

2. Ibbenbürener Klippenlauf

Klippenlauf 12,4 Km

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
1	1	1	80	2365	Windoffer, Patrick	SV Teuto Riesenbeck	M 30	00:49:32	00:49:30
2	1	2	67	2364	van de Pol, Melchior	av'34 te Apeldoorn	M 45	00:50:39	00:50:38
3	1	3	94	2059	Fels, Marcel	LG Rheine-Elte	M Jgd A	00:51:26	00:51:23
4	1	4	60	2336	Bossow, Christian	Active Sportshop Team	M 50	00:52:30	00:52:27
5	2	5	66	2346	tippey, mark	rheine	M 45	00:53:18	00:53:12
6	2	6	83	2172	Westermann, Ingo	SV Teuto Riesenbeck	M 30	00:53:59	00:53:56
7	1	1	87	2335	Schmidt, Franziska	Active Sportshop Team	W HK	00:54:00	00:53:57
8	3	7	67	2156	Karneth, André	LSF Münster	M 45	00:54:15	00:54:13
9	2	8	95	2125	Hilden, Marlon	LG Rheine-Elte	M Jgd A	00:54:19	00:54:15
10	4	9	68	2355	Möllers, Ralf	DJK Sportfreunde Budenheim	M 45	00:54:22	00:54:20
11	1	10	84	2289	Pugge, Daniel	Tus Germania Horstmar	M HK	00:54:59	00:54:57
12	1	11	75	2192	Wesselmann, Ansgar	Grün-Weiß Steinbeck	M 35	00:55:21	00:55:17
13	2	12	76	2316	Vogt, Sven	W&H-Laufgruppe	M 35	00:55:28	00:55:11
14	1	13	55	2368	Vogl, thomas	Recklinghäuser LC	M 55	00:55:41	00:55:37
15	2	14	84	2098	Schrammeyer, Kai	Tri 4 Fun Ibbenbüren	M HK	00:55:46	00:55:39
16	1	15	69	2258	Brinkhaus, Hermann	VfL Ahaus	M 40	00:56:07	00:56:02
17	3	16	74	2042	Tepe, Frank	Reha u. Vital Hörstel	M 35	00:56:51	00:56:45
18	2	17	70	2306	Weddewer, Andreas	VfL Ahaus	M 40	00:57:15	00:57:10
19	3	18	70	2108	Meyer, Stephan	LSF Münster	M 40	00:58:17	00:58:08
20	1	19	97	2308	Inderwisch, Lukas	SW-Esch	M Jgd B	00:58:36	00:57:45
21	3	20	87	2100	Remme, Stefan	Tri4fun Ibbenbüren	M HK	00:58:38	00:58:30
22	3	21	82	2229	Falstygier, Lukas	Münster	M 30	00:58:44	00:58:28
23	4	22	78	2238	Gühlstorf, Gunnar	Osnabrück	M 35	00:58:57	00:58:24
24	4	23	72	2351	Schnebeck, Christian	SUS Darne	M 40	00:59:04	00:58:56
25	5	24	72	2358	Tormöhlen, Jörn	Ibbenbüren	M 40	00:59:32	00:59:21
26	1	2	80	2152	Wessinghage, Tina	Recklinghäuser LC	W 30	01:00:33	01:00:29
27	5	25	68	2020	Dieter, Schulz	Crespel&Deiters	M 45	01:00:39	01:00:25
28	6	26	73	2329	Anders, Maik	TSG 07 Burg Gretesch	M 40	01:00:59	01:00:49
29	5	27	76	2162	Poerschke, Frank	Tecklenburg	M 35	01:01:19	01:00:52
30	7	28	69	2027	Jasper, Manfred	Crespel&Deiters	M 40	01:01:27	01:01:14
31	8	29	72	2055	Matthias, Mike	SV Teuto Riesenbeck	M 40	01:01:41	01:01:00
32	4	30	81	2025	Baumhör, Sebastian	Ibbtown Woodrocka	M 30	01:01:55	01:01:48
33	9	31	71	2026	Bärtels, Torsten	TriRun Ibbenbüren	M 40	01:01:55	01:01:45
34	10	32	73	2017	Rahe, Frank	Crespel&Deiters	M 40	01:02:44	01:02:24
35	2	33	62	2078	Kania, Andreas	Lauffreunde Stefansbecke	M 50	01:02:46	01:02:45
36	2	3	85	2217	Ern, Janett	Köln	W HK	01:02:46	01:02:30
37	6	34	74	2221	Wolfff, Markus	SC Altenheime	M 35	01:03:27	01:02:53
38	4	35	85	2216	Brink, Joscha	Bramsche	M HK	01:03:47	01:03:31
39	5	36	83	2274	Hagedorn, Tobias	BSV Holzhausen	M 30	01:03:49	01:02:48
40	5	37	90	2188	Knuf, Christopher	Ibbenbüren	M HK	01:03:51	01:02:53
41	2	4	82	1396	Stiepel, Edith	LC Nordhorn	W 30	01:03:58	01:03:54
42	7	38	77	2102	Korte, Andreas	BSG Westfalen	M 35	01:04:01	01:03:35
43	8	39	77	2086	Florien, Markus	Sassenberg	M 35	01:04:02	01:03:00
44	6	40	66	2076	Aulkemeyer, Jochen	TV Mettingen	M 45	01:04:46	01:03:43
45	7	41	67	2115	Schüttken, Udo	TVMettingen	M 45	01:04:59	01:04:30
46	8	42	68	2009	Jakobs, Günter	Drei- Lauf- Freunde	M 45	01:05:32	01:04:55
47	6	43	84	2231	Reinecke, Andre	BVB Fanclub Lengerich	M HK	01:05:45	01:04:40
48	2	44	96	2256	Wallochny, Nico	Stella Bevergern	M Jgd B	01:06:21	01:06:04
49	2	45	58	2228	Wibbeling, Reinhard	ETuS Rheine	M 55	01:06:37	01:06:00

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
50	1	46	46	2323	Nykamp, Berthold	LC Nordhorn	M 65	01:06:41	01:06:02
51	9	47	67	2088	Stallmeier, Reinhard	BSG Kreisparkasse Steinfurt	M 45	01:06:57	01:06:42
52	7	48	86	2179	Grauert, Martin	Ibbenbüren	M HK	01:07:00	01:06:07
53	6	49	81	2279	Menger, Andre	BSG Kreissparkasse Steinfurt	M 30	01:07:16	01:06:48
54	1	5	58	2030	Wegmann, Aloysia	SC Altenrheine	W 55	01:07:18	01:06:59
55	10	50	65	2304	Rotermann, Jürgen	SUS Neuenkirchen	M 45	01:07:32	01:06:48
56	9	51	75	2147	Tausch, carsten	Osnabrück	M 35	01:07:44	01:07:25
57	1	6	66	2339	Wieggers, Renate	SuS 09 Neuenkirchen	W 45	01:07:59	01:07:18
58	10	52	74	2356	Hauer, Markus	Braunschweig	M 35	01:08:03	01:06:42
59	2	7	58	2288	Jürgens, Ulla	LG Emsdetten	W 55	01:08:09	01:07:34
60	8	53	85	2013	Chloupek, Jacek	Crespel&Deiters	M HK	01:08:11	01:07:53
61	3	54	95	2091	Wichers, Cesar	Zwolle	M Jgd A	01:08:13	01:08:03
62	11	55	74	2369	Wessinghage, Stefan	Recklinghäuser LC	M 35	01:08:15	01:08:10
63	3	8	88	2257	Biekötter, Kerstin	Ibbenbüren	W HK	01:08:16	01:07:17
64	11	56	72	2363	Fuchs, Jurek	TV Hohne	M 40	01:08:17	01:07:43
65	11	57	65	2324	Tost, Stefan	SC Altenrheine	M 45	01:08:17	01:08:06
66	3	58	63	2271	Dunnewind, Andre	R.C.L. running club liederholt	M 50	01:08:23	01:07:01
67	12	59	65	2366	Schmidt, Martin	Triathlon TEAM TG Witten	M 45	01:08:27	01:08:01
68	1	9	63	2071	Ernst, Carola	Münster	W 50	01:08:29	01:07:35
69	13	60	67	2135	Steinigeweg, Jörg	TV Hohne	M 45	01:08:30	01:07:06
70	14	61	64	2307	Inderwisch, Frank	Gasschutzwehr RAG Anthrazit Ib	M 45	01:08:32	01:07:41
71	3	62	58	2272	Vulkers, George	Niederland	M 55	01:08:35	
72	7	63	83	2090	Loose, Matthias	Hörstel	M 30	01:08:38	01:08:30
73	4	64	57	2321	Thole, Jürgen	Bippener SC	M 55	01:08:44	01:08:20
74	12	65	71	2301	Karlisch, Frank	S.C. Altenrheine	M 40	01:08:47	01:07:28
75	12	66	77	2164	Tepe, Andre	SV Uffeln	M 35	01:09:05	01:08:37
76	5	67	55	2143	John, Hans-Henning	Tri Team Warendorf	M 55	01:09:12	01:08:39
77	8	68	79	2209	Nordmann, Olaf	Brochterbeck	M 30	01:09:14	01:08:22
78	9	69	79	2154	SEITEL, TONI	SV GARTOW	M 30	01:09:22	01:08:31
79	13	70	70	2277	Leißing, Michael	W&H-Laufgruppe	M 40	01:09:26	01:09:02
80	14	71	72	2046	Hackländer, Michael	WSU Tri. Team	M 40	01:09:28	01:08:24
81	9	72	91	2189	Niermann, Thomas	Ibbenbüren	M HK	01:09:51	01:08:46
82	15	73	68	2235	Reppien, Stefan	Münster	M 45	01:09:58	01:09:47
83	13	74	77	2069	Schürenkamp, Peter	Sassenberg	M 35	01:10:04	01:08:59
84	15	75	70	2106	Schnetgöke, Jürgen	SV Teuto Riesenbeck	M 40	01:10:06	01:09:06
85	14	76	76	2373	Wichner, Thomas	OSC Osnabrück	M 35	01:10:12	01:08:59
86	15	77	75	2111	Künker, Ulrich	Osnabrück	M 35	01:10:57	01:10:49
87	2	10	63	2320	Nieweler, Mechthild	SuS 09 Neuenkirchen	W 50	01:10:59	01:10:16
88	16	78	69	2285	Schneider, Bernd	W&H-Laufgruppe	M 40	01:11:01	01:09:35
89	16	79	68	2273	Moss, Udo	Ibbenbüren	M 45	01:11:03	01:10:31
90	10	80	90	2326	Piper, Lennart	Münster	M HK	01:11:10	01:10:07
91	3	11	62	2314	Wilkens-Knickmann, Gunda	Lauftreff Twistringern	W 50	01:11:11	01:10:48
92	4	81	63	2064	Fels, Jörg	LG Rheine-Elte	M 50	01:11:12	01:10:52
93	17	82	70	2347	Marquardt, Christian	AVM EU-Neuwagen	M 40	01:11:14	01:10:35
94	17	83	68	2222	Stroscher, Mario	SV Oldendorf	M 45	01:11:14	01:10:34
95	18	84	68	2225	Recker, Michael	Grün Weiss Steinbeck	M 45	01:11:23	01:10:28
96	19	85	65	2340	Drontmann, Peter	TriRun Ibbenbüren	M 45	01:11:31	01:10:47
97	18	86	69	2010	Lienesch, Dietmar	Ibbenbüren	M 40	01:11:32	01:10:45
98	5	87	62	2278	Hömmen, Martin	Georgsmarienhütte	M 50	01:11:42	01:10:39
99	11	88	91	2037	Benneker, Guus	IBB Runners	M HK	01:11:44	01:11:17
100	6	89	60	2293	WIJNHOFEN, BERT	TRIBULLS	M 50	01:11:48	01:11:09
101	12	90	86	2093	Stratmann, Jan	Neuenkirchen	M HK	01:11:50	01:11:06

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
102	6	91	54	2267	Christerus, Geert	Kontrast Dalfsen	M 55	01:11:53	01:10:30
103	19	92	72	2105	Kortmann, Stefan	Mesum	M 40	01:11:57	01:10:50
104	7	93	62	691	Bauland, Jürgen	Marathon Steinfurt	M 50	01:12:06	01:11:43
105	20	94	66	2012	Tietmeyer, Josef	Crespel&Deiters	M 45	01:12:14	01:11:57
106	21	95	65	2114	Asbrede, Peter	GW Brockdorf	M 45	01:12:22	01:11:32
107	22	96	64	2181	Stüve, Martin	Grün-Weiß Steinbeck	M 45	01:12:25	01:11:30
108	23	97	65	2263	Lissner, Andreas	RAG	M 45	01:12:33	01:11:23
109	20	98	73	2367	Link, Mirko	Triathlon Team TG Witten	M 40	01:12:36	01:12:10
110	4	12	59	2155	Backensfeld, Barbara	TuS Hilstrup	W 50	01:12:47	01:12:12
111	16	99	77	2215	Laumann, Markus	Münster	M 35	01:12:49	01:12:18
112	21	100	71	2079	Botzke, Andreas	BSG Kreissparkasse Steinfurt	M 40	01:12:49	01:12:22
113	24	101	67	2233	Schubert, Jürgen	LC Wiedenbrück	M 45	01:12:51	01:12:06
114	5	13	62	2057	Hackmann, Mechthild	BSV Brochterbeck	W 50	01:12:55	01:12:19
115	17	102	75	2374	Gehrs, Markus	Osnabrück	M 35	01:12:56	01:11:44
116	22	103	69	2094	Debbert, Jörg	Lauftreff Westerkappeln	M 40	01:13:04	01:11:58
117	25	104	66	2019	Fäthe, Andreas	Crespel&Deiters	M 45	01:13:18	01:12:15
118	10	105	79	2286	Klang, Ralf	W&H-Laufgruppe	M 30	01:13:19	01:11:50
119	23	106	73	2370	Peschel, Dirk	Freunde der Physiotherapie Lee	M 40	01:13:19	01:11:51
120	26	107	68	2022	Schemm, Jochen	Crespel&Deiters	M 45	01:13:20	01:12:17
121	8	108	63	2294	Langkamp, Christian	SuS Neuenkirchen	M 50	01:13:24	01:12:41
122	11	109	82	2237	Brüwer, Carsten	TSV Wallenhorst	M 30	01:13:26	01:12:52
123	27	110	65	2236	Dünelmann, Olivier	Münster	M 45	01:13:31	01:13:20
124	13	111	91	2243	Stegemann, Frank	Münster	M HK	01:13:33	01:12:57
125	24	112	72	2208	Fischer, Arne	Yogaschule Samadhi Meppen	M 40	01:13:37	01:13:28
126	25	113	73	2158	Rahe, Hendrik	BSV Westfalia Leeden / Ledde e	M 40	01:13:38	01:12:46
127	3	114	97	2036	Heckhoff, Finn Eric	VfL Germania Leer/Judo	M Jgd B	01:13:38	01:12:49
128	18	115	76	2144	Marten, Norbert	Georgsmarienhütte	M 35	01:13:38	01:13:18
129	14	116	87	2002	Lehmann, Stefan	Sv Teuto Riesenbeck	M HK	01:13:45	01:13:00
130	9	117	62	2371	Schwert, Stephan	Lotterläufer	M 50	01:13:49	01:12:43
131	15	118	90	2350	Middendorf, Daniel	Osnabrück	M HK	01:14:00	01:12:58
132	1	14	71	2151	Hagenkötter-Börste, Andrea	TV Werne 03	W 40	01:14:00	01:13:16
133	3	15	79	2018	Gerdes, Marina	Crespel&Deiters	W 30	01:14:02	01:13:45
134	3	16	57	2330	Freitag, Evelyn		W 55	01:14:04	01:14:02
135	19	119	77	2173	Rottmann, Joscha	Steinfurt	M 35	01:14:08	01:12:44
136	4	17	88	2159	Abelmann, Julia	Feuerwehr Steinfurt	W HK	01:14:08	01:13:14
137	16	120	85	2148	Wichmann, Timo	Feuerwehr Ibbenbüren	M HK	01:14:11	01:13:15
138	26	121	70	2227	Schulte, Michael	SV Bokeloh	M 40	01:14:18	01:13:50
139	27	122	69	2014	Vogt, Wolfgang	Crespel&Deiters	M 40	01:14:22	01:13:59
140	5	18	93	2254	Böing, Anna	Emsdetten	W HK	01:14:26	01:13:41
141	4	19	80	2211	Franke, Jessica	OKE GROUP	W 30	01:14:29	01:13:48
142	10	123	62	2281	Beulting, Franz-Josef	Marathon Steinfurt	M 50	01:14:34	01:13:24
143	20	124	74	2153	König, Christian	Sassenberg	M 35	01:14:46	01:13:42
144	12	125	83	2362	Franksmann, Alexander	Kürbishof Franksmann	M 30	01:14:47	01:13:32
145	2	20	64	2067	Lammert, Bettina	TLV Rünthe	W 45	01:14:48	01:13:55
146	1	21	76	2310	Kloppenborg, Claudia	LG Emsdetten	W 35	01:14:57	01:14:21
147	11	126	60	2360	Lenneffer, Rainer	LG Vamos a la playa Soest	M 50	01:15:02	01:13:47
148	6	22	86	2300	Langkamp, Julia	SuS Neuenkirchen	W HK	01:15:05	01:14:21
149	12	127	60	2205	Armbrüster, Ralf	Bad Iburg	M 50	01:15:32	01:14:51
150	21	128	75	2070	Jakob-Elshoff, Kai	Ladbergen	M 35	01:15:33	01:14:57
151	22	129	77	2092	Lüdtke, Dennis	BSG Kreissparkasse Steinfurt	M 35	01:15:34	01:15:00
152	7	130	56	2372	Ruhe, Dieter	SV Teuto Riesenbeck	M 55	01:15:53	01:14:30
153	2	23	70	2302	Boße, Ricarda	Ibbenbüren	W 40	01:15:55	01:15:41

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
154	13	131	60	2283	Düpmeier, Armin	LG Ems Warendorf	M 50	01:16:02	01:15:00
155	8	132	58	2146	Borgmann, Erich	Marathon Steinfurt	M 55	01:16:06	01:14:57
156	14	133	59	2119	Löpmeier, Thomas	Grün-Weiß Steinbeck	M 50	01:16:18	01:15:23
157	3	24	67	2048	Harsevoort - Pieffers, Jenneke	Team Y&S Sportevents	W 45	01:16:35	01:16:19
158	28	134	69	2226	Meyer, Wolfgang	Goldenstedt	M 40	01:16:44	01:15:56
159	5	25	83	2332	Telker, Sabine	Hobbyläuferinn	W 30	01:16:46	01:15:27
160	23	135	74	2331	Degen, Frank	Neuenkirchen	M 35	01:16:46	01:15:28
161	4	26	67	2077	Neuhaus-Kania, Sabine	Lauffreunde Stefansbecke	W 45	01:16:48	01:16:29
162	3	27	71	2252	Marin, Ute	TV Mettingen	W 40	01:16:50	01:16:24
163	17	136	90	2187	Niermann, Philipp	Ibbenbüren	M HK	01:16:53	01:15:56
164	15	137	59	2338	Wiggenhorn, Alois	LT Wettringen	M 50	01:16:53	01:15:20
165	2	28	76	2219	Holt, Petra	Lingen	W 35	01:16:55	01:16:15
166	24	138	77	2298	Westkamp, Ramon	Morgengold Runners	M 35	01:16:58	01:16:41
167	4	139	96	2121	Daldrup, Eike	Dülmen	M Jgd B	01:16:59	01:15:43
168	3	29	78	2099	Ullrich, Yvonne	Ibbenbüren	W 35	01:17:00	01:15:40
169	29	140	69	2361	Potthoff, Peter	SV Oldendarf	M 40	01:17:05	01:16:23
170	16	141	62	2133	Niggenaber, Ralf	TV Hohne	M 50	01:17:08	01:15:45
171	6	30	79	2134	Rücker, Anja	TV Hohne	W 30	01:17:28	01:16:31
172	18	142	86	2126	Brix, Christian	TV Hohne	M HK	01:17:28	01:16:03
173	9	143	56	2127	Brix, Michael	TV Hohne	M 55	01:17:29	01:16:32
174	19	144	88	2276	Laig, Matthias	TV Hohne	M HK	01:17:30	01:16:04
175	17	145	62	2352	Ambrock, Arne	GW Ibbenbüren	M 50	01:17:43	01:17:01
176	25	146	78	2349	Weber, Thomas	THRWEAVER	M 35	01:17:44	01:16:48
177	26	147	74	2357	Eiben, Lars	Berlin	M 35	01:17:44	01:16:22
178	7	31	83	2174	schröder, julika	münster	W 30	01:17:44	01:16:20
179	20	148	89	2348	Weber, Fabian	THRWEAVER	M HK	01:17:45	01:16:49
180	4	32	72	2242	Hädrich, Melanie	TV Mettingen	W 40	01:17:45	01:17:20
181	27	149	78	2291	Schwalbe, Oliver	Tvm	M 35	01:17:45	01:16:34
182	5	33	68	2028	Leinker, Ulrike	Marathon Ibbenbüren	W 45	01:17:53	01:17:10
183	28	150	67	2160	Uhlenkott, Klaus	Feuerwehr Steinfurt	M 45	01:17:59	01:17:06
184	21	151	87	2161	Pukin, Eugen	Feuerwehr Steinfurt	M HK	01:17:59	01:17:05
185	18	152	63	2109	Misera, Andreas	Greven	M 50	01:18:03	01:16:48
186	13	153	80	2001	Dierkes, Christian	Ibbenbüren	M 30	01:18:07	01:17:09
187	10	154	58	2199	Schniedergers, Franz-Josef	Hörstel	M 55	01:18:23	01:18:06
188	7	34	93	2198	Schniedergers, Jana	Hörstel	W HK	01:18:24	01:18:07
189	4	35	74	2053	Ull, Melanie	SV Bokeloh	W 35	01:18:30	01:17:48
190	29	155	67	2354	Remmel, Markus	Münster	M 45	01:18:35	01:17:36
191	22	156	84	2101	Kolsloot, Sander	Amersfoort	M HK	01:18:47	01:17:24
192	30	157	65	2251	Varga, Georg	Nordwalde	M 45	01:18:51	01:17:42
193	31	158	66	2068	Posnanski, Thomas	Recke	M 45	01:18:52	01:17:43
194	11	159	56	2292	Hümer, Kalle	TV Jahn Borgholzhausen	M 55	01:18:54	01:18:11
195	30	160	73	2290	Epke, Maik	Halle /Westf.	M 40	01:18:54	01:18:11
196	5	36	69	1087	Vossers, Rianne	LAAC	W 40	01:18:56	01:17:37
197	19	161	63	2128	Brüseke, Frank	TV Hohne	M 50	01:19:19	01:18:50
198	32	162	67	2284	Koehorst, Antoon	Oldenzaal (NL)	M 45	01:19:20	01:18:30
199	33	163	68	2287	Drawe, Volker	Marathon Steinfurt	M 45	01:19:26	01:18:15
200	1	164	51	2122	Delicat, Erwin	TSV Bassum	M 60	01:19:30	01:19:21
201	8	37	80	2032	Paluschek, Marta	Ibbenbüren	W 30	01:19:30	01:19:17
202	34	165	65	2089	Ungruh, Harald	EHV Enschede	M 45	01:19:32	01:18:14
203	2	166	50	2244	Günnigmann, Alfons	SC Falke Saerbeck	M 60	01:19:37	01:18:24
204	20	167	59	2319	Bertram, Heinz-Jürgen	TV-Jahn Rheine	M 50	01:19:43	01:18:13
205	21	168	61	2234	Meyer, Manfred	TV Mettingen	M 50	01:20:02	01:18:52

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
206	35	169	64	2197	Hesselkamp, Norbert	H2 Therm	M 45	01:20:09	01:19:35
207	5	170	97	2266	Janke, Steffen	RAG	M Jgd B	01:20:09	01:19:03
208	6	38	71	2117	Brink, Heike	SV Bokeloh	W 40	01:20:10	01:19:31
209	6	39	65	2060	Marliani, Brigitte	Tecklenburg	W 45	01:20:22	01:19:47
210	7	40	68	2052	Ostrzinski, Ulrike		W 45	01:20:38	01:19:23
211	36	171	68	2206	Averwald, Frank	Nordhorn	M 45	01:20:42	01:19:29
212	12	172	57	2171	Egbert, Ralf	TV Hohne	M 55	01:20:43	01:19:34
213	37	173	67	2083	Dröge, Oliver	TLV Rünthe	M 45	01:20:43	01:19:49
214	9	41	80	2191	Wesselmann, Judith	Grün-Weiß Steinbeck	W 30	01:20:44	01:19:48
215	10	42	82	2299	Schumacher, Lina	Münster	W 30	01:20:45	01:19:46
216	8	43	68	2213	Thien, Waltraud	SV Bokeloh	W 45	01:20:53	01:20:14
217	5	44	78	2031	Westkamp, Bianca	kein Verein	W 35	01:20:54	01:20:42
218	7	45	72	2202	Schluchter, Lisa	Lauftreff Merzen	W 40	01:21:13	01:20:33
219	1	46	49	2200	Schwinge, Ekika	Moers	W 60	01:21:17	01:21:01
220	11	47	83	2249	Wieland, Stephanie	LSF Münster	W 30	01:21:20	01:20:27
221	23	174	90	2021	Kröger, Marcel	Crespel&Deiters	M HK	01:21:26	01:21:07
222	24	175	92	2016	Schöckel, Marco	Crespel&Deiters	M HK	01:21:26	01:21:08
223	8	48	69	2182	Häßler, Andrea	LV Oelde	W 40	01:22:17	01:21:19
224	8	49	87	2175	Stermann, Ina	DJK Arminia Ibbenbüren	W HK	01:22:41	01:21:41
225	6	50	59	2131	Lutterbeck, Gudrun	TV Hohne	W 50	01:22:43	01:21:47
226	38	176	67	2201	Schäl, Reiner	Grün-Weiß Steinbeck	M 45	01:22:49	01:21:49
227	9	51	70	2008	Baar, Silke	Ibbenbüren	W 40	01:23:07	01:22:13
228	14	177	79	2120	Lindmeier, Ingo	AkzoNobel	M 30	01:23:11	01:22:14
229	22	178	62	2104	Lanwert, Andreas	SV Eintracht Neuenkirchen	M 50	01:23:16	01:22:39
230	10	52	72	2113	fiswick, melanie	lohne	W 40	01:23:21	01:22:31
231	39	179	64	2239	Panning, Stephan	BSG Klinik Münsterland	M 45	01:23:38	01:22:22
232	11	53	70	2240	Panning, Heidi	Osnabrück	W 40	01:23:38	01:22:23
233	4	54	57	2309	Rotering, Birgitte	VfL-Ahaus	W 55	01:23:49	01:23:28
234	6	55	75	2194	Nordmann, Martina	SV Eintracht Neuenkirchen	W 35	01:23:49	01:23:17
235	40	180	65	2353	Bonacker, Ralf	Iburger Kängurus	M 45	01:24:01	01:23:19
236	9	56	65	2334	Lindmeyer, Marianne	Laggenbeck	W 45	01:24:08	01:23:24
237	12	57	80	2193	Röhrdanz, Stefanie	Osnabrück	W 30	01:24:08	01:23:54
238	2	58	49	2082	Grewe, Roswitha	Ibbenbüren	W 60	01:24:09	01:22:51
239	9	59	86	2345	Hagemann, Lena		W HK	01:24:10	01:22:45
240	10	60	87	2163	Schrammeyer, Anne	Ibbenbüren	W HK	01:24:10	01:22:45
241	12	61	73	2337	Frisse, Petra	Lauftreff Nottuln	W 40	01:24:15	01:22:55
242	7	62	78	2141	Brammeyer, Mona	SV Bokeloh	W 35	01:24:23	01:23:43
243	7	63	59	2170	Egbert, Christiane	TV Hohne	W 50	01:24:41	01:23:34
244	13	181	57	2166	Laig, Uwe	TV Hohne	M 55	01:24:43	01:23:22
245	14	182	58	2184	Zimmermann, Michael	grün-weiß steinbeck	M 55	01:25:07	01:24:08
246	23	183	60	2183	Minns, Steven	Westerkappeln	M 50	01:25:11	01:24:00
247	25	184	84	2137	Wiemeler, Steffen	Recke	M HK	01:25:21	01:24:25
248	31	185	70	2325	Tschorn, Björn	Steinfurt	M 40	01:25:25	01:24:28
249	24	186	63	2262	Mahlau, Ralf	RAG	M 50	01:25:35	01:24:23
250	11	64	87	2195	Harrius, Carina	Bremen	W HK	01:25:47	01:24:46
251	13	65	83	2024	Prigge, Jana	Teuto Fit	W 30	01:25:57	01:25:44
252	10	66	65	2145	Herms, Sabine	FC Schüttorf 09	W 45	01:26:02	01:25:53
253	15	187	56	2051	Koch, Wolfgang	Bünder TV Westfalia	M 55	01:26:04	01:25:19
254	12	67	87	2224	Handzik, Natalia	W&H-Laufgruppe	W HK	01:26:09	01:24:41
255	26	188	91	2130	Haßmann, Yannick	TV Hohne	M HK	01:26:15	01:24:50
256	16	189	57	2110	Winter, Herbert	Bielefeld	M 55	01:26:23	01:26:16
257	27	190	89	2015	Fast, Eugen	Crespel&Deiters	M HK	01:26:26	01:26:06

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Brutto	Netto
258	11	68	65	2035	Heckhoff, Ulrike	VfL Germania Leer/Judo	W 45	01:26:31	01:25:40
259	8	69	78	2315	Vogt, Kathrin	Hundefreunde Lengerich e.V.	W 35	01:26:36	01:25:08
260	14	70	81	2074	Hagedorn, Kerstin	Ibbenbüren	W 30	01:26:43	01:25:24
261	15	71	79	2034	Kampmann, Serena	Ibbenbüren	W 30	01:26:43	01:25:24
262	17	191	57	2049	Linsky, Dieter	Laufsportfreunde Muenster	M 55	01:26:48	01:25:41
263	13	72	86	2305	Humann, Nydia	Osnabrück	W HK	01:26:49	01:25:34
264	16	73	83	1123	Hausberg, Julia	Team Ruhrpott	W 30	01:27:07	01:26:31
265	41	192	64	2303	Vollmer, Christoph	Wasser+Freizeit Münster	M 45	01:27:07	01:25:35
266	18	193	56	2003	Herzog, Reinhard	Bassum	M 55	01:27:11	01:26:25
267	42	194	64	2264	Tabakcayi, Kadir	RAG	M 45	01:27:20	01:26:12
268	25	195	59	2342	Conrad, Reimund	SV Bad Laer	M 50	01:27:31	01:26:06
269	13	74	73	2297	Vorm-Brocke, Claudia	Osnabrück	W 40	01:27:34	01:26:34
270	12	75	67	2096	Schmidt, Martina	Triathlon TEAM TG Witten	W 45	01:27:39	01:27:12
271	17	76	81	2212	Moghnieh, Nadia	Emsdetten	W 30	01:27:42	01:26:12
272	2	196	47	2207	Temme, Hans-Hubert	Bad Iburg	M 65	01:28:06	01:27:24
273	28	197	88	2075	Scholmeyer, Patrick^	Feuerwehr Ibbenbüren	M HK	01:28:24	01:26:59
274	32	198	73	2260	Yavuz, Ahmet	RAG	M 40	01:29:03	01:27:53
275	26	199	59	2259	Gleißner, Rolf	RAG	M 50	01:29:03	01:27:49
276	8	77	60	2248	Punt, Jose	Oldenzaal	W 50	01:29:31	01:29:08
277	19	200	56	2138	Eversmann, Rainer	Nortrup	M 55	01:29:43	01:28:55
278	20	201	56	2129	Buczilowski, Eckhard	TV Hohne	M 55	01:30:39	01:29:55
279	43	202	65	2265	Janke, Ralf	RAG	M 45	01:31:03	01:29:58
280	5	78	54	2270	Willmann, Renate	Stemwede	W 55	01:32:16	01:31:21
281	44	203	64	2261	Stenzel, Udo	RAG	M 45	01:32:46	01:31:39
282	1	79	94	2058	Crocoll, Patricia	Sportler 4a children's world e	W Jgd A	01:32:54	01:32:24
283	45	204	68	2250	Engelhard, Sven	Gütersloh	M 45	01:33:43	01:32:46
284	6	80	58	2232	Günnigmann, Elisabeth	SC Falke Saerbeck	W 55	01:34:33	01:33:37
285	15	205	82	2038	Schmidt, Björn	Tecklenburg	M 30	01:34:34	01:33:46
286	16	206	83	2023	von Felde, Sascha	Hesepere Rennschnecken	M 30	01:35:23	01:34:50
287	14	81	90	2136	Sumic, Christina	TV Hohne	W HK	01:35:43	01:34:37
288	13	82	67	2169	Menebröcker, Karin	TV Hohne	W 45	01:35:44	01:34:36
289	21	207	55	2255	Lux, Peter	Abbenhausen	M 55	01:35:46	01:35:00
290	14	83	64	2139	Kühnel, Marion	Nortrup	W 45	01:35:55	01:35:07
291	14	84	69	2344	Schaefer, Birgit	Kirche läuft Wilhelmshaven	W 40	01:36:19	01:35:12
292	3	85	49	2241	van Wezel, Helma	Klarenbeek	W 60	01:36:25	01:35:57
293	22	208	55	2245	Kuhlenbäumer, Willi	Münster	M 55	01:37:46	01:36:20
294	9	86	63	2185	Schröten, Jutta	Münster	W 50	01:37:54	01:37:07
295	9	87	77	2343	Kuck, Nadine	Lage	W 35	01:38:06	01:36:56
296	10	88	59	2312	Piepel, Thea	SV Gladbeck 13	W 50	01:38:27	01:37:29
297	7	89	54	2178	Bücker, Hendrikje	Ibbenbüren	W 55	01:38:57	01:38:15
298	10	90	78	2123	Kowalewski, Jessica	Triathlon Team TG Witten	W 35	01:40:01	01:39:34
299	18	91	83	2268	Doerk, Elisabeth	Osnabrück	W 30	01:41:19	01:40:05