22:32	02:22:17
293	5	266	51	1314	Kemper, Helmut	Lotte	M 60	02:22:46	02:21:39
294	18	267	58	1397	Schulze, Holger	Osnabrücker Sportclub	M 55	02:22:48	02:22:27
295	78	268	66	679	Rose, Norbert	Lauffreunde Gremmendorf	M 45	02:22:51	02:21:53
296	79	269	66	1078	Zumdieck, Norbert	WSU Tri Team Warendorf	M 45	02:22:52	02:22:47
297	49	270	69	687	Abke, Reinhard	Münster	M 40	02:22:53	02:21:54
298	19	271	55	1147	Erdmann, Berni	LV Oelde	M 55	02:22:53	02:22:47
299	53	272	62	1191	Tillmann, Klaus	Djk Coesfeld	M 50	02:23:04	02:21:56
300	54	273	63	968	BLOKZIJJ, ROBERT	ALMELO	M 50	02:23:20	02:22:37
301	21	274	88	1413	Lahme, Ingo	Lengerich	M HK	02:23:21	02:22:42
302	22	275	79	1033	Rücker, Jens	TV Hohne	M 30	02:23:25	02:22:36
303	55	276	59	723	Brönstrup, Detlev	Marathon Ibbenbüren	M 50	02:23:32	02:23:02
304	7	28	64	1351	Langkamp, Brigitte	SuS Neuenkirchen	W 45	02:23:36	02:23:03
305	56	277	60	1141	Schulze-Tenberge, Gerd	SV Lembeck	M 50	02:23:38	02:22:37
306	50	278	73	1139	Bröskamp, Heinz	ohne Verein	M 40	02:23:42	02:23:27
307	51	279	72	806	Löckemann, Markus	LG-Emadetten	M 40	02:23:58	02:23:30
308	20	280	58	1052	Palesche, Manfred	Westerkappeln	M 55	02:24:00	02:22:37
309	23	281	81	1247	Schultgeers, Jens	Lingen	M 30	02:24:10	02:22:54

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
310	57	282	63	929	Schwerbrock, Dirk	LSF Greven	M 50	02:24:18	02:23:36
311	52	283	69	1019	Ueding, Heiko	I Against Me	M 40	02:24:27	02:23:42
312	58	284	63	914	Althaus, Paul	Lauffreunde Stefansbecke	M 50	02:24:29	02:24:09
313	5	29	69	1112	Lenzen, Annette	TuS Altenberge 09	W 40	02:24:30	02:24:18
314	6	30	71	742	Schrant, Heike	SV Bokeloh	W 40	02:24:35	02:24:20
315	22	285	89	1284	Gedicke, Manuel	Köln	M HK	02:24:36	02:23:49
316	24	286	82	810	Stroet, Hendrik	Münster	M 30	02:24:37	02:23:48
317	59	287	63	1106	Lampe, Jürgen	DJK Arminia Ibbenbüren	M 50	02:24:42	02:23:28
318	80	288	68	1246	Ritter, Markus	laufdoch.de	M 45	02:24:44	02:24:03
319	23	289	87	1245	Kahle, Jan	Altenlingen	M HK	02:24:45	02:23:29
320	21	290	58	980	Goldsteen, Lucas	Sisu	M 55	02:24:46	02:24:25
321	1	31	58	1115	Kattenbusch, Monika	Haxter-Lauffreunde Paderborn	W 55	02:24:48	02:24:14
322	22	291	57	997	Böckers, Winfried	LG Coesfeld	M 55	02:24:49	02:24:17
323	60	292	63	1079	Rentemeister, Werner	LG Coesfeld	M 50	02:24:52	02:24:21
324	23	293	58	1346	Mevenkamp, Bernd	DJK Coesfeld	M 55	02:24:56	02:24:44
325	53	294	72	999	Terliesner, Ingo	SUS Stadtlohn	M 40	02:24:56	02:24:33
326	54	295	70	1202	Rottmann, Thomas	LC Wiedenbrück	M 40	02:24:57	02:23:35
327	8	32	67	1157	Tenberg, Dung	Marathon Soest	W 45	02:25:00	02:24:52
328	61	296	61	942	Schwarz, Alfred	Wildeshäuser Laufftreff	M 50	02:25:04	02:24:37
329	62	297	59	1188	Meyendriesch, Andreas	Meerwiesel	M 50	02:25:13	02:25:02
330	63	298	59	1158	Windmann, Ralf	Westerkappeln	M 50	02:25:13	02:24:25
331	7	33	72	655	Schulz, Elisabeth	LG Rheine-Elte	W 40	02:25:30	02:24:52
332	27	299	78	1366	Schregel, Nils	RunnersClub Münster	M 35	02:25:32	02:24:34
333	8	34	69	1237	Böhme, Mechthild	LC Solbad Ravensburg	W 40	02:25:33	02:24:53
334	7	35	78	991	Marx, Sabine	TSVE 1890 Bielefeld	W 35	02:25:33	02:24:39
335	64	300	62	1358	Steiner, Gerd	LC Solbad Ravensberg	M 50	02:25:34	02:25:13
336	8	36	74	1214	Hermes, Marion	Bippener SC	W 35	02:25:36	02:24:19
337	81	301	64	763	Heckhoff, Andreas	VfL Germania Leer/Judo	M 45	02:25:40	02:24:51
338	25	302	79	1190	Litzner, Thomas	München	M 30	02:25:45	02:25:21
339	24	303	54	1037	Vernauer, Günter	Osnabrück	M 55	02:25:52	02:24:39
340	26	304	79	668	Lange, Stefan	LG Ratio Münster	M 30	02:25:57	02:25:47
341	24	305	86	1107	Güttler, Thorsten	Laufftreff Riesenbeck	M HK	02:26:01	02:25:31
342	6	306	51	955	Studt, Jochen	LC Solbad Ravensberg	M 60	02:26:12	02:25:50
343	65	307	60	1221	Vry, Ralf	Fortuna Logabirum	M 50	02:26:15	02:26:03
344	66	308	62	774	Benneker, Benno	LAAC Twente	M 50	02:26:20	02:25:53
345	4	37	80	710	Kempkes, Jessica	Crespel&Deiters	W 30	02:26:35	02:26:20
346	9	38	64	740	Janse-Stock, Anette	osc	W 45	02:26:54	02:26:44
347	82	309	67	1364	Holland, Juri	Marathon Feriendorf	M 45	02:27:11	02:25:57
348	28	310	77	1304	Platzek, Ingo	Running Free Team	M 35	02:27:15	02:26:23
349	27	311	79	1335	Skroblin, Stefan	Running Free Team	M 30	02:27:16	02:26:25
350	55	312	70	1251	L'Autellier, Jérôme	5 Sterne Laufteam Campingplatz	M 40	02:27:19	02:27:01
351	83	313	68	1431	Voigt, Torsten	Tri Finish Munster	M 45	02:27:26	02:27:11
352	29	314	77	678	Rautenberg, Jens	Laufsportteam WN Münster	M 35	02:27:35	02:26:05
353	56	315	70	906	Winnemöller, Ralf	Hörstel	M 40	02:27:44	02:27:31
354	30	316	75	976	Volbert, Thomas	TuS Altenberge 09	M 35	02:27:44	02:27:34
355	10	39	67	1113	Brandis, Claudia	SC Hörstel	W 45	02:27:49	02:27:46
356	9	40	74	889	Bruins, Miranda	Laac Twente	W 35	02:27:51	02:27:24
357	7	317	53	989	Helmers, Georg	Emsdetten	M 60	02:27:52	02:27:13
358	57	318	69	1241	Lüdke, Frank	Tri Finish Münster	M 40	02:27:59	02:27:50
359	28	319	82	902	Ternes, David	Münster	M 30	02:28:03	02:26:58
360	25	320	84	673	Vlasceanu, Dragos	LG Dummfisch	M HK	02:28:07	02:26:37
361	84	321	65	688	Klompmaker, Artur	Laufmitmir	M 45	02:28:08	02:27:12

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
362	67	322	62	904	Kerk, Thomas	Feuerwehr Ibbenbüren	M 50	02:28:19	02:26:59
363	10	41	74	884	Lemm, Natalie	TSVE 1890 Bielefeld	W 35	02:28:20	02:28:10
364	68	323	61	1363	Thier, Johannes	SV Lembeck	M 50	02:28:24	02:27:23
365	85	324	65	1261	Assies, Bernhard	SW Lienen	M 45	02:28:25	02:28:06
366	58	325	69	965	Lammers, Stefan	LSF Münster	M 40	02:28:29	02:27:41
367	86	326	64	1317	van der Knaap, Erik	SV Cosmos Getelo	M 45	02:28:32	02:28:28
368	69	327	60	1430	Krieger, Ansgar	Triteam Tus Engter	M 50	02:28:34	02:28:09
369	87	328	65	1296	Griese, Berthold	Polizei Steinfurt	M 45	02:28:36	02:27:50
370	29	329	82	1149	Egbers, Christian	SV Wietmarschen	M 30	02:28:37	02:27:19
371	70	330	60	1005	Bergmann, Manfred	Ohne	M 50	02:28:39	02:27:48
372	88	331	65	695	Loddenkötter, Stefan	Münster	M 45	02:28:44	02:27:29
373	59	332	71	1428	Hilbers, Marco	TUS Roisdorf	M 40	02:29:02	02:27:59
374	2	42	56	1003	Hirsch, Andrea	LG Emsdetten	W 55	02:29:07	02:28:14
375	89	333	68	943	Kantzer, Dietmar	SV Dickenberg	M 45	02:29:09	02:27:59
376	26	334	91	1030	Matheke, Marco	TV Hohne	M HK	02:29:14	02:27:47
377	11	43	77	1071	Schierenberg, Nicole	Augustdorf	W 35	02:29:30	02:28:28
378	1	335	46	913	Eppendahl, Klaus	Lauffreunde Stefansbecke	M 65	02:29:30	02:29:13
379	71	336	63	1180	Ziese, Bernd	Münster	M 50	02:29:37	02:28:37
380	31	337	74	1144	Meiners, Christian	Münster	M 35	02:29:42	02:28:57
381	3	44	58	1133	Fraenkel, Ursula	Halle/Westf.	W 55	02:29:47	02:29:25
382	90	338	65	1377	Albers, Markus	TuS Hiltrup	M 45	02:29:50	02:29:14
383	91	339	66	905	Becks, Stefan	TV Hohne	M 45	02:29:52	02:29:04
384	60	340	69	1419	te Wildt, Michael	LG Brukteria Dreierwalde	M 40	02:29:54	02:28:37
385	92	341	64	1054	Stannies, Bodo	Teuto Riesenbeck	M 45	02:30:20	02:29:19
386	27	342	93	1165	Rieskamp, Marcel	Ibbenbüren	M HK	02:30:34	02:30:14
387	93	343	67	995	Hecking, Michael	SuS Stadtlohn	M 45	02:30:40	02:30:17
388	61	344	72	801	Leugers, Norbert	BSG T-Mobile	M 40	02:30:50	02:29:45
389	8	345	52	807	Runow, Günter	Reestridders De Wijk	M 60	02:30:51	02:29:28
390	72	346	63	782	Dekker, Frank	FAST Muenster	M 50	02:31:01	02:30:19
391	30	347	79	1255	Wanke, Daniel	BSV Ostbevern	M 30	02:31:05	02:30:12
392	25	348	55	1152	Wanstrath, Johannes	Osnabrück	M 55	02:31:13	02:29:48
393	94	349	65	1058	Sackmann, Thomas	BSG AGRAVIS Raiffeisen AG	M 45	02:31:15	02:30:54
394	95	350	64	1354	Verlage, Bernhard	Teuto Riesenbeck	M 45	02:31:21	02:30:42
395	62	351	73	1272	Wolf, Nils	BROCK ROCKS	M 40	02:31:28	02:30:33
396	32	352	77	1267	Bols, Peter	Runners stadskanaal	M 35	02:31:41	02:30:30
397	4	45	86	1262	de Rijcke, Annekarlijn	Klarenbeek	W HK	02:31:44	02:31:16
398	73	353	60	1254	Schmidt, Klaus	SC Altenrheine	M 50	02:31:44	02:30:27
399	96	354	68	704	Zagon, Sascha	Freunde des Sonnenlaufs	M 45	02:31:47	02:30:58
400	97	355	67	1359	Jacobsen, Jörg	SC Ihrhove 07	M 45	02:32:09	02:31:40
401	9	356	51	1218	Vismann, Josef	Lauftreff SVD	M 60	02:32:20	02:31:09
402	10	357	53	1116	Raschke, Ludger	SV Dickenberg	M 60	02:32:20	02:32:01
403	74	358	59	923	Voß-Burandt, Manfred	Belm	M 50	02:32:29	02:32:13
404	75	359	61	1029	Matheke, Jürgen	TV Hohne	M 50	02:32:33	02:31:05
405	98	360	65	1062	Exeler, Guido	Rheine	M 45	02:32:33	02:31:50
406	11	46	65	758	Brüffer, Martina	Sockenräuber	W 45	02:32:33	02:31:45
407	26	361	57	1393	Dahlmann, Hartmut	Haxterlauffreunde Paderborn	M 55	02:32:46	02:32:40
408	76	362	61	1243	Fliß, Hermann	LSF Münster	M 50	02:32:51	02:32:07
409	12	47	68	934	Bremer, Bettina	LC Solbad Ravensberg	W 45	02:32:58	02:32:36
410	5	48	61	1043	Brueggen, Cornelia	Tri Run Ibbenbüren e.V.	W 50	02:32:59	02:32:16
411	27	363	57	1151	Nientiedt, Klaus	DJK Dyckburg Münster	M 55	02:33:20	02:32:58
412	63	364	69	1205	Hollstein, Andre	Kleve	M 40	02:33:35	02:32:49
413	9	49	69	821	Gutknecht, Claudia	BellZett Bielefeld	W 40	02:33:40	02:33:13

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
414	77	365	62	1360	Vennen, Rolf Dieter	TuRa 07 Westrhauderfehn	M 50	02:33:43	02:33:11
415	2	366	47	675	Venker, Paul	LG Emsdetten	M 65	02:33:49	02:33:33
416	99	367	67	912	Pieper, Rainer	SitaTriAs	M 45	02:34:00	02:33:33
417	3	368	48	1143	Schlaefke, Dieter	DJK Adler 07 Bottrop	M 65	02:34:01	02:33:21
418	28	369	88	953	Rosen, Henning	Wietmarschen	M HK	02:34:04	02:32:46
419	13	50	67	1306	Demirtas, Karin	1. Tri-Team Gütersloh GTV	W 45	02:34:08	02:32:41
420	29	370	84	773	Mentrup, Nils	BVB Fanclub Lengericher Boruss	M HK	02:34:18	02:33:14
421	78	371	62	1038	Modderkolk, Nico	Runners Stadskanaal	M 50	02:34:21	02:33:01
422	33	372	78	979	Schepers, Thomas	Rheine	M 35	02:34:28	02:33:37
423	14	51	66	1197	Hartmann, Britta	Bippener SC	W 45	02:34:36	02:33:09
424	100	373	64	1028	Hähndel, Frank	TV Hohne	M 45	02:34:37	02:33:46
425	79	374	59	721	Ottensmann, Manfred	PC Telgte	M 50	02:34:39	02:34:34
426	12	52	76	932	Weirauch, Eva	LG Emsdetten	W 35	02:34:40	02:33:32
427	101	375	66	1004	Brink, Helmut	SV Bokeloh	M 45	02:35:07	02:34:39
428	102	376	65	1122	Terkatz, Johannes	Team Ruhrpott	M 45	02:35:09	02:34:30
429	80	377	63	1117	Wessler, Hartmut	SC Melle 03	M 50	02:35:15	02:33:54
430	6	53	59	745	Hennigs, Liane	Jever	W 50	02:35:27	02:34:58
431	64	378	69	1265	Ilgner, Uwe	Albersloh	M 40	02:35:33	02:34:16
432	31	379	79	1173	Blanke, Axel	Bd Iburg	M 30	02:35:47	02:35:08
433	4	380	48	1000	Dufils, Gerd	Marathon Ibbenbüren	M 65	02:36:15	02:35:17
434	5	54	85	1150	Hoppe, Stephanie	LSF Münster	W HK	02:36:19	02:36:11
435	15	55	64	1063	Scheele-Wiedey, Christiane	BellZett Bielefeld	W 45	02:36:21	02:35:45
436	16	56	64	1332	Weber, Gaby	TSV Stelle	W 45	02:36:22	02:35:42
437	28	381	57	1081	Schluer, Thomas	TuS Hiltrup	M 55	02:36:25	02:35:49
438	7	57	61	961	Klausing, Lille	SV Eintracht Neuenkirchen	W 50	02:36:30	02:35:56
439	4	58	58	975	Meyer zu Bergsten, Marianne	SV Eintracht Neuenkirchen	W 55	02:36:30	02:35:04
440	29	382	56	1140	Hullegie, Otger	RST	M 55	02:36:39	02:35:19
441	5	59	81	1042	Rißler, Kerstin	Osnabrücker SC	W 30	02:36:59	02:35:46
442	6	60	80	1418	Althaus, Anna	Blau-weiß Aasee	W 30	02:37:02	02:36:10
443	103	383	68	1384	Deschner, Lars	OSC	M 45	02:37:09	02:35:26
444	17	61	68	1385	Deschner, Claudia	OSC	W 45	02:37:09	02:36:10
445	10	62	69	818	Diekmann, Ute	BellZett Bielefeld	W 40	02:37:14	02:36:45
446	104	384	68	1333	Hagedorn, Andreas	SG Hankenberge-Wellendorf	M 45	02:37:15	02:35:46
447	105	385	66	958	Wächter, Klaus	TSVE 1890 Bielefeld	M 45	02:37:19	02:36:29
448	8	63	62	957	Ott, Claudia	TSVE 1890 Bielefeld	W 50	02:37:19	02:36:30
449	65	386	69	759	Schröder, Rainer	TV Mettingen	M 40	02:37:36	02:37:12
450	66	387	70	689	Weber, Frank	A-Block Münster 1906	M 40	02:37:43	02:37:10
451	67	388	69	1268	Uwe-Heinz, Bendig	streakrunner.de	M 40	02:37:54	02:36:58
452	30	389	55	815	Goerke-Mallet, Peter	Tatort MS-Rieselfelder	M 55	02:38:17	02:37:03
453	81	390	59	814	Becker, Martin	Tatort MS-Rieselfelder	M 50	02:38:17	02:37:02
454	30	391	87	1299	Forbrich, Sascha	Köln	M HK	02:38:21	02:37:38
455	34	392	74	1014	Kissel, Paul	Feuerwehr Bielefeld MT	M 35	02:38:22	02:37:14
456	35	393	75	843	Mundhenke, Andreas	Versmold	M 35	02:38:56	02:37:46
457	7	64	80	862	Riedel, Sabrina	SV Teuto Riesenbeck	W 30	02:39:01	02:38:00
458	82	394	61	1057	Feldmann, Manfred	SV Arminia Appelhülsen	M 50	02:39:15	02:37:55
459	68	395	71	1286	Kortenbreer, Volker	FC Deutsche Post	M 40	02:39:17	02:38:28
460	106	396	67	1199	Kleemann, Jürgen	Ibbenbüren	M 45	02:39:19	02:38:08
461	83	397	59	656	Kreeft, Martin	Hac'63	M 50	02:39:25	02:38:47
462	9	65	60	657	Kreeft-Kardurk, Lia	Hac'63	W 50	02:39:25	02:38:47
463	31	398	57	911	Ullrich, Udo	Tri Geckos Dortmund	M 55	02:39:39	02:39:25
464	10	66	61	1056	Ellermann, Ute	LT Bittermark Dortmund	W 50	02:39:50	02:39:20
465	36	399	75	970	Münzberger, Thorsten	LG Emsdetten	M 35	02:39:50	02:39:21

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
466	107	400	64	669	Niermann, Rainer	Berghasen	M 45	02:39:53	02:38:47
467	108	401	66	1308	Niemeyer, Lothar	Tecklenburg/Brochterb.	M 45	02:39:55	02:39:03
468	18	67	68	966	Lanwert, Ingrid	SV Eintracht Neuenkirchen	W 45	02:40:12	02:39:40
469	32	402	56	1403	Pfister, Ulrich	Münster	M 55	02:40:17	02:38:45
470	84	403	63	1252	Nienaber, Günter	tve Greven/triathlon	M 50	02:40:34	02:39:32
471	11	404	49	803	Schubert, Rudolf	Herne	M 60	02:40:35	02:39:42
472	37	405	76	804	Schubert, Thorsten	Haltern am See	M 35	02:40:35	02:39:42
473	85	406	59	1302	Buten, Herbert	Lotterläufer	M 50	02:40:45	02:39:39
474	86	407	60	1067	Stephan, Rüdiger	Wasser + Freizeit Münster	M 50	02:40:54	02:40:04
475	87	408	62	1263	Sentker, Ralf	VfL Ilingen	M 50	02:41:03	02:40:28
476	109	409	67	1257	Hennecke, Michael	VfL Ilingen	M 45	02:41:03	02:40:27
477	110	410	67	1242	Schaefer, Klaus	Kirche Lläuft Wilhelmshaven	M 45	02:41:19	02:40:11
478	33	411	58	809	Averwald, Klaus	LG Rheine-Elte	M 55	02:41:25	02:40:24
479	19	68	68	910	Dohm, Andrea	SV Eintracht Neuenkirchen	W 45	02:41:51	02:40:25
480	6	69	86	1249	Thieme, Britta	Jogmap Ruhr	W HK	02:41:54	02:40:32
481	11	70	61	1325	Nordemann, Venna	Bippener SC	W 50	02:41:57	02:40:36
482	111	412	68	1162	Borgmann, Gerrit	Münster	M 45	02:42:02	02:41:15
483	34	413	56	973	Berg, Martin	Münster	M 55	02:42:05	02:41:06
484	112	414	64	978	Schirmeyer, Dr. Stefan	VfL Pinneberg	M 45	02:42:08	02:41:05
485	13	71	74	1035	Mielenhausen, Maren	BORN	W 35	02:42:09	02:41:52
486	11	72	72	1222	Potthast, Hiltrud	HC Moormerland	W 40	02:42:11	02:41:36
487	12	73	60	1220	de Buhr, Herta	Fortuna Logabirum	W 50	02:42:11	02:41:36
488	13	74	63	900	Kerk, Ruth	SV Dickenberg	W 50	02:42:17	02:41:00
489	38	415	78	1074	Arisci, Riccardo	Runners Stadskanaal	M 35	02:42:18	02:41:08
490	35	416	57	1174	Iuikens, Bertus	runnersstadskanaal	M 55	02:42:19	02:41:08
491	69	417	69	1409	Kischel, Heiko	Freaks-of-Running	M 40	02:42:23	02:42:04
492	70	418	70	835	Mattern, Jürgen	LG Totes Viertel	M 40	02:42:25	02:41:04
493	88	419	60	871	Moenikes, Johannes	Unna	M 50	02:42:31	02:41:36
494	12	75	69	927	Dröge, Claudia	TLV Rünthe	W 40	02:42:31	02:41:36
495	32	420	83	916	de Jong, Hylke	Groningen (NL)	M 30	02:42:35	02:41:11
496	13	76	69	1145	Schiller, Katrin	Osnabrück	W 40	02:42:47	02:42:19
497	71	421	69	1236	Bargmann, Michael	TIME4FIT Ibbenbüren	M 40	02:43:08	02:42:37
498	72	422	72	1235	Koch, Marco	Ibbenbüren	M 40	02:43:08	02:42:36
499	14	77	61	962	Bergmann, Iris	Lauftreff Nottuln / jogmap ruh	W 50	02:43:17	02:41:57
500	36	423	57	1155	Duda, Karl-Heinz	Recklinghausen	M 55	02:43:32	02:42:15
501	89	424	59	828	Friedl, Harald	ohne Verein	M 50	02:43:53	02:42:58
502	113	425	67	971	Kipp, Thomas	Feuerwehr Lengerich	M 45	02:44:21	02:43:37
503	8	78	82	1379	Windmüller, Daniela	Feuerwehr Lengerich	W 30	02:44:21	02:43:41
504	14	79	69	1427	Voetz, Marianne	LSF Münster	W 40	02:44:27	02:43:36
505	37	426	57	1134	Fliß, Ludger	LSF Münster	M 55	02:44:27	02:43:38
506	114	427	64	875	Tombrink, Michael	LSF Münster	M 45	02:44:45	02:44:33
507	38	428	56	812	Strauch, Heinz	SV Teuto Riesenbeck	M 55	02:44:46	02:43:44
508	1	80	47	674	Venker, Margret	LG Emsdetten	W 65	02:45:16	02:44:07
509	90	429	61	866	Hildmann, Marko	TVE Greven-Triathlon	M 50	02:45:44	02:44:43
510	33	430	81	1326	Stockkamp, Matthias	Osnabrück	M 30	02:45:49	02:44:38
511	115	431	65	952	Ovelgönne, Gregor	Dülmen	M 45	02:46:18	02:45:02
512	9	81	79	1392	Kettelgerdes, Monika	Delbrück	W 30	02:46:48	02:46:31
513	5	432	44	1330	Wahl, Günther	SuS Olfen	M 65	02:47:22	02:47:03
514	20	82	65	931	ense, maria	muenster	W 45	02:47:31	02:46:15
515	21	83	65	1169	Hölscher, Monika	Steinfurt	W 45	02:47:40	02:46:20
516	39	433	77	716	Schmedt, Christian	HopLaHopsten	M 35	02:48:05	02:46:51
517	116	434	64	1292	Brinkmann, Klaus	ETuS Rheine	M 45	02:48:55	02:47:52

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
518	117	435	66	897	Wegmann, Claus	TV Friesen Telgte	M 45	02:49:09	02:48:36
519	118	436	65	1170	Hölscher, Michael	Steinfurt	M 45	02:49:11	02:47:52
520	91	437	59	1266	Busekros, Lüder	SV Hepstedt-Breddorf	M 50	02:49:21	02:48:14
521	6	438	47	1414	Lienland, Franz-Josef	LSF Oldenburg e. V.	M 65	02:49:47	02:48:35
522	92	439	60	685	van Kampenhout, Frans	Hellas Utrecht DF7Y908	M 50	02:49:56	02:47:56
523	39	440	58	1187	Kleuser, Ludger	Drensteinfurt	M 55	02:49:56	02:48:27
524	15	84	70	1178	kemming, anke	drensteinfurt	W 40	02:49:56	02:48:27
525	119	441	65	946	Weiligmann, Manfred	LSF Greven	M 45	02:50:05	02:48:51
526	73	442	71	1281	Zink, Guido	LSF Greven	M 40	02:50:05	02:48:51
527	93	443	62	829	Helmig, Tobias	SV Teuto Riesenbeck Tanzabtei	M 50	02:50:09	02:49:03
528	94	444	63	1031	Nigbur, Frank	TV Hohne	M 50	02:50:23	02:49:05
529	5	85	56	665	Schneedhorst, Ute	Langenhagen	W 55	02:50:29	02:49:17
530	40	445	78	939	Kortman, Mirco	Laufftreff Wettringen	M 35	02:51:01	02:50:27
531	34	446	79	930	Oink, Andreas	Team Erdinger Alkoholfrei ( SV	M 30	02:51:01	02:50:30
532	35	447	80	1283	Guzy, Arkadius	Dortmund	M 30	02:51:10	02:50:04
533	74	448	71	872	Baltes, Carsten	Laufftreff Nottuln	M 40	02:51:37	02:51:07
534	22	86	65	873	Baltes, Monika	Laufftreff Nottuln	W 45	02:51:37	02:51:07
535	12	449	49	780	de Jong, Tjits	Reestruffers	M 60	02:51:44	02:50:21
536	16	87	69	667	Werthmüller, Francis		W 40	02:52:15	02:51:31
537	41	450	77	984	borgmeyer, markus	osnabrück	M 35	02:52:36	02:51:24
538	1	451	39	1381	Maaske, Kurt	ohne Verein	M 70	02:53:40	02:53:37
539	75	452	70	694	Köbbing, Michael	H. Gautzsch	M 40	02:54:15	02:52:59
540	15	88	60	1293	Brinkmann, Frieda	Fortuna Logabirum	W 50	02:54:22	02:53:48
541	95	453	63	1305	Siemens, Frank	SV Lembeck	M 50	02:54:31	02:53:27
542	2	454	40	1365	Piepel, Herbert	SV Gladbeck 13	M 70	02:55:02	02:54:04
543	23	89	66	858	Schnabel, Maria	TV Mettingen	W 45	02:55:10	02:54:50
544	7	90	87	1040	Tenbrake, Judith	TV Borken	W HK	02:55:14	02:54:12
545	14	91	77	791	Poczatek, Jolanta	DJK Stadtlohn	W 35	02:55:14	02:54:22
546	36	455	81	1119	Prinz, Sascha	TV Borken	M 30	02:55:14	02:54:11
547	76	456	69	1264	Just, Thomas	TV Borken	M 40	02:55:15	02:54:13
548	96	457	62	1041	Herrmann, Rolf	TV Borken	M 50	02:55:15	02:54:11
549	120	458	66	663	Kattenbeck, Jürgen	Kanufreunde Emshaie Greven	M 45	02:55:35	02:54:32
550	6	92	57	1093	Goldbach, Solveig	Lübecker Marathonverein	W 55	02:55:39	02:54:50
551	97	459	63	1177	Hansman, Timo	Lauffreunde Emsland	M 50	02:55:54	02:54:26
552	121	460	64	1407	Grote, Jürgen	Lauffreunde Emsland	M 45	02:55:55	02:54:26
553	7	461	48	1182	Krage, Hermann	Lauffreunde Emsland	M 65	02:55:55	02:54:27
554	122	462	64	1404	Janikowski, Slawo	lauffreunde emsland	M 45	02:55:55	02:54:26
555	24	93	67	1208	Lebus, Berit	Münster	W 45	02:56:15	02:55:36
556	16	94	62	1347	Bagus, Simone	DJK Coesfeld	W 50	02:56:32	02:55:27
557	2	95	48	1125	Menzel, Ursula	SC Schölerberg	W 65	02:57:20	02:56:03
558	77	463	69	1378	Schlomann, Matthias	Lübbecke	M 40	02:58:55	02:57:35
559	98	464	60	1258	Leuer, Alfred	Everswinkel	M 50	02:59:01	02:57:48
560	42	465	77	845	Miethe, Robert	TV Krailing	M 35	03:00:56	03:00:18
561	17	96	60	706	Hempel, Christina	Running- Bedburg	W 50	03:00:58	02:59:35
562	2	97	50	702	Heer, Marianne	Running- Bedburg	W 60	03:00:59	02:59:38
563	18	98	63	709	Bickendorf, Marion	Running Bedburg	W 50	03:00:59	02:59:37
564	123	466	64	1387	Bickendorf, Josef	Running Pirates Bedburg	M 45	03:01:00	02:59:38
565	19	99	60	1070	Glaser, Anke	SoVital e.V.	W 50	03:02:03	03:01:11
566	37	467	83	1329	Schlierkamp, Lars	ROTTER FREITAG e.V.	M 30	03:02:53	03:02:07
567	25	100	65	662	Kramer, Karin	TSV Großenknten / Team Erdinge	W 45	03:03:00	03:01:48
568	31	468	90	1338	Chmiel, Tommy	Rheine	M HK	03:03:05	03:01:42
569	124	469	65	768	Ludwig, Lothar	Bad Oeynhausen	M 45	03:04:16	03:03:21

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
570	3	101	49	1362	Lauxtermann, Annelie	LG Osnabrück	W 60	03:05:00	03:03:43
571	78	470	72	1432	Kleimeyer, Andre		M 40	03:06:47	03:05:50
572	7	102	57	1091	Kley, Sonja	TSVE 1890 Bielefeld/Team Erdin	W 55	03:10:53	03:10:00
573	8	103	55	998	Thiel-Freitag, Wilhelma	TSVE 1890 Bielefeld	W 55	03:12:49	03:11:56
574	79	471	71	1417	Kulinna, André	Lage	M 40	03:13:01	03:11:52
575	13	472	53	1253	Over, Gerhard	Lauffreunde Emsland	M 60	03:14:12	03:13:56
576	32	473	89	826	Chmiel, Andreas	Rheine	M HK	03:15:28	03:14:04
577	43	474	75	1435	Luken, guido	lauffreunde emsland	M 35	03:17:16	03:15:47